



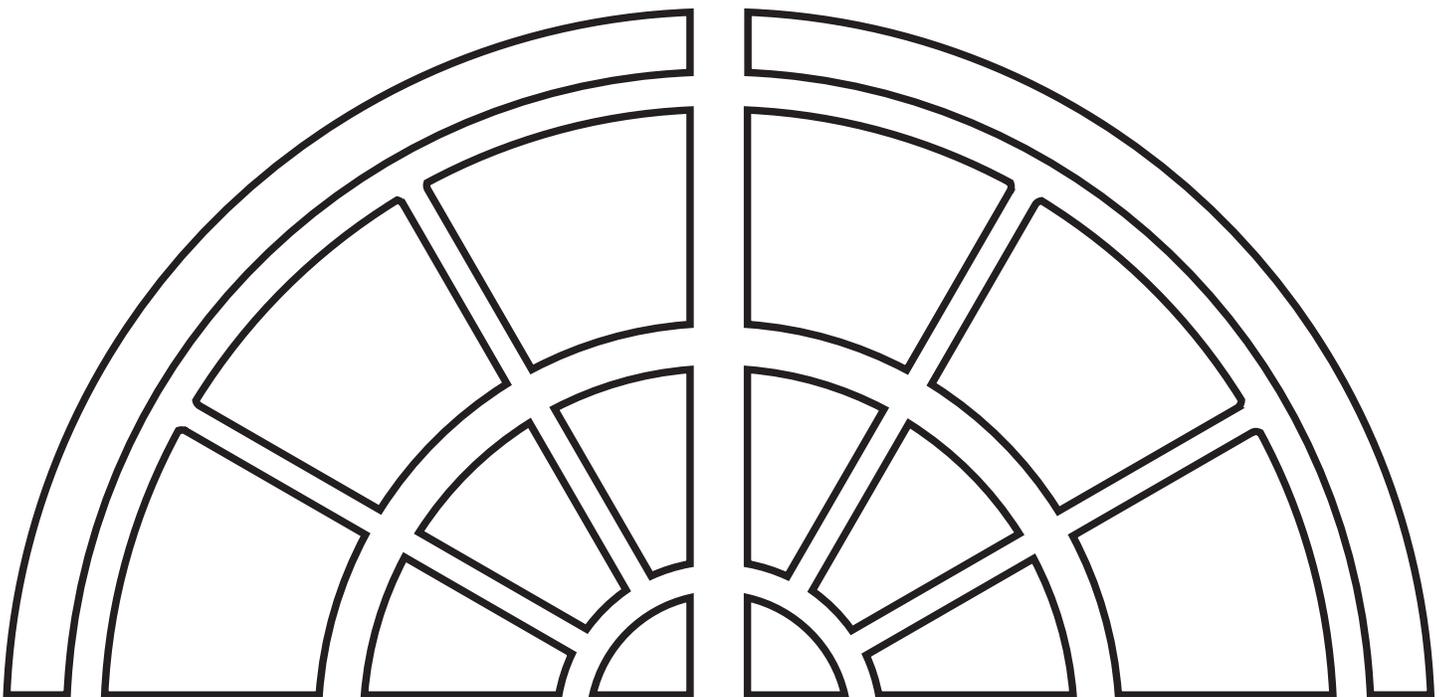
SAINT MARK'S
EPISCOPAL CATHEDRAL

THE HOLY EUCHARIST

THE FIRST SUNDAY IN LENT

March 10, 2019

11:00 AM



Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

As part of our effort to serve those who cannot attend worship, this service will be livestreamed on the internet. The 8 AM, 9 AM, 7 PM, and 9:30 PM services are not livestreamed. We are grateful for your presence and participation in this community.

The nave altar flowers this morning are given in the glory of God and in loving memory of Jim Mulligan.

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Reverend Canon Jennifer King Daugherty, Associate to the Rector, *Presider*

The Very Reverend Steven L. Thomason, Dean & Rector of Saint Mark's Cathedral, *Preacher*

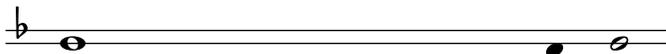
PRELUDE *By the waters of Babylon we sat down and wept*, BWV 653a

J.S. Bach (1685–1750)

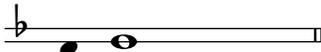
THE GREAT LITANY

musical setting by Peter R. Hallock (1924–2014)

A bell bids all to kneel as able, and remain kneeling throughout the Litany. For those unable to kneel, a profound bow is an appropriate posture.



Cantor O God the Father, Creator of heaven and earth,



Assembly Have mercy upon us.

Cantor O God the Son, Redeemer of the world,

Assembly Have mercy upon us.

Cantor O God the Holy Ghost, Sanctifier of the faithful,

Assembly Have mercy upon us.

Cantor O holy, blessed, and glorious Trinity, one God,

Assembly Have mercy upon us.

Cantor Remember not, Lord Christ, our offenses, nor the offenses of our forebears; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy preserve us for ever.



Assembly Spare us, good Lord.

Cantor From all evil and wickedness; from sin; from the crafts and assaults of the devil; and from everlasting damnation,



Assembly Good Lord, deliver us.

Cantor From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity,

Assembly Good Lord, deliver us.

Cantor From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil,

Assembly Good Lord, deliver us.

Cantor From all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and commandment,

Assembly Good Lord, deliver us.

Cantor From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine,

Assembly Good Lord, deliver us.

Cantor From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared,

Assembly **Good Lord, deliver us.**

Cantor By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,

Assembly **Good Lord, deliver us.**

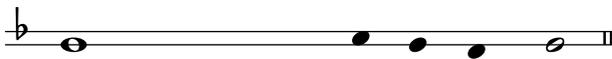
Cantor By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost,

Assembly **Good Lord, deliver us.**

Cantor In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,

Assembly **Good Lord, deliver us.**

Cantor We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,



Assembly **We beseech thee to hear us, good Lord.**

Cantor That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly,

Assembly **We beseech thee to hear us, good Lord.**

Cantor That it may please thee to bless and keep all thy people,

Assembly **We beseech thee to hear us, good Lord.**

Cantor That it may please thee to send forth laborers into thy harvest, and to draw all humankind into thy kingdom,

Assembly **We beseech thee to hear us, good Lord.**

Cantor That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring forth the fruits of the Spirit,

Assembly **We beseech thee to hear us, good Lord.**

Cantor That it may please thee to bring into the way of truth all such as have erred, and are deceived,

Assembly **We beseech thee to hear us, good Lord.**

Cantor That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments,

Assembly **We beseech thee to hear us, good Lord.**

Cantor That it may please thee so to rule the hearts of thy servants, the President of the United States, and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth,

Assembly **We beseech thee to hear us, good Lord.**

Cantor That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples,

Assembly **We beseech thee to hear us, good Lord.**

Cantor That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed,

Assembly **We beseech thee to hear us, good Lord.**

Cantor That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time all may enjoy them,

Assembly **We beseech thee to hear us, good Lord.**

Cantor That it may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good,

Assembly **We beseech thee to hear us, good Lord.**

Cantor That it may please thee to preserve all who are in danger by reason of their labor or their travel,

Assembly **We beseech thee to hear us, good Lord.**

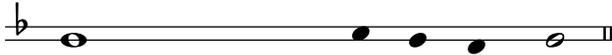
Cantor That it may please thee to preserve, and provide for, all women in childbirth, young children and orphans, the widowed, and all whose homes are broken or torn by strife,

Assembly **We beseech thee to hear us, good Lord.**

Cantor That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm,

Assembly **We beseech thee to hear us, good Lord.**

Cantor That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation,



Assembly We beseech thee to hear us, good Lord.

Cantor That it may please thee to have mercy upon all humankind,

Assembly We beseech thee to hear us, good Lord.

Cantor That it may please thee to give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit to amend our lives according to thy holy Word,

Assembly We beseech thee to hear us, good Lord.

Cantor That it may please thee to forgive our enemies, persecutors, and slanderers, and to turn their hearts,

Assembly We beseech thee to hear us, good Lord.

Cantor That it may please thee to strengthen such as do stand; to comfort and help the weak-hearted; to raise up those who fall; and finally to beat down Satan under our feet,

Assembly We beseech thee to hear us, good Lord.

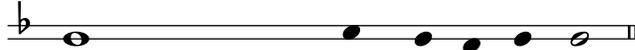
Cantor That it may please thee to grant to all the faithful departed eternal life and peace,

Assembly We beseech thee to hear us, good Lord.

Cantor That it may please thee to grant that, in the fellowship of Mary, Mark, and all the saints, we may attain to thy heavenly kingdom,

Assembly We beseech thee to hear us, good Lord.

Cantor Son of God, we beseech thee to hear us.



Assembly Son of God, we beseech thee to hear us.

Cantor O Lamb of God, that takest away the sins of the world,



Assembly Have mercy upon us.

Cantor O Lamb of God, that takest away the sins of the world,



Assembly Have mercy upon us.

Cantor O Lamb of God, that takest away the sins of the world,



Assembly Grant us thy peace.

Cantor O Christ, hear us.



Assembly O Christ, hear us.

Cantor Lord, have mercy upon us.



Assembly Christ, have mercy upon us.

Cantor Lord, have mercy upon us. ♦

COLLECT OF THE DAY

Presider The Lord be with you.

Assembly **And also with you.**

Presider Let us pray.

ALMIGHTY GOD, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

All **Amen.**

Please be seated.

THE LITURGY OF THE WORD

READING

Deuteronomy 26:1–11

MOSSES said, “When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, ‘Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us.’ When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: ‘A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me.’ You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.”

Reader Hear what the Spirit is saying to God’s people.

Assembly **Thanks be to God.**

The Choir introduces the antiphon, all repeat it.

The Cantor chants the psalm verses, all repeating the antiphon as indicated.

ANTIPHON: Ps. 91:11



He shall give his an - gels charge o - ver you, to keep you in all your ways.

Qui habitat

HE WHO dwells in the shelter of the Most High, *
 abides under the shadow of the Almighty.

2 He shall say to the LORD,

“You are my refuge and my stronghold, *
 my God in whom I put my trust.” **ANTIPHON**

9 Because you have made the LORD your refuge, *
 and the Most High your habitation,

10 There shall no evil happen to you, *
 neither shall any plague come near your dwelling. **ANTIPHON**

12 They shall bear you in their hands, *
 lest you dash your foot against a stone.

13 You shall tread upon the lion and adder; *
 you shall trample the young lion and the serpent under your feet. **ANTIPHON**

14 Because he is bound to me in love, therefore will I deliver him; *
 I will protect him, because he knows my Name.

15 He shall call upon me, and I will answer him; *
 I am with him in trouble;
 I will rescue him and bring him to honor.

16 With long life will I satisfy him, *
 and show him my salvation. **ANTIPHON**

READING

Romans 10:8b-13

“**T**HE word is near you,
 on your lips and in your heart”

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.”

Reader Hear what the Spirit is saying to God’s people.

Assembly **Thanks be to God.**

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

SEQUENCE HYMN *O love, how deep, how broad, how high* WORDS: *O amor quam ecstaticus!* 15th-cent. Latin hymn
 trans. Benjamin Webb (1819–1885)
 TUNE: *Deo gracias*, 15th-cent. English Ballad tune



1. O love, how deep, how broad, how high, how pass - ing thought and fan - ta - sy,
 2. For us bap - tized, for us he bore his ho - ly fast and hun - gered sore;
 6. All glo - ry to our Lord and God for love so deep, so high, so broad;



that God, the Son of God, should take our mor - tal form for mor - tals' sake.
 for us temp - ta - tions sharp he knew; for us the tempt - er ov - er - threw.
 the Tri - ni - ty whom we a - dore for ev - er and for ev - er - more.

The Hymnal 1982 #449, public domain.

THE HOLY GOSPEL *Luke 4:1–13*

Deacon The Holy Gospel of our Lord Jesus Christ according to Mark.
Assembly **Glory to you, Lord Christ.**

AFTER his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, “If you are the Son of God, command this stone to become a loaf of bread.” Jesus answered him, “It is written, ‘One does not live by bread alone.’”

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, “To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.” Jesus answered him, “It is written,

‘Worship the Lord your God,
 and serve only him.’”

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down from here, for it is written,

‘He will command his angels concerning you,
 to protect you,’

and

‘On their hands they will bear you up,
 so that you will not dash your foot against a stone.’”

Jesus answered him, “It is said, ‘Do not put the Lord your God to the test.’” When the devil had finished every test, he departed from him until an opportune time.

Deacon The Gospel of the Lord.
Assembly **Praise to you, Lord Christ.**

All rise as able.

THE NICENE CREED

We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate
from the Virgin Mary;
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PEACE

Presider The peace of the Lord be always with you.

Assembly And also with you.

All greet one another in the name of the Lord.

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Many support Saint Mark's through pledged offerings made by credit card or via mail. Together our gifts make possible this community of welcome, reconciliation and service.

ANTHEM

Dear Lord and Father of mankind

WORDS: John Greenleaf Whittier (1807–1892)

MUSIC: C. Hubert H. Parry (1848–1918)

Dear Lord and Father of mankind,
forgive our foolish ways!
Reclothe us in our rightful mind,
in purer lives thy service find,
in deeper reverence, praise.

In simple trust like theirs who heard,
beside the Syrian sea,
the gracious calling of the Lord,
let us, like them, without a word,
rise up and follow thee.

Drop thy still dews of quietness,
till all our strivings cease;
take from our souls the strain and stress,
and let our ordered lives confess
the beauty of thy peace.

Breathe through the heats of our desire
thy coolness and thy balm;
let sense be dumb, let flesh retire;
speak through the earthquake, wind, and fire,
O still, small voice of calm.

All rise as able as the bread, wine, and money we offer to God are brought forward and presented at the altar table.

THE GREAT THANKSGIVING Eucharistic Prayer C

Presider The Lord be with you.

Assembly **And also with you.**

Presider Lift up your hearts.

Assembly **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

Assembly **It is right to give God thanks and praise.**

Presider God of all power, Ruler of the Universe, you are worthy of glory and praise.

Assembly **Glory to you for ever and ever.**

Presider At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

Assembly **By your will they were created
and have their being.**

Presider From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Assembly **Have mercy, Lord,
for we are sinners in your sight.**

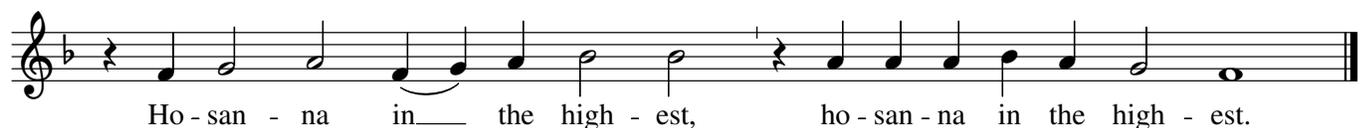
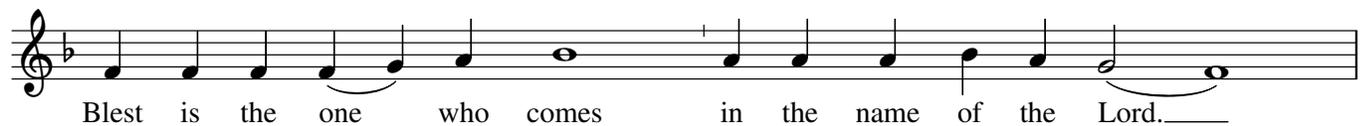
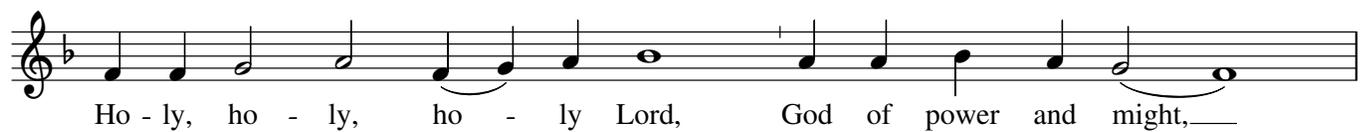
Presider Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

Assembly **By his blood, he reconciled us.
By his wounds, we are healed.**

Presider And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

SANCTUS & BENEDICTUS

Russian Orthodox Tone I, adapt. Richard Proulx



from *Missa Oecumenica*, ©1999 Oregon Catholic Press.

Presider And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

***Assembly* We celebrate his death and resurrection,
as we await the day of his coming.**

Presider Lord God of our ancestors; God of Abraham and Sarah, Isaac and Rebekah, Jacob and Leah and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

***Assembly* Risen Lord, be known to us in the breaking of the Bread.**

Presider Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

***All* AMEN.**

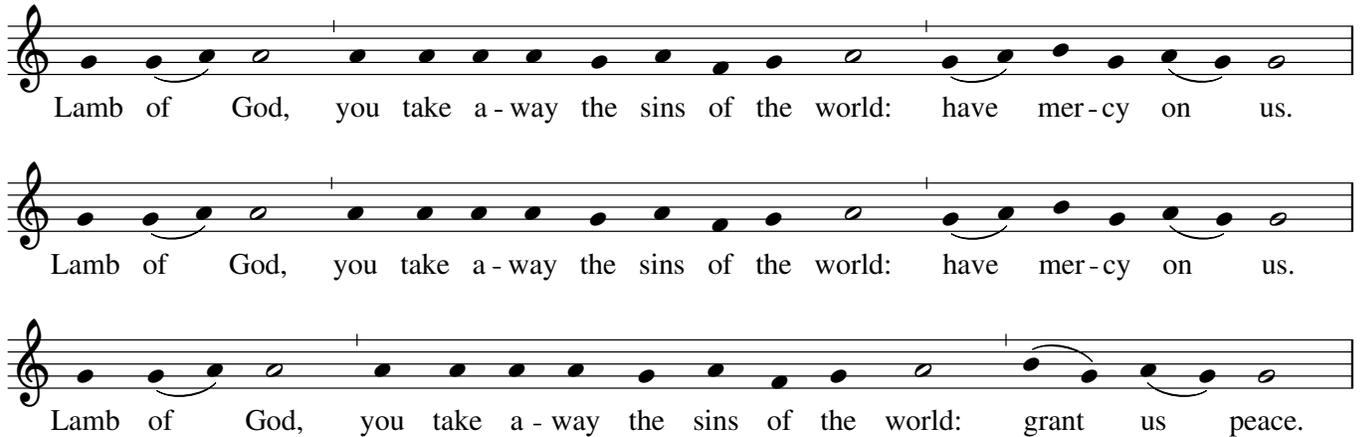
THE LORD'S PRAYER

***All* Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM

Anaphora chant



Lamb of God, you take a - way the sins of the world: have mer - cy on us.

Lamb of God, you take a - way the sins of the world: have mer - cy on us.

Lamb of God, you take a - way the sins of the world: grant us peace.

The Hymnal 1982 #8-160; Mass 18, adapt. Mason Martens. ©1984 Mason Martens

INVITATION TO COMMUNION

Presider The gifts of God for the people of God:
Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

All seeking God are welcome at Christ's Table.

The Assembly gathers around all sides of the altar platform, guided by the ushers. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the front left.

- ◆ *You are welcome to stand or kneel to receive communion.*
- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip it in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

ANTHEM *Prevent us, O Lord*

WORDS: *The Book of Common Prayer, 1549*

MUSIC: William Byrd (ca.1542-1623)

Prevent* us, O Lord, in all our doings
with thy most gracious favor,
and further us with thy continual help;
that in all our works begun, continued and ended in thee,
we may glorify thy holy Name,
and finally by thy mercy obtain everlasting life;
through Jesus Christ our Lord. Amen.

[*archaic: to go before]

HYMN 150 *Forty days and forty nights* ◆ *The Hymnal 1982 #150*

TUNE: *Aus der Tiefe rufe ich*

All rise as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly **For, though many, we share one bread and one cup.**

Deacon Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

Presider Almighty and everliving God,

**All we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.**

**And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.**

PRAYER OVER THE ASSEMBLY

Deacon Let us bow down in the presence of God.

All bow their heads. The Presider prays over the Assembly. All respond: Amen.

HYMN 690 *Guide me, O thou great Jehovah* ♦ *The Hymnal 1982 #690*

TUNE: *Cwm Rhondda*

DISMISSAL *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

VOLUNTARY *Fughette on Ein' feste Burg ist unser Gott*
[tune of Hymn #687, "A mighty fortress is our God"]

Johann Pachelbel (1653–1706)

PRESIDER

The Reverend Canon Jennifer King Daugherty

ASSISTING LAY MINISTER

Rachel McNary

EUCHARISTIC MINISTERS

The Reverend Cristi Chapman,

Steven Jones, Sonja Lund,

John Selberg, Diane Stevens,

The Reverend Canon Patricia Taylor,

Kathy Thomason, Roger Valdez

ALTAR GUILD

Jenny Donner

Sharon Ferguson

PREACHER

The Very Reverend Steven L. Thomason

VERGERS

Olivier Santos

Robert Stevens

ACOLYTES

Irene Beausoleil, Erik Donner,

Jenny Donner, Joe Kasper,

Austin LeSure, Barbara Zito

LECTORS

Christine Szabadi

Jeff McEldowney

INTERCESSOR

Mel Flannery

DEACON

The Reverend Earl Grout

USHER CAPTAIN

Joe Kasper

GREETERS

Barbara & John Selberg

Jan & Judy Kyle

MUSICIANS

James Wilcox, Maria Coldwell,
& Rebekah Gilmore, *Cantors*

The Cathedral Choir,
Michael Kleinschmidt, *Director*

John Stuntebeck &
Michael Kleinschmidt, *Organists*