THE HOLY EUCHARIST
THE FIRST SUNDAY IN LENT

March 10, 2019

11:00 AM
Newcomers and visitors, the community of Saint Mark’s welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark’s liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

As part of our effort to serve those who cannot attend worship, this service will be livestreamed on the internet. The 8 AM, 9 AM, 7 PM, and 9:30 PM services are not livestreamed. We are grateful for your presence and participation in this community.

The nave altar flowers this morning are given in the glory of God and in loving memory of Jim Mulligan.

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Reverend Canon Jennifer King Daugherty, Associate to the Rector, Presider
The Very Reverend Steven L. Thomason, Dean & Rector of Saint Mark’s Cathedral, Preacher

**PRELUDE**

By the waters of Babylon we sat down and wept, bwv 653a

J.S. Bach (1685–1750)

**THE GREAT LITANY**

musical setting by Peter R. Hallock (1924–2014)

A bell bids all to kneel as able, and remain kneeling throughout the Litany. For those unable to kneel, a profound bow is an appropriate posture.

Cantor O God the Father, Creator of heaven and earth,

Assembly Have mercy upon us.

Cantor O God the Son, Redeemer of the world,

Assembly Have mercy upon us.

Cantor O God the Holy Ghost, Sanctifier of the faithful,

Assembly Have mercy upon us.

Cantor O holy, blessed, and glorious Trinity, one God,

Assembly Have mercy upon us.

Cantor Remember not, Lord Christ, our offenses, nor the offenses of our forebears; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy preserve us for ever.

Assembly Spare us, good Lord.

Cantor From all evil and wickedness; from sin; from the crafts and assaults of the devil; and from everlasting damnation,

Assembly Good Lord, deliver us.

Cantor From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity,

Assembly Good Lord, deliver us.

Cantor From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil,

Assembly Good Lord, deliver us.

Cantor From all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and commandment,

Assembly Good Lord, deliver us.

Cantor From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine,

Assembly Good Lord, deliver us.
From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared,

By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,

By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost,

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,

That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly,

That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments,

That it may please thee to rule the hearts of thy servants, the President of the United States, and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth,

That it may please thee so to rule the nations unity, peace, and concord; and to bestow freedom upon all peoples,

That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed,

That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time all may enjoy them,

That it may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good,

That it may please thee to preserve all who are in danger by reason of their labor or their travel,

That it may please thee to preserve, and provide for, all women in childbirth, young children and orphans, the widowed, and all whose homes are broken or torn by strife,

That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm,
Cantor That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation,

\[\text{Assembly} \quad \text{We beseech thee to hear us, good Lord.}\]

Cantor That it may please thee to have mercy upon all humankind,

\[\text{Assembly} \quad \text{We beseech thee to hear us, good Lord.}\]

Cantor That it may please thee to give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit to amend our lives according to thy holy Word,

\[\text{Assembly} \quad \text{We beseech thee to hear us, good Lord.}\]

Cantor That it may please thee to forgive our enemies, persecutors, and slanderers, and to turn their hearts,

\[\text{Assembly} \quad \text{We beseech thee to hear us, good Lord.}\]

Cantor That it may please thee to strengthen such as do stand; to comfort and help the weak-hearted; to raise up those who fall; and finally to beat down Satan under our feet,

\[\text{Assembly} \quad \text{We beseech thee to hear us, good Lord.}\]

Cantor That it may please thee to grant to all the faithful departed eternal life and peace,

\[\text{Assembly} \quad \text{We beseech thee to hear us, good Lord.}\]

Cantor That it may please thee to grant that, in the fellowship of Mary, Mark, and all the saints, we may attain to thy heavenly kingdom,

\[\text{Assembly} \quad \text{We beseech thee to hear us, good Lord.}\]

Cantor Son of God, we beseech thee to hear us.

\[\text{Assembly} \quad \text{Son of God, we beseech thee to hear us.}\]

Cantor O Lamb of God, that takest away the sins of the world,

\[\text{Assembly} \quad \text{Have mercy upon us.}\]

Cantor O Lamb of God, that takest away the sins of the world,

\[\text{Assembly} \quad \text{Have mercy upon us.}\]

Cantor O Lamb of God, that takest away the sins of the world,

\[\text{Assembly} \quad \text{Grant us thy peace.}\]

Cantor O Christ, hear us.

\[\text{Assembly} \quad \text{O Christ, hear us.}\]

Cantor Lord, have mercy upon us.

\[\text{Assembly} \quad \text{Christ, have mercy upon us.}\]

Cantor Lord, have mercy upon us.
COLLECT OF THE DAY

Presider  The Lord be with you.
Assembly  And also with you.
Presider  Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan:
Come quickly to help us who are assaulted by many temptations; and, as you
know the weaknesses of each of us, let each one find you mighty to save; through
Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit,
one God, now and for ever.

All  Amen.

Please be seated.

THE LITURGY OF THE WORD

READING  Deuteronomy 26:1–11

Moses said, “When you have come into the land that the Lord your God is giv-
ing you as an inheritance to possess, and you possess it, and settle in it, you
shall take some of the first of all the fruit of the ground, which you harvest from the
land that the Lord your God is giving you, and you shall put it in a basket and go to
the place that the Lord your God will choose as a dwelling for his name. You shall
go to the priest who is in office at that time, and say to him, ‘Today I declare to the
Lord your God that I have come into the land that the Lord swore to our ancestors
to give us.’ When the priest takes the basket from your hand and sets it down before
the altar of the Lord your God, you shall make this response before the Lord your
God: ‘A wandering Aramean was my ancestor; he went down into Egypt and lived
there as an alien, few in number, and there he became a great nation, mighty and
populous. When the Egyptians treated us harshly and afflicted us, by imposing hard
labor on us, we cried to the Lord, the God of our ancestors; the Lord heard our
voice and saw our affliction, our toil, and our oppression. The Lord brought us out
of Egypt with a mighty hand and an outstretched arm, with a terrifying display of
power, and with signs and wonders; and he brought us into this place and gave us
this land, a land flowing with milk and honey. So now I bring the first of the fruit of
the ground that you, O Lord, have given me.’ You shall set it down before the Lord
your God and bow down before the Lord your God. Then you, together with the
Levites and the aliens who reside among you, shall celebrate with all the bounty that
the Lord your God has given to you and to your house.”

Reader  Hear what the Spirit is saying to God’s people.
Assembly  Thanks be to God.
Psalm 10:8–13

The word is near you,
on your lips and in your heart
(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.”

Reader Hear what the Spirit is saying to God’s people.

Assembly Thanks be to God.

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.
The Very Reverend Steven L. Thomason

sequence hymn  
O love, how deep, how broad, how high  
words: O amor quam ecstaticus! 15th-cent. Latin hymn  
trans. Benjamin Webb (1819–1885)  
tune: Deo gracias, 15th-cent. English Ballad tune

1. O love, how deep, how broad, how high, how pass- ing thought and fan-ta-sy,  
2. For us bap-tized, for us he bore his ho-ly fast and hun-gered sore;  
6. All glo-ry to our Lord and God for love so deep, so high, so broad;  

that God, the Son of God, should take our mor-tal form for mor-tals’ sake.  
for us temp-ta-tions sharp he knew; for us the tempt-er over-threw.  
the Tri-ni-ty whom we a-dore for ev-er and for ev-er-more.

the holy gospel  

Deacon  
The Holy Gospel of our Lord Jesus Christ according to Mark.

Assembly  
Glory to you, Lord Christ.

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, “If you are the Son of God, command this stone to become a loaf of bread.” Jesus answered him, “It is written, ‘One does not live by bread alone.’”

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, “To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.” Jesus answered him, “It is written, ‘Worship the Lord your God, and serve only him.’”

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, “If you are the Son of God, throw yourself down from here, for it is written,

‘He will command his angels concerning you,  
to protect you,’

and  
‘On their hands they will bear you up,  
so that you will not dash your foot against a stone.’”

Jesus answered him, “It is said, ‘Do not put the Lord your God to the test.’” When the devil had finished every test, he departed from him until an opportune time.

Deacon  
The Gospel of the Lord.

Assembly  
Praise to you, Lord Christ.
THE LITURGY OF THE TABLE

OFFERTORY
An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God’s generosity. Many support Saint Mark’s through pledged offerings made by credit card or via mail. Together our gifts make possible this community of welcome, reconciliation and service.

ANTHEM

Dear Lord and Father of mankind

Dear Lord and Father of mankind,  
for our sake he was crucified under Pontius Pilate;  
for our foolish ways!  
he suffered death and was buried.  
Reclothe us in our rightful mind,  
On the third day he rose again  
in purer lives thy service find,  
in accordance with the scriptures;  
in deeper reverence, praise.  
In simple trust like theirs who heard,  
he ascended into heaven  
beside the Syrian sea,  
and is seated at the right hand of the Father.  
the gracious calling of the Lord,  
He will come again in glory to judge the living and the dead,  
let us, like them, without a word,  
and his kingdom will have no end.  
rise up and follow thee.

Drop thy still dews of quietness,  
for our sake he was crucified under Pontius Pilate;  
till all our strivings cease;  
take from our souls the strain and stress,  
the beauty of thy peace.  
Breathe through the heats of our desire  
thy coolness and thy balm;  
let sense be dumb, let flesh retire;  
O still, small voice of calm.

WORDS: John Greenleaf Whittier (1807–1892)  
MUSIC: C. Hubert H. Parry (1848–1918)

THE PEACE
Presider  The peace of the Lord be always with you.
Assembly  And also with you.

All greet one another in the name of the Lord.

THE NICENE CREED

We believe in one God,  
the Father, the Almighty,  
Maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.

For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate  
from the Virgin Mary;  
and was made man.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,  
and the life of the world to come. Amen.

THE LITURGY OF THE TABLE
All rise as able as the bread, wine, and money we offer to God are brought forward and presented at the altar table.

THE GREAT THANKSING  Eucharistic Prayer C

Presider  The Lord be with you.
Assembly  And also with you.
Presider  Lift up your hearts.
Assembly  We lift them to the Lord.
Presider  Let us give thanks to the Lord our God.
Assembly  It is right to give God thanks and praise.
Presider  God of all power, Ruler of the Universe, you are worthy of glory and praise.
Assembly  Glory to you for ever and ever.
Presider  At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
Assembly  By your will they were created and have their being.
Presider  From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Assembly  Have mercy, Lord, for we are sinners in your sight.
Presider  Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
Assembly  By his blood, he reconciled us.
Assembly  By his wounds, we are healed.
Presider  And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

SANCTUS & BENEDICTUS

Russian Orthodox Tone I, adapt. Richard Proulx

\[\text{ Sanctus & Benedictus }\]

\[\text{from Missa Oecumenica, ©1999 Oregon Catholic Press.}\]
Presider  And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper, he took the cup of wine, gave thanks, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

Assembly  We celebrate his death and resurrection, as we await the day of his coming.

Presider  Lord God of our ancestors; God of Abraham and Sarah, Isaac and Rebekah, Jacob and Leah and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Assembly  Risen Lord, be known to us in the breaking of the Bread.

Presider  Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

All  AMEN.

THE LORD’S PRAYER

All  Our Father in heaven,  
    hallowed be your Name,  
    your kingdom come,  
    your will be done,  
    on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
    as we forgive those  
    who sin against us.  
Save us from the time of trial,  
    and deliver us from evil.  
For the kingdom, the power,  
    and the glory are yours,  
    now and for ever. Amen.
In silence, the Presider breaks the consecrated bread.

**FRACTION ANTHEM**

**Anaphora chant**

\[\begin{align*}
\text{Lamb of God, you take away the sins of the world: have mercy on us.}
\end{align*}\]

\[\begin{align*}
\text{Lamb of God, you take away the sins of the world: have mercy on us.}
\end{align*}\]

\[\begin{align*}
\text{Lamb of God, you take away the sins of the world: grant us peace.}
\end{align*}\]

**INVITATION TO COMMUNION**

Presider The gifts of God for the people of God:
Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

All seeking God are welcome at Christ’s Table.

The Assembly gathers around all sides of the altar platform, guided by the ushers. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider’s communion station at the front left.

- You are welcome to stand or kneel to receive communion.
- Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.
- Or you may leave the bread in your hand for the chalice bearer to dip it in the wine and feed you.
- To receive a blessing instead of communion, simply cross your arms over your chest.

**ANTHEM** Prevent us, O Lord

**WORDS:** The Book of Common Prayer, 1549
**MUSIC:** William Byrd (ca.1542–1623)

Prevent* us, O Lord, in all our doings
with thy most gracious favor,
and further us with thy continual help;
that in all our works begun, continued and ended in thee,
we may glorify thy holy Name,
and finally by thy mercy obtain everlasting life;
through Jesus Christ our Lord. Amen.

**HYMN 150** Forty days and forty nights • The Hymnal 1982 #150

**TUNE:** Aus der Tiefe rufe ich
All rise as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly For, though many, we share one bread and one cup.

Deacon Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

Presider Almighty and everliving God, All we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

PRAYER OVER THE ASSEMBLY

Deacon Let us bow down in the presence of God.

All bow their heads. The Presider prays over the Assembly. All respond: Amen.

HYMN 690 Guide me, O thou great Jehovah • The Hymnal 1982 #690 TUNE: Cwm Rhondda

DISMISSAL The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.

VOLUNTARY Fughette on Ein’ feste Burg ist unser Gott [tune of Hymn #687, “A mighty fortress is our God”] Johann Pachelbel (1653–1706)