The Holy Eucharist
The Third Sunday after Pentecost

June 30, 2019
8:00 AM
Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Mothers are most welcome to breastfeed their infants during the service. Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The nave altar flowers this morning are given to the glory of God and in loving memory of Pamela Janello by Juanita Gardner.

The Reverend Canon Dr. Marda Steedman Sanborn, Canon to the Ordinary, Presider & Preacher

THE GATHERING

PRELUDE

I. Allegro from Concerto in G, bwv 592

J.S. Bach (1685–1750)

arranged from a violin concerto by Prince Johann Ernst of Saxe-Weimar (1696–1715)

All rise as able.

HYMN 525

The Church’s one foundation

◆ The Hymnal 1982 #525

TUNE: Aurelia

stanzas 1 & 2

OPENING ACCLAMATION

Presider  Blessed be God: Father, Son, and Holy Spirit.

Assembly  And blessed be God’s kingdom, now and forever. Amen.

COLLECT FOR PURITY

Book of Common Prayer, p. 355

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

GLORIA

Book of Common Prayer, p. 356

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father,
we worship you, we give you thanks, we praise you for your glory.
Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,
you take away the sin of the world: have mercy on us;
you are seated at the right hand of the Father: receive our prayer.
For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

COLLECT OF THE DAY

Proper 8, Book of Common Prayer, p. 230

Presider  The Lord be with you.

Assembly  And also with you.

Presider  Let us pray.

Almighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All  Amen.
THE LITURGY OF THE WORD

READING 1 Kings 19:15–16, 19–21

The Lord said to Elijah, “Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place.”

So he set out from there, and found Elisha son of Shaphat, who was plowing. There were twelve yoke of oxen ahead of him, and he was with the twelfth. Elijah passed by him and threw his mantle over him. He left the oxen, ran after Elijah, and said, “Let me kiss my father and my mother, and then I will follow you.” Then Elijah said to him, “Go back again; for what have I done to you?” He returned from following him, took the yoke of oxen, and slaughtered them; using the equipment from the oxen, he boiled their flesh, and gave it to the people, and they ate. Then he set out and followed Elijah, and became his servant.

Reader Hear what the Spirit is saying to God’s people.
Assembly Thanks be to God.

PSALM Psalm 16 • read by all in unison

Conserva me, Domine

Protect me, O God, for I take refuge in you; *
I have said to the Lord, “You are my Lord,
my good above all other.”

2 All my delight is upon the godly that are in the land, *
upon those who are noble among the people.

3 But those who run after other gods *
shall have their troubles multiplied.

4 Their libations of blood I will not offer, *
or take the names of their gods upon my lips.

5 O Lord, you are my portion and my cup; *
it is you who uphold my lot.

6 My boundaries enclose a pleasant land; *
indeed, I have a goodly heritage.

7 I will bless the Lord who gives me counsel; *
my heart teaches me, night after night.

8 I have set the Lord always before me; *
because he is at my right hand I shall not fall.

9 My heart, therefore, is glad, and my spirit rejoices; *
my body also shall rest in hope.

10 For you will not abandon me to the grave, *
nor let your holy one see the Pit.

11 You will show me the path of life; *
in your presence there is fullness of joy,
and in your right hand are pleasures for evermore. •
READING

*Galatians 5:1,13–25*

For freedom Christ has set us free. Stand firm, therefore, and do not submit again to a yoke of slavery.

For you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another. For the whole law is summed up in a single commandment, “You shall love your neighbor as yourself.” If, however, you bite and devour one another, take care that you are not consumed by one another.

Live by the Spirit, I say, and do not gratify the desires of the flesh. For what the flesh desires is opposed to the Spirit, and what the Spirit desires is opposed to the flesh; for these are opposed to each other, to prevent you from doing what you want. But if you are led by the Spirit, you are not subject to the law. Now the works of the flesh are obvious: fornication, impurity, licentiousness, idolatry, sorcery, enmities, strife, jealousy, anger, quarrels, dissensions, factions, envy, drunkenness, carousing, and things like these. I am warning you, as I warned you before: those who do such things will not inherit the kingdom of God.

By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also be guided by the Spirit.

Reader  Hear what the Spirit is saying to God’s people.

Assembly  Thanks be to God.


Presider  The Holy Gospel of our Lord Jesus Christ according to Luke.

Assembly  Glory to you, Lord Christ.

When the days drew near for Jesus to be taken up, he set his face to go to Jerusalem. And he sent messengers ahead of him. On their way they entered a village of the Samaritans to make ready for him; but they did not receive him, because his face was set toward Jerusalem. When his disciples James and John saw it, they said, “Lord, do you want us to command fire to come down from heaven and consume them?” But he turned and rebuked them. Then they went on to another village.

As they were going along the road, someone said to him, “I will follow you wherever you go.” And Jesus said to him, “Foxes have holes, and birds of the air have nests; but the Son of Man has nowhere to lay his head.” To another he said, “Follow me.” But he said, “Lord, first let me go and bury my father.” But Jesus said to him, “Let the dead bury their own dead; but as for you, go and proclaim the kingdom of God.” Another said, “I will follow you, Lord; but let me first say farewell to those at my home.” Jesus said to him, “No one who puts a hand to the plow and looks back is fit for the kingdom of God.”

Presider  The Gospel of the Lord.

Assembly  Praise to you, Lord Christ.
All rise as able.

THE NICENE CREED

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come.

Amen.

PRAYERS OF THE ASSEMBLY

After each petition:

Intercessor Lord, in your mercy
Assembly Hear our prayer.

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION

Presider Let us confess our sins against God and our neighbor.
You are invited to stand or kneel for the confession.

Presider Most merciful God,

All we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Presider pronounces God’s forgiveness of our sins. All respond: Amen.

THE PEACE

Presider The peace of the Lord be always with you.
Assembly And also with you.
All greet one another in the name of the Lord.
An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God’s generosity. Many support Saint Mark’s through pledged offerings and other gifts made by credit card, via mail, or using the Venmo app (@SaintMarksCathedralSeattle). Together our gifts make possible this community of welcome, reconciliation and service.

All rise as able.

THE GREAT THANKSGIVING Eucharistic Prayer B

Presider The Lord be with you.
Assembly And also with you.
Presider Lift up your hearts.
Assembly We lift them to the Lord.
Presider Let us give thanks to the Lord our God.
Assembly It is right to give God thanks and praise.

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is the one who comes in the name of the Lord.
Hosanna in the highest.

Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.” After Supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore, according to his command, O Father,

All We remember his death,
We proclaim his resurrection,
We await his coming in glory;
Presider  And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All  AMEN.

THE LORD’S PRAYER

All  Our Father in heaven,
     hallowed be your Name,
     your kingdom come,
     your will be done,
     on earth as in heaven.
     Give us today our daily bread.
     Forgive us our sins
     as we forgive those
     who sin against us.
     Save us from the time of trial,
     and deliver us from evil.
     For the kingdom, the power,
     and the glory are yours,
     now and for ever. Amen.

THE BREAKING OF THE BREAD

Presider  Alleluia. Christ our passover is sacrificed for us.
Assembly  Therefore let us keep the feast. Alleluia.

INVITATION TO COMMUNION

Presider  The Gifts of God for the People of God.
All seeking God are welcome at Christ’s Table.

If you need communion brought to your seat, please let any of the liturgical ministers know.
Rice wafers for those who do not eat wheat are available; simply ask for one at the time of communion.

• Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.

• Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.

• To receive a blessing instead of communion, simply cross your arms over your chest.

COMMUNION VOLUNTARY  Organ Improvisation
All rise as able.

PRAYER AFTER COMMUNION

Presider  Eternal God,
All    heavenly Father,
you have graciously accepted us
as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.

Book of Common Prayer, p. 365

BLESSING

The Presider asks God's blessing on the Assembly. All respond: Amen.

HYMN 550

Jesus calls us; o'er the tumult  ♦  The Hymnal 1982 #550
TUNE: Restoration
stanzas 1, 3 & 5

DISMISSAL

Presider  Let us go forth in the name of Christ.
Assembly  Thanks be to God.

VOLUNTARY

III. Presto from Concerto in G, bwv 592 (after Prince Johann Ernst of Saxe-Weimar)  J.S. Bach

PRESIDER & PREACHER

The Reverend Canon Dr. Marda Steedman Sanborn

ASSISTING LAY MINISTER
Kerry Allman

Eucharistic Minister
Michael Garrett

LECTOR
John Weller

INTERCESSOR
Jean Rolfe

ALTAR GUILD
Sue Tait

ORGANIST
John Stuntebeck