



SAINT MARK'S
EPISCOPAL CATHEDRAL

THE HOLY EUCHARIST

THE THIRD SUNDAY AFTER PENTECOST

June 30, 2019

9:00 AM



Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

During the summer, both the 9 and 11 a.m. liturgies will employ a Eucharistic Prayer and other liturgical elements from Enriching Our Worship 1, a collection of supplementary liturgical texts approved by the General Convention of the Episcopal Church in 1997, as well as additional texts approved in 2018. These texts employ more inclusive/expansive language, moving away from exclusively masculine terminology for the Divine, while remaining grounded in Holy Scripture and liturgical tradition. The Eucharistic Prayer which we will use (EOW Prayer 3) is notable for its invocation of Christ as the personification of Divine Wisdom, referencing passages from the Book of Job and the Wisdom of Solomon, as well as early Christian writers such as Origen and Augustine of Hippo.

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The nave altar flowers this morning are given to the glory of God and in loving memory of Pamela Janello by Juanita Gardner.

The Very Reverend Steven L. Thomason, Dean and Rector of Saint Mark's Cathedral, *Presider*

The Reverend Canon Dr. Marda Steedman Sanborn, Canon to the Ordinary, *Preacher*

THE GATHERING

A bell tolling a few minutes before the hour bids all to keep silence for prayer and preparation.

As the opening hymn is introduced, all rise as able.

HYMN 525 *The Church's one foundation* ♦ *The Hymnal 1982 #525*
stanzas 1 & 2

TUNE: *Aurelia*

OPENING ACCLAMATION

Presider Blessed be God: most holy, glorious, and undivided Trinity.

Assembly **And blessed be God's reign, now and forever. Amen.**

COLLECT FOR PURITY

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All **Amen.**

1. I sing th'al-might-y power of God, that made the moun-tains rise,
2. There's not a plant or flower be-low, but makes thy glo-ries known;

that spread the flow-ing seas a-broad and built the loft-y skies.
and clouds a-rise, and tem-pests blow, by or-der from thy throne;

I sing the wis-dom that or-dained the sun to rule the day;
while all that bor-rows life from thee is ev-er in thy care,

the moon shines full at God's com-mand, and all the stars o-bey.
and ev-ery-where that I could be, thou, God, art pre-sent there.

MUSIC: *The Hymnal 1982 #210*, WORDS: *The Hymnal 1982 #398*; public domain.

COLLECT OF THE DAY

Proper 8

Presider God be with you.*Assembly* And also with you.*Presider* Let us pray.

ALmighty God, you have built your Church upon the foundation of the apostles and prophets, Jesus Christ himself being the chief cornerstone: Grant us so to be joined together in unity of spirit by their teaching, that we may be made a holy temple acceptable to you; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All Amen.*Please be seated for the readings.*

THE LITURGY OF THE WORD

READING *1 Kings 19:15–16,19–21*

THE LORD said to Elijah, “Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place.”

So he set out from there, and found Elisha son of Shaphat, who was plowing. There were twelve yoke of oxen ahead of him, and he was with the twelfth. Elijah passed by him and threw his mantle over him. He left the oxen, ran after Elijah, and said, “Let me kiss my father and my mother, and then I will follow you.” Then Elijah said to him, “Go back again; for what have I done to you?” He returned from following him, took the yoke of oxen, and slaughtered them; using the equipment from the oxen, he boiled their flesh, and gave it to the people, and they ate. Then he set out and followed Elijah, and became his servant.

Reader Hear what the Spirit is saying to God’s people.

Assembly **Thanks be to God.**

PSALM *Psalm 16*

Plainsong Tone VIII.1

The Cantor introduces the antiphon, all repeat it.

The Cantor chants the psalm verses, all repeating the antiphon as indicated.



My bod-y shall rest in hope, for you will not a-bandon me to the grave.

Conserva me, Domine

PROTECT me, O God, for I take refuge in you; *
I have said to the LORD, “You are my Lord,
my good above all other.”

- 2 All my delight is upon the godly that are in the land, *
upon those who are noble among the people. **ANTIPHON**
- 3 But those who run after other gods *
shall have their troubles multiplied.
- 4 Their libations of blood I will not offer, *
nor take the names of their gods upon my lips. **ANTIPHON**
- 5 O LORD, you are my portion and my cup; *
it is you who uphold my lot.
- 6 My boundaries enclose a pleasant land; *
indeed, I have a goodly heritage. **ANTIPHON**
- 7 I will bless the LORD who gives me counsel; *
my heart teaches me, night after night.

- 8 I have set the LORD always before me; *
because he is at my right hand I shall not fall. **ANTIPHON**
- 9 My heart, therefore, is glad, and my spirit rejoices; *
my body also shall rest in hope.
- 10 For you will not abandon me to the grave, *
nor let your holy one see the Pit.
- 11 You will show me the path of life; *
in your presence there is fullness of joy,
and in your right hand are pleasures for evermore. **ANTIPHON**

READING *Galatians 5:1,13-25*

FOR freedom Christ has set us free. Stand firm, therefore, and do not submit again to a yoke of slavery.

For you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another. For the whole law is summed up in a single commandment, “You shall love your neighbor as yourself.” If, however, you bite and devour one another, take care that you are not consumed by one another.

Live by the Spirit, I say, and do not gratify the desires of the flesh. For what the flesh desires is opposed to the Spirit, and what the Spirit desires is opposed to the flesh; for these are opposed to each other, to prevent you from doing what you want. But if you are led by the Spirit, you are not subject to the law. Now the works of the flesh are obvious: fornication, impurity, licentiousness, idolatry, sorcery, enmities, strife, jealousy, anger, quarrels, dissensions, factions, envy, drunkenness, carousing, and things like these. I am warning you, as I warned you before: those who do such things will not inherit the kingdom of God.

By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. There is no law against such things. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also be guided by the Spirit.

Reader Hear what the Spirit is saying to God’s people.
Assembly **Thanks be to God.**

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

GOSPEL PROCESSION

*Children are invited to join the Gospel Procession, and gather around as the Gospel is proclaimed.
Children’s Chapel is on hiatus for the summer; it will resume in September.*

GOSPEL ACCLAMATION

Plainsong Tone I.2

The Cantor introduces the alleluias; all repeat them. The Cantor chants the verse, and all respond with the alleluias.



℣. Show me your ways, O Lord; lead me in your truth and teach me.

THE HOLY GOSPEL Luke 9:51–62

Deacon The Holy Gospel of our Savior Jesus Christ according to Luke.
Assembly **Glory to you, Lord Christ.**

WHEN the days drew near for Jesus to be taken up, he set his face to go to Jerusalem. And he sent messengers ahead of him. On their way they entered a village of the Samaritans to make ready for him; but they did not receive him, because his face was set toward Jerusalem. When his disciples James and John saw it, they said, “Lord, do you want us to command fire to come down from heaven and consume them?” But he turned and rebuked them. Then they went on to another village.

As they were going along the road, someone said to him, “I will follow you wherever you go.” And Jesus said to him, “Foxes have holes, and birds of the air have nests; but the Son of Man has nowhere to lay his head.” To another he said, “Follow me.” But he said, “Lord, first let me go and bury my father.” But Jesus said to him, “Let the dead bury their own dead; but as for you, go and proclaim the kingdom of God.” Another said, “I will follow you, Lord; but let me first say farewell to those at my home.” Jesus said to him, “No one who puts a hand to the plow and looks back is fit for the kingdom of God.”

Deacon The Gospel of the Lord.
Assembly **Praise to you, Lord Christ.**

SERMON

The Reverend Canon Dr. Marda Steedman Sanborn

All rise as able.

THE NICENE CREED

Authorized for use by the 1997 General Convention

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE ASSEMBLY

After each petition:

Intercessor Creator God;

Assembly **Awaken us to your presence and love.**

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION

Deacon Let us confess our sins to God.

You are invited to stand or kneel for the confession.

Deacon God of all mercy,

All we confess that we have sinned against you
opposing your will in our lives.

We have denied your goodness in each other,
in ourselves, and in the world you have created.

We repent of the evil that enslaves us,
the evil we have done,

and the evil done on our behalf.

Forgive, restore, and strengthen us
through our Savior Jesus Christ,

that we may abide in your love
and serve only your will. Amen.

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

Presider The peace of Christ be always with you.

Assembly **And also with you.**

All greet one another in the name of Christ.

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Many support Saint Mark's through pledged offerings and other gifts made by credit card, via mail, or using the Venmo app (@SaintMarksCathedralSeattle). Together our gifts make possible this community of welcome, reconciliation and service.

VOLUNTARY *Allegretto*, Op. 101, No. 1

Charles Villiers Stanford (1852–1924)

All rise as able.

THE GREAT THANKSGIVING

Eucharistic Prayer 3, Enriching Our Worship

Presider God be with you.

Assembly **And also with you.**

Presider Lift up your hearts.

Assembly **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

Assembly **It is right to give God thanks and praise.**

Presider All thanks and praise

are yours at all times and in all places,
our true and loving God;
through Jesus Christ, your eternal Word,
the Wisdom from on high by whom you created all things.
You laid the foundations of the world
and enclosed the sea when it burst out from the womb;
You brought forth all creatures of the earth
and gave breath to humankind.
Wondrous are you, Holy One of Blessing,
all you create is a sign of hope for our journey;
And so as the morning stars sing your praises
we join the heavenly beings and all creation
as we shout with joy:

SANCTUS & BENEDICTUS *A Simple Missa Brevis*

Peter R. Hallock (1924–2014)

Organ: Ho - ly, ho - ly, ho - ly Lord God of hosts.
Everyone: Hea-ven and earth are full of your glo - ry Ho-san - na in the high - est.
Blest is the one who comes in the name of our God. Ho - san - na in the high - est.

Presider Glory and honor are yours, Creator of all,
your Word has never been silent;
you called a people to yourself, as a light to the nations,
you delivered them from bondage
and led them to a land of promise.

Of your grace, you gave Jesus
to be human, to share our life,
to proclaim the coming of your holy reign
and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer,
you have freed us from sin,
brought us into your life,
reconciled us to you,
and restored us to the glory you intend for us.

We thank you that on the night before he died for us
Jesus took bread,
and when he had given thanks to you, he broke it,
gave it to his friends and said:

“Take, eat, this is my Body,
broken for you.

Do this for the remembrance of me.”

After supper Jesus took the cup of wine,
said the blessing, gave it to his friends and said:

“Drink this, all of you:

this cup is the new Covenant in my Blood,
poured out for you and for all
for the forgiveness of sin.

Do this for the remembrance of me.”

And so, remembering all that was done for us:
the cross, the tomb, the resurrection and ascension,
longing for Christ’s coming in glory,
and presenting to you these gifts
your earth has formed and human hands have made,
we acclaim you, O Christ:

All Dying, you destroyed our death.

Rising, you restored our life.

Christ Jesus, come in glory!

Presider Send your Holy Spirit upon us
and upon these gifts of bread and wine
that they may be to us
the Body and Blood of your Christ.

Grant that we, burning with your Spirit’s power,
may be a people of hope, justice, and love.

Giver of Life, draw us together in the Body of Christ,
and in the fullness of time gather us
with blessed Mary, Mark, and all your people
into the joy of our true eternal home.

Presider Through Christ and with Christ and in Christ,
 by the inspiration of your Holy Spirit,
 we worship you our God and Creator
 in voices of unending praise.

All Blessed are you now and for ever. AMEN.

THE LORD'S PRAYER

Ambrosian Chant

Our Father in heaven, hallowed be your Name,
 your kingdom come, your will be done, on earth as in heaven.
 Give us today our daily bread. Forgive us our sins as we forgive those who sin against us.
 Save us from the time of trial, and de-liver us from e - vil.
 For the kingdom, the power, and the glo-ry are yours, now and for ev - er. A - men.

The Hymnal 1982 #s-148, © 1971 Mason Martens

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM *The disciples knew the Lord Jesus*

Plainsong Mode 6

The Cantor introduces the antiphon, all repeat it. The Cantor sings the verses, all repeating the antiphon as indicated.

The dis - ci - ples— knew the Lord Je - sus in the break - ing— of the bread.

∇. The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

∇. One body are we, alleluia, for though many we share one bread. **ANTIPHON**

The Hymnal 1982 #s-167, © 1971 Mason Martens

INVITATION TO COMMUNION

Presider The gifts of God for the people of God.

All seeking God are welcome at Christ's Table.

Communion is distributed at standing stations at the head of each aisle. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the center aisle.

- ◆ *You are welcome to stand or kneel to receive communion.*
- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

COMMUNION VOLUNTARY *Organ Improvisation*

HYMN 304 *I come with joy to meet my Lord* ◆ *The Hymnal 1982 #304*

TUNE: *Land of Rest*



All rise as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly **For, though many, we share one bread and one cup.**

Deacon Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

Presider God of abundance,

All you have fed us

with the bread of life and cup of salvation;

you have united us

with Christ and one another;

and you have made us one

with all your people in heaven and on earth.

Now send us forth

in the power of your Spirit,

that we may proclaim your redeeming love to the world

and continue for ever

in the risen life of Christ our Savior. Amen.

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 550 *Jesus calls us; o'er the tumult ♦ The Hymnal 1982 #550*
stanzas 1, 3 & 5

TUNE: Restoration

DISMISSAL *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

VOLUNTARY *III. Presto from Concerto in G, BWV 592* J.S. Bach (1685–1750)
arranged from a violin concerto by Prince Johann Ernst of Saxe-Weimar (1696–1715)

PRESIDER The Very Reverend Steven L. Thomason	PREACHER Reverend Canon Dr. Marda Steedman Sanborn	DEACON The Reverend Emily Austin
ASSISTING LAY MINISTER Susan Nicoll	ACOLYTE Pam Gray	USHERS Eileen Van Doren Rick Wyckoff
EUCHARISTIC MINISTERS Cyndi Ademujohn The Reverend Canon Jennifer King Daugherty Re Knack Nan Sullins	OBLATION BEARERS The Baker family	GREETER TBD
ALTAR GUILD Morgan Randall Sue Tait	LECTORS Cadence Cole Gary Minugh	MUSICIANS Gregory Bloch, <i>Cantor</i> John Stuntebeck, <i>Organist</i>
	INTERCESSOR Jean Leed	

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