



SAINT MARK'S  
EPISCOPAL CATHEDRAL

# THE HOLY EUCHARIST

THE SECOND SUNDAY AFTER PENTECOST

June 23, 2019

9:00 AM



*Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5<sup>th</sup> floor. Ushers will guide you.*

*During the summer, both the 9 and 11 a.m. liturgies will employ a Eucharistic Prayer and other liturgical elements from Enriching Our Worship 1, a collection of supplementary liturgical texts approved by the General Convention of the Episcopal Church in 1997, as well as additional texts approved in 2018. These texts employ more inclusive/expansive language, moving away from exclusively masculine terminology for the Divine, while remaining grounded in Holy Scripture and liturgical tradition. The Eucharistic Prayer which we will use (EOW Prayer 3) is notable for its invocation of Christ as the personification of Divine Wisdom, referencing passages from the Book of Job and the Wisdom of Solomon, as well as early Christian writers such as Origen and Augustine of Hippo.*

*Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.*

The Reverend Canon Jennifer King Daugherty, Canon for Congregational Life, *Presider*  
The Very Reverend Steven L. Thomason, Dean and Rector of Saint Mark's Cathedral, *Preacher*

## THE GATHERING

*A bell tolling a few minutes before the hour bids all to keep silence for prayer and preparation.*

*As the opening hymn is introduced, all rise as able.*

**HYMN 679**    *Surely it is God who saves me* ♦ *The Hymnal 1982 #679*

**TUNE:** *Thomas Merton*

### **OPENING ACCLAMATION**

*Presider*    Blessed be God: most holy, glorious, and undivided Trinity.  
*Assembly*    **And blessed be God's reign, now and forever. Amen.**

### **COLLECT FOR PURITY**

*Presider*    Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.  
**All**    **Amen.**

1. I sing th'al - might - y power of God, that made the moun - tains rise,  
2. There's not a plant or flower be - low, but makes thy glo - ries known;

that spread the flow - ing seas a - broad and built the loft - y skies.  
and clouds a - rise, and tem - pests blow, by or - der from thy throne;

I sing the wis - dom that or - dained the sun to rule the day;  
while all that bor - rows life from thee is ev - er in thy care,

the moon shines full at God's com - mand, and all the stars o - bey.  
and ev - ery - where that I could be, thou, God, art pre - sent there.

MUSIC: *The Hymnal 1982* #210, WORDS: *The Hymnal 1982* #398; public domain.

## COLLECT OF THE DAY

Proper 7

*Presider* God be with you.

*Assembly* And also with you.

*Presider* Let us pray.

**O** LORD, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your lovingkindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

**All** Amen.

*Please be seated for the readings.*



- 22 Praise the LORD, you that fear him; \*  
stand in awe of him, O offspring of Israel;  
all you of Jacob's line, give glory.
- 23 For he does not despise nor abhor the poor in their poverty;  
neither does he hide his face from them; \*  
but when they cry to him he hears them. **ANTIPHON**
- 24 My praise is of him in the great assembly; \*  
I will perform my vows in the presence of those who worship him.
- 25 The poor shall eat and be satisfied,  
and those who seek the LORD shall praise him: \*  
"May your heart live for ever!" **ANTIPHON**
- 26 All the ends of the earth shall remember and turn to the LORD, \*  
and all the families of the nations shall bow before him.
- 27 For kingship belongs to the LORD; \*  
he rules over the nations. **ANTIPHON**

**READING**

*Galatians 3:23–29*

**N**ow before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian, for in Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have clothed yourselves with Christ. There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* **Thanks be to God.**

*After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.*

**GOSPEL PROCESSION**

*Children are invited to join the Gospel Procession, and gather around as the Gospel is proclaimed.*

*Children's Chapel is on hiatus for the summer; it will resume in September.*

**GOSPEL ACCLAMATION**

Plainchant Tone I.2

*The Cantor introduces the alleluias; all repeat them. The Cantor chants the verse, and all respond with the alleluias.*



∇. I will bless the Lord at all times; his praise shall ever be in my mouth. —*Psalms 34:1*

*Deacon* The Holy Gospel of our Savior Jesus Christ according to Luke.  
*Assembly* **Glory to you, Lord Christ.**

**J**ESUS and his disciples arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, “What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me”—for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, “What is your name?” He said, “Legion”; for many demons had entered him. They begged him not to order them to go back into the abyss. Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned.

When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, “Return to your home, and declare how much God has done for you.” So he went away, proclaiming throughout the city how much Jesus had done for him.

*Deacon* The Gospel of the Lord.  
*Assembly* **Praise to you, Lord Christ.**

**SERMON**

The Very Reverend Steven L. Thomason

*All rise as able.*

**THE NICENE CREED**

*Authorized for use by the 1997 General Convention*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit  
and the Virgin Mary  
and became truly human.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.**

**Amen.**

## PRAYERS OF THE ASSEMBLY

*After each petition:*

*Intercessor* Creator God;

***Assembly* Awaken us to your presence and love.**

*The Presider concludes the prayers with a collect. All respond: Amen.*

## CONFESSION

*Deacon* Let us confess our sins to God.

*You are invited to stand or kneel for the confession.*

*Deacon* God of all mercy,

***All* we confess that we have sinned against you  
opposing your will in our lives.**

**We have denied your goodness in each other,  
in ourselves, and in the world you have created.**

**We repent of the evil that enslaves us,  
the evil we have done,**

**and the evil done on our behalf.**

**Forgive, restore, and strengthen us  
through our Savior Jesus Christ,**

**that we may abide in your love**

**and serve only your will. Amen.**

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

## THE PEACE

*Presider* The peace of Christ be always with you.

***Assembly* And also with you.**

*All greet one another in the name of Christ.*

## BLESSING OF GRADUATES

SOPHIE BOWTON-MEADE, *Shorecrest High School*

ANDREA GRADINARU, *Interlake High School/Bellevue College*

ANDERS GIBBONS, *Seattle Academy of Arts & Sciences*

TATE GIBBONS, *Seattle Academy of Arts & Sciences*

NOAH GRAY

ISABELLA MOTT, *Lake Washington High School*

CLAIRE BRAYBROOKS SIMON, *Doctor of Medicine, University of Washington*

OSKAR SUNDERLAND, *Cleveland STEM High School*

JAMES WILCOX, *PhD, University of Washington*

*The Dean pronounces God's blessing on those who are graduating. All respond: Amen.*

# THE LITURGY OF THE TABLE

## OFFERTORY

*An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Many support Saint Mark's through pledged offerings and other gifts made by credit card, via mail, or using the Venmo app (@SaintMarksCathedralSeattle). Together our gifts make possible this community of welcome, reconciliation and service.*

## ANTHEM

*Gracious Spirit, dwell with me*

WORDS: Thomas T. Lynch (1818–1871), stanzas 1–3  
& K. Lee Scott (b. 1950), stanza 4

MUSIC: *Adoro te devote* (Processionale, Paris, 1697)  
arr. K. Lee Scott

Gracious Spirit, dwell with me,  
I would gracious be;  
Help me now thy grace to see,  
I would be like thee;  
And, with words that help and heal,  
my life would thine reveal;  
And, with actions bold and meek,  
for Christ, my Savior, speak.

Truthful Spirit, dwell with me,  
I would truthful be;  
Help me now thy truth to see,  
I would be like thee;  
And, with wisdom kind and clear,  
Thy life in mine appear;  
And, with actions brotherly,  
speak Christ's sincerity.

Holy Spirit, dwell with me,  
I would holy be;  
Show thy mercy tenderly,  
make me more like thee;  
Separate from sin, I would  
and cherish all things good,  
And whatever I can be  
give him who gave me thee.

Mighty Spirit dwell with me,  
I would mighty be;  
Help me now thy pow'r to see,  
I would be like thee;  
'Gainst all weapons hell can wield,  
be thou my strength and shield:  
Let thy word my weapon be,  
Lord, thine the victory.

*All rise as able.*

## THE GREAT THANKSGIVING

*Eucharistic Prayer 3, Enriching Our Worship*

*Presider* God be with you.

*Assembly* **And also with you.**

*Presider* Lift up your hearts.

*Assembly* **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

*Assembly* **It is right to give God thanks and praise.**

*Presider* All thanks and praise

are yours at all times and in all places,  
our true and loving God;  
through Jesus Christ, your eternal Word,  
the Wisdom from on high by whom you created all things.  
You laid the foundations of the world  
and enclosed the sea when it burst out from the womb;  
You brought forth all creatures of the earth  
and gave breath to humankind.

Wondrous are you, Holy One of Blessing,  
all you create is a sign of hope for our journey;  
And so as the morning stars sing your praises  
we join the heavenly beings and all creation  
as we shout with joy:

*Organ:* *Everyone:*

Ho - ly, ho - ly, ho - ly Lord God\_ of hosts.  
 Hea-ven and earth are full of your glo - ry\_\_\_ Ho-san - na in\_\_\_the high - est.  
 Blest is the one who comes in the name of our God\_\_\_ Ho - san - na in\_\_\_the high - est.

*Presider* Glory and honor are yours, Creator of all,  
 your Word has never been silent;  
 you called a people to yourself, as a light to the nations,  
 you delivered them from bondage  
 and led them to a land of promise.  
 Of your grace, you gave Jesus  
 to be human,  
 to share our life,  
 to proclaim the coming of your holy reign  
 and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer,  
 you have freed us from sin,  
 brought us into your life,  
 reconciled us to you,  
 and restored us to the glory you intend for us.

We thank you that on the night before he died for us  
 Jesus took bread,  
 and when he had given thanks to you, he broke it,  
 gave it to his friends and said:  
 "Take, eat, this is my Body,  
 broken for you.  
 Do this for the remembrance of me."

After supper Jesus took the cup of wine,  
 said the blessing, gave it to his friends and said:  
 "Drink this, all of you:  
 this cup is the new Covenant in my Blood,  
 poured out for you and for all  
 for the forgiveness of sin.  
 Do this for the remembrance of me."

And so, remembering all that was done for us:  
 the cross, the tomb, the resurrection and ascension,  
 longing for Christ's coming in glory,  
 and presenting to you these gifts  
 your earth has formed and human hands have made,  
 we acclaim you, O Christ:

**All** **Dying, you destroyed our death.**  
**Rising, you restored our life.**  
**Christ Jesus, come in glory!**

*Presider* Send your Holy Spirit upon us  
 and upon these gifts of bread and wine  
 that they may be to us  
 the Body and Blood of your Christ.  
 Grant that we, burning with your Spirit's power,  
 may be a people of hope, justice, and love.  
 Giver of Life, draw us together in the Body of Christ,  
 and in the fullness of time gather us  
 with blessed Mary, Mark, and all your people  
 into the joy of our true eternal home.  
 Through Christ and with Christ and in Christ,  
 by the inspiration of your Holy Spirit,  
 we worship you our God and Creator  
 in voices of unending praise.

**All** Blessed are you now and for ever. AMEN.

**THE LORD'S PRAYER**

Ambrosian Chant

Our Father in heaven, hallowed be your Name,  
 your kingdom come, your will be done, on earth as in heaven.  
 Give us today our dai-ly bread. Forgive us our sins as we forgive those who sin against us.  
 Save us from the time of tri-al, and de-li-ver us from e - vil.  
 For the kingdom, the power, and the glo-ry are yours, now and for ev - er. A - men.

*The Hymnal 1982 #S-148, © 1971 Mason Martens*

*In silence, the Presider breaks the consecrated bread.*

**FRACTION ANTHEM** *The disciples knew the Lord Jesus*

Plainsong Mode 6

*The Cantor introduces the antiphon, all repeat it. The Cantor sings the verses, all repeating the antiphon as indicated.*



∇. The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

∇. One body are we, alleluia, for though many we share one bread. **ANTIPHON**

*The Hymnal 1982 #8-167, © 1971 Mason Martens*

**INVITATION TO COMMUNION**

*Presider* The gifts of God for the people of God.

*All seeking God are welcome at Christ's Table.*

*Communion is distributed at standing stations at the head of each aisle. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the center aisle.*

- ◆ *You are welcome to stand or kneel to receive communion.*
- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

**COMMUNION VOLUNTARY** *Organ Improvisation*

**HYMN 529** *In Christ there is no East or West* ◆ *The Hymnal 1982 #529*

TUNE: *McKee*

*All rise as able.*

**SENDING OF EUCHARISTIC VISITORS**

*Presider* One body are we.

*Assembly* **For, though many, we share one bread and one cup.**

*Deacon* Go in peace, bearing holy gifts for holy people.

**PRAYER AFTER COMMUNION**

*Presider* God of abundance,

**All you have fed us**

**with the bread of life and cup of salvation;**

**you have united us**

**with Christ and one another;**

**and you have made us one**

**with all your people in heaven and on earth.**

**Now send us forth**

**in the power of your Spirit,**

**that we may proclaim your redeeming love to the world**

**and continue for ever**

**in the risen life of Christ our Savior. Amen.**

**BLESSING** *The Presider asks God's blessing on the Assembly. All respond: Amen.*

**HYMN 493** *O for a thousand tongues to sing ♦ The Hymnal 1982 #493*  
stanzas 1, 2 & 3

TUNE: *Azmon*

**DISMISSAL** *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

**VOLUNTARY** *Final from Symphony No. 6*

Charles-Marie Widor (1844–1937)

**PRESIDER**

The Reverend Canon Jennifer King Daugherty

**ASSISTING LAY MINISTER**

Sandra Smith

**EUCHARISTIC MINISTERS**

Rachel McNary

The Reverend Canon Nancy Ross

Nan Sullins

Doug Thorpe

Wendy Townsend

**ALTAR GUILD**

Nick Velez

Sue Tait

**PREACHER**

The Very Reverend Steven L. Thomason

**ACOLYTES**

Cadence Cole

Erika Sutkus

Heather Sutkus

**OBLATION BEARERS**

The Coil family

**LECTORS**

John Carroll

Carol Green

**INTERCESSOR**

Maris Olsen

**DEACON**

The Reverend Earl Grout

**USHERS**

Dave Harms

Tom Hayton

**GREETER**

George Moore

**MUSICIANS**

Tallulah Campbell, *Cantor*

Saint Mark's Singers

John Stuntebeck &

Michael Kleinschmidt, *Organists*