



SAINT MARK'S
EPISCOPAL CATHEDRAL

THE HOLY EUCHARIST

THE FOURTH SUNDAY AFTER PENTECOST

July 7, 2019

11:00 AM



Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

During the summer, both the 9 and 11 a.m. liturgies will employ a Eucharistic Prayer and other liturgical elements from *Enriching Our Worship 1*, a collection of supplementary liturgical texts approved by the General Convention of the Episcopal Church in 1997, as well as additional texts approved in 2018. These texts employ more inclusive/expansive language, moving away from exclusively masculine terminology for the Divine, while remaining grounded in Holy Scripture and liturgical tradition. The Eucharistic Prayer which we will use (EOW Prayer 3) is notable for its invocation of Christ as the personification of Divine Wisdom, referencing passages from the Book of Job and the Wisdom of Solomon, as well as early Christian writers such as Origen and Augustine of Hippo.

As part of our effort to serve those who cannot attend worship, this service will be livestreamed on the internet. The 8 AM, 9 AM, 7 PM, and 9:30 PM services are not livestreamed. We are grateful for your presence and participation in this community.

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Very Reverend Steven L. Thomason, Dean and Rector of Saint Mark's Cathedral, *Presider*
The Reverend Canon Nancy Ross, Canon for Cathedral Relations, *Preacher*

THE GATHERING

A brief organ voluntary offered a few minutes before the hour invites all into quiet prayer and preparation.

PRELUDE *Trio on "Lobe den Herren," BWV 650* J.S. Bach (1685–1750)
[tune of Hymn #390: "Praise to the Lord, the Almighty"]

As the opening hymn is introduced, all rise as able.

HYMN 390 *Praise to the Lord, the Almighty* ♦ *The Hymnal 1982 #390* TUNE: *Lobe den Herren*

OPENING ACCLAMATION

Presider Blessed be God: most holy, glorious, and undivided Trinity.
Assembly **And blessed be God's reign, now and forever. Amen.**

COLLECT FOR PURITY

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All Amen.

One-in-a-bar; firmly *f*

Glo-ry to God in the high-est, and peace to God's

mf

peo-ple on earth. Lord God, heav'n-ly King, al-might-y God and Fa-ther,

f

we wor-ship you, we give you thanks, we praise you for your glo-ry.

p $\text{♩} = \text{♩}$ (same beat as before, not slower)

Lord Je-sus Christ, on-ly Son of the Fa-ther, Lord God, Lamb of God, you take a-

way the sin of the world: have mer-cy on us; you are seat-ed at the right hand of the

f $\text{♩} = \text{♩}$

Fa-ther: re-ceive our prayer. For you a-lone are the Ho-ly One, you a-

mf

lone are the Lord, you a-lone are the Most High, Je-sus Christ, with the

f cresc. *ff* broaden

Ho-ly Spi-rit, in the glo-ry of God the Fa-ther. A - - men.

©1972 Oxford University Press

COLLECT OF THE DAY

Proper 9

Presider God be with you.*Assembly* And also with you.*Presider* Let us pray.

O GOD, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All Amen.*Please be seated for the readings.*

THE LITURGY OF THE WORD

READING

Isaiah 66:10-14

THUS says the LORD:

“Rejoice with Jerusalem, and be glad for her,
all you who love her;
rejoice with her in joy,
all you who mourn over her—
that you may nurse and be satisfied
from her consoling breast;
that you may drink deeply with delight
from her glorious bosom.

For thus says the LORD:

I will extend prosperity to her like a river,
and the wealth of the nations like an overflowing stream;
and you shall nurse and be carried on her arm,
and dandled on her knees.

As a mother comforts her child,
so I will comfort you;
you shall be comforted in Jerusalem.

You shall see, and your heart shall rejoice;
your bodies shall flourish like the grass;
and it shall be known that the hand of the LORD is with his servants,
and his indignation is against his enemies.”

Reader Hear what the Spirit is saying to God’s people.

Assembly **Thanks be to God.**

PSALM

Psalms 66:1-8

trans. *Saint Helena Psalter*, Plainsong, Tone V.3

The Cantor introduces the antiphon, all repeat it.

The Cantor chants the psalm verses, all repeating the antiphon as indicated.



Jubilate Deo

SING the glory of God’s Name;
sing the glory of God’s praise.

- 2 Say to God, “How awesome are your deeds! *
because of your great strength your enemies cringe before you.
- 3 All the earth bows down before you, *
sings to you, sings out your Name.” **ANTIPHON**

- 4 Come now and see the works of God, *
how wonderful are these doings toward all people.
- 5 God turned the sea into dry land,
so that they went through the water on foot, *
and there we rejoiced in God,
- 6 Whose might rules for ever,
whose eyes keep watch over the nations; *
let not the rebellious lift up their heads. **ANTIPHON**
- 7 Bless our God, you peoples; *
let the sound of praise be heard;
- 8 God holds our souls in life *
and will not allow our feet to slip. **ANTIPHON**

READING

Galatians 6:1–16

MY FRIENDS, if anyone is detected in a transgression, you who have received the Spirit should restore such a one in a spirit of gentleness. Take care that you yourselves are not tempted. Bear one another's burdens, and in this way you will fulfill the law of Christ. For if those who are nothing think they are something, they deceive themselves. All must test their own work; then that work, rather than their neighbor's work, will become a cause for pride. For all must carry their own loads.

Those who are taught the word must share in all good things with their teacher.

Do not be deceived; God is not mocked, for you reap whatever you sow. If you sow to your own flesh, you will reap corruption from the flesh; but if you sow to the Spirit, you will reap eternal life from the Spirit. So let us not grow weary in doing what is right, for we will reap at harvest-time, if we do not give up. So then, whenever we have an opportunity, let us work for the good of all, and especially for those of the family of faith.

See what large letters I make when I am writing in my own hand! It is those who want to make a good showing in the flesh that try to compel you to be circumcised—only that they may not be persecuted for the cross of Christ. Even the circumcised do not themselves obey the law, but they want you to be circumcised so that they may boast about your flesh. May I never boast of anything except the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision nor uncircumcision is anything; but a new creation is everything! As for those who will follow this rule—peace be upon them, and mercy, and upon the Israel of God.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

HYMN 539 *O Zion, haste, thy mission high fulfilling* ♦ *The Hymnal 1982 #539*
stanzas 1 & 2

TUNE: *Tidings*

THE HOLY GOSPEL *Luke 10:1–11, 16–20*

Deacon The Holy Gospel of our Savior Jesus Christ according to Luke.
Assembly **Glory to you, Lord Christ.**

THE Lord appointed seventy others and sent them on ahead of him in pairs to every town and place where he himself intended to go. He said to them, “The harvest is plentiful, but the laborers are few; therefore ask the Lord of the harvest to send out laborers into his harvest. Go on your way. See, I am sending you out like lambs into the midst of wolves. Carry no purse, no bag, no sandals; and greet no one on the road. Whatever house you enter, first say, ‘Peace to this house!’ And if anyone is there who shares in peace, your peace will rest on that person; but if not, it will return to you. Remain in the same house, eating and drinking whatever they provide, for the laborer deserves to be paid. Do not move about from house to house. Whenever you enter a town and its people welcome you, eat what is set before you; cure the sick who are there, and say to them, ‘The kingdom of God has come near to you.’ But whenever you enter a town and they do not welcome you, go out into its streets and say, ‘Even the dust of your town that clings to our feet, we wipe off in protest against you. Yet know this: the kingdom of God has come near.’

“Whoever listens to you listens to me, and whoever rejects you rejects me, and whoever rejects me rejects the one who sent me.”

The seventy returned with joy, saying, “Lord, in your name even the demons submit to us!” He said to them, “I watched Satan fall from heaven like a flash of lightning. See, I have given you authority to tread on snakes and scorpions, and over all the power of the enemy; and nothing will hurt you. Nevertheless, do not rejoice at this, that the spirits submit to you, but rejoice that your names are written in heaven.”

Deacon The Gospel of the Lord.
Assembly **Praise to you, Lord Christ.**

SERMON

The Reverend Canon Nancy Ross

All rise as able.

THE NICENE CREED

**We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary;
and was made man.**

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE ASSEMBLY

After each petition:

Intercessor Creator God;

Assembly **Awaken us to your presence and love.**

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION

Deacon Let us confess our sins to God.

You are invited to stand or kneel for the confession.

Deacon God of all mercy,

All we confess that we have sinned against you
opposing your will in our lives.

We have denied your goodness in each other,
in ourselves, and in the world you have created.

We repent of the evil that enslaves us,
the evil we have done,

and the evil done on our behalf.

Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

Presider The peace of Christ be always with you.

Assembly **And also with you.**

All greet one another in the name of the Lord.

BLESSING OF SEATTLE SERVICE CORPS MEMBERS

*The Dean asks God's blessing on the members of Seattle Service Corps, as their year at Saint Mark's draws to a close.
All respond: Amen.*

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Many support Saint Mark's through pledged offerings and other gifts made by credit card, via mail, or using the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right). Together our gifts make possible this community of welcome, reconciliation and service.



VOLUNTARY *Meditation on "Rockingham"*
[Tune of Hymn #321, "My God, thy table now is spread"]

C. Hubert H. Parry (1848–1918)

All rise as able as the bread, wine, and money we offer to God are brought forward and presented at the altar table.

THE GREAT THANKSGIVING

Eucharistic Prayer 3, Enriching Our Worship

Presider *Assembly*

God be with you. And al-so with you.

Presider *Assembly*

Lift up your hearts. We lift them to the Lord.

Presider *Assembly*

Let us give thanks to the Lord our God. It is right to give God thanks and praise.

Presider All thanks and praise
are yours at all times and in all places,
our true and loving God;
through Jesus Christ, your eternal Word,
the Wisdom from on high by whom you created all things.
You laid the foundations of the world
and enclosed the sea when it burst out from the womb;
You brought forth all creatures of the earth
and gave breath to humankind.
Wondrous are you, Holy One of Blessing,
all you create is a sign of hope for our journey;
And so as the morning stars sing your praises
we join the heavenly beings and all creation
as we shout with joy:

SANCTUS & BENEDICTUS *A Simple Missa Brevis*

Peter R. Hallock (1924–2014)

Organ: *Everyone:*

Ho - ly, ho - ly, ho - ly Lord God of hosts.
Hea-ven and earth are full of your glo - ry — Ho-san - na in the high - est.
Blest is the one who comes in the name of our God — Ho - san - na in the high - est.

Presider Glory and honor are yours, Creator of all,
your Word has never been silent;
you called a people to yourself, as a light to the nations,
you delivered them from bondage
and led them to a land of promise.

Of your grace, you gave Jesus
to be human,
to share our life,
to proclaim the coming of your holy reign
and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer,
you have freed us from sin,
brought us into your life,
reconciled us to you,
and restored us to the glory you intend for us.

We thank you that on the night before he died for us
Jesus took bread,
and when he had given thanks to you, he broke it,
gave it to his friends and said:

“Take, eat, this is my Body,
broken for you.
Do this for the remembrance of me.”

After supper Jesus took the cup of wine,
said the blessing, gave it to his friends and said:

“Drink this, all of you:
this cup is the new Covenant in my Blood,
poured out for you and for all
for the forgiveness of sin.
Do this for the remembrance of me.”

And so, remembering all that was done for us:
the cross, the tomb, the resurrection and ascension,
longing for Christ’s coming in glory,
and presenting to you these gifts
your earth has formed and human hands have made,
we acclaim you, O Christ:

**All Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!**

Presider Send your Holy Spirit upon us
and upon these gifts of bread and wine
that they may be to us
the Body and Blood of your Christ.
Grant that we, burning with your Spirit’s power,
may be a people of hope, justice, and love.
Giver of Life, draw us together in the Body of Christ,
and in the fullness of time gather us
with blessed Mary, Mark, and all your people
into the joy of our true eternal home.

INVITATION TO COMMUNION

Presider The gifts of God for the people of God.

All seeking God are welcome at Christ's Table.

The Assembly gathers around all sides of the altar platform, guided by the ushers. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the front left.

- ◆ *You are welcome to stand or kneel to receive communion.*
- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip it in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

COMMUNION VOLUNTARY *Organ Improvisation*

HYMN 321 *My God, thy table now is spread* ◆ *The Hymnal 1982 #321*

TUNE: *Rockingham*



All rise as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly **For, though many, we share one bread and one cup.**

Deacon Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

Presider God of abundance,

All you have fed us

with the bread of life and cup of salvation;

you have united us

with Christ and one another;

and you have made us one

with all your people in heaven and on earth.

Now send us forth

in the power of your Spirit,

that we may proclaim your redeeming love to the world

and continue for ever

in the risen life of Christ our Savior. Amen.

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 598 *Lord Christ, when first thou cam'st to earth* ♦ *The Hymnal 1982 #598*

TUNE: *Mit Freuden zart*

DISMISSAL

Deacon Let us go forth in the name of Christ.

Assembly **Thanks be to God.**

VOLUNTARY *Dialogue for the Mixtures*

Jean Langlais (1907–1991)

PRESIDER

The Very Reverend Steven L. Thomason

ASSISTING LAY MINISTER

Walter Stuteville

EUCHARISTIC MINISTERS

Grace Grant, Tim O'Sullivan,
Kathy Sodergren, Diane Stevens,
Kathy Thomason, Miles Treakle

The Reverend Canon Jennifer King Daugherty
The Reverend Dr. Dennis Tierney

ALTAR GUILD

Jenny Donner
Sharon Ferguson

PREACHER

The Reverend Canon Nancy Ross

VERGERS

Olivier Santos
Nancy Cleminshaw

ACOLYTES

Ariel Andersen, Russ Campbell,
Linda Chia, Austin LeSure,
Jake Lunde, Taylor Lunde,
Ray Miller

LECTORS

Roberta Nestaas
Jon Olson

INTERCESSOR

Mel Flannery

DEACON

The Reverend Emily Austin

USHERS

Mary Bayne, Vicky Greenbaum,
Janet Miller, Amy Treakle

GREETERS

Norva Osborn
Julia Logan

MUSICIANS

Laura Hanlon, *Cantor*
Michael Kleinschmidt, *Organist*