

THE RUBRIC

STORIES OF MINISTRY

SAINT MARK'S EPISCOPAL CATHEDRAL, SEATTLE, WA

SUMMER 2018, VOL. 75, NO. 1





SAINT MARK'S EPISCOPAL CATHEDRAL

WELCOME
INSPIRE
TRANSFORM
SERVE

*Wherever you are on your journey
of faith, you are welcome here.*

THE VERY REV. STEVEN L.
THOMASON, DEAN & RECTOR

LIZ BARTENSTEIN, EDITOR

PHOTOS BY KEVIN C. JOHNSON
AND LIZ BARTENSTEIN (UNLESS
OTHERWISE NOTED)

The Rubric is a publication of Saint Mark's Cathedral which celebrates who we are as a community: as a parish, as a cathedral for the Diocese of Olympia, as Episcopalians, and as Christians.

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As I write this column for *The Rubric*, the Saint Mark's community stands at the threshold of Holy Week, trusting that we join Christians across the diocese and around the world in a robust community that finds solace and strength in the Easter light by which we keep hope alive, even in dark times. As you read this in late spring, I will be on the island of Patmos, Greece, where St. John was exiled and yet held onto a hopeful vision delivered to him, and wrote it down that we might share it with him. We know it as the book of Revelation. I will have made my way there as part of my sabbatical—a time apart, and yet still very much attuned to the truth that I am in community, with you and so many others. I am buoyed by that thought.

Much is being written this year as we mark the 50th anniversary of so many dark events in the life of our nation. The litany of lament persists into our present time as we consider the year 1968, and its chaos and turmoil as we learned of the My Lai massacre, the assassinations of Dr. Martin Luther King, Jr., and Robert Kennedy, and the riots in Chicago surrounding the Democratic National Convention. The list is longer, if we were to unpack the historical realities of that difficult year, and yet there were positive developments that year also—the first Special Olympics were held, Yale University admitted women for the first time, the first Apollo mission with humans aboard was successful, and the Boeing 747 made its spectacular debut, just to name a few.

Neuropsychology tells us that our brains are hard-wired to focus on the negatives more than the positive. Perhaps it is an evolutionary development rising from a prehistoric vigilance for predators. But I believe that God invites us into the bright side of life, into joy and hope,

GREETINGS *from the* DEAN

even while we grieve the broken nature of our world. Our scriptures attest to this divine invitation time and again. Even in the book of Revelation, we are tempted to affix our gaze to the terrible parts of John's vision, which of course is allegory. But the summation of the book, of John's vision, and of our undying hope as people of faith, is that the arc of the universe is long, but it bends toward justice. Revelation's capstone promise for us and for all people of all time is that God is working to renew the universe in its goodness, and is inviting us into that work.

In the pages that follow, you'll see evidence of that good work, from living our commitment to justice, to drawing inspiration from our history, to mining for the truths of our individual spiritual journeys.

We are a hopeful people, not because we've got it all figured out, or because our world is somehow better than the one that existed in other times, but because we trust that God is stirring in our midst, and inspiring us to hopeful persistence even as we take the long view of healing. With that in mind, I invite you to read this issue of *The Rubric*, as we seek and serve Christ in all persons, and as we strive to respect the dignity of every human being.

The Very Rev. Steven L. Thomason
Dean and Rector

SUNDAY SERVICE TIMES

8 AM Eucharist
in Thomsen Chapel

9 AM Eucharist
in the Nave

11 AM Eucharist
in the Nave
(Live streamed at
saintmarks.org/livestream.)

4:30 PM Choral Evensong
in the Nave (*First Sundays,*
October-May)

7 PM Contemplative Eucharist
in Thomsen Chapel

9:30 PM Compline
Chanted by the Compline Choir and
broadcast live on KING 98.1 FM

WEEKDAY SERVICE TIMES

Monday through Friday, 6:30 PM
Evening Prayer
in McCaw or Thomsen Chapel

Mondays, 7:15 PM
Centering Prayer
in Thomsen Chapel

Wednesdays, 12 NOON
Holy Eucharist
in Thomsen Chapel

Thursdays, 7 AM
Holy Eucharist
in Thomsen Chapel

For more information
about Worship and Prayer at
Saint Mark's, visit saintmarks.org.



ABOVE: Congregants light their candles from the paschal candle at Saint Mark's at the Easter Vigil.

ON THE COVER: Bishop Greg Rickel at the Cathedral Day liturgy. More photos on page 12. *Photos by Kevin Johnson.*

SUMMER 2018

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The Living Stones Capital Campaign raised \$10 million for vital renovations to the campus. The Gala for Saint Mark's helped to close the final fundraising "gap," raising \$300,000 in one night.

A beacon on the hill

THE VERY REV. STEVEN L. THOMASON, DEAN & RECTOR
FRIDAY, DECEMBER 8, 2017

As the Capital Campaign and the cathedral restoration were drawing to a close, Saint Mark's hosted The Gala for Saint Mark's: A Fundraising Event to Complete the Restoration of Saint Mark's Cathedral. The evening was complemented with music of the season featuring members of the Seattle Symphony Orchestra and Canon Musician Michael Kleinschmidt, as well as a festive dinner. Dean Thomason gave remarks reminding patrons of the impact their contributions would make on this sacred space. After the speech, a stirring video about the cathedral was shown, followed by an exuberant rendition of "Fanfare for the Common Man." The Deans remarks tell the story here.

Good evening, and thank you all for gathering tonight in this sacred cathedral. I suspect you know the story of this cathedral well: nearly a century ago, the people of Saint Mark's, meeting then on First Hill, those faithful people, led by one John McLauchlan, whose family members are here this evening, devoted a full decade to fundraising, and in 1928 this building rose from the earth with fertile zeal for all that would bear fruit here.

This cathedral was conceived as a beacon of justice in the burgeoning city, a house of prayer for all people. It was envisioned as a grand gothic cathedral of the Pacific Northwest.

The market collapse and Great Depression soon intervened, construction halted, and the bank in St. Louis foreclosed on the incomplete church. The people would reclaim the building in 1944 to be a church once more.

Fast forward to this decade, and the unfinished building stood in weary decay. Pieces of concrete fell from the walls, and it became clear that it had fallen to our generation to seize the dream in our own right, with a sense of urgency, to cultivate the promise that this cathedral holds for us, and for generations to come.



Before and after. The historic campaign funded the installation of new, energy efficient windows, limestone cladding around the building, a Celtic cross design on the facade, a new patio, and an elevator.

We are nearing completion on the project at hand, which when finished will seal the building's exterior for the first time in its history. We have new energy-efficient windows to replace those that were literally falling out, and we are improving the building's accessibility, with a new front entrance, and an elevator that will finally render all five levels of this "Holy Box" accessible.

The total cost for this project is \$10.4 million, and we've raised all but \$1.2 million of that. Tonight, we are asking your help to close that gap a bit more, each of us joining the throng who believe this cathedral stands for a purpose.

But all this work is not simply about restoring an old unfinished building; it's about bearing witness to the fact that Saint Mark's Cathedral is a community of people, a rich resource aimed at serving those who cross its threshold, and those who are served when we leave this place.

This building has remained open during construction because the cathedral community touches the lives of thou-

sands every day, and here we stand, we could do no other. This cathedral stands to touch lives.

So if you or a family member were baptized here, would you please rise. This cathedral stands for you! If you were married here, would you please rise. This cathedral stands for you! If you have had a loved one or dear friend buried from here, would you rise. This cathedral stands for you! If you have attended compline some Sunday night, or if you're one of the 15,000 who listen to it on the radio, would you rise. This cathedral stands for you!

If you have gathered here for peace marches, or prayers vigils, or if you've engaged in the work of justice here, or if you're part of the more than 100 community groups who use this campus for their meetings and events, or if your spirit has ever been lifted by the music offered here, would you rise. This cathedral stands for you!

If you call this cathedral your spiritual home, a sacred space to inspire you to be who you were created to be, would you please rise. This cathedral stands for you!

Finally, if you believe this cathedral has a mission for the 21st Century, if you believe that we are standing on the shoulders of those who have gone before, who dreamed of this night, who dreamed of you standing with them here, on this holy ground, would you please rise.

This cathedral stands for you and for all those who will follow in our footsteps, all those who will be served for years to come because this cathedral still stands.

Look around you, and see that you are not alone. We do this together.

This cathedral stands to embrace our common humanity, it stands to respect and dignify every human being as a beloved child of God. It is good for us to be here.

I hope you to draw inspiration from those who give voice to the dream in our time, for this occasion.

In the Diocese of Olympia archives, a deep connection discovered

SAINT MARK'S INTERN PAIGE FOREMAN FINDS A FELLOW DEAF MINISTRY ADVOCATE IN THE REV. OLOF HANSON

BY PAIGE FOREMAN, *Seattle Service Corps Member, Saint Mark's Intern*

Paige Foreman is a member of the Seattle Service Corps and is interning at Saint Mark's while she discerns a call to the priesthood. Before coming to Seattle, Paige earned a graduate Certificate in Spirituality and Social Change from Pacific School of Religion as well as two Bachelor degrees, in English and Philosophy, from Gallaudet University.

A roar of flying hands greeted me when I entered Kane Hall at the University of Washington, where the university's annual Deaf Studies lecture was being held. The president of my alma mater, Gallaudet University, was going to speak that night on the neuroscience of American Sign Language. Deaf people from all over the Pacific Northwest came to the university early to connect with each other before the lecture. I quietly found a seat, a little stunned—I hadn't been around many Deaf people since starting my internship with the Seattle Service Corps.

"Everybody's signing!" my best friend excitedly said to me. "This never happens!" And she fluttered around the room connecting with people. I stayed in my seat and reunited with an old friend from Gallaudet.

Soon, the lecture began and one of the Deaf Studies professors at UW, Lance Forshay, gave the audience background information on the connection between Gallaudet University and

the University of Washington. Olof Hanson, an 1886 graduate of Gallaudet College and a Deaf architect, was the chair of Landscape Architecture at UW. Olof married the first woman to graduate from Gallaudet, Agatha Tiegel, and they put down roots in Seattle. He even designed several buildings at UW that are still standing today. I wrote down Olof's name so I could look him up after the lecture.

When I did some research on the internet later that night, I discovered that Olof Hanson was also an Episcopal priest in the Seattle area. I didn't find out much else though—there was scant information on the internet.

The next morning, I took the train to Vancouver to join my fellow Seattle Service Corps members at the diocesan convention. I had missed the first day due to the lecture. When I arrived, Malcolm McLaurin, the Canon for Youth and Young Adults, was excited. "I want to introduce you to some people!" he said.



Seattle Service Corps members visit one of their volunteer work sites. From left, Patrick Kelly, Andrew Rogers, Bailey Kimmel, Karen Sargent, Paige Foreman.

We rushed over to an information table for the Olympia chapter of the Episcopal Conference of the Deaf, which was founded in 1881. The Episcopal Church has a long history of inclusion of Deaf people. The Rev. Thomas Gallaudet, the son of The Rev. Thomas Hopkins Gallaudet, for whom Gallaudet University is named, began ministry among Deaf people. In 1876, The Rev. Henry Winter Syle, the first Deaf priest, was ordained, one hundred years before the Catholic Church ordained their first Deaf priest. When The Rev. Olof Hanson was ordained at Saint Mark's Church on January 6, 1929, he was one of 28 Deaf Episcopal priests ordained at the time.

"Do you know anything about Olof Hanson?" I asked the women at the table.

Their eyes shot up. "Yes, yes!" they signed and pointed at a picture on their display board. "That's Olof!" They also pulled out the book *A Missionary Chronicle*, which goes into the his-



At left: The Rev. Olof Hanson in vestments, in Seattle, 1930. Middle: Family photo, (clockwise) Olof Hanson, wife Agatha Tiegel Hanson, and daughters Alice, Helen, and Marion in 1930 in Seattle. At right: portrait of Hanson in 1890. Source: *Gallaudet University Archives*.

tory of Deaf ministry in the Episcopal Church. “He’s in here too!”

That set me out to find more information on Olof Hanson. I looked in the Diocese of Olympia’s archives and found that when Hanson became ordained, he was only a part-time minister as the diocese could not afford him a salary. His work was pioneering and filled a great need in the lives of northwestern Deaf people at the time. He held church services in American Sign Language twice a month in the Thomsen Memorial Chapel of Saint Mark’s Cathedral and he also held church services once every two months in Tacoma and once every three months in Vancouver, WA and Portland, OR.

Hanson died on September 8, 1933 and his funeral was hosted at Saint Mark’s on September 11. The Bishop who ordained him, The Rt. Rev. S. Arthur Huston, officiated. After his death, the diocese funded a full-time Deaf priest to continue Hanson’s work. In addition to his work as a priest and

architect, Hanson was a civil rights advocate. In 1908, he wrote a letter to President Theodore Roosevelt arguing against the discriminatory ruling of the Civil Service Commission to ban Deaf people from being permitted to take Civil Service examinations for federal employment. In the letter he wrote, “I am myself deaf. My greatest obstacle is not my deafness, but to overcome the prejudice and ignorance of those who do not understand what the deaf can do.” Two weeks later, a letter from the Department of the Interior said the president had signed the following order:

Deaf-mutes may be admitted to examination for all places in the classified civil service of the United States, whose duties, in the opinion of the Civil Service Commission, they are capable of performing.

Two years after Olof Hanson’s letter led to the rescinding of the Civil Service ruling, he served a term as the president of the National Association of the

Deaf, the nation’s premier civil rights organization of, by, and for Deaf and hard-of-hearing people.

The duty of a baptized Christian is to “strive for justice and peace among all people, and respect the dignity of every human being.” Hanson lived that, and I want to live up to that legacy as a Deaf Episcopal priest. The reason I interned at Saint Mark’s was to get experience in parish ministry before pursuing my Masters of Divinity at Yale Divinity School. Rev. Henry Winter Syle and Rev. Thomas Hopkins Gallaudet both studied at Yale.

I didn’t expect to find my Deaf heritage at Saint Mark’s, but I’m glad I did. When we read the story of Jesus Christ aloud in the Baptismal Covenant, we are remembering our history and traditions. Forgetting our history is a falling away from wholeness. In sharing this story, I hope that I can help to further Hanson’s dream of a robust Deaf ministry in the Episcopal Church.

Storytelling through poetry



Malcolm McLaurin has served as Canon for Youth and Young Adult Ministries at Saint Mark's since August 2014. He is a poet, and works for social justice in his personal and professional spheres. He holds a B.A. in English from the University of Arkansas. Malcolm and his family will head to Tennessee in Summer 2018, where he will attend seminary at Sewanee: The University of the South.

This past winter, the Wisdom School at Saint Mark's offered a workshop series entitled "Storytelling as Social Conscience." Participants were encouraged to develop an "autobiography of self" (such as a poem, collage or song) connecting private troubles with public issues. The work helped individuals to express the ways in which our bodies and identities are socially and culturally constructed. The poems McLaurin shares here were inspired by this theme.

MALCOLM MCLAURIN, CANON FOR YOUTH AND YOUNG ADULT MINISTRIES

A Cure for Cancer in Mississippi

There's a cure for cancer
In Mississippi.
It can be found headed
Southbound I-55 from
Jackson Mississippi [and was there
Long before Jim Crow]

You must travel through
Small towns, still
Separated by Church, which
Is to say, by skin color,
Each on either side of
The railroad tracks
That dissect the town in two.

This cure for cancer
Can be found by taking
A left, across the tracks
And to the end of the
Street. At the end of the
Dirt road, lined by fertile
Green grass.

With trees, carefully planted
In perfect lines about 20 yards
Apart. These guidelines trees
Will flank you until you
Arrive at the house
Large columns
Large porch
Porch swing.

But round back,
There's another tree
This tree breaks the pattern
Of the others out front
For it sits in the middle
Of the yard with the tire
Swing hanging.
Under this once whipping tree

Which always had a rope
Deep in the rich soil
Is the cure for cancer.
"Handle With Care"
"HANDLE WITH CARE," twice written.
For inside, like an egg, is something special, but fragile,
to the world
love and fear,
evil and desire,
but mostly love.

"HANDLE WITH CARE," for if you break it,
it can never be whole.
Never pieced perfectly. It will always bear cracks.

I Dream

I dream of breathing life
into words written
slowly with a pen

Ink flowing
like blood from
a child's scraped knee/palm

Pooling, running, drying

Reminding us that with life
comes the risk of
falling, failing and pain

This risk is life itself
pain is ever-present in
possibility.

With each inhale we inspire and
each exhale, we risk.

PRESIDING BISHOP TO PREACH AT SAINT MARK'S

BISHOP MICHAEL CURRY WILL VISIT THE DIOCESE OF OLYMPIA JUNE 14-17, 2018

Saint Mark's is pleased to welcome The Most Rev. Michael B. Curry, Presiding Bishop of the Episcopal Church, to preach at the cathedral on Thursday, June 14 for a special service of Choral Evensong at 7 p.m. A Q&A hosted by Bishop Rickel and a festive reception will follow in the Cathedral Nave. Saint Mark's Cathedral Choir and members of the Evensong Choir will sing.

Bishop Curry will also visit the Diocese of Olympia's Refugee Resettlement Office, the College for Congregational Development and Chaplains on the Harbor. He will speak at public events across the diocese.

Don't miss this extraordinary opportunity to hear from our Presiding Bishop and learn more about what the "Jesus Movement" means to the Episcopal Church in Western Washington!



What is the "Jesus Movement?"

If you've ever heard him preach, you may have heard Bishop Curry talk about the "Jesus Movement." What does he mean by that? The Jesus Movement has been defined as "following Jesus into loving, liberating and life-giving relationship with God, with each other and with the earth."

How do we join? First, we follow Jesus. We are simply the Episcopal branch of the Jesus Movement, seeking every day to love God with our whole heart, mind and soul, and to love our neighbors as ourselves (Matthew 22:36-40). Just like Jesus.

What's our work? We're working on simple practices for each priority area—if it's a Movement, then we should all be able to grasp the ideas and get on board. Then we're mapping a strategy that inspires and equips all of us to join God and make a difference.

The Jesus Movement takes you places. For the Episcopal Church, it calls us to focus on three specific Jesus Movement Priorities:

EVANGELISM:

Listen for Jesus' movement in our lives and in the world. Give thanks. Proclaim and celebrate it! Invite the Spirit to do the rest.

Inspire Episcopalians to embrace evangelism

Gather Episcopal evangelists

Equip all to be evangelists

Send all as evangelists

RECONCILIATION:

Embody the loving, liberating, life-giving way of Jesus with each other

Tell the truth about church and race

Rewrite the narrative

Form Episcopalians as reconcilers

Repair and **Restore** institutions and society

CREATION CARE:

Encounter and honor the face of God in creation

Develop creation care resources

Grow local eco-ministries

Pursue eco-justice at church-wide and local levels

Convene conversations around climate and faith

SAVE THE DATE!

*Immigration Reform in
Washington State, with*

ATTORNEY GENERAL BOB FERGUSON

TUESDAY, OCT. 17, 7-8:30 P.M.
SAINT MARK'S CATHEDRAL

In line with the cathedral's long history of involvement in immigration and refugee resettlement, Saint Mark's



presents Washington State Attorney General Bob Ferguson, who will share his thoughts on the current state of immigration both here and nationally, as well how we can continue our involvement. Following up is a panel discussion moderated by The Right Rev. Greg Rickel, Bishop of Olympia, with Marcos Martinez, Executive Director of Casa Latina; Estela Ortega, Executive Director of El Centro de la Raza; and Michael Ramos, Executive Director of The Church Council of Greater Seattle.



Photo: Michael Perera

MARCH FOR OUR LIVES

On March 24, members of Saint Mark's and the broader diocesan community joined the Seattle March for Our Lives, which was connected to similar student-led marches across the nation. Those assembled were there to protest of the lack of legislative action taken against gun violence in the United States.



At the march, Bishop Rickel said, "As Christians we're followers of Jesus, and I'm here because I believe Jesus would have been here—would be walking with us now. I believe Jesus *is* walking with us now." Dean Thomason added, "The youth of our nation have said 'enough is enough.'"



From left: two of Saint Mark's canons—The Rev. Canon Jennifer King Daugherty and The Rev. Canon Pat Taylor. Followed by two of the canons on the Diocesan staff: The Rev. Canon Mike Jackson and The Rev. Canon Marda Steedman Sanborn.

WHAT IS A “CANON”?

For anyone who has ever served as a Canon in the Episcopal Church, one searing question becomes their stock in trade: *Hey, so what IS a Canon?* And, truly, how many “big boom” jokes can a person take?

But from cotta to narthex, Episcopalian delight in our churchy vocabulary is practically a meme, and great fodder for some levity in Inquirers Classes. The word “canon” has a number of churchy meanings, derived from the Latin *canonicus*, itself derived from the Greek κανονικός; “relating to a rule.” But as a title, it typically, simply, means one serves a particular role on the bishop’s staff or the staff of a cathedral.

Bishop Rickel notes of the title: “‘Canon’ started way back in early Christianity—they were what we called ‘secular priests,’ living in or near a church, cathedral or other ecclesiastical setting. They would live ‘by rule.’ That’s really where this term came from.”

Today there are both clergy and lay Canons working for the Bishop and working at the cathedral, and there are Honorary Canons named for their noteworthy service, like the cathedral’s own Rev. Canon Pat Taylor and the diocese’s Rev. Canon Mike Jackson. And except for Honorary Canons, “Canon” is not a title for life, in the way that ordination gives a person a lifetime title—it’s meant to be functional.

Beyond a title, the word “canon” is also functional in several ways: the Episcopal Church uses “canon” in reference to law, to our official scripture of the Bible, to the form and style of our liturgy. But as a title, Canon is pretty straightforward—and a real conversation starter!

NORTHWEST COMMUNITY BAIL FUND RECEIVES RFK HUMAN RIGHTS GRANT

Exciting news—the Robert F. Kennedy Human Rights (RFKHR) foundation has honored the Northwest Community Bail Fund with a grant award in support of bail relief! Founded at Saint Mark’s and operating as a ministry of the cathedral, the Bail Fund advocates for bail reform and works to minimize the harm of the cash bail system by paying bail for people who would otherwise spend the pre-trial time in jail. In the last two years, the Bail Fund has bailed out 69 people, saving 3880 days in pre-trial detention, and \$721,500 of taxpayer dollars.

The RFKHR foundation supports local activists to ensure lasting positive change in governments and corporations, through programs to pursue strategic litigation on key human rights issues, educate students in human rights advocacy and foster a social good approach to business and investment. While the Bail Fund works toward systemic bail reform, it will be able to use this award to alleviate the burden of bail on impoverished individuals and their communities, keeping families together while avoiding disruptions to work and school and reducing convictions. Learn more at nwcombailfund.org.



BIGGEST CATHEDRAL DAY EVER!



On April 28, 2018, people from all over western Washington gathered for Cathedral Day—the annual celebration of the community of the Diocese of Olympia. The day began with a service of Holy Eucharist with a colorful procession of banners from churches across the diocese, with 85 confirmations, receptions and reaffirmations of baptismal vows. The occasion was the largest we've had, with over 500 advance registrants and even



Cathedral Day, continued

After worship, Saint Mark's was bursting with activity as games, crafts, food trucks and more took over the campus.

Clergy participated in a trivia game show, families gathered at food trucks, and some got their faces painted!





Messiaen's *Quartet for the End of Time*

Composed in 1941 while he was captive in a Nazi prisoner of war camp, Olivier Messiaen's *Quartet for the End of Time* is considered to be one of the great masterpieces of the 20th century. The Arts at Saint Mark's Music Series hosted a performance of this remarkable work on Palm Sunday,



Holy Week

At left: One of the Stations of the Cross, with a shadow cast from a chandelier, resembling a crown of thorns. Above: ceremonial footwashing at the Maundy Thursday service.



Easter

Above: Bishop Rickel lights the Paschal Candle at the Easter Vigil. At right: Choristers and adult choir members at the Easter Vigil.

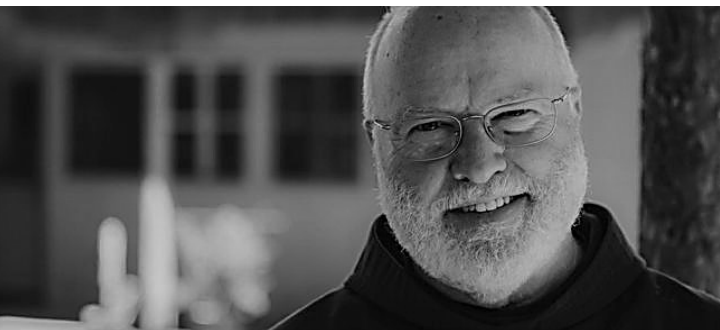
Below: Beautiful Easter flowers; Dean Thomason at the Easter morning liturgy.



THE WISDOM SCHOOL

Offering a balanced path for spiritual transformation, grounded in prayer and practice.

READ MORE AND REGISTER FOR THESE OFFERINGS AT: saintmarks.org/wisdomschool.



Conspire 2018: The Path of Descent as Path of Transformation

A LIVE WEBCAST WITH RICHARD ROHR AND FRIENDS

August 31, September 1 & 2, Leffler Living Room

Explore contemplative teachings, practices, and conversation with Richard Rohr, Barbara Holmes, Brian McLaren, Barbara Brown Taylor, and Mirabai Starr to reconsider dark times as sacred and to find community and courage for your own unique journey of becoming Love in our world.

Enneagram 3.0—Diving Deeper on Your Spiritual Journey

SARAH WALSTON, MED, LMHC, CERTIFIED ENNEAGRAM INSTRUCTOR

Friday, September 14, 6-8 p.m. & Saturday, September 15, 9:30 a.m.–2:30 p.m., Bloedel Hall

Building on two workshops in 2017, this workshop will focus on how the enneagram informs dynamics of interpersonal relationships in family systems and the work place, common pitfalls in misidentification, and how the enneagram serves as companion on the spiritual journey.

Resilience in Troubling Times: Developing Spiritual Practices that Sustain Us on the Journey

FACILITATED BY SAINT MARK'S CLERGY

Wednesdays, September 19 & 26, 6:45 p.m., Bloedel Hall

Drawing on the parish's work with Esther de Waal's *Seeking God*, with resources from the Society of St. John the Evangelist, explore spiritual practices that assist us in making our way in a troubled world less anxiously, with flourishing and faithfulness.

Dreams and Spiritual Growth

FRANCES PARKS, PH.D., ABPP

Second Tuesday of each month, October–March, 6:30-8 p.m. in the Leffler Living Room; (except for Nov. 13 & Dec. 11 – meet in Cathedral House Room 210)

Work with dream theory encourages a trust in knowing

through wisdom and faith as a complement to our culture's heavy value on trusting only the rational. Gain insight into aspects of the personality that may not be in conscious awareness and explore personal/spiritual development.



Engaging the Visual Arts as a Spiritual Experience

VIRGINIA MAKSYMOWICZ, ARTIST AND EDUCATOR

Saturday, November 3, 9 a.m.–3 p.m., Skinner Hall

This interactive workshop looks at the power of visual art to access spiritual yearnings and invites creative exploration of making art as spiritual experience. After lunch, participants will go to the Henry Art Gallery to view James Turrell's "Light Reign" and other works chosen for this workshop.

The Invitation to Wisdom and Grace

DEAN STEVE THOMASON

Wednesdays, March 13, 20 & 27, 2019

6:45–8:15 p.m., Bloedel Hall

Explore the spiritual journey, described as a process or cycle of Order—Disorder—Reorder. There is wisdom in all three stages, but for those willing live into the reordering of life, the journey unfolds into engagements with God's true character of mercy, justice, and love, experienced as grace.



Mirabai Starr—From Dark Night to Transformation

Friday & Saturday, March 29 & 30, 2019, Bloedel Hall

Author and teacher Mirabai Starr returns with a new workshop that draws on inspiration from wisdom traditions and

insights from her own poignant journey to explore the catalysts for transformation in each of our lives—including the transformational power of loss and darkness and the longing for the sacred.



Capstone: Women's Retreat in Easter Season

April 26-28, 2019, Camp Casey on Whidbey Island
Reflect, share, listen, learn, rest, grow... A women's weekend away with Saint Mark's clergy women and a spiritual retreat facilitator to explore themes of discerning the movement of the Spirit in our lives. Time for contemplation, conversation, enjoying nature, worship, and each other.

Wisdom Praxis—Practice Circle

Saturday, April 6, 2019, 9 a.m.-3 p.m.
Join The Rev. Patricia Rome Robertson, a 20-year student of Centering Prayer and Cynthia Bourgeault, for a Wisdom day grounded in contemplative practices of meditation and lectio divina, contemplative chant and movement, and small group conversation, focused on the three centers of our Being as Ways of Knowing.

WISDOM PRACTICES

Advent Quiet Morning

December 15, 9 a.m. – 12:30 p.m.
St. Andrew's, 111 NE 80th St., Seattle, WA
and

Lenten Quiet Morning at Saint Mark's Cathedral

March 23, 2019, 9:00 a.m. – 12:30 p.m.
These special Quiet Mornings help us move deeply into the sacred seasons with prayer, meditation and unstructured time for reflection held in shared silence.

New Year's Eve Labyrinth Walk

December 31, 2018, 6 p.m.-12 a.m., Cathedral Nave
By candlelight and contemplative music, come mark the new year by engaging in this deep spiritual practice. At midnight the Eucharist is celebrated at the center of the labyrinth.

WORSHIP LIVE STREAM REACHES VIEWERS NEAR AND FAR

Since Easter of 2017, Saint Mark's has live streamed worship services on our website. Each Sunday, we broadcast the 11 a.m. worship service. We also stream Evensong services (the first Sunday of the month from October-May). You can watch live, and view the on-demand archive at saintmarks.org/livestream.

In the last year, Saint Mark's has received messages of gratitude from all over the country—and even the world!

"I left Seattle in the summer of 2015 for a graduate program and have missed Saint Mark's painfully so since. Being able to livestream the service nearly brings me to tears. This place is so special. From the bottom of my heart, thank you for doing this."

"I have two parishes...the one I attend in person, and Saint Mark's via live stream."

"I visited a woman at UW Medical Center whose mother was unconscious and on comfort care. The daughter had looked up St. Mark's to find a priest, and saw that our Palm Sunday service was to be live-streamed and so she watched. She told me it had been a great comfort to her to be able to 'attend' the liturgy that way on Palm Sunday, and that it was beautiful."

"[Saint Mark's Clergy] did the Maundy Thursday service at Horizon House retirement community and care center. We told the chaplain there that our 11 a.m. liturgies would now be live-streamed, and they were excited for their residents and said they would work with the Life Enrichment department to try to get it on a television on Sundays that residents could watch!"



SAINT MARK'S
EPISCOPAL CATHEDRAL
1245 10th Ave East
Seattle, WA 98102

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Choir School Summer Camp 2018

AUGUST 20-24, 2018

We welcome children, regardless of church affiliation, who are interested in singing beautiful and exciting music of the Christian faith in the striking cathedral setting, while growing as musicians and children of God. Ages: Rising 3rd grade – 8th grade

Camp activities include: joyful singing of glorious music; daily guests specializing in art, drumming, and composition; field trips and outdoor activities; visual art projects; organ demonstration and piano/organ lessons; daily sung Morning Prayer; a closing Evensong service and Sunday morning Eucharist in the cathedral.

For more information, and to register, visit saintmarks.org/choircamp.

