

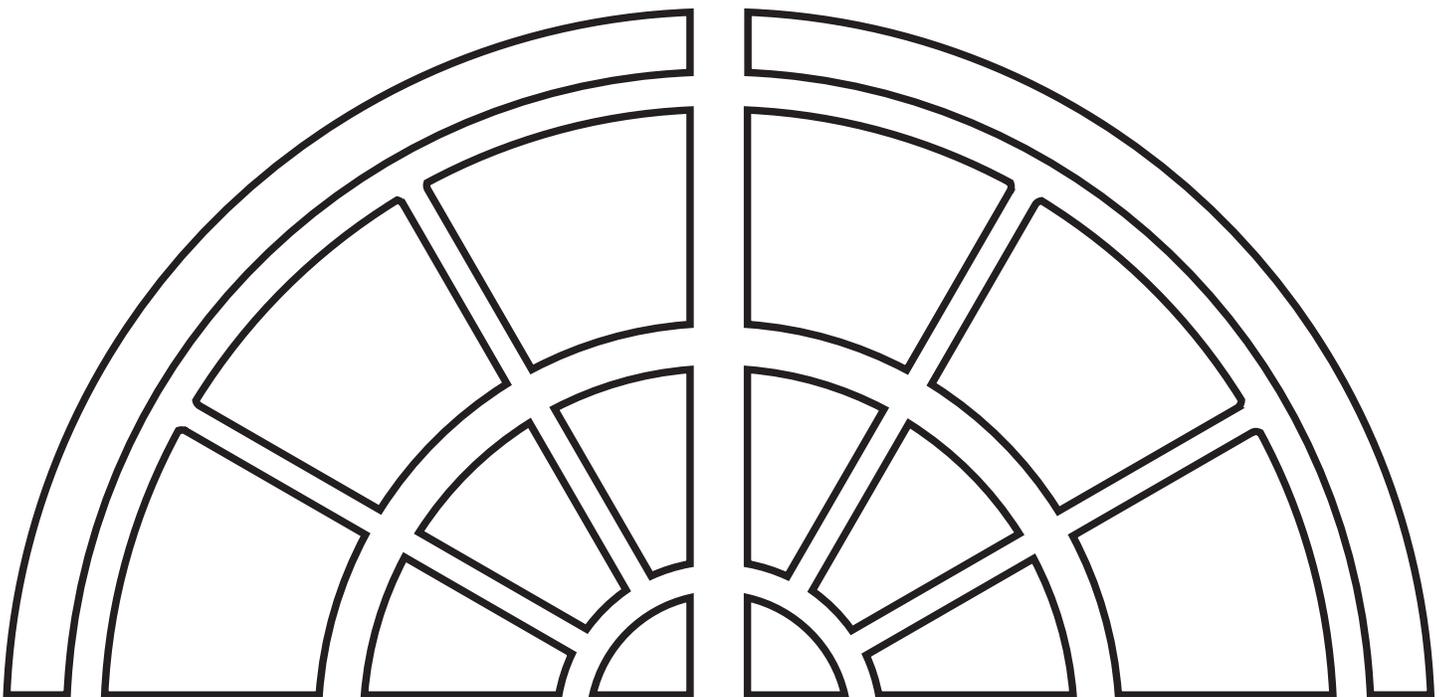
SAINT MARK'S  
EPISCOPAL CATHEDRAL

# THE HOLY EUCHARIST

THE FIRST SUNDAY IN LENT

March 10, 2019

9:00 AM



Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5<sup>th</sup> floor. Ushers will guide you.

The nave altar flowers this morning are given in the glory of God and in loving memory of Jim Mulligan.

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Very Reverend Steven L. Thomason, Dean and Rector of Saint Mark's Cathedral, *Presider & Preacher*

**PRELUDE**     *By the waters of Babylon we sat down and wept*, BWV 653a

J.S. Bach (1685–1750)

## THE GREAT LITANY

*Enriching Our Worship 1*, p. 46  
musical setting by Dent Davidson (b. 1960)

*A bell bids all to kneel as able, and remain kneeling throughout the Litany.  
For those unable to kneel, a profound bow is an appropriate posture.*

*Cantor* Holy God, Creator of heaven and earth,



**Assembly** Have mercy on us.

*Cantor* Holy and Mighty, Redeemer of the world,

**Assembly** Have mercy on us.

*Cantor* Holy Immortal One, Sanctifier of the faithful,

**Assembly** Have mercy on us.

*Cantor* Holy, blessed and glorious Trinity, One God,

**Assembly** Have mercy on us.

*Cantor* From all evil and mischief; from pride, vanity and hypocrisy;  
from envy, hatred and malice; and from all evil intent,



**Assembly** Savior deliver us.

*Cantor* From sloth, worldliness and love of money;  
from hardness of heart and contempt for your word and your laws,

**Assembly** Savior deliver us.

*Cantor* From sins of body and mind; from deceits of the world, flesh and the devil,

**Assembly** **Savior deliver us.**

*Cantor* From famine and disaster; from violence, murder, and dying unprepared,

**Assembly** **Savior deliver us.**

*Cantor* In all times of sorrow; in all times of joy; in the hour of our death and at the day of judgment,

**Assembly** **Savior deliver us.**

*Cantor* By the mystery of your holy incarnation; by your birth, childhood and obedience; by your baptism, fasting and temptation,

**Assembly** **Savior deliver us.**

*Cantor* By your ministry in word and work; by your mighty acts of power; by the preaching of your reign,

**Assembly** **Savior deliver us.**

*Cantor* By your agony and trial; by your cross and passion; by your precious death and burial,

**Assembly** **Savior deliver us.**

*Cantor* By your mighty resurrection; by your glorious ascension; and by your sending of the Holy Spirit,

**Assembly** **Savior deliver us.**

*Cantor* Hear our prayers, O Christ our God.



**Assembly** **Hear us, O Christ.**

*Cantor* Govern and direct your holy Church; fill it with love and truth; and grant it that unity which is your will.

**Assembly** **Hear us, O Christ.**

*Cantor* Give us boldness to preach the gospel in all the world, and to make disciples of all the nations.

**Assembly** **Hear us, O Christ.**

*Cantor* Enlighten your bishops, priests and deacons with knowledge and understanding, that by their teaching and their lives they may proclaim your word.

**Assembly** **Hear us, O Christ.**

*Cantor* Give your people grace to witness to your word and bring forth the fruit of your Spirit.

**Assembly** **Hear us, O Christ.**

*Cantor* Bring into the way of truth all who have erred and are deceived.

**Assembly** **Hear us, O Christ.**

*Cantor* Strengthen those who stand; comfort and help the fainthearted; raise up the fallen; and finally beat down Satan under our feet.

**Assembly** **Hear us, O Christ.**

*Cantor* Guide the leaders of the nations into the ways of peace and justice.

**Assembly** **Hear us, O Christ.**

*Cantor* Give your wisdom and strength to Donald, the President of the United States, Jay, the Governor of this state, and Jenny, the Mayor of this city, that in all things they may do your will, for your glory and the common good.

**Assembly** **Hear us, O Christ.**

*Cantor* Give to the Congress of the United States, the members of the President's Cabinet, those who serve in our state legislature, and all others in authority the grace to walk always in the ways of truth.

**Assembly** **Hear us, O Christ.**

*Cantor* Bless the justices of the Supreme Court and all those who administer the law, that they may act with integrity and do justice for all your people.

**Assembly** **Hear us, O Christ.**

*Cantor* Give us the will to use the resources of the earth to your glory and for the good of all.

**Assembly** **Hear us, O Christ.**

*Cantor* Bless and keep all your people,

**Assembly** **Hear us, O Christ.**

*Cantor* Comfort and liberate the lonely, the bereaved and the oppressed.

**Assembly** **Hear us, O Christ.**

*Cantor* Keep in safety those who travel and all who are in peril.

**Assembly** **Hear us, O Christ.**

*Cantor* Heal the sick in body, mind or spirit  
and provide for the homeless, the hungry and the destitute.

**Assembly** **Hear us, O Christ.**

*Cantor* Guard and protect all children who are in danger.

**Assembly** **Hear us, O Christ.**

*Cantor* Shower your compassion on prisoners, hostages and refugees,  
and all who are in trouble.

**Assembly** **Hear us, O Christ.**

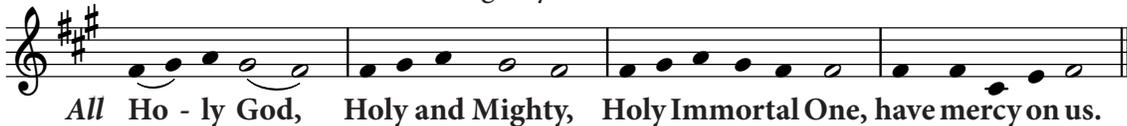
*Cantor* Forgive our enemies, persecutors and slanderers,  
and turn their hearts.

**Assembly** **Hear us, O Christ.**

*Cantor* Hear us as we remember those who have died  
and grant us with them a share in your eternal glory.

**Assembly** **Hear us, O Christ.**

*Cantor* Give us true repentance;  
forgive us our sins of negligence and ignorance  
and our deliberate sins;  
and grant us the grace of your Holy Spirit  
to amend our lives according to your word.



#### COLLECT OF THE DAY

*Presider* God be with you.

**Assembly** **And also with you.**

*Presider* Let us pray.

**G**OD of the wilderness,  
your Spirit accompanies us as we search for truth and purpose:  
in our times of doubt and desolation,  
help us to resist the worship of empty power and the illusion of invulnerability,  
that we might find our true sustenance in Jesus Christ,  
the Broken Bread of Life.

**All** **Amen.**

*Please be seated.*

## THE LITURGY OF THE WORD

**READING** *Deuteronomy 26:1-11*

**M**OSSES said, "When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors

to give us.' When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O LORD, have given me.' You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house."

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* **Thanks be to God.**

**PSALM** *Psalm 91:1-2, 9-16*

Plainchant Tone IV.4

*The Choir introduces the antiphon, all repeat it.*

*The Cantor chants the psalm verses, all repeating the antiphon as indicated.*

ANTIPHON: Ps. 91:11



He shall give his an - gels charge o - ver you, to keep you in all your ways.

*Qui habitat*

**H**E WHO dwells in the shelter of the Most High, \*  
 Habides under the shadow of the Almighty.

2 He shall say to the LORD,

"You are my refuge and my stronghold, \*  
 my God in whom I put my trust." **ANTIPHON**

9 Because you have made the LORD your refuge, \*  
 and the Most High your habitation,

10 There shall no evil happen to you, \*  
 neither shall any plague come near your dwelling. **ANTIPHON**

12 They shall bear you in their hands, \*  
 lest you dash your foot against a stone.

13 You shall tread upon the lion and adder; \*  
 you shall trample the young lion and the serpent under your feet. **ANTIPHON**

14 Because he is bound to me in love, therefore will I deliver him; \*  
 I will protect him, because he knows my Name.

15 He shall call upon me, and I will answer him; \*  
 I am with him in trouble;  
 I will rescue him and bring him to honor.

16 With long life will I satisfy him, \*  
 and show him my salvation. **ANTIPHON**

**READING**

*Romans 10:8b-13*

“THE word is near you,  
on your lips and in your heart”

(that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.”

*Reader* Hear what the Spirit is saying to God’s people.

*Assembly* **Thanks be to God.**

*After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.*

**GOSPEL PROCESSION**

*Children are invited to join the Gospel Procession. Children preschool through second grade are then invited to Children’s Chapel in Thomsen Chapel. They will return at the Peace. Parents are welcome to join their children.*

**LENTEN GOSPEL ACCLAMATION** *Praise to You, O Christ, Our Savior*

WORDS & MUSIC: Bernadette Farrell (b. 1957)

*The Choir introduces the refrain; all repeat. The Choir sings the verse below; all repeat the refrain.*

Praise to you, O Christ our Sav - ior, Word of the Fa - ther, call - ing us to life;

Son of God who leads us to free - dom; Glo - ry to you, Lord Je - sus Christ!

∇. You are the Word who calls us out of darkness; you are the Word who leads us into light;  
you are the Word who brings us through the desert: glory to you, Lord Jesus Christ!

*With One Voice #614, © 1986 Bernadette Farrell, admin. OCP Publications*

*All rise as able.*

**THE HOLY GOSPEL** *Luke 4:1-13*

*Deacon* The Holy Gospel of our Lord Jesus Christ according to Mark.

*Assembly* **Glory to you, Lord Christ.**

AFTER his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, “If you are the Son of God, command this stone to become a loaf of bread.” Jesus answered him, “It is written, ‘One does not live by bread alone.’”

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written,

‘Worship the Lord your God,  
and serve only him.’”

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written,

‘He will command his angels concerning you,  
to protect you,’

and

‘On their hands they will bear you up,  
so that you will not dash your foot against a stone.’”

Jesus answered him, "It is said, ‘Do not put the Lord your God to the test.’” When the devil had finished every test, he departed from him until an opportune time.

*Deacon* The Gospel of the Lord.

*Assembly* Praise to you, Lord Christ.

## SERMON

The Very Reverend Steven L. Thomason

*All rise as able.*

## THE NICENE CREED

*Authorized for use by the 1997 General Convention*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit  
and the Virgin Mary  
and became truly human.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## THE PEACE

*Presider* Christ has broken down the dividing wall that makes us strangers to one another;  
He is God's unexpected and unmerited gift of peace breaking in among us.  
Let us greet one another with the Peace of Christ.

The peace of Christ be always with you.

*Assembly* **And also with you.**

*All greet one another in the name of the Lord.*

# THE LITURGY OF THE TABLE

## OFFERTORY

*An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Many support Saint Mark's through pledged offerings made by credit card or via mail. Together our gifts make possible this community of welcome, reconciliation and service.*

## ANTHEM

*Dear Lord and Father of mankind*

WORDS: John Greenleaf Whittier (1807–1892)

MUSIC: C. Hubert H. Parry (1848–1918)

Dear Lord and Father of mankind,  
forgive our foolish ways!  
Reclothe us in our rightful mind,  
in purer lives thy service find,  
in deeper reverence, praise.

In simple trust like theirs who heard,  
beside the Syrian sea,  
the gracious calling of the Lord,  
let us, like them, without a word,  
rise up and follow thee.

Drop thy still dews of quietness,  
till all our strivings cease;  
take from our souls the strain and stress,  
and let our ordered lives confess  
the beauty of thy peace.

Breathe through the heats of our desire  
thy coolness and thy balm;  
let sense be dumb, let flesh retire;  
speak through the earthquake, wind, and fire,  
O still, small voice of calm.

All rise as able as the bread, wine, and money we offer to God are brought forward and presented at the altar table.

**THE GREAT THANKSGIVING**

*Prayers for an Inclusive Church, adapt.*

*Presider* The Lord be with you.

*Assembly* **And also with you.**

*Presider* Lift up your hearts.

*Assembly* **We lift them to God.**

*Presider* Let us give thanks to the Lord our God.

*Assembly* **It is right to give God thanks and praise.**

*Presider* We thank you, God of the wilderness, that in the valley of dry bones you create hearts of flesh quickened by the Spirit's breath. We thank you that you shared your Beloved Child who spurns might and glory and turns toward all who are broken in mind, body or spirit. We count the cross as folly to the world of violence and power, and true wisdom to all who would follow you on the journey of selfless love. Therefore, with the whole communion of saints who glimpsed the glory in the humanity you shared, we worship you in in holy majesty, as we sing:

**SANCTUS & BENEDICTUS** *Deutsche Messe*

Franz Schubert (1797–1828), arr. Richard Proulx

Ho - ly, ho - ly, ho - ly Lord, God of power and might,\_\_\_

Ho - ly, ho - ly, ho - ly Lord, God of power and might,\_\_\_

hea - ven and earth are full,\_\_\_ full\_\_\_ of your glo - ry. Ho -

san - na in the high - est. Ho - san - na in the high - est.

Blest is the one who comes\_\_\_ in the name of the Lord.\_\_\_ Ho -

san - na in the high - est, ho - san - na in the high - est.

*The Hymnal 1982 #s-130, ©1985 G.I.A. Publications*

*Presider* We ask that your Holy Spirit  
fall upon us and upon these gifts,  
that these fragile, earthly things  
may be to us the body and blood of our Lord and brother,  
Jesus Christ.

On the night he was betrayed,  
Jesus gathered with his faltering friends  
for a meal that tasted of freedom.  
He took bread, gave thanks, broke it and said:  
“This is my body, which is given for you.  
Do this in remembrance of me.”

In the same way after supper, he took the cup of wine, saying:  
“This cup is the new covenant in my blood.  
Do this, whenever you drink it, in remembrance of me.’

As on that night, so here and now  
he offers himself in touch and taste  
beyond all that words can hold.

And so we proclaim the great mystery of faith, saying:

**All Christ has died.  
Christ is risen.  
Christ will come again.**

*Presider* With these gifts  
we are filled with the life-giving presence of Christ;  
we proclaim him as creation’s host,  
transforming poverty into plenty  
with his generous love.

Inspire us with the hope  
that one day death and greed will be no more,  
and people will come from east and west, north and south  
to share a feast of abundance.

We ask this through Jesus Christ our Savior,  
by whom and with whom and in whom,  
in the unity of the Holy Spirit,  
all honor and glory be yours, Mother of blessings, for ever and ever.

**All AMEN.**

#### **THE LORD’S PRAYER**

**All Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power, and the glory are yours,  
now and for ever. Amen.**

*In silence, the Presider breaks the consecrated bread.*

**FRACTION ANTHEM** *Deutsche Messe*

Schubert, arr. Proulx

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

*The Hymnal 1982 #S-164, ©1985 G.I.A. Publications*

**INVITATION TO COMMUNION**

*Presider* The gifts of God for the people of God:  
Take them in remembrance that Christ died for you,  
and feed on him in your hearts by faith, with thanksgiving.

*All seeking God are welcome at Christ's Table.*

*Communion is distributed at standing stations at the head of the two aisles. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the front left.*

- ◆ *You are welcome to stand or kneel to receive communion.*
- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip it in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

**COMMUNION VOLUNTARY** *Organ Improvisation*

**HYMN 143** *The glory of these forty days* ◆ *The Hymnal 1982 #143*

TUNE: *Erhalt uns, Herr*

*All rise as able.*

**SENDING OF EUCHARISTIC VISITORS**

*Presider* One body are we.

*Assembly* **For, though many, we share one bread and one cup.**

*Deacon* Go in peace, bearing holy gifts for holy people.

**PRAYER AFTER COMMUNION**

*Presider* Let us pray.

**All Lord of the feast of boundless love;  
we thank you for meeting us in our brokenness  
so that none might be lost:  
liberate us now  
to share the living bread of good news with our neighbor,  
each receiving from the other what we need  
to live according to your will. Amen.**

**BLESSING**

*Presider* May the crucified Christ dispel your fear,  
drawing you to experience God's wondrous love,  
and make you servants of hope and peace in the world,  
and the blessing of the One, Holy and Merciful God  
be with you all this day and for evermore.

**All Amen.**

**HYMN 147** *Now let us all with one accord* ♦ *The Hymnal 1982 #147*  
stanzas 1, 2, 4, & 5

TUNE: *Bourbon*

**DISMISSAL** *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

**VOLUNTARY** *Fughette on Ein' feste Burg ist unser Gott*  
[tune of Hymn #687, "A mighty fortress is our God"]

Johann Pachelbel (1653–1706)

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**PRESIDER & PREACHER**

The Very Reverend Steven L. Thomason

**ASSISTING LAY MINISTER**

Judy Andrews

**EUCHARISTIC MINISTERS**

Pamela Bradburn,  
The Reverend Cristi Chapman,  
Re Knack, Tony Noyes, Wendy Townsend,  
The Reverend Canon Patricia Taylor

**OBLATION BEARERS**

The Yoshimura/Quiaoit family

**ALTAR GUILD**

Walter Stuteville  
Sue Tait

**VERGER**

Michael Seewer

**ACOLYTES**

Cadence Cole  
Erika Sutkus  
Heather Sutkus

**LECTORS**

Eliza Davidson  
Phillip Lienau

**INTERCESSOR**

Susan McClung

**CHILDREN'S CHAPEL LEADER**

Scott Coil

**DEACON**

The Reverend Earl Grout

**USHERS**

Randy Urmston, Eliza Davidson

**GREETER**

Cameron McClung

**MUSICIANS**

The Senior Choristers  
of Saint Mark's Cathedral Choir School,  
Rebekah Gilmore, *Director & Cantor*  
Saint Mark's Singers  
Michael Kleinschmidt  
& John Stuntebeck, *Organists*