



# SUNDAYS & BEYOND

*The Saint Mark's Cathedral weekly newsletter*

THE SECOND SUNDAY AFTER THE EPIPHANY ♦ JANUARY 20, 2019

## **Celebrating the Life and Legacy of Edwin Pratt: A Preview**

TODAY, 10:10-10:55 A.M., *Bloedel Hall*

Saint Mark's will host a commemorative event to honor Edwin Pratt in February (more on pg. 3.) Community leaders will speak about his legacy fifty years after his assassination and his surviving family members will be at hand. We expect to hear about how far our community has come in the march for social justice and how far we have yet to go. Parishioner Brett Bowton-Meade will share how the program has come together and how you can participate. We will also open the Columbarium from 9:30 to 11:30 a.m. so you can take it in and see the resting place of Pratt's remains.



*Pratt with Dean Leffler*

## **Practicing Gratitude as the Gift of Life Facilitated by Dean Thomason**

WEDNESDAY, JAN. 23, 9, 6:45-8:15 P.M., *Bloedel Hall*

*Community dinner: 6-6:30 p.m. (adults \$7, children \$5, max family \$20)*  
Brene Brown says: "Today we live in a culture of scarcity; a culture of 'never enough.'" It is a vortex of endless insufficiency. There is another way. The antidote is practicing gratitude, not as a whimsical emotion, but as the deep well of true life available to us all. We were created to discover this! How do we tap gratefulness in meaningful ways, and how does gratefulness color all of life? Dean Thomason will offer reflections on such questions, and invite those present into conversation.



## **Concert on the Flentrop Organ: Paul Jacobs**

FRIDAY, JAN. 25, 7:30 P.M., *Cathedral Nave*

Hailed as "one of the major musicians of our time" (*The New Yorker*) and a leading concert organist, Paul Jacobs is also Professor of Organ at The Juilliard School in New York, NY. Performing for the first time on the Flentrop organ, Paul will feature Bach, Mozart, Liszt, Ives, and Weaver on a varied program celebrating classical and modernist works. This concert is co-sponsored by the

Seattle Chapter of the American Guild of Organists. AGO members may purchase tickets at half price at the door. Reception to follow program. Purchase tickets at [saintmarks.org/concerts](http://saintmarks.org/concerts).

## **2019 Annual Parish Meeting and festive meal**

SUNDAY, JANUARY 27, 12:30 P.M., *Bloedel Hall*

You're invited to join a festive parish meal and the 2019 Annual Meeting. The meeting will include an election of parish vestry members and delegates/alternates to Diocesan Convention. A brochure featuring the candidates is available in the back of the Nave. We'll also hear ministry reports, and the 2019 budget. This is a wonderful opportunity to celebrate our vibrant parish. Please bring something to share at the potluck lunch. We suggest the following guidelines: Potluck items should feed at least 8-10 people. To ensure balanced options: A-I last names, please bring a side or salad; J-R last names, please bring a dessert; S-Z last names, please bring a main course.

## **Meet the vestry candidates**

Today, January 20 the candidates for vestry will be introduced at all three morning services. They will be available after services, so please greet them and ask any questions you may have. The candidates are: Kristen Austin, Roy Hughes, Roberta Kanive, Robert Kirkman, George "G" Pro, Marjorie Ringness, Michael Seewer, and Robert Stevens. The election for vestry and representatives to Diocesan Convention will occur at the annual meeting on Sunday, Jan. 27 at 12:30 p.m. Questions? Contact John Selberg ([jaselberg@aol.com](mailto:jaselberg@aol.com)) or Lynne Markova ([lsmarkova@comcast.net](mailto:lsmarkova@comcast.net).)

## **Washington Against Nuclear Weapons Coalition**

TODAY, AFTER MORNING SERVICES

*Back of the Nave (Coffee Corner)*

Those interested in working to prevent the new Nuclear Arms Race can learn about Washington Against Nuclear Weapons at a table in the coffee corner on Sunday, January 20 after each service. Learn about this 40-member coalition whose mission is to engage the public about this issue.

## CATHEDRAL PRAYER LIST

To add a name to the prayer list, contact 206.323.0300 x314 or [prayers@saintmarks.org](mailto:prayers@saintmarks.org). Prayer requests are listed in *Sundays & Beyond* for approximately four weeks.

### THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese; the clergy, staff and vestry of Saint Mark's Cathedral; all the ministries of Saint Mark's.

### THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

### ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES: Christopher White

### THOSE WHO HAVE DIED

Richard Kravako	Felipe Gomez Alonzo
Charlotte Field	Hank Noordham
Otis W. Howe, Jr.	Will Notbohm

### THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Aly & family	Ken Olgivie
Mark Ayuda and Mochi	Greg Owen
Norman & Stephanie Booth	Jonie Pritchard
John Patrick Burke	G. Pro
Cathy & Deb	Kathy S.
Raissa DeSmet	Don and Lil Snow
Sharon Ferguson	The Snyder family
Juana & family	Pam and Dave Tinsley,
Rosario Josephine & Damianus	Katie and family
Magdalena Lovejoy	Kathy Thomason
Vi Lynk	John Vendelin & Robin Wood
Jim and Ruth Mulligan	Kari & Matthew Williams
Taylor Notaro	Scott Wilson
Scott Nurmi	Nancy and family

## Just a few spaces left for Saint Mark's Women's Retreat on Whidbey Island

APRIL 26-28, *Camp Casey on Whidbey Island*

Reflect, share, listen, learn, rest, grow... a women's weekend away with Saint Mark's clergy women and a spiritual retreat facilitator to explore themes of discerning the movement of the Spirit in our lives, both moving from dark valleys into transformative living and acknowledging the points of light and expanding into them. Time for contemplation, conversation, enjoying nature, worship, and each other. Fee (non-refundable): \$200—includes two nights lodging (single rooms) and all meals. Contact The Rev. Cristi Chapman, [cchampan@saintmarks.org](mailto:cchampan@saintmarks.org).

## Are you affected by the Federal Government Shutdown?

Many have been furloughed, and others' work has been adversely affected by the shutdown. If you are in a pinch, and need some assistance to get through a rough patch, please contact one of the clergy. The Clergy Discretionary Fund might be used to assist, at least in a small way. Such disbursements are made confidentially.

## "Finding Home", The Sixth Annual Mideast Focus Film Series Begins February 1!

FIRST FRIDAYS, BEGINNING FEBRUARY 1, 6:15 p.m. Reception, 7 p.m. Film, *Bloedel Hall, Free admission*

Announcing the Sixth Annual Mideast Focus Film Series! This year's theme is "Finding Home." Refugees are struggling for survival—at our own borders, and at the borders in Gaza, and in the West Bank. How can we understand their reality, and the role we play in it? On Feb. 1, we begin at a special time for a celebratory opening reception at 6:15 p.m., with food prepared by refugees from the Middle East who are now our neighbors. Come and help us celebrate their presence among us! Then at 7 p.m., we'll screen the multi-award winning film "SOUFRA" ("dining table" in Arabic). In this inspiring story, a group of women living in a refugee camp on the outskirts of Beirut start the catering company "Soufra", which leads to surprising and savory success despite a myriad of obstacles.



## Choral Evensong for the Feast of the Presentation of Christ in the Temple

SUNDAY, FEBRUARY 3, 4:30 PM, *Cathedral Nave*

Saint Mark's Evensong Choir will sing the particularly Schubertian setting of the *Magnificat* and *Nunc dimittis* in G major by Charles Villiers Stanford, and Charles Wood's beloved anthem for double choir, "Hail, gladdening light." Come, lend your voice in prayer and praise on this special evening in celebration of the Feast of the Presentation of Christ in the Temple.

## Northwest Community Bail Fund Update Forum

SUNDAY, FEBRUARY 3, 10:10 A.M., *Bloedel Hall*

The Northwest Community Bail Fund (NCBF), which started as a justice ministry at Saint Mark's, is now a non-profit organization operating in Western Washington. A recent recipient of the Seattle Seahawks players grant, NCBF has provided bail for over 180 people. Join us at the Sunday Forum as board members provide an update on the Bail Fund's progress. NCBF has seen significant growth and change in 2018, and is moving into 2019 with big plans for further steps toward equality and justice in WA jails. Come and learn about the fund's role in socio-economic and racial equity.

## 20s+30s: Questioning Together

MONDAY, FEBRUARY 4, 7:30-9 P.M., *Youth Room*

This group gathering offers a supportive community for those in their 20s and 30s to explore questions of faith and meaning in our time. We meet on the first Monday of every month. The topic for January: "What makes God and questions about God worth pursuing?" Wherever you are in your faith journey, you are welcome. We will meet in the Youth Room, which is in the basement of the Cathedral House. A light dinner will be served. To RSVP (appreciated but not required) or for questions, contact Rachel McNary, [rachel.mcnary@gmail.com](mailto:rachel.mcnary@gmail.com). We look forward to seeing you there!

## Homeless and Hunger Advocacy Retreat

SATURDAY, FEBRUARY 9, 10 A.M.-2 P.M., *Bloedel Hall*  
*Facilitated by The Rev. Canon Marilyn Cornwell, The Rev. Cristi Chapman, and ministry leader David Wagner*  
What is advocacy, and how is advocacy a spiritual practice? How might the Spirit be calling Saint Mark's to advocate for those in the Seattle area who are experiencing homelessness and hunger insecurity? Join us as Saint Mark's hosts a one-day retreat to explore these questions. The retreat will take place from 10-2 in Bloedel Hall. A light lunch will be served. We will focus on three topics: understanding what faith-based advocacy is and where it finds its meaning and grounding; exploring the history of homeless/hunger advocacy at Saint Mark's, and forming a plan for how we might respond now to the needs of the broader community. To RSVP or for questions, contact The Rev. Cristi Chapman, [cchapman@saintmarks.org](mailto:cchapman@saintmarks.org) or David Wagner, [akdavid710@gmail.com](mailto:akdavid710@gmail.com). Register at [saintmarks.org/retreat](http://saintmarks.org/retreat).

## Raising the Roof: Immigration and Christian Responsibility – Sanctuary at Saint Mark's welcomes The Rev. Nancy Frausto

SATURDAY, FEB. 16, 9 A.M. – 12:30 P.M., *Bloedel Hall*  
*(Rev. Frausto will also preach at all morning services on Sunday, Feb. 17 and will be part of the "Friends Talking" Forum with Dean Thomason at 10:10 that morning.)*

The Rev. Nancy Frausto of St. Luke's Episcopal Church in Long Beach, California raised the roof at General Convention last summer! A founding member of the Diocese of Los Angeles Sanctuary Task Force and a Dreamer (DACA recipient), she is a powerful preacher and teacher and witness to the power of God's liberating love. Her workshop at Saint Mark's brings together personal story, the state of immigration in our country, and our responsibility and action as Christian community. Come be part of the conversation!



## A Commemorative Event for Seattle Civil Rights Leader Edwin T. Pratt

SATURDAY, FEB. 2,  
2 P.M., *Cathedral Nave*

Saint Mark's will honor the legacy of Seattle civil rights leader Edwin T. Pratt, featuring speakers from the community and special guests, including Michelle Merriweather of the Urban League; The Rev. Dr. Phyllis Beaumonte; King County Councilmember Larry Gossett; and Pratt's daughter, Miriam Pratt Glover.

Pratt was assassinated at the door of his Shoreline home almost 50 years ago. In the 1960s he was the Executive Director of the Urban League of Metropolitan Seattle, establishing initiatives to confront housing discrimination, school segregation, employment bias and police brutality. An Episcopalian, he was a personal friend of Saint Mark's Dean John Leffler. Following Pratt's murder, the Mayor declared a day of mourning. His memorial service was the largest ever held at Saint Mark's; his remains are inurned in the Chapel of the Resurrection. With Pratt's death, the city of Seattle lost a great leader, the marginalized in our area lost an effective advocate, and our Diocese lost a trusted member who helped navigate the uncertainties of the late sixties.



## Dean Thomason-hosted book conversation on Meacham's *The Soul of America* continues

TUESDAY FEBRUARY 19, 7-8:30 P.M., *(And previously Jan. 15), Leffler Living Room*

Pulitzer-Prize winning author Jon Meacham has written a compelling assessment of our current political and social climate in light of historical reflections, offering us a beautiful invitation to summon our "better angels." Meacham writes: "The good news is that we have come through such darkness before." Meacham and Dean Thomason attended college together at Sewanee, later serving on the University's Board of Trustees together in the late 1990s. Books available for purchase in the Cathedral Shop.



**SAINT MARK'S**  
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102  
206.323.0300  
info@saintmarks.org  
saintmarks.org

*Wherever you are on  
your journey of faith,  
you are welcome here.*

**Weekday Service Times**

- MONDAY – FRIDAY, 6:30 P.M.  
Evening Prayer in Thomsen Chapel
- MONDAY, 7:15 P.M.  
Centering Prayer in Thomsen Chapel
- WEDNESDAY, 12 NOON  
Holy Eucharist in Thomsen Chapel
- THURSDAY, 7 A.M.  
Holy Eucharist in Thomsen Chapel

**Cathedral Office Hours**

MONDAY-FRIDAY, 9 AM – 4:30 P.M.  
Questions, or need to reach a member of the  
Clergy or Staff? The Cathedral Office main  
number is 206-323-0300.

**SUNDAYS & BEYOND**

*Sundays & Beyond* is a weekly publication of  
updates, events and activities happening on  
campus, and the Cathedral prayer list. It is available  
by electronic subscription, on Saint Mark's website,  
and in print in the nave. To submit announcements  
for these publications, visit  
[saintmarks.org/announce](http://saintmarks.org/announce). Requests are due by  
Tuesday at 5 p.m. for publication on the following  
Sunday. Announcements may be edited for space  
and content.

*Sunday, January 20 ♦ The Second Sunday after the Epiphany*

- HOLY EUCHARIST, 8 A.M. *Thomsen Chapel*  
Preacher: The Rev. Canon Nancy Ross, Associate to the Rector
- HOLY EUCHARIST, 9 A.M. *Cathedral Nave*  
Preacher: The Rev. Canon Nancy Ross, Associate to the Rector
- SUNDAY SCHOOL, 10:10 A.M. *Various locations*  
Offerings for children/youth preschool through high school. Ask at the  
Welcome Table or pick up a blue map for classroom locations.
- SUNDAY FORUM, 10:10 A.M. *Bloedel Hall*  
A preview of the upcoming Commemorative Event for Edwin Pratt.
- HOLY EUCHARIST, 11 A.M. *Cathedral Nave*  
Preacher: The Rev. Canon Nancy Ross, Associate to the Rector
- CATHEDRAL YOGA, 6 P.M. *Cathedral Nave*  
A spiritual practice open to all.
- CONTEMPLATIVE EUCHARIST, 7 P.M., *Thomsen Chapel*  
With times of silence for reflection, simple meditative music by  
candlelight. Optional healing prayers are offered following the service.
- COMPLINE, 9:30 P.M. *Cathedral Nave*  
Compline is the service of ancient nighttime prayers, sung by the  
Compline Choir. A Seattle tradition, broadcast live on KING 98.1 FM.

**Choir School Open House**

Join the Choristers of Saint Mark's for an open rehearsal! Choristers learn  
how to be well-rounded musicians through ear and vocal training as well as  
through practicing liturgical leadership in services on Sundays. The Open  
House will invite new singers to join in as choristers practice music for the  
week. Parents are welcome to attend, too! The final open house is for Schola  
(High school age youth on Wednesday, January 23, 7:30–8:30 p.m. in St.  
Nicholas Bldg., Room 216.

**CATHEDRAL STAFF AND LEADERSHIP**

Adam Conley, <i>Seattle Service Corps Director</i> . . . . .	aconley@saintmarks.org	Ligia Pucci, <i>Choir School Assistant Conductor</i> . . . . .	lpucci@saintmarks.org
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**2018-2019 VESTRY**

*Dean and Rector:* The Very Rev. Steven L. Thomason; *Senior Warden:* Lynne Markova; *Junior Wardens:* Cara Peterson and Bob Chapman; Vinh Do, Ralph Ermoian, Amanda Davis, Andrew Himes, Jim Buskirk, Neshia Alaovae, Rosemarie LeMoine, Julia Logan, Michael Perera. *Diocesan members:* Greg Walrath, Mary Maxon. *Chancellor:* John Hoerster; *Vice Chancellor:* Re Knack; *Treasurer:* Phil Lloyd; *Clerk:* Jenny Donner; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn.