



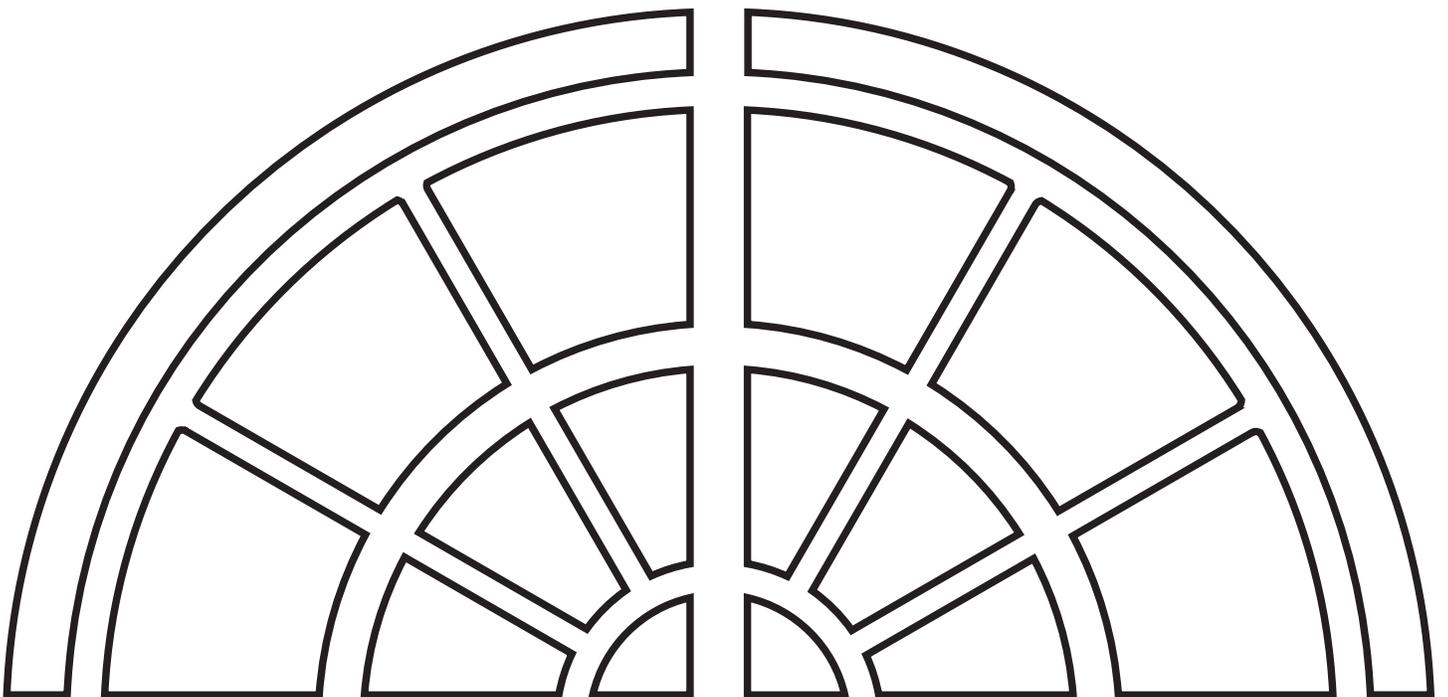
SAINT MARK'S
EPISCOPAL CATHEDRAL

THE HOLY EUCHARIST

THE THIRD SUNDAY IN LENT

March 24, 2019

11:00 AM





SAINT MARK'S
EPISCOPAL CATHEDRAL

Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

As part of our effort to serve those who cannot attend worship, this service will be livestreamed on the internet. The 8 AM, 9 AM, 7 PM, and 9:30 PM services are not livestreamed. We are grateful for your presence and participation in this community.

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Reverend Canon Nancy Ross, Canon for Cathedral Relations, *Presider*

The Very Reverend Steven L. Thomason, Dean and Rector of Saint Mark's Cathedral, *Preacher*

THE GATHERING

PRELUDE *O Mensch, beweine deine Sünde groß*, BWV 622 J.S. Bach (1685–1750)
[“O mortal, lament your grievous sins”]

A bell bids all to rise as able.

INTROIT *If thou but trust in God to guide thee* WORDS: Georg Neumark (1621–1681),
trans. Catherine Winkworth (1827–1878)
TUNE: *Wer nur den lieben Gott*, Georg Neumark

If thou but trust in God to guide thee,
and hope in him through all thy ways,
he'll give thee strength whate'er betide thee,
and bear thee through the evil days.
Who trusts in God's unchanging love
builds on a rock that nought can move.

Sing, pray, and keep his ways unswerving;
so do thine own part faithfully,
and trust his word, though undeserving;
thou yet shalt find it true for thee;
God never yet forsook in need
the soul that trusted him indeed.

HYMN 149 *Eternal Lord of Love, behold your Church* ♦ *The Hymnal 1982 #149* TUNE: *Old 124th*

THE PENITENTIAL ORDER

LENTEN ACCLAMATION

Presider Bless the Lord who forgives all our sins.

Assembly **God's mercy endures forever.**

The Presider reads a sentence from scripture.

CONFESSION

Deacon Let us confess our sins against God and our neighbor.

You are invited to stand or kneel for the confession.

Deacon Most merciful God,

**All we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

Please remain kneeling or standing as able.

KYRIE ELEISON

Alexandr Arkhangelsky (1846–1924), adapt. Richard Proulx

1. Lord, have mer-cy. Lord, have mer-cy. Lord, have mer-cy up - on _____ us.
2. Christ, have mer-cy. Christ, have mer-cy. Christ, have mer-cy up - on _____ us.
3. Lord, have mer-cy. Lord, have mer-cy. Lord, have mer-cy up - on _____ us.

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COLLECT OF THE DAY

Presider The Lord be with you.

Assembly **And also with you.**

Presider Let us pray.

ALMIGHTY God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All Amen.

Please be seated for the readings.

THE LITURGY OF THE WORD

READING

Exodus 3:1-15

MOSSES was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the LORD appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the LORD saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God.

Then the LORD said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain."

But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I AM WHO I AM." He said further, "Thus you shall say to the Israelites, 'I AM has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The LORD, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you':

This is my name forever,
and this my title for all generations."

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

The Cantor introduces the antiphon, all repeat it.

The Cantor chants the psalm verses, all repeating the antiphon as indicated.



Deus, Deus meus

O GOD, you are my God; eagerly I seek you; *
my soul thirsts for you, my flesh faints for you,
as in a barren and dry land where there is no water.

- 2 Therefore I have gazed upon you in your holy place, *
that I might behold your power and your glory. **ANTIPHON**
- 3 For your loving-kindness is better than life itself; *
my lips shall give you praise.
- 4 So will I bless you as long as I live *
and lift up my hands in your Name. **ANTIPHON**
- 5 My soul is content, as with marrow and fatness, *
and my mouth praises you with joyful lips,
- 6 When I remember you upon my bed, *
and meditate on you in the night watches. **ANTIPHON**
- 7 For you have been my helper, *
and under the shadow of your wings I will rejoice.
- 8 My soul clings to you; *
your right hand holds me fast **ANTIPHON**

READING

1 Corinthians 10:1-13

I DO not want you to be unaware, brothers and sisters, that our ancestors were all under the cloud, and all passed through the sea, and all were baptized into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual rock that followed them, and the rock was Christ. Nevertheless, God was not pleased with most of them, and they were struck down in the wilderness.

Now these things occurred as examples for us, so that we might not desire evil as they did. Do not become idolaters as some of them did; as it is written, "The people sat down to eat and drink, and they rose up to play." We must not indulge in sexual immorality as some of them did, and twenty-three thousand fell in a single day. We must not put Christ to the test, as some of them did, and were destroyed by serpents. And do not complain as some of them did, and were destroyed by the destroyer. These things happened to them to serve as an example, and they were written down to instruct us, on whom the ends of the ages have come. So if you think you are standing, watch out that you do not fall. No testing has overtaken you that is not common to everyone. God is faithful, and he will not let you be tested beyond your strength, but with the testing he will also provide the way out so that you may be able to endure it.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

THE HOLY GOSPEL *Luke 13:1–9*

Deacon The Holy Gospel of our Lord Jesus Christ according to Luke.

Assembly **Glory to you, Lord Christ.**

AT THAT very time there were some present who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. He asked them, “Do you think that because these Galileans suffered in this way they were worse sinners than all other Galileans? No, I tell you; but unless you repent, you will all perish as they did. Or those eighteen who were killed when the tower of Siloam fell on them—do you think that they were worse offenders than all the others living in Jerusalem? No, I tell you; but unless you repent, you will all perish just as they did.”

Then he told this parable: “A man had a fig tree planted in his vineyard; and he came looking for fruit on it and found none. So he said to the gardener, ‘See here! For three years I have come looking for fruit on this fig tree, and still I find none. Cut it down! Why should it be wasting the soil?’ He replied, ‘Sir, let it alone for one more year, until I dig around it and put manure on it. If it bears fruit next year, well and good; but if not, you can cut it down.’”

Deacon The Gospel of the Lord.

Assembly **Praise to you, Lord Christ.**

SERMON

The Very Reverend Steven L. Thomason

All rise as able.

THE NICENE CREED

**We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate
from the Virgin Mary;
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

PRAYERS OF THE ASSEMBLY *Form VI*

Deacon In peace, we pray to you, Lord God.

Silence

Intercessor For all people in their daily life and work;

Assembly **For our families, friends, and neighbors, and for those who are alone.**

Intercessor For this community, the nation, and the world;

Assembly **For all who work for justice, freedom, and peace.**

Intercessor For the just and proper use of your creation;

Assembly **For the victims of hunger, fear, injustice, and oppression.**

Intercessor For all who are in danger, sorrow, or any kind of trouble;

Assembly **For those who minister to the sick, the friendless, and the needy.**

Intercessor For the peace and unity of the Church of God;

Assembly **For all who proclaim the Gospel, and all who seek the Truth.**

Intercessor For Michael our Presiding Bishop, and Greg our Bishop; and for all bishops and other ministers;

Assembly **For all who serve God in God's Church.**

Intercessor For the special needs and concerns of this congregation.

Silence

Intercessor Hear us, Lord;

Assembly **For your mercy is great.**

Intercessor We thank you, Lord, for all the blessings of this life.

Silence

Intercessor We will exalt you, O God our King;

Assembly **And praise your Name for ever and ever.**

Intercessor We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

Intercessor Lord, let your loving-kindness be upon them;

Assembly **Who put their trust in you.**

The Presider concludes the prayers with a collect. All respond: Amen.

THE PEACE

Presider The peace of the Lord be always with you.

Assembly **And also with you.**

All greet one another in the name of the Lord.



THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Many support Saint Mark's through pledged offerings made by credit card or via mail. Together our gifts make possible this community of welcome, reconciliation and service.

ANTHEM

Emendemus in melius

WORDS: Lenten Matins Responsory
MUSIC: William Byrd (c. 1540–1623)

*Emendemus in melius
quæ ignoranter peccavimus;
ne subito præoccupati die mortis,
quæramus spatium pœnitentiæ,
et invenire non possimus.
Attende, Domine, et miserere;
quia peccavimus tibi.
Adjuva nos, Deus salutaris noster,
et propter honorem nominis tui
libera nos.*

Let us make amends
for the sins we have committed in ignorance;
lest, suddenly overtaken by the day of death,
we seek space for repentance,
and find none.
Hearken, O Lord, and have mercy:
for we have sinned against thee.
Help us, O God of our salvation,
and for the honour of thy Name
deliver us.

All rise as able as the bread, wine, and money we offer to God are brought forward and presented at the altar table.

THE GREAT THANKSGIVING *Eucharistic Prayer C*

Presider The Lord be with you.

Assembly **And also with you.**

Presider Lift up your hearts.

Assembly **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

Assembly **It is right to give God thanks and praise.**

Presider God of all power, Ruler of the Universe, you are worthy of glory and praise.

Assembly **Glory to you for ever and ever.**

Presider At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

Assembly **By your will they were created
and have their being.**

Presider From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Assembly **Have mercy, Lord,
for we are sinners in your sight.**

Presider Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

Assembly **By his blood, he reconciled us.
By his wounds, we are healed.**

Presider And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

SANCTUS & BENEDICTUS

Russian Orthodox Tone I, adapt. Richard Proulx

Ho - ly, ho - ly, ho - ly Lord, God of power and might, heav'n and earth are full of your glo - ry. Ho-san-na in the high - est. Blest is the one who comes in the name of the Lord. Ho-san - na in the high - est, ho-san - na in the high - est.

from *Missa Oecumenica*, ©1999 Oregon Catholic Press.

Presider And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

***Assembly* We celebrate his death and resurrection, as we await the day of his coming.**

Presider Lord God of our ancestors; God of Abraham and Sarah, Isaac and Rebekah, Jacob and Leah and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

***Assembly* Risen Lord, be known to us in the breaking of the Bread.**

Presider Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

All AMEN.

THE LORD'S PRAYER

All Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM

Anaphora chant

Lamb of God, you take a - way the sins of the world: have mer - cy on us.

Lamb of God, you take a - way the sins of the world: have mer - cy on us.

Lamb of God, you take a - way the sins of the world: grant us peace.

The Hymnal 1982 #S-160; Mass 18, adapt. Mason Martens. ©1984 Mason Martens

INVITATION TO COMMUNION

Presider The gifts of God for the people of God:
Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

All seeking God are welcome at Christ's Table.

The Assembly gathers around all sides of the altar platform, guided by the ushers. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the front left.

- ◆ *You are welcome to stand or kneel to receive communion.*
- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip it in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest..*

ANTHEM *O for a closer walk with God*

WORDS: William Cowper (1731–1800)
MUSIC: Charles Villiers Stanford (1852–1924)
based on the hymn tune *Caithness*

O for a closer walk with God,
A calm and heavenly frame;
A light to shine upon the road
That leads me to the Lamb!
Return, O holy Dove, return!
Sweet messenger of rest;
I hate the sins that made thee mourn,
And drove thee from my breast.
So shall my walk be close with God,
Calm and serene my frame:
So purer light shall mark the road
That leads me to the Lamb.

HYMN 309 *O food to pilgrims given* ◆ *The Hymnal 1982 #309*

TUNE: *O Welt ich muss dic lassen*

All rise as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly **For, though many, we share one bread and one cup.**

Deacon Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

Presider Almighty and everliving God,

**All we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.**

PRAYER OVER THE ASSEMBLY

Deacon Let us bow down in the presence of God.

All bow their heads. The Presider prays over the Assembly. All respond: Amen.

HYMN 344 *Lord, dismiss us with thy blessing* ♦ *The Hymnal 1982 #344*

TUNE: *Sicilian Mariners*

DISMISSAL *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

VOLUNTARY *Litanies*

Jehan Alain (1911–1940)

PRESIDER

The Reverend Canon Nancy Ross

ASSISTING LAY MINISTER

Lynne Markova

EUCHARISTIC MINISTERS

The Reverend Canon Jennifer King
Daugherty, Steven Jones, Karen Knudson,
Phillip Lienau, Diane Stevens,
The Reverend Canon Patricia Taylor,
Kathy Thomason, Miles Treakle

ALTAR GUILD

David Wagner
Barbara Zito

PREACHER

The Very Reverend Steven L. Thomason

VERGERS

Carrie Davis
Robert Stevens

ACOLYTES

Ray Miller, Linda Chia,
Nancy George, Beatrix Hamm,
Phillip Lienau, Lou Webster

LECTORS

Erik Donner
Marilyn Redlich

INTERCESSOR

Elliott Jacksch

DEACON

The Reverend Earl Grout

USHER CAPTAIN

Kathy Sodergren

GREETERS

Cate Callahan
Pam O'Sullivan

MUSICIANS

The Cathedral Choir,
Rebekah Gilmore, *conducting*
John Stuntebeck, *Organist*