



SAINT MARK'S  
EPISCOPAL CATHEDRAL

# THE HOLY EUCHARIST

THE SIXTH SUNDAY AFTER THE EPIPHANY

February 17, 2019

11:00 AM



*Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5<sup>th</sup> floor. Ushers will guide you.*

*As part of our effort to serve those who cannot attend worship, this service will be livestreamed on the internet. The 8 AM, 9 AM, 7 PM, and 9:30 PM services are not livestreamed. We are grateful for your presence and participation in this community.*

*Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.*

The Very Reverend Steven L. Thomason, Dean and Rector of Saint Mark's Cathedral, *Presider*

The Reverend Nancy Frausto, Associate Rector, St. Luke's Episcopal Church, Long Beach, CA, *Preacher*

## THE GATHERING

**PRELUDE**     *Trumpet Voluntary*

John Bennett (c. 1735–1784)

*A bell bids all to rise as able.*

**INTROIT**     *Blest are the pure in heart*

WORDS: John Keble (1792–1866) & William John Hall (1793–1861)

MUSIC: melody by Johann Balthasar König (1691–1758)

adapt. & harm. W. H. Havergal (1793–1870)

Blest are the pure in heart,  
for they shall see our God;  
the secret of the Lord is theirs,  
their soul is Christ's abode.

Lord, we thy presence seek;  
may ours this blessing be;  
give us a pure and lowly heart,  
a temple fit for thee.

**HYMN 423**     *Immortal, invisible, God only wise* ♦ *The Hymnal 1982 #423*

TUNE: *St. Denio*

### OPENING ACCLAMATION

*Presider* Blessed be God: Father, Son, and Holy Spirit.  
*Assembly* **And Blessed be God's kingdom, now and forever. Amen.**

## COLLECT FOR PURITY

*Presider* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

*All* Amen.

## SONG OF PRAISE *The Third Song of Isaiah* ♦ *chanted by all*

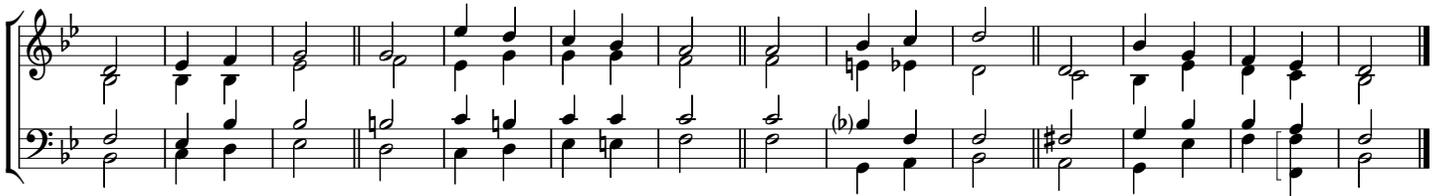
WORDS: Isaiah 60:1-3, 11a, 14b, 18-19

MUSIC: Anglican chant by W.H. Longhurst (1819-1904)

*Verses 1 & 2 are chanted by the Choir alone. All join in chanting verses 3-10.*

*In this style of chanting, the slashes in the text correspond to the barlines in the chant.*

*When more than one syllable is sung on a black note, the dot • indicates the change of pitch.*



*The Hymnal 1982 #8-226*

*Choir alone:* 1 Arise, shine, for your / light has / come,  
and the glory of the / Lord has / dawned up / on you.

2 For behold, darkness / covers • the / land;  
deep / gloom en - / shrouds the / peoples.

*All:* 3 **But over you the / Lord will / rise,  
and his / glory • will ap - / pear up - / on you.**

4 **Nations will / stream to • your / light,  
and kings to the / brightness / of your / dawning.**

5 **Your gates will / always • be / open;  
by day or / night • they will / never • be / shut.**

6 **They will call you, The / City • of the / Lord,  
The Zion of the / Holy / One of / Israel.**

7 **Violence will no more be / heard in • your / land,  
ruin or de - / struction • with - / in your / borders.**

8 **You will call your / walls, Sal - / vation,  
and / all your / portals, / Praise.**

9 **The sun will no more be your / light by / day;  
by night you will / not • need the / brightness • of the / moon.**

10 **The Lord will be your ever - / lasting / light,  
and your / God will / be your / glory.**

## COLLECT OF THE DAY

*Presider* The Lord be with you.

*Assembly* **And also with you.**

*Presider* Let us pray.

**O** GOD, the strength of all who put their trust in you: Mercifully accept our prayers; and because in our weakness we can do nothing good without you, give us the help of your grace, that in keeping your commandments we may please you both in will and deed; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

*All* Amen.

# THE LITURGY OF THE WORD

## READING

*Jeremiah 17:5–10*

**T**HUS says the LORD:

Cursed are those who trust in mere mortals  
and make mere flesh their strength,  
whose hearts turn away from the LORD.

They shall be like a shrub in the desert,  
and shall not see when relief comes.

They shall live in the parched places of the wilderness,  
in an uninhabited salt land.

Blessed are those who trust in the LORD,  
whose trust is the LORD.

They shall be like a tree planted by water,  
sending out its roots by the stream.

It shall not fear when heat comes,  
and its leaves shall stay green;  
in the year of drought it is not anxious,  
and it does not cease to bear fruit.

The heart is devious above all else;  
it is perverse—

who can understand it?

I the LORD test the mind  
and search the heart,

to give to all according to their ways,  
according to the fruit of their doings.

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* **Thanks be to God.**



**PSALM***Psalm 1*

Peter R. Hallock (1924–2014)

*The Choir introduces the antiphon, all repeat it.**The Choir chants the psalm verses, all repeating the antiphon as indicated.**Beatus vir qui non abiit*

**H**APPY are they who have not walked in the counsel of the wicked, \*  
 nor lingered in the way of sinners,  
 nor sat in the seats of the scornful!

- 2 Their delight is in the law of the Lord, \*  
 and they meditate on his law day and night. **ANTIPHON**
- 3 They are like trees planted by streams of water,  
 bearing fruit in due season, with leaves that do not wither; \*  
 everything they do shall prosper.
- 4 It is not so with the wicked; \*  
 they are like chaff which the wind blows away. **ANTIPHON**
- 5 Therefore the wicked shall not stand upright when judgment comes, \*  
 nor the sinner in the council of the righteous.
- 6 For the Lord knows the way of the righteous, \*  
 but the way of the wicked is doomed **ANTIPHON**

**READING***1 Corinthians 15:12–20*

**N**ow if Christ is proclaimed as raised from the dead, how can some of you say there is no resurrection of the dead? If there is no resurrection of the dead, then Christ has not been raised; and if Christ has not been raised, then our proclamation has been in vain and your faith has been in vain. We are even found to be misrepresenting God, because we testified of God that he raised Christ—whom he did not raise if it is true that the dead are not raised. For if the dead are not raised, then Christ has not been raised. If Christ has not been raised, your faith is futile and you are still in your sins. Then those also who have died in Christ have perished. If for this life only we have hoped in Christ, we are of all people most to be pitied.

But in fact Christ has been raised from the dead, the first fruits of those who have died.

*Reader* Hear what the Spirit is saying to God's people.

**Assembly** **Thanks be to God.**

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

**GOSPEL ACCLAMATION**

Dent Davidson (b. 1960)

The Choir sings the alleluias; all repeat them. The Choir sings the verse; all repeat the alleluias.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

℣. Rejoice, rejoice and be glad, for great shall be your reward in heaven.

**THE HOLY GOSPEL** Luke 6:17-26

*Deacon* The Holy Gospel of our Savior Jesus Christ according to Luke.

*Assembly* **Glory to you, Lord Christ.**

JESUS came down with the twelve apostles and stood on a level place, with a great crowd of his disciples and a great multitude of people from all Judea, Jerusalem, and the coast of Tyre and Sidon. They had come to hear him and to be healed of their diseases; and those who were troubled with unclean spirits were cured. And all in the crowd were trying to touch him, for power came out from him and healed all of them.

Then he looked up at his disciples and said:

“Blessed are you who are poor,  
for yours is the kingdom of God.

“Blessed are you who are hungry now,  
for you will be filled.

“Blessed are you who weep now,  
for you will laugh.

“Blessed are you when people hate you, and when they exclude you, revile you, and defame you on account of the Son of Man. Rejoice in that day and leap for joy, for surely your reward is great in heaven; for that is what their ancestors did to the prophets.”

“But woe to you who are rich,  
for you have received your consolation.

“Woe to you who are full now,  
for you will be hungry.

“Woe to you who are laughing now,  
for you will mourn and weep.

“Woe to you when all speak well of you, for that is what their ancestors did to the false prophets.”

*Deacon* The Gospel of the Lord.

*Assembly* **Praise to you, Lord Christ.**

**SERMON**

The Reverend Nancy Frausto

*All rise as able.*

## THE NICENE CREED

We believe in one God,  
the Father, the Almighty,  
Maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate  
from the Virgin Mary;  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again  
in accordance with the scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.

## PRAYERS OF THE ASSEMBLY

*After each petition:*

*Intercessor* Lord, in your mercy,

*Assembly* Hear our prayer.

*The Presider concludes the prayers with a collect. All respond: Amen.*

## CONFESSION

*Deacon* Let us confess our sins against God and our neighbor.

*You are invited to stand or kneel for the confession.*

*Deacon* Most merciful God,

*All* we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

## COMMISSIONING OF VESTRY MEMBERS

### THE PEACE

*Presider* The peace of the Lord be always with you.

*Assembly* And also with you.

*All greet one another in the name of the Lord.*



Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**SANCTUS & BENEDICTUS**

William Mathias (1934–1992)

Organ: *Everyone:*  
 Ho - ly, ho - ly, ho - ly Lord, God of po- wer and might,  
 heav'n and earth are full\_ of your glo-ry. Ho san na in the high- est.  
 Bless- ed is the one who comes in the name of the Lord. Ho- san- na in the high- est.

*The Hymnal 1982 #8-128 © Oxford University Press*

*Presider* We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

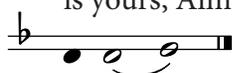
On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.” After Supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore, according to his command, O Father,

**All We remember his death,  
 We proclaim his resurrection,  
 We await his coming in glory;**

*Presider* And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



**All A - MEN.**

THE LORD'S PRAYER

Nikolai Rimsky-Korsakov (1844-1908), adapt. George Black

Our Fa - ther in heav'n, hal-lowed be your Name, your king-dom come, your will be done,

The first system of musical notation for 'The Lord's Prayer'. It consists of a grand staff with a treble clef on the upper staff and a bass clef on the lower staff. The key signature has one flat (B-flat). The melody is written in the treble clef, and the accompaniment is in the bass clef. The lyrics are: 'Our Fa - ther in heav'n, hal-lowed be your Name, your king-dom come, your will be done,'

on earth as in heav'n. Give us to-day our dai-ly bread. For-give us our sins as we for-give those

The second system of musical notation. The lyrics are: 'on earth as in heav'n. Give us to-day our dai-ly bread. For-give us our sins as we for-give those'

who sin a - gainst us. Save us from the time of trial, and de-li-ver us from e - vil.

The third system of musical notation. The lyrics are: 'who sin a - gainst us. Save us from the time of trial, and de-li-ver us from e - vil.'

For the king - dom, the pow'r, and the glo - ry are yours, now and for ev-er. A-men.

*rit.*

The fourth system of musical notation. The lyrics are: 'For the king - dom, the pow'r, and the glo - ry are yours, now and for ev-er. A-men.' The system ends with a double bar line. Above the final measure of the treble staff, the word 'rit.' is written.

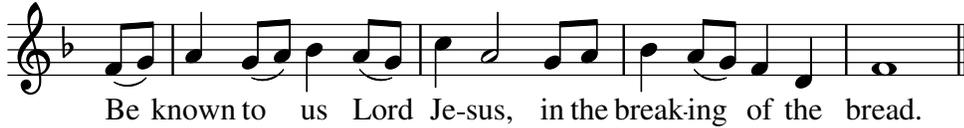
Enriching Our Music #138, ©2004 George Black

*In silence, the Presider breaks the consecrated bread.*

**FRACTION ANTHEM** *Be known to us, Lord Jesus*

Gary James (b. 1957)

*The Choir introduces the antiphon, all repeat it. The Choir sings the verses, all repeating the antiphon as indicated.*



∇. The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

∇. One body are we, alleluia, for though many we share one bread. **ANTIPHON**

*Wonder, Love, & Praise #875, ©1992 Morningstar Music Publishers*

**INVITATION TO COMMUNION**

*Presider* The gifts of God for the people of God.

*All seeking God are welcome at Christ's Table.*

*The Assembly gathers around all sides of the altar platform, guided by the ushers. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the front left.*

- ◆ *You are welcome to stand or kneel to receive communion.*
- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

**ANTHEM** *Our Father from Divine Liturgy No. 2*

WORDS: English text by Arthur S. Kimball  
MUSIC: Aleksandr Grechaninov (1864–1956)

Holy, holy, holy, Lord of Sabaoth,  
Heaven and earth are full of thy glory.  
Thine are kingdoms, thrones, dominions, might and majesty.  
Thy name be hallowed on earth, as it is hallowed in heaven.  
Thou givest strength to the weak;  
Thou rememberest the poor and the distressed.  
And upon them that fear thy name  
Showers of blessings unnumbered shall fall.  
Peace shall follow them.  
By still waters their path shall be.  
Sing then of mercy, of judgment, of kingdoms,  
of thrones, dominions and power for evermore.  
Holy, Holy, Holy, Lord God of Hosts!  
Come to us, O Lord, in splendor bright.  
Fill our hearts with everlasting light. Amen.

**HYMN 635** *If thou but trust in God to guide thee* ◆ *The Hymnal 1982 #635*

TUNE: *Wen nur den lieben Gott*

*All rise as able.*

**SENDING OF EUCHARISTIC VISITORS**

*Presider* One body are we.

*Assembly* **For, though many, we share one bread and one cup.**

*Deacon* Go in peace, bearing holy gifts for holy people.

**PRAYER AFTER COMMUNION**

*Presider* Eternal God,

**All heavenly Father,**

**you have graciously accepted us  
as living members**

**of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.**

**Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

**BLESSING** *The Presider asks God's blessing on the Assembly. All respond: Amen.*

**HYMN 665** *All my hope on God is founded* ♦ *The Hymnal 1982 #665*

TUNE: *Michael*

**DISMISSAL**

*Deacon* Let us go forth in the name of Christ.

*Assembly* **Thanks be to God.**

**VOLUNTARY** *Choral Prelude on "Wer nur den lieben Gott lässt walten," BWV 642  
[tune of Hymn #635: "If thou but trust in God to guide thee"]*

J.S. Bach (1685–1750)

**PRESIDER**

The Very Reverend Steven L. Thomason

**ASSISTING LAY MINISTER**

Lynne Markova

**EUCHARISTIC MINISTERS**

Grace Grant, Phillip Lienau,

Diane Stevens, Kathy Thomason,

Miles Treakle, Roger Valdez,

The Reverend Canon Nancy Ross,

The Reverend Dr. Dennis Tierney,

The Reverend Canon Jennifer King Daugherty

**ALTAR GUILD**

Carrie Davis

Juan Gardner

**PREACHER**

The Reverend Nancy Frausto

**VERGERS**

Erik Donner

Robert Stevens

**ACOLYTES**

Ray Miller, Krista Olson,

Morgan Randall, Rollin Salsbery

**LECTORS**

Richard Tait

Ruth McRee

**INTERCESSOR**

Kathy Minsch

**DEACON**

The Reverend Earl Grout

**USHER CAPTAINS**

Jake & Taylor Lunde

**GREETERS**

Barbara Erickson

Sue Ratner

**MUSICIANS**

The Cathedral Choir,

Michael Kleinschmidt, *Director*

John Stuntebeck &

Michael Kleinschmidt, *Organists*