



SAINT MARK'S  
EPISCOPAL CATHEDRAL

# THE HOLY EUCHARIST

THE FOURTH SUNDAY AFTER PENTECOST

July 7, 2019

8:00 AM



*Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Mothers are most welcome to breastfeed their infants during the service.*

*Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.*

The Reverend Canon Nancy Ross, Canon for Cathedral Relations, *Presider & Preacher*

## THE GATHERING

**PRELUDE** *Trio on "Lobe den Herren," BWV 650* J.S. Bach (1685–1750)  
[tune of Hymn #390: "Praise to the Lord, the Almighty"]

*All rise as able.*

**HYMN 390** *Praise to the Lord, the Almighty* ♦ *The Hymnal 1982 #390* TUNE: *Lobe den Herren*  
stanzas 1 & 4

### OPENING ACCLAMATION

*Presider* Blessed be God: Father, Son, and Holy Spirit.  
*Assembly* **And blessed be God's kingdom, now and forever. Amen.**

**COLLECT FOR PURITY** *Book of Common Prayer, p. 355*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

**GLORIA** **Glory to God in the highest, and peace to his people on earth.** *Book of Common Prayer, p. 356*  
**Lord God, heavenly King, almighty God and Father,**  
**we worship you, we give you thanks, we praise you for your glory.**  
**Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,**  
**you take away the sin of the world: have mercy on us;**  
**you are seated at the right hand of the Father: receive our prayer.**  
**For you alone are the Holy One, you alone are the Lord, you alone are the Most High,**  
**Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

**COLLECT OF THE DAY** *Proper 9, Book of Common Prayer, p. 230*

*Presider* The Lord be with you.  
*Assembly* **And also with you.**  
*Presider* Let us pray.

**O** GOD, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

**All Amen.**

# THE LITURGY OF THE WORD

## READING

*Isaiah 66:10-14*

**T**HUS says the LORD:

“Rejoice with Jerusalem, and be glad for her,  
all you who love her;  
rejoice with her in joy,  
all you who mourn over her—  
that you may nurse and be satisfied  
from her consoling breast;  
that you may drink deeply with delight  
from her glorious bosom.

For thus says the LORD:

I will extend prosperity to her like a river,  
and the wealth of the nations like an overflowing stream;  
and you shall nurse and be carried on her arm,  
and dandled on her knees.  
As a mother comforts her child,  
so I will comfort you;  
you shall be comforted in Jerusalem.

You shall see, and your heart shall rejoice;  
your bodies shall flourish like the grass;  
and it shall be known that the hand of the LORD is with his servants,  
and his indignation is against his enemies.”

*Reader* Hear what the Spirit is saying to God’s people.  
*Assembly* **Thanks be to God.**

## PSALM

*Psalm 66:1-8 ♦ read by all in unison*

*Jubilate Deo*

**B**E JOYFUL in God, all you lands; \*  
sing the glory of his Name; sing the glory of his praise.

- 2 Say to God, “How awesome are your deeds! \*  
because of your great strength your enemies cringe before you.
- 3 All the earth bows down before you, \*  
sings to you, sings out your Name.”
- 4 Come now and see the works of God, \*  
how wonderful he is in his doing toward all people.
- 5 He turned the sea into dry land, so that they went through the water on foot, \*  
and there we rejoiced in him.
- 6 In his might he rules for ever; his eyes keep watch over the nations; \*  
let no rebel rise up against him.
- 7 Bless our God, you peoples; \*  
make the voice of his praise to be heard;
- 8 Who holds our souls in life, \*  
and will not allow our feet to slip. ♦

**M**Y FRIENDS, if anyone is detected in a transgression, you who have received the Spirit should restore such a one in a spirit of gentleness. Take care that you yourselves are not tempted. Bear one another's burdens, and in this way you will fulfill the law of Christ. For if those who are nothing think they are something, they deceive themselves. All must test their own work; then that work, rather than their neighbor's work, will become a cause for pride. For all must carry their own loads.

Those who are taught the word must share in all good things with their teacher.

Do not be deceived; God is not mocked, for you reap whatever you sow. If you sow to your own flesh, you will reap corruption from the flesh; but if you sow to the Spirit, you will reap eternal life from the Spirit. So let us not grow weary in doing what is right, for we will reap at harvest-time, if we do not give up. So then, whenever we have an opportunity, let us work for the good of all, and especially for those of the family of faith.

See what large letters I make when I am writing in my own hand! It is those who want to make a good showing in the flesh that try to compel you to be circumcised—only that they may not be persecuted for the cross of Christ. Even the circumcised do not themselves obey the law, but they want you to be circumcised so that they may boast about your flesh. May I never boast of anything except the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For neither circumcision nor uncircumcision is anything; but a new creation is everything! As for those who will follow this rule—peace be upon them, and mercy, and upon the Israel of God.

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* **Thanks be to God.**

*All rise as able.*

**THE HOLY GOSPEL** *Luke 10:1–11, 16–20*

*Presider* The Holy Gospel of our Lord Jesus Christ according to Luke.

*Assembly* **Glory to you, Lord Christ.**

**T**HE Lord appointed seventy others and sent them on ahead of him in pairs to every town and place where he himself intended to go. He said to them, "The harvest is plentiful, but the laborers are few; therefore ask the Lord of the harvest to send out laborers into his harvest. Go on your way. See, I am sending you out like lambs into the midst of wolves. Carry no purse, no bag, no sandals; and greet no one on the road. Whatever house you enter, first say, 'Peace to this house!' And if anyone is there who shares in peace, your peace will rest on that person; but if not, it will return to you. Remain in the same house, eating and drinking whatever they provide, for the laborer deserves to be paid. Do not move about from house to house. Whenever you enter a town and its people welcome you, eat what is set before you; cure the sick who are there, and say to them, 'The kingdom of God has come near to you.' But whenever you enter a town and they do not welcome you, go out into its streets and say, 'Even the dust of your town that clings to our feet, we wipe off in protest against you. Yet know this: the kingdom of God has come near.'

"Whoever listens to you listens to me, and whoever rejects you rejects me, and whoever rejects me rejects the one who sent me."

The seventy returned with joy, saying, "Lord, in your name even the demons submit to us!" He said to them, "I watched Satan fall from heaven like a flash of lightning. See, I have given you authority to tread on snakes and scorpions, and over all the

power of the enemy; and nothing will hurt you. Nevertheless, do not rejoice at this, that the spirits submit to you, but rejoice that your names are written in heaven.”

*Presider* The Gospel of the Lord.  
*Assembly* Praise to you, Lord Christ.

## SERMON

The Reverend Canon Nancy Ross

*All rise as able.*

## THE NICENE CREED

We believe in one God,  
the Father, the Almighty,  
Maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate  
from the Virgin Mary;  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.

## PRAYERS OF THE ASSEMBLY

*After each petition:*

*Presider* Lord, in your mercy  
*Assembly* Hear our prayer.

*The Presider concludes the prayers with a collect. All respond: Amen.*

## CONFESSION

*Presider* Let us confess our sins against God and our neighbor.  
*You are invited to stand or kneel for the confession.*

*Presider* Most merciful God,  
*All* we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

## THE PEACE

*Presider* The peace of the Lord be always with you.

*Assembly* **And also with you.**

*All greet one another in the name of the Lord.*

# THE LITURGY OF THE TABLE

## OFFERTORY

*An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Many support Saint Mark's through pledged offerings and other gifts made by credit card, via mail, or using the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right). Together our gifts make possible this community of welcome, reconciliation and service.*



*All rise as able.*

## THE GREAT THANKSGIVING *Eucharistic Prayer B*

*Book of Common Prayer, p. 367*

*Presider* The Lord be with you.

*Assembly* **And also with you.**

*Presider* Lift up your hearts.

*Assembly* **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

*Assembly* **It is right to give God thanks and praise.**

*Presider* It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**All Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the one who comes in the name of the Lord.**

**Hosanna in the highest.**

*Presider* We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After Supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*Presider* And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

**All AMEN.**

#### **THE LORD'S PRAYER**

**All Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

#### **THE BREAKING OF THE BREAD**

*After each petition:*

*Presider* Christ our passover is sacrificed for us.

**Assembly** Therefore let us keep the feast.

#### **INVITATION TO COMMUNION**

*Presider* The Gifts of God for the People of God.

*All seeking God are welcome at Christ's Table.*

*If you need communion brought to your seat, please let any of the liturgical ministers know.*

*Rice wafers for those who do not eat wheat are available; simply ask for one at the time of communion.*

- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

#### **COMMUNION VOLUNTARY** *Organ Improvisation*

*All rise as able.*

**PRAYER AFTER COMMUNION**

*Book of Common Prayer, p. 365*

*Presider* Eternal God,  
*All* heavenly Father,  
you have graciously accepted us  
as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.

**BLESSING** *The Presider asks God's blessing on the Assembly. All respond: Amen.*

**HYMN 539** *O Zion, haste, thy mission high fulfilling* ♦ *The Hymnal 1982 #539*  
stanzas 1 & 2

TUNE: *Tidings*

**DISMISSAL**

*Presider* Let us go forth in the name of Christ.  
*Assembly* Thanks be to God.

**VOLUNTARY** *Lobe den Herren* ["Praise to the Lord"]  
[tune of Hymn #390]

Johann Gottfried Walther (1684–1748)

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**PRESIDER & PREACHER**  
The Reverend Canon Nancy Ross

**ASSISTING LAY MINISTER**  
Susan Knirk

**LECTOR**  
J Wong

**ALTAR GUILD**  
Sue Tait

**EUCCHARISTIC MINISTER**  
George Cleve Haynes

**INTERCESSOR**  
Kerry Allman

**ORGANIST**  
Michael Kleinschmidt