



SAINT MARK'S
EPISCOPAL CATHEDRAL

THE HOLY EUCHARIST

THE SIXTH SUNDAY AFTER THE EPIPHANY

February 17, 2019

9:00 AM





SAINT MARK'S EPISCOPAL CATHEDRAL

Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

*The 9 a.m. Sunday Eucharist is currently employing liturgical texts adapted from **Prayers for an Inclusive Church**, published in 2008 by Dr. Steven Shakespeare, Senior Lecturer in Philosophy at Liverpool Hope University in the U.K. The goal of this work, according to the author's introduction, was to "revitalize the art of formal prayer," by "bringing the experiences of exclusion and liberation into dialogue with the [Lectionary's] scriptural texts, always ready to be surprised by the power of both to reveal new dimensions of salvation." To this end, Shakespeare frequently employs unfamiliar images and concepts, seeking to "jar us out of preconceived and limiting images" of the Divine. Some of his most unsettling images, however, are those that are drawn most directly from the Biblical texts. "Prayer should not be alienating," he says, "nor should it be too comfortable."*

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Reverend Canon Nancy Ross, *Presider*

The Reverend Nancy Frausto, Associate Rector, St. Luke's Episcopal Church, Long Beach, CA, *Preacher*

THE GATHERING

A brief organ voluntary offered a few minutes before the hour bids all to keep silence for prayer and preparation.

PRELUDE *Musette*

Ralph Vaughan Williams (1872–1958)
arr. for organ by Herbert Sumsion (1899–1995)

As the opening hymn is introduced, all rise as able.

HYMN 423 *Immortal, invisible, God only wise* ♦ *The Hymnal 1982 #423*
stanzas 1, 3 & 4

TUNE: *St. Denio*

OPENING ACCLAMATION

Presider Blessed be the one, holy, and living God.
Assembly **Glory to God for ever and ever.**

Organ: *Everyone:*

Glo-ry to God in the highest, and peace to God's peo-ple on earth.

Lord God, heav'nly King, al-might-y God and Father, we worship you, we give you thanks, we

praise you for your glo - ry. Lord Je - sus Christ, on - ly Son of the Fa-ther,

Lord God, Lamb of God, you take away the sin of the world: have mer - cy on us;

you are seat - ed at the right hand of the Fa - ther: re - ceive our prayer.

For you alone are the Ho - ly One, you alone are the Lord,

you alone are the Most High, Je-sus Christ, with the Ho - ly Spi - rit,

in the glo - ry of God the Fa - ther. A - - men.

The Hymnal 1982 #8-278, ©1976 Oxford University Press

COLLECT OF THE DAY

Prayers for an Inclusive Church, adapt.

Presider God be with you.

Assembly **And also with you.**

Presider Let us pray.

GOD of rich blessing,
 you disrupt the wiles of the world:
 give us a faith forged in love,
 a hunger for what really satisfies,
 eyes softened by tears
 and hearts ready to laugh at all that is false and shallow in life;
 through Jesus Christ, who turns the world upside down.

All Amen.

THE LITURGY OF THE WORD

READING *Jeremiah 17:5–10*

THUS says the LORD:

Cursed are those who trust in mere mortals
and make mere flesh their strength,
whose hearts turn away from the LORD.
They shall be like a shrub in the desert,
and shall not see when relief comes.
They shall live in the parched places of the wilderness,
in an uninhabited salt land.
Blessed are those who trust in the LORD,
whose trust is the LORD.
They shall be like a tree planted by water,
sending out its roots by the stream.
It shall not fear when heat comes,
and its leaves shall stay green;
in the year of drought it is not anxious,
and it does not cease to bear fruit.
The heart is devious above all else;
it is perverse—
who can understand it?
I the LORD test the mind
and search the heart,
to give to all according to their ways,
according to the fruit of their doings.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

PSALM *Psalm 1*

Peter R. Hallock (1924–2014)

The Cantor introduces the antiphon, all repeat it.

The Cantor chants the psalm verses, all repeating the antiphon as indicated.

Happy are they whose de - light is in the law of the LORD.

Beatus vir qui non abiit

HAPPY are they who have not walked in the counsel of the wicked, *
nor lingered in the way of sinners,
nor sat in the seats of the scornful!

- 2 Their delight is in the law of the Lord, *
and they meditate on his law day and night. **ANTIPHON**

- 3 They are like trees planted by streams of water,
bearing fruit in due season, with leaves that do not wither; *
everything they do shall prosper.
- 4 It is not so with the wicked; *
they are like chaff which the wind blows away. **ANTIPHON**
- 5 Therefore the wicked shall not stand upright when judgment comes, *
nor the sinner in the council of the righteous.
- 6 For the Lord knows the way of the righteous, *
but the way of the wicked is doomed **ANTIPHON**

READING

1 Corinthians 15:12–20

Now if Christ is proclaimed as raised from the dead, how can some of you say there is no resurrection of the dead? If there is no resurrection of the dead, then Christ has not been raised; and if Christ has not been raised, then our proclamation has been in vain and your faith has been in vain. We are even found to be misrepresenting God, because we testified of God that he raised Christ—whom he did not raise if it is true that the dead are not raised. For if the dead are not raised, then Christ has not been raised. If Christ has not been raised, your faith is futile and you are still in your sins. Then those also who have died in Christ have perished. If for this life only we have hoped in Christ, we are of all people most to be pitied.

But in fact Christ has been raised from the dead, the first fruits of those who have died.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

GOSPEL PROCESSION

Children are invited to join the Gospel Procession, and gather around as the Gospel is proclaimed.

Children in preschool through second grade are then invited to Children's Chapel in Thomsen Chapel.

They will return at the Peace. Parents are welcome to join their children.

GOSPEL ACCLAMATION

TUNE: *Tibi Christe splendor Patris* (12th century)

adapt. Marilyn Haskel (b. 1945)

The Cantor introduces the alleluias; all repeat. The Cantor sings the verse below; all repeat the alleluias.



∇. Uphold me according to your promise, that I may live.

Let me not be put to shame in my hope. —*Psalm 119:116.*

THE HOLY GOSPEL *Luke 6:17-26*

Deacon The Holy Gospel of our Savior Jesus Christ according to Luke.

Assembly **Glory to you, Lord Christ.**

JESUS came down with the twelve apostles and stood on a level place, with a great crowd of his disciples and a great multitude of people from all Judea, Jerusalem, and the coast of Tyre and Sidon. They had come to hear him and to be healed of their diseases; and those who were troubled with unclean spirits were cured. And all in the crowd were trying to touch him, for power came out from him and healed all of them.

Then he looked up at his disciples and said:

“Blessed are you who are poor,
for yours is the kingdom of God.

“Blessed are you who are hungry now,
for you will be filled.

“Blessed are you who weep now,
for you will laugh.

“Blessed are you when people hate you, and when they exclude you, revile you, and defame you on account of the Son of Man. Rejoice in that day and leap for joy, for surely your reward is great in heaven; for that is what their ancestors did to the prophets.”

“But woe to you who are rich,
for you have received your consolation.

“Woe to you who are full now,
for you will be hungry.

“Woe to you who are laughing now,
for you will mourn and weep.

“Woe to you when all speak well of you, for that is what their ancestors did to the false prophets.”

Deacon The Gospel of the Lord.

Assembly **Praise to you, Lord Christ.**

SERMON

The Reverend Nancy Frausto



THE NICENE CREED

Authorized for use by the 1997 General Convention

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit
and the Virgin Mary
and became truly human.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.

PRAYERS OF THE ASSEMBLY

After each petition:

Intercessor Lord, in your mercy,
Assembly Hear our prayer.

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION

Prayers for an Inclusive Church, adapt.

Deacon Let us confess our brokenness to God.

You are invited to stand or kneel for the confession.

Deacon Gracious God,
All We place boundaries around your goodness,
Yet You share your love with all people;

Silence

Deacon Lord, have mercy.
Assembly Lord, have mercy.

Deacon Patient God,
All We hold back in fear and shame,
You immerse yourself in love and life.

Silence

Deacon Christ, have mercy.
Assembly Christ, have mercy.

Deacon Loving God,
All We let our hearts be restricted in scarcity and fear,
You invite us into abundant life.

Silence

Deacon Lord, have mercy.
Assembly Lord, have mercy.

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

COMMISSIONING OF VESTRY MEMBERS

THE PEACE

Presider Christ has broken down the dividing wall
that makes us strangers to one another;
He has made us one humanity
that God might be all in all;
he is our life, our hope, our peace.

The peace of Christ be with you always.

Assembly **And also with you.**

All greet one another in the name of Christ.

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Many support Saint Mark's through pledged offerings made by credit card or via mail. Together our gifts make possible this community of welcome, reconciliation and service.

ANTHEM

Sing my soul, his wondrous love

WORDS: anonymous (publ. 1800)

MUSIC: Ned Rorem (b. 1923)

Sing, my soul, His wondrous love,
Who, from yon bright throne above,
Ever watchful o'er our race,
Still to man extends His grace.

Heaven and earth by Him were made,
All is by His scepter swayed;
What are we that He should show
So much love to us below?

God, the merciful and good,
Bought us with the Savior's blood,
And, to make our safety sure,
Guides us by His spirit pure.

Sing, my soul, adore His name;
Let His glory be thy theme:
Praise Him till He calls thee home,
Trust His love for all to come.

*The bread, wine and money we offer to God are brought forward and presented at the altar table.
When the Presider stands, all rise as able.*

THE GREAT THANKSGIVING

Prayers for an Inclusive Church, adapt.

Presider The Lord be with you.

Assembly **And also with you.**

Presider Lift up your hearts.

Assembly **We lift them to God.**

Presider Let us give thanks to the Lord our God.

Assembly **It is right to give God thanks and praise.**

Presider We praise you,
God of many names,
whose Spirit runs freely
throughout the earth,
whose image lies deep
in every mortal soul.

In your grace
 your Word is made known to all people,
 calling forth their goodness;
 your Beloved is immersed in the waters of creation,
 healing the chaos that floods our world;
 your Son is the guest who offers new wine
 and warms hearts grown cold and withered.

Therefore, we celebrate
 the rays of morning light
 that bathe the world in glory
 and kindle a new song:

SANCTUS & BENEDICTUS

William Mathias (1934-1992)

Organ:
Everyone:
 Ho - ly, ho - ly, ho - ly Lord, God of power and might,
 heav'n and earth are full of your glo-ry. Ho san na in the high-est.
 Bless-ed is the one who comes in the name of the Lord. Ho-san-na in the high-est.

The Hymnal 1982 #S-128 © Oxford University Press

Presider We ask that your Holy Spirit
 fall upon us and upon these gifts,
 that these fragile, earthly things
 may be to us the body and blood of our Lord and brother,
 Jesus Christ.

On the night he was betrayed,
 Jesus gathered with his faltering friends
 for a meal that tasted of freedom.
 He took bread, gave thanks, broke it and said:
 "This is my body, which is given for you.
 Do this in remembrance of me."

In the same way after supper, he took the cup of wine, saying:
 "This cup is the new covenant in my blood.
 Do this, whenever you drink it, in remembrance of me."

As on that night, so here and now
 he offers himself in touch and taste
 beyond all that words can hold.

And so we proclaim the great mystery of faith, saying:

**All Christ has died.
 Christ is risen.
 Christ will come again.**

Presider With these gifts
 we are filled with the life-giving presence of Christ;
 we proclaim him as creation's host,
 transforming poverty into plenty
 with his generous love.

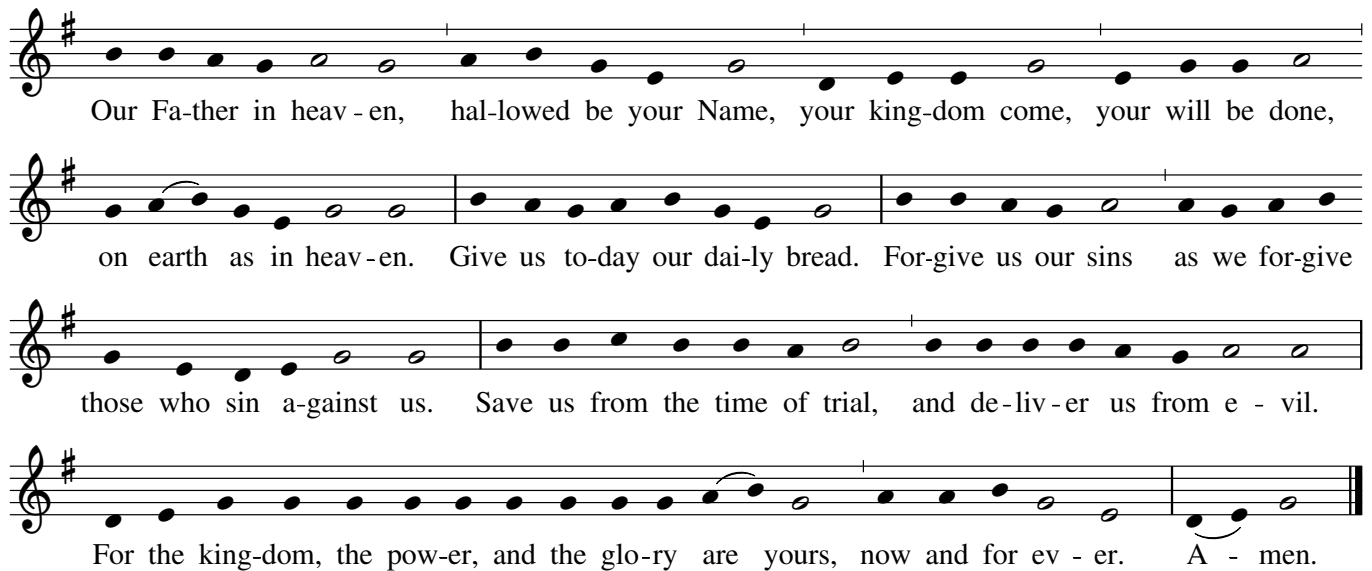
Inspire us with the hope
 that one day death and greed will be no more,
 and people will come from east and west, north and south
 to share a feast of abundance.

We ask this through Jesus Christ our Savior,
 by whom and with whom and in whom,
 in the unity of the Holy Spirit,
 all honor and glory be yours, Mother of blessings, for ever and ever.

All AMEN.

THE LORD'S PRAYER

McNeil Robinson II (b. 1943)



Our Fa-ther in heav-en, hal-lowed be your Name, your king-dom come, your will be done,
 on earth as in heav-en. Give us to-day our dai-ly bread. For-give us our sins as we for-give
 those who sin a-gainst us. Save us from the time of trial, and de-liv-er us from e-vil.
 For the king-dom, the pow-er, and the glo-ry are yours, now and for ev-er. A-men.

The Hymnal 1982 #S-149, from Music For the Lord's Supper, ©1984 Theodore Presser Company

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM *We who are many*

Plainsong Mode 6

The Choir introduces the antiphon, all repeat it. The Cantor sings the verses, all repeating the antiphon as indicated.



We who are ma-ny are one bo-dy, for we all share in the one bread.

∇. We break this bread to share in the Body of Christ. **ANTIPHON**

∇. Happy are they who come to the Supper of the Lamb. **ANTIPHON**

Enriching Our Music 2, #147, based on Ubi caritas, adapt. David Hurd; ©1998 David Hurd

INVITATION TO COMMUNION

Presider The gifts of God for the people of God.

All seeking God are welcome at Christ's Table.

Communion is distributed at standing stations at the head of each aisle.

If you need communion brought to your seat, please let an usher know.

Rice wafers for those who do not eat wheat are available at the Presider's communion station at the center aisle.

- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

ANTHEM

The Beatitudes

WORDS: Matthew 5:3–12, with tradition Orthodox antiphon

MUSIC: Russian Orthodox hymn, arr. Richard Proulx (1937–2010)

*Remember your servants, Lord,
when you come in your kingly power.*

Blessèd are the poor in spirit;
for theirs is the kingdom of heaven.

Blessèd are those who mourn;
for they shall be comforted.

Blessèd are the meek;
for they shall inherit the earth.

Blessèd are those who hunger and thirst after righteousness;
for they shall be satisfied.

Blessèd are the merciful;
for they shall obtain mercy.

Blessèd are the pure in heart;
for they shall see God.

Blessèd are the peacemakers;
for they shall be called the children of God.

Blessèd are those who are persecuted for righteousness' sake;
for theirs is the kingdom of heaven.

Blessèd are you when the world reviles you and persecutes you;
and utters all manner of evil against you falsely for my sake:

Rejoice and be exceeding glad;
for great is your reward in heaven.

*Remember your servants, Lord,
when you come in your kingly power.*

HYMN 656

Blest are the pure in heart ◆ *The Hymnal 1982 #656*

TUNE: *Franconia*

All rise as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly For, though many, we share one bread and one cup.

Deacon Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

Prayers for an Inclusive Church, adapt.

Presider Let us pray.

All Lord of the wedding feast,
we thank you for sharing with us the abundance of your life:
in the beauty of humility may we receive with joy
the gift of the stranger,
the grace of the water,
and the living bread of love's desire.
Amen.

BLESSING

Presider May Christ, who draws the nations to himself,
teach us to love our enemies;
may Christ, who enters the water of baptism,
lead us to die to all but love;
may Christ, who gives new wine for the world,
turn our bitterness into joy,
and the mercy and grace of God be upon you
this day and for evermore.

Assembly Amen.

HYMN 493 *O for a thousand tongues to sing* ♦ *The Hymnal 1982 #493*
stanzas 1–5

TUNE: *Azmon*

DISMISSAL

Deacon Let us go forth in the name of Christ.

Assembly Thanks be to God.

VOLUNTARY *Voluntary in A*

William Selby (1738–1798)

PRESIDER

The Reverend Canon Nancy Ross

ASSISTING LAY MINISTER

Rachel McNary

EUCHARISTIC MINISTERS

Don Avriett

Pam Avriett

Pamela Bradburn

The Reverend Canon Jennifer King Daugherty

The Very Reverend Steven L. Thomason

OBLATION BEARERS

The Yoshimura/Quiaoit family

ALTAR GUILD

Matt Briggs

Sue Tait

PREACHER

The Reverend Nancy Frausto

ACOLYTES

Mariam Ermoian-Kelly

Micah Moody

Pam Gray

LECTORS

Jean Leed

Lee Knoch

INTERCESSOR

Pamela Bradburn

CHILDREN'S CHAPEL LEADER

Scott Coil

DEACON

The Reverend Earl Grout

USHERS

Doug Young

Tom Hayton

GREETER

Jeff Helgesen

MUSICIANS

The Schola

of Saint Mark's Cathedral Choir School,

Rebekah Gilmore, *Director*

Saint Mark's Singers

Michael Kleinschmidt

& John Stuntebeck, *Organists*