



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

THE THIRD SUNDAY AFTER THE EPIPHANY ♦ JANUARY 27, 2019

2019 Annual Parish Meeting and festive meal

TODAY, 12:30 P.M., *Bloedel Hall*
You're invited to join a festive parish meal and the 2019 Annual Meeting. We will elect new members to the parish vestry as well as delegates and alternates to Diocesan Convention. A brochure featuring the candidates is available in the back of the Nave.

We'll also hear ministry reports, and the 2019 budget. This is a wonderful opportunity to celebrate our vibrant parish. We will gather over a potluck lunch—if you did not bring a dish, join us anyway! There will be plenty for all to share.



Next Sunday

Choral Evensong for the Feast of the Presentation of Christ in the Temple

SUNDAY, FEBRUARY 3, 4:30 P.M.,
Cathedral Nave

Saint Mark's Evensong Choir will sing the particularly Schubertian setting of the *Magnificat* and *Nunc dimittis* in G major by Charles Villiers Stanford, and Charles Wood's beloved anthem for double choir, "Hail, gladdening light." Come, lend your voice in prayer and praise on this special evening in celebration of the Feast of the Presentation of Christ in the Temple.



A Commemorative Event for Seattle Civil Rights Leader Edwin T. Pratt

SATURDAY, FEB. 2, 2 P.M., *Cathedral Nave*

This event will be livestreamed at saintmarks.org/livestream.

Saint Mark's will honor the legacy of Seattle civil rights leader Edwin T. Pratt, featuring speakers from the community and special guests, including Michelle Merriweather of the Urban League; The Rev. Dr. Phyllis Beaumonte; King County Councilmember Larry Gossett; and Pratt's daughter, Miriam Pratt Glover. Bishop Greg Rickel will also join us.

Pratt was assassinated exactly 50 years ago this month. In the 1960s he was the Executive Director of the Urban League of Metropolitan Seattle, establishing initiatives to confront housing discrimination, school segregation, employment bias and police brutality. Pratt's memorial service was the largest ever held at Saint Mark's; his remains are inurned in the Chapel of the Resurrection. With Pratt's death, the city of Seattle lost a great leader, the marginalized in our area lost an effective advocate, and our Diocese lost a trusted member who helped navigate the uncertainties of the late sixties. Come and celebrate Pratt's legacy, and join us for a reception following the event.

A Growing Urgency: Advancing Technologies and their Ethical Challenges

WEDNESDAYS, JANUARY 30 & FEBRUARY 6, 6:45-8:15 P.M.

Community dinner: 6-6:30 p.m. (adults \$7, children \$5, max family \$20)

Facilitated by Joe Caggiano and The Rev. Cristi Chapman

No force is more powerful than technology in shaping the world in which we live. Data-driven social media, predictive behavioral algorithms, gene manipulation, and climate focused engineering interventions are a few of the rapidly-advancing technologies that impact our lives. How can we engage in this rapidly changing environment, particularly when technological development and decision-making often lie beyond the scope of daily experience? This two week series will provide some introductory background, then help us to explore new ways to approach decisions about technology; whether the Church's role in social justice or environmental activism is a precedent for deeper influence on emerging technologies; and what it means to be a moral agent, rather than passive recipient, in the face of relentlessly advancing technologies.

CATHEDRAL PRAYER LIST

To add a name to the prayer list, contact 206.323.0300 x314 or prayers@saintmarks.org. Prayer requests are listed in *Sundays & Beyond* for approximately four weeks.

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese; the clergy, staff and vestry of Saint Mark's Cathedral; all the ministries of Saint Mark's.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES: Christopher White

THOSE WHO HAVE DIED

Richard Kravako	Felipe Gomez Alonzo
Charlotte Field	Hank Noordham
Otis W. Howe, Jr.	Will Notbohm

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Aly & family	Ken Olgivie
Mark Ayuda and Mochi	Greg Owen
Norman & Stephanie Booth	Jonie Pritchard
John Patrick Burke	G. Pro
Cathy & Deb	Kathy S.
Raissa DeSmet	Don and Lil Snow
Sharon Ferguson	The Snyder family
Juana & family	Pam and Dave Tinsley,
Rosario Josephine & Damianus	Katie and family
Magdalena Lovejoy	Kathy Thomason
Vi Lynk	John Vendelin & Robin Wood
Jim and Ruth Mulligan	Kari & Matthew Williams
Taylor Notaro	Scott Wilson
Scott Nurmi	Nancy and family

See the award-winning *Soufra*: Mideast Focus Film Series begins

FIRST FRIDAYS, BEGINNING FEB. 1,
6:15 p.m. Reception, 7 p.m. Film, *Bloedel Hall*, Free admission

On Feb. 1, we begin at a special time for a celebratory opening reception at 6:15 p.m., with food prepared by refugees from the Middle East who are now our neighbors. Come and help us celebrate their presence among us! Then at 7 p.m., we'll screen the multi-award winning film "SOUFRA" ("dining table" in Arabic). In this inspiring story, a group of women living in a refugee camp on the outskirts of Beirut start the catering company "Soufra", which leads to surprising and savory success despite a myriad of obstacles.



Northwest Community Bail Fund Update Forum

SUNDAY, FEBRUARY 3, 10:10 A.M., *Bloedel Hall*

The Northwest Community Bail Fund (NCBF), which started as a justice ministry at Saint Mark's, is now a non-profit organization operating in Western Washington. A recent recipient of the Seattle Seahawks players grant, NCBF has provided bail for over 180 people. Join us at the Sunday Forum as board members provide an update on the Bail Fund's progress. NCBF has seen significant growth and change in 2018, and is moving into 2019 with big plans for further steps toward equality and justice in WA jails. Come and learn about the fund's role in socio-economic and racial equity.

20s+30s: Questioning Together

MONDAY, FEBRUARY 4, 7:30-9 P.M., *Youth Room*

This group gathering offers a supportive community for those in their 20s and 30s to explore questions of faith and meaning in our time. We meet on the first Monday of every month. The topic for January: "What makes God and questions about God worth pursuing?" Wherever you are in your faith journey, you are welcome. We will meet in the Youth Room, which is in the basement of the Cathedral House. A light dinner will be served. To RSVP (appreciated but not required) or for questions, contact Rachel McNary, rachel.mcnary@gmail.com. We look forward to seeing you there!

Newcomers Coffee with Clergy

SUNDAY, FEBRUARY 3, AFTER 9 & 11 A.M. SERVICES,
Leffler Living Room

Every month Saint Mark's hosts a conversation with newcomers after both 9 a.m. and 11 a.m. services to help us get to know each other, share our stories, and introduce newcomers to Saint Mark's and the Episcopal Church. Please meet in the back of the Cathedral after each service and look for the sign. Questions? Contact Deacon Earl, newcomers@saintmarks.org.

Homeless and Hunger Advocacy Retreat

SATURDAY, FEBRUARY 9, 10 A.M.-2 P.M., *Bloedel Hall*
Facilitated by The Rev. Canon Marilyn Cornwell, The Rev. Cristi Chapman, and ministry leader David Wagner

What is advocacy, and how is advocacy a spiritual practice? How might the Spirit be calling Saint Mark's to advocate for those in the Seattle area who are experiencing homelessness and hunger insecurity? Join us as Saint Mark's hosts a one-day retreat to explore these questions. We will focus on three topics: understanding what faith-based advocacy is and where it finds its meaning and grounding; exploring the history of homeless/

hunger advocacy at Saint Mark's, and forming a plan for how we might respond now to the needs of the broader community. A light lunch will be served. To RSVP or for questions, contact The Rev. Cristi Chapman, cchapman@saintmarks.org or David Wagner, akdavid710@gmail.com. Register at saintmarks.org/retreat.

The Compline Choir presents an England Pilgrimage Fundraising Concert

FRIDAY, FEB. 8, 7:30 P.M.

The Compline Choir will present an hour-long Epiphany season concert entitled "God Made

Manifest" at First Lutheran Church (Richmond Beach), 18354 8th Ave NW, Shoreline, WA 98177. Scripture, poetry of Eliot, Guité, and Donne, combine with music by Byrd, Cornelius, Hallock, and Jackson for this unique event. A reception hosted by First Lutheran Church follows the concert. A free-will offering will be taken.



Mideast Focus Film Series Preview

SUNDAY, FEBRUARY 10, 10:10 A.M. *Bloedel Hall*

Announcing the Sixth Annual Mideast Focus Film Series! This year's theme is "Finding Home." Refugees are struggling for survival—at our own borders, and at the borders in Gaza, and in the West Bank. How can we understand their reality, and the role we play in it? Catch this preview of the films coming up in this series.

Are you affected by the Federal Government Shutdown?

Many have been furloughed, and others' work has been adversely affected by the shutdown. If you are in a pinch, and need some assistance to get through a rough patch, please contact one of the clergy. The Clergy Discretionary Fund might be used to assist, at least in a small way. Such disbursements are made confidentially.

Website "facelift" and a welcome video!

You may have noticed that the Saint Mark's website recently got a huge "facelift." This project was a cost-effective way to make improvements to the site. Outgoing Communications Director Liz Bartenstein led the web development effort, with support from the Diocese. The #1 aim was to make navigation easier, and we've done several things to that end. In addition, we've made the site mobile-friendly, and created several more dynamic landing pages to engage users. You'll also notice an exciting "Welcome" video on the home page, created by parishioner David Wild. We solicited feedback on the site from staff, a sample of parishioners, the Communications Committee and members of the vestry. We're excited to share this communication tool with the general public, and to see what fruit it bears! Can't find something? Have a suggestion? Send an email to info@saintmarks.org.

Raising the Roof: Immigration and Christian Responsibility – Sanctuary at Saint Mark's welcomes The Rev. Nancy Frausto

SATURDAY, FEB. 16, 9 A.M. – 12:30 P.M., *Bloedel Hall*

(*Rev. Frausto will also preach at all morning services on Sunday, Feb. 17 and will be part of the "Friends Talking" Forum with Dean Thomason at 10:10 that morning.*)

The Rev. Nancy Frausto of St. Luke's Episcopal Church in Long Beach, California raised the roof at General Convention last summer! A founding member of the Diocese of Los Angeles Sanctuary Task Force and a Dreamer (DACA recipient), she is a powerful preacher and teacher and witness to the power of God's liberating love. Her workshop at Saint Mark's brings together personal story, the state of immigration in our country, and our responsibility and action as Christian community. Come be part of the conversation!



Dean Thomason-hosted book conversation on Meacham's *The Soul of America* continues

TUESDAY FEBRUARY 19, 7-8:30 P.M., (*And previously Jan. 15*), *Leffler Living Room*

Pulitzer-Prize winning author Jon Meacham has written a compelling assessment of our current political and social climate in light of historical reflections, offering us a beautiful invitation to summon our "better angels." Meacham writes: "The good news is that we have come through such darkness before." Meacham and Dean Thomason attended college together at Sewanee, later serving on the University's Board of Trustees together in the late 1990s. Books available for purchase in the Cathedral Shop.

Mirabai Starr—A Fierce and Tender Wisdom

FRIDAY MAR. 29, 6:30-8:30 P.M. &

SATURDAY MAR. 30, 9 A.M.-4 P.M.

Mirabai Starr has written extensively on the mystics and the unifying teachings at the heart of all spiritual paths, with a gift for making timeless wisdom accessible to contemporary seekers. She returns to Saint Mark's for two offerings. She will give a talk on March 29 on "Wild Mercy: Wisdom of the Feminine." On March 30 she will lead a writing workshop entitled "From Dark Night to Transformation." More, including registration for the workshop, at saintmarks.org/wisdom.



SAINT MARK'S
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

*Wherever you are on
your journey of faith,
you are welcome here.*

Weekday Service Times

- MONDAY – FRIDAY, 6:30 P.M.
Evening Prayer in Thomsen Chapel
- MONDAY, 7:15 P.M.
Centering Prayer in Thomsen Chapel
- WEDNESDAY, 12 NOON
Holy Eucharist in Thomsen Chapel
- THURSDAY, 7 A.M.
Holy Eucharist in Thomsen Chapel

Cathedral Office Hours

MONDAY-FRIDAY, 9 AM – 4:30 P.M.
Questions, or need to reach a member of the
Clergy or Staff? The Cathedral Office main
number is 206-323-0300.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of
updates, events and activities happening on
campus, and the Cathedral prayer list. It is available
by electronic subscription, on Saint Mark's website,
and in print in the nave. To submit announcements
for these publications, visit
saintmarks.org/announce. Requests are due by
Tuesday at 5 p.m. for publication on the following
Sunday. Announcements may be edited for space
and content.

Sunday, January 27 ♦ The Third Sunday after the Epiphany

- HOLY EUCHARIST, 8 A.M. *Thomsen Chapel*
Preacher: The Very Rev. Steven L. Thomason, Dean and Rector
- HOLY EUCHARIST, 9 A.M. *Cathedral Nave*
Preacher: The Very Rev. Steven L. Thomason, Dean and Rector
- SUNDAY SCHOOL, 10:10 A.M. *Various locations*
Offerings for children/youth preschool through high school. Ask at the
Welcome Table or pick up a blue map for classroom locations.
- HOLY EUCHARIST, 11 A.M. *Cathedral Nave*
Preacher: The Very Rev. Steven L. Thomason, Dean and Rector
- ANNUAL PARISH MEETING, 12:30 P.M. *Bloedel Hall*
Annual Parish Meeting, vestry election and celebratory meal. More on pg. 1.
- CATHEDRAL YOGA, 6 P.M. *Cathedral Nave*
A spiritual practice open to all.
- CONTEMPLATIVE EUCHARIST, 7 P.M., *Thomsen Chapel*
With times of silence for reflection, simple meditative music by
candlelight. Optional healing prayers are offered following the service.
- COMPLINE, 9:30 P.M. *Cathedral Nave*
Compline is the service of ancient nighttime prayers, sung by the
Compline Choir. A Seattle tradition, broadcast live on KING 98.1 FM.

Living Well, Dying Well: Planning the Last Chapter of Your Life

SATURDAY, FEB. 23, 9 A.M. - 2:30 P.M. *St. Andrew's Episcopal Church,*
Check in at 9:00 am, program starts at 9:30 am. Cost: \$20 per person, in-
cludes lunch and resources

Register online: living-well-dying-well.eventbrite.com

How will you and your loved ones make decisions that respect your au-
tonomy and enhance your human dignity in the last chapter of your life?
Explore these questions with Bishop Rickel, Dean Steve Thomason, health
professionals, attorneys and local clergy. They will share stories, and
provide medical, legal and spiritual tools and guidance. Bishop Rickel
will lead a reflection after showing the film "Speaking of Dying." All who
attend will receive the Life Planning Manual, a very good tool developed
by our diocese. Join us! This workshop is sponsored by the Life Planning
Ministry of the Cathedral Foundation of the Diocese of Olympia

CATHEDRAL STAFF AND LEADERSHIP

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2018-2019 VESTRY

Dean and Rector: The Very Rev. Steven L. Thomason; *Senior Warden:* Lynne Markova; *Junior Wardens:* Cara Peterson and Bob Chapman; Vinh Do, Ralph Ermoian, Amanda Davis, Andrew Himes, Jim Buskirk, Neshia Alaovae, Rosemarie LeMoine, Julia Logan, Michael Perera. *Diocesan members:* Greg Walrath, Mary Maxon. *Chancellor:* John Hoerster; *Vice Chancellor:* Re Knack; *Treasurer:* Phil Lloyd; *Clerk:* Jenny Donner; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn.