



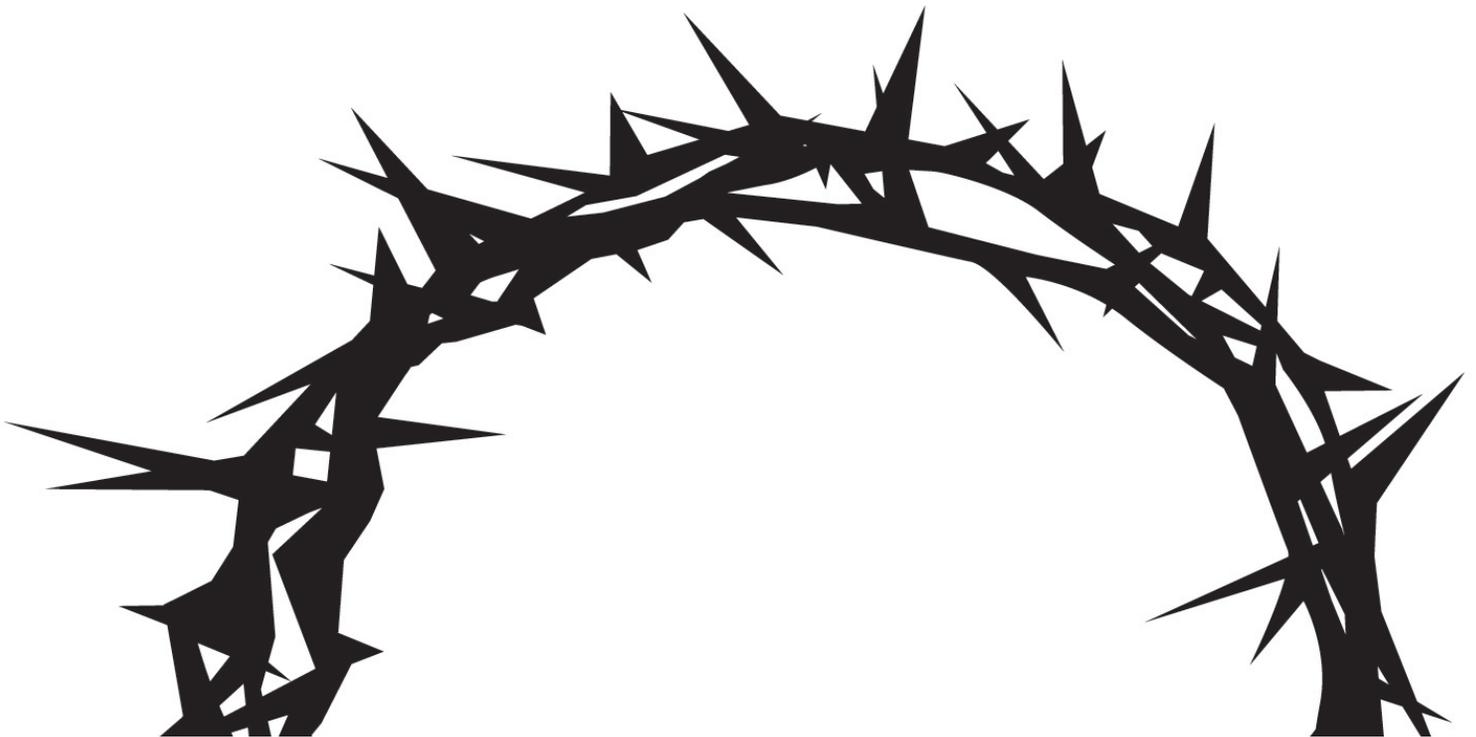
SAINT MARK'S
EPISCOPAL CATHEDRAL

TRIDUUM: THE SACRED THREE DAYS

MAUNDY THURSDAY

April 18, 2019

7:00 PM





SAINT MARK'S
EPISCOPAL CATHEDRAL

Welcome to Saint Mark's Cathedral on this Holy Thursday evening. Today's liturgy is the first part of a series of three rites which comprise the Paschal Triduum, the Sacred Three Days during which we recall Christ's suffering and celebrate the Paschal mystery of our redemption.

As part of our effort to serve those who cannot attend worship, this service will be livestreamed on the internet. We are grateful for your presence and participation in this community.

Please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Very Reverend Steven L. Thomason, Dean and Rector of Saint Mark's Cathedral, *Presider*

The Reverend Earl Grout, *Preacher*

THE GATHERING

As the community gathers, a bell rings periodically, calling us to silence and prayer. Please remain seated.

All rise as able as the hymn is introduced.

HYMN

Three holy days enfold us now

TUNE: *Rockingham*



1. Three ho - ly days en - fold us now in wash - ing feet and break - ing bread,
2. The mys - tery hid from a - ges past is here re - vealed in word and sign,
3. Christ lift - ed high up - on the tree be - fore you ev - 'ry knee shall bend



in cross and font and life__ re - newed: in Christ, God's first - born from_ the dead.
for Je - sus' sto - ry is__ our own: new life through death is God's de - sign.
and ev - 'ry tongue in praise pro - claim: "You are the Lord of all.__ A - men."

WORDS: Delores Dunfer, OSB, © 1997 G.I.A. Publications, Inc.,

OPENING ACCLAMATION

Presider Bless the Lord who forgives all our sins.

Assembly God's mercy endures forever.

COLLECT FOR PURITY

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All Amen.

1. From all that dwell be - low the skies let the Cre - a - tor's praise a - rise!
 2. E - ter - nal are thy mer - cies, Lord; and truth e - ter - nal is thy word:
 3. Praise God, from whom all bless - ings flow; praise him, all crea - tures here be - low;

Let the Re - deem - er's name be sung through ev - 'ry land, by ev - 'ry tongue!
 thy praise shall sound from shore to shore till suns shall rise and set no more.
 praise him a - bove, ye heav'n - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

The Hymnal 1982 #380; public domain.

COLLECT OF THE DAY

Presider The Lord be with you.

Assembly **And also with you.**

Presider Let us pray.

ALmighty FATHER, whose dear Son, on the night before he suffered, instituted the Sacrament of his Body and Blood: Mercifully grant that we may receive it thankfully in remembrance of Jesus Christ our Lord, who in these holy mysteries gives us a pledge of eternal life; and who now lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All Amen.

All are seated.

THE LITURGY OF THE WORD

READING *Exodus 12:1-14*

THE LORD said to Moses and Aaron in the land of Egypt: This month shall mark for you the beginning of months; it shall be the first month of the year for you. Tell the whole congregation of Israel that on the tenth of this month they are to take a lamb for each family, a lamb for each household. If a household is too small for a whole lamb, it shall join its closest neighbor in obtaining one; the lamb shall be divided in proportion to the number of people who eat of it. Your lamb shall be without blemish, a year-old male; you may take it from the sheep or from the goats.

You shall keep it until the fourteenth day of this month; then the whole assembled congregation of Israel shall slaughter it at twilight. They shall take some of the blood and put it on the two doorposts and the lintel of the houses in which they eat it. They shall eat the lamb that same night; they shall eat it roasted over the fire with unleavened bread and bitter herbs. Do not eat any of it raw or boiled in water, but roasted over the fire, with its head, legs, and inner organs. You shall let none of it remain until the morning; anything that remains until the morning you shall burn.

This is how you shall eat it: your loins girded, your sandals on your feet, and your staff in your hand; and you shall eat it hurriedly. It is the passover of the LORD. For I will pass through the land of Egypt that night, and I will strike down every firstborn in the land of Egypt, both human beings and animals; on all the gods of Egypt I will execute judgments: I am the LORD. The blood shall be a sign for you on the houses where you live: when I see the blood, I will pass over you, and no plague shall destroy you when I strike the land of Egypt.

This day shall be a day of remembrance for you. You shall celebrate it as a festival to the LORD; throughout your generations you shall observe it as a perpetual ordinance.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

PSALM

Psalm 116:1, 10-17

Plainsong, Tone VIII.1



Dilexi, quoniam

Cantor [I love the] LORD, because he has heard
the voice of my suppli / cation, *
because he has inclined his ear to me
whenever I / called upon him.

All **How shall I repay the / LORD ***
for all the good things / he has done for me?

Cantor I will lift up the cup of sal / vation *
and call upon the / Name of the LORD.

All **I will fulfill my vows to the / LORD ***
in the presence of / all his people.

Cantor Precious in the sight of the / LORD *
is the death / of his servants.

All **O LORD, I am your / servant; ***
I am your servant and the child of your handmaid;
you have / freed me from my bonds.

Cantor I will offer you the sacrifice of / thanksgiving *
and call upon the / Name of the LORD.

All **I will fulfill my vows to the / LORD ***
in the presence of / all his people.

Cantor In the courts of the / LORD's house, *
in the midst of you, / O Jerusalem. ♦

READING*1 Corinthians 11:23–26*

I RECEIVED from the Lord what I also handed on to you, that the Lord Jesus on the night when he was betrayed took a loaf of bread, and when he had given thanks, he broke it and said, “This is my body that is for you. Do this in remembrance of me.” In the same way he took the cup also, after supper, saying, “This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me.” For as often as you eat this bread and drink the cup, you proclaim the Lord’s death until he comes.

Reader Hear what the Spirit is saying to God’s people.

Assembly **Thanks be to God.**

All rise as able.

HYMN 315

Thou, who at thy first Eucharist didst pray ♦ *The Hymnal 1982 #315*

THE HOLY GOSPEL

John 13:1–17, 31b–35

Deacon The Holy Gospel of our Lord Jesus Christ according to John.

Assembly **Glory to you, Lord Christ.**

Now before the festival of the Passover, Jesus knew that his hour had come to depart from this world and go to the Father. Having loved his own who were in the world, he loved them to the end. The devil had already put it into the heart of Judas son of Simon Iscariot to betray him. And during supper Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, got up from the table, took off his outer robe, and tied a towel around himself. Then he poured water into a basin and began to wash the disciples’ feet and to wipe them with the towel that was tied around him. He came to Simon Peter, who said to him, “Lord, are you going to wash my feet?” Jesus answered, “You do not know now what I am doing, but later you will understand.” Peter said to him, “You will never wash my feet.” Jesus answered, “Unless I wash you, you have no share with me.” Simon Peter said to him, “Lord, not my feet only but also my hands and my head!” Jesus said to him, “One who has bathed does not need to wash, except for the feet, but is entirely clean. And you are clean, though not all of you.” For he knew who was to betray him; for this reason he said, “Not all of you are clean.”

After he had washed their feet, had put on his robe, and had returned to the table, he said to them, “Do you know what I have done to you? You call me Teacher and Lord—and you are right, for that is what I am. So if I, your Lord and Teacher, have washed your feet, you also ought to wash one another’s feet. For I have set you an example, that you also should do as I have done to you. Very truly, I tell you, servants are not greater than their master, nor are messengers greater than the one who sent them. If you know these things, you are blessed if you do them.

“Now the Son of Man has been glorified, and God has been glorified in him. If God has been glorified in him, God will also glorify him in himself and will glorify him at once. Little children, I am with you only a little longer. You will look for me; and as I said to the Jews so now I say to you, ‘Where I am going, you cannot come.’ I give you a new commandment, that you love one another. Just as I have loved you, you also should love one another. By this everyone will know that you are my disciples, if you have love for one another.”

Deacon The Gospel of the Lord.

Assembly **Praise to you, Lord Christ.**

HOMILY

The Reverend Earl Grout

LITURGY OF THE WASHING OF FEET

Presider Fellow servants of our Lord Jesus Christ: On the night before his death, Jesus set an example for his disciples by washing their feet, an act of humble service. He taught that strength and growth in the life of the Kingdom of God come not by power, authority or even miracle, but by such lowly service.

Tonight, we are all invited to join him in washing one another's feet, as we remember his admonition that the one who is greatest must be the servant of all.

If you wish to participate in the foot-washing, simply take off your shoes and socks before leaving your seat and come to one of the stations at the platform steps or along the sides of the nave.

First, sit to have your feet washed. Then wash the feet of the next person who comes. After you have washed that person's feet, please return to your seat.

The footwashing will take some time. The Assembly is invited to remain present to this action while seated through quiet prayer and through participation in the music that is offered. Please remain seated to sing.

MUSIC DURING THE FOOT WASHING

ANTIPHON & VERSES *A New Commandment*

Orlando Gibbons (1583–1625)
and Plainsong Tone I.2, arr. Richard Webster

ANTHEM *These three are the treasures*

WORDS & MUSIC: Rev. Colin Hodgetts (b. 1940)
based on the writings of Lao Tsu [老子] (6th century B.C.)

These three are the treasures to strive for and prize:
be gentle, live simply and have the humility
to shy from the struggle to put one's self first,
these are the pearls.

Be gentle and you can afford to be bold,
be frugal and so have enough to be liberal,
be humble and thus be a leader of all,
this is the way.

If mercy's abandoned by those who'd be brave,
economy squandered by those who'd be generous,
humility slighted by those who would lead,
this is sure death.

Through gentleness those who attack win the fight,
and those who defend have their safety in gentleness;
this gentleness rests in the children of God,
this is their sign.

HYMN *As in that upper room you left your seat*

TUNE: *Sursum Corda*



1. As in that up - per room you left your seat and took a towel and chose a servant's part,
2. I bow be-fore you, all my sin confessed, to hear a - gain the words of love you said;
3. So in remembrance of your life laid down, I come to praise you for your grace di - vine;



so for to - day, Lord, wash a - gain my feet, who in your mer-cy died to cleanse my heart.
and at your ta - ble, as your honored guest, I take and eat the true and liv - ing bread.
saved by your cross and subject to your crown, strengthened for service by this bread and wine.

VOLUNTARY *O Lamb of God, Pure and Holy, BWV 618*

J.S. Bach (1685–1750)

ANTHEM *Jesus here present*

from *Laudario di Cortona* (13th-century processional)
trans. and arr. by Lee Gwozdz & Jeff Ostrowski

*Jesus here present, our living Savior,
grant us your mercy, show us your favor. [x2]*

Born of Mary, Son of the Father,
living with us as our brother,
Christ our shepherd, quick to lead us,
gave himself to save and feed us.

Refrain

On the night before his passion,
in a lowly servant's fashion,
Jesus washed the feet of his brothers,
telling them to serve each other.

Refrain

Born of Mary... & c.

Refrain

HYMN *Lord, help us walk your servant way*

TUNE: McKee



1. Lord, help us walk your ser - vant way wher - ev - er love may lead.
2. You came to earth, O Christ, as Lord, But pow'r you laid a - side.
3. No gold - en scep - ter but a towel you place with - in the hands
4. You bid us bend our hu - man pride, nor count our - selves a - bove
5. Lord, help us walk your ser - vant way wher - ev - er love may lead.



And bend - ing low, for - get - ting self, each serve the o - ther's need.
you lived your years in ser - vant - hood; in low - lin - ess You died.
of those who seek to fol - low you And live by your com - mands.
the low - est place, the mean - est task, that waits the gift of love.
And bend - ing low, for - get - ting self, each serve the o - ther's need.

WORDS: Herman G. Stuempfle (1923–2007) ©1997 G.I.A. Publications; public domain

*When all the foot-washing has been completed, the liturgy continues with the following spoken anthem.
At the inviation of the Presider, all rise as able.*

ANTHEM

Presider The Lord Jesus, after he had supped with his disciples and had washed their feet,
said to them, “Do you know what I, your Lord and Master, have done to you? I
have given you an example, that you should do as I have done.”

Assembly **Peace is my last gift to you, my own peace I now leave with you;
peace which the world cannot give, I give to you.**

Presider I give you a new commandment: Love one another as I have loved you.

Assembly **Peace is my last gift to you, my own peace I now leave with you;
peace which the world cannot give, I give to you.**

Presider By this shall the world know that you are my disciples: That you have love for one another.

PRAYERS OF THE ASSEMBLY

Intercessor In your mercy,
Assembly **Hear our prayer.**

The Presider concludes the prayers with a collect. All respond: Amen.

THE PEACE

Presider The peace of the Lord be always with you.
Assembly **And also with you.**

All greet one another in the name of the Lord.



THE LITURGY OF THE TABLE

OFFERTORY *An offering of money is received. Everyone worshipping this evening is invited to make an offering as an expression of gratitude for God's generosity. Together our gifts make possible this community of welcome, reconciliation and service.*

ANTHEM *I give to you a new comandment*

WORDS: John 13:34-35 and *Liber usualis*
MUSIC: Peter Nardone (b. 1965)

I give to you a new comandment;
a new commandment I give to you,
that you love one another
as I have loved you.

*Ubi caritas et amor, Deus ibi est.
Congregavit nos in unum Christi amor.
Exsulemus, et in ipso jucundemur.
Timeamus, et amemus Deum vivum.
Et ex corde diligamus nos sincero.
Amen.*

Where charity and love are, God is there.
Christ's love has gathered us into one.
Let us rejoice and be pleased in him.
Let us fear, and let us love the living God.
And may we love each other with a sincere heart.
Amen.

Presider Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**All Christ has died.
Christ is risen.
Christ will come again.**

Presider We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All AMEN.

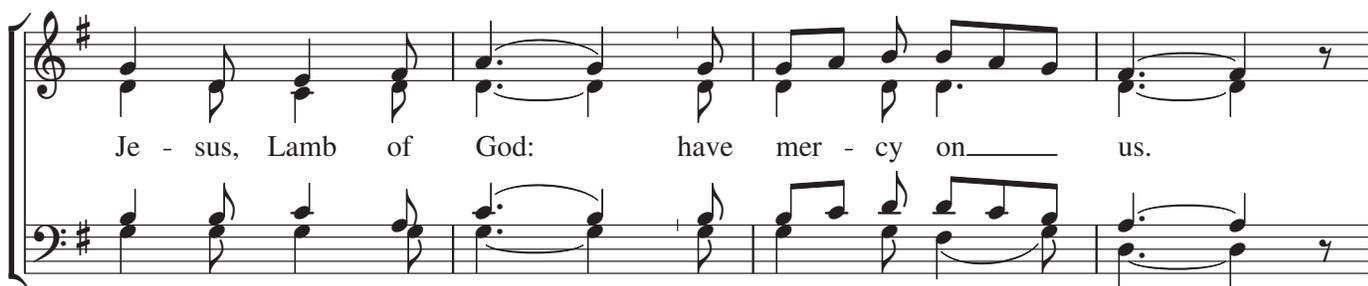
THE LORD'S PRAYER

**All Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever.
Amen.**

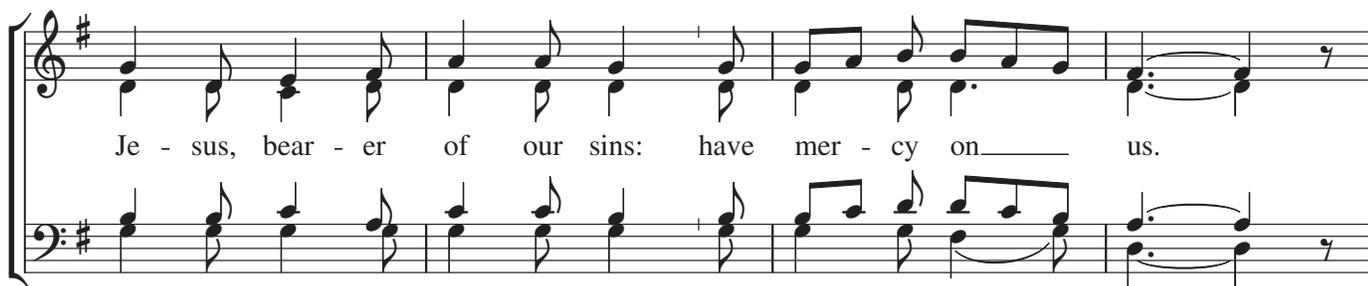
In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM *Deutsche Messe*

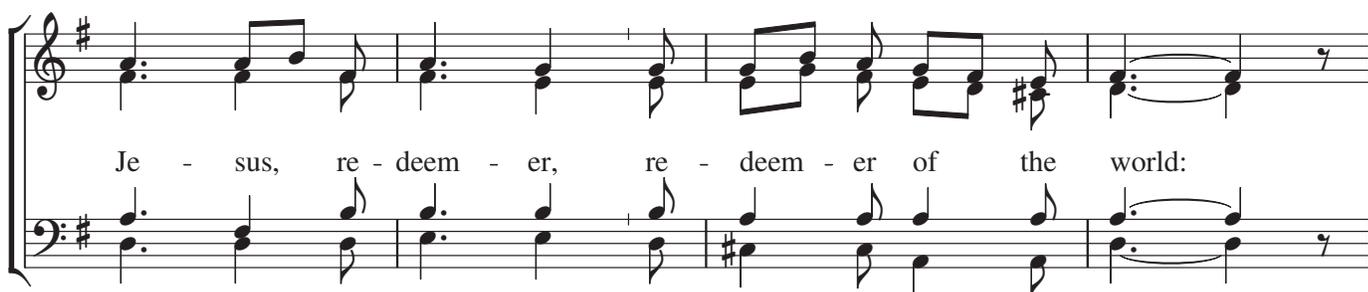
Schubert, arr. Proulx



Je - sus, Lamb of God: have mer - cy on us.



Je - sus, bear - er of our sins: have mer - cy on us.



Je - sus, re - deem - er, re - deem - er of the world:



give us your peace, give us your peace.

The Hymnal 1982 #s-164, ©1985 G.I.A. Publications

INVITATION TO COMMUNION

Presider The gifts of God for the people of God:
Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

All seeking God are welcome at Christ's Table.

The Assembly gathers around all sides of the altar platform, guided by the ushers. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the front left.

- ◆ *You are welcome to stand or kneel to receive communion.*
- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip it in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

ANTHEM *Ave verum corpus*

WORDS: attributed to Pope Innocent VI (14th century)
MUSIC: Wolfgang Amadeus Mozart (1756–1791)

*Ave verum corpus,
natum de Maria Virgine,
vere passum, immolatum
in cruce pro homine,
cuius latus perforatum
unda fluxit et sanguine:
esto nobis prægustatum
mortis in examine.*

Hail, true Body,
born of the Virgin Mary,
having truly suffered, sacrificed
on the cross for mankind,
and from whose pierced side
water and blood flowed forth:
Be for us a foretaste [of the Heavenly banquet]
in the trial of death.

HYMN 329 *Now, my tongue, the mystery telling* ◆ *The Hymnal 1982 #329* stanzas 1–4

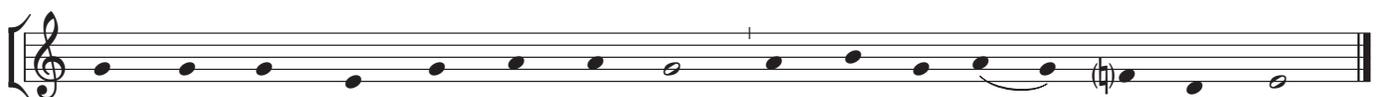
TUNE: *Pange Lingua*



1. Now, my tongue, the mys-tery tell - ing of the glo - rious Bo - dy sing,
2. Given for us, and con - de - scend - ing to be born for us be - low,
3. That last night, at sup - per ly - ing, 'mid the Twelve, his chos - en band,
4. Word made flesh, true bread he tak - eth by his word his Flesh to be,



and the blood, all price ex - cell - ing, which the Gen - tiles' Lord and King,
he, with us in con - verse blend - ing, dwelt, the seed of truth to sow,
Je - sus, with the law com - ply - ing, keeps the feast its rites de - mand;
wine his sa - cred Blood me mak - eth, though the sen - ses fail to see;



once on earth a - mong us dwell - ing, shed for this world's ran - som - ing.
till he closed with won - drous end - ing his most pa - tient life of woe.
then, more pre - cious food sup - ply - ing, gives him - self with his own hand.
faith a - lone the true heart wak - eth to be - hold the mys - ter - y.

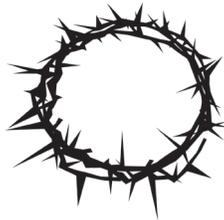
All rise as able.

PRAYER AFTER COMMUNION

Presider Almighty and everliving God,

All we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.
And now, Father, send us out
to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit,
be honor and glory, now and for ever. Amen.

All are seated.



THE STRIPPING OF THE ALTAR

As Cantors chant Psalm 22, the table—where Christ's self-offering is continually made present for us in the Eucharistic liturgy—and the entire altar platform are stripped bare and washed.

Psalm 22 ♦ Deus, Deus meus

ANTIPHON: *They divide my garments among them; they cast lots for my clothing.*

MY GOD, my God, why have you forsaken me? *
and are so far from my cry
and from the words of my distress?

[The remainder of the Psalm may be found in the Book of Common Prayer, p. 610.]

When the stripping and washing of the altar is concluded, we disperse in silence.

There is no dismissal, for our celebration of the Paschal Triduum continues tomorrow with the Good Friday liturgy. Before leaving, you are welcome to spend some time in the cathedral in silence.

MINISTERS OF THE LITURGY

PRESIDER

The Very Reverend Steven L. Thomason

PREACHER

The Reverend Earl Grout

DEACON

The Reverend Emily Austin

ASSISTING LAY MINISTER

Steven Jones

ALTAR GUILD

Jenny Donner
Sharon Ferguson
Juan Gardner
Adrien LeSure
Ray Miller
Walter Stuteville
David Wagner
Barbara Zito

VERGERS

Bob Chapman
Erik Donner

ACOLYTES

Kevin Johnson
Peter McClung
Ray Miller

LECTORS

Eliza Davidson
Richard Tait

INTERCESSOR

Carol Green

USHER CAPTAIN

Joe Kasper

GREETERS

Julia Logan
Mary Segall

BREAD BAKERS

Barbara Erickson
René Marceau
Sandra Piscitello

MUSICIANS

The Senior Choristers
of Saint Mark's Cathedral Choir School,
Rebekah Gilmore, *Director*
Saint Mark's Singers
Michael Kleinschmidt
& John Stuntebeck, *Organists*

EUCCHARISTIC MINISTERS

Pamela Bradburn
The Reverend Cristi Chapman
The Reverend Canon Jennifer King Daugherty
Mary Dickinson
Grace Grant
Susan Knirk
Karen Knudson
The Reverend Canon Nancy Ross
Miles Treakle



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