The Holy Eucharist

The Fifth Sunday after Pentecost

July 14, 2019

11:00 AM
Newcomers and visitors, the community of Saint Mark’s welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark’s liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

During the summer, both the 9 and 11 a.m. liturgies will employ a Eucharistic Prayer and other liturgical elements from Enriching Our Worship 1, a collection of supplementary liturgical texts approved by the General Convention of the Episcopal Church in 1997, as well as additional texts approved in 2018. These texts employ more inclusive/expansive language, moving away from exclusively masculine terminology for the Divine, while remaining grounded in Holy Scripture and liturgical tradition.

As part of our effort to serve those who cannot attend worship, this service will be livestreamed on the internet. The 8 AM, 9 AM, 7 PM, and 9:30 PM services are not livestreamed. We are grateful for your presence and participation in this community.

This morning we welcome Saint Mark’s affiliated choir The Seattle Choral Company and their director Freddie Coleman, who will offer anthems at Offertory and Communion. The Seattle Choral Company shares the diverse spectrum of choral music with the widest possible community by presenting accessible, engaging, and informative programs that are respected for their innovation and artistic excellence. (Saint Mark’s affiliated choirs are given priority for their concerts in the nave or chapel in exchange for providing music on Sunday mornings during the summer choir hiatus.)

The nave altar flowers this morning are given to the glory of God and in loving memory of the Rev. Canon Timothy Nakayama.

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Reverend Dr. Dennis Tierney, Priest Associate, Presider
The Very Reverend Steven L. Thomason, Dean and Rector of Saint Mark’s Cathedral, Preacher

THE GATHERING

A brief organ voluntary offered a few minutes before the hour invites all into quiet prayer and preparation.


“But the meek-spirited shall possess the earth, and shall be refreshed in the multitude of peace.”
— Psalm 37:11 [Coverdale translation]

As the opening hymn is introduced, all rise as able.

Hymn 657 Love divine, all loves excelling ◆ The Hymnal 1982 #657 TUNE: Hyfrydol

Opening Acclamation

Presider Blessed be God: most holy, glorious, and undivided Trinity.
Assembly And blessed be God’s reign, now and forever. Amen.

Collect for Purity

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.
All Amen.
SONG OF PRAISE  Gloria in excelsis  

Presider  God be with you.
Assembly  And also with you.
Presider  Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

All  Amen.

Please be seated for the readings.
THE LITURGY OF THE WORD

READING  
Deuteronomy 30:9–14
Moses said to the people of Israel, “The Lord your God will make you abundantly prosperous in all your undertakings, in the fruit of your body, in the fruit of your livestock, and in the fruit of your soil. For the Lord will again take delight in prospering you, just as he delighted in prospering your ancestors, when you obey the Lord your God by observing his commandments and decrees that are written in this book of the law, because you turn to the Lord your God with all your heart and with all your soul.

“Surely, this commandment that I am commanding you today is not too hard for you, nor is it too far away. It is not in heaven, that you should say, ‘Who will go up to heaven for us, and get it for us so that we may hear it and observe it?’ Neither is it beyond the sea, that you should say, ‘Who will cross to the other side of the sea for us, and get it for us so that we may hear it and observe it?’ No, the word is very near to you; it is in your mouth and in your heart for you to observe.”

Reader  Hear what the Spirit is saying to God’s people.
Assembly  Thanks be to God.

PSALM  
Psalm 25:1–9  [Saint Helena Psalter translation]  Plainsong, Tone I.7
The Cantor introduces the antiphon, all repeat it.
The Cantor chants the psalm verses, all repeating the antiphon as indicated.

Ad te, Domine, levavi
To you, O God, I lift up my soul;
my God, I put my trust in you; *
let me not be humiliated,
nor let my enemies triumph over me.
2 Let none who look to you be put to shame; *
let the treacherous be disappointed in their schemes.  ANTIPHON
3 Show me your ways, O God, *
and teach me your paths.
4 Lead me in your truth and teach me, *
for you are the God of my salvation;
in you have I trusted all the day long.  ANTIPHON
5 Remember, O God, your compassion and love, *
for they are from everlasting.
After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

Hymn 603

* When Christ was lifted from the earth  •  The Hymnal 1982 #603  •  TUNE: St. Botolph

Deacon The Holy Gospel of our Savior Jesus Christ according to Luke.

Assembly Glory to you, Lord Christ.

Just then a lawyer stood up to test Jesus. “Teacher,” he said, “what must I do to inherit eternal life?” He said to him, “What is written in the law? What do you read there?” He answered, “You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbor as yourself.” And he said to him, “You have given the right answer; do this, and you will live.”

But wanting to justify himself, he asked Jesus, “And who is my neighbor?” Jesus replied, “A man was going down from Jerusalem to Jericho, and fell into the hands of robbers, who stripped him, beat him, and went away, leaving him half dead. Now by chance a priest was going down that road; and when he saw him, he passed by on the other side. So likewise a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan while traveling came near him; and when he saw him, he was moved with pity. He went to him and bandaged his wounds, having poured oil and wine on them. Then he put him on his own animal, brought him to an inn, and took care of him. The next day he took out two denarii, gave them to the innkeeper, and said, ‘Take care of him; and when I come back, I will repay you whatever more you spend.’ Which of these three, do you think, was a neighbor to the man who fell into the hands of the robbers?” He said, “The one who showed him mercy.” Jesus said to him, “Go and do likewise.”

Deacon The Gospel of the Lord.

Assembly Praise to you, Lord Christ.

All rise as able.

The Very Reverend Steven L. Thomason

THE NICENE CREED

We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary;
and was made man.
For our sake he was crucified under Pontius Pilate; he suffered death and was buried.
On the third day he rose again, in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead, and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE ASSEMBLY

After each petition:

Intercessor  Creator God;
Assembly  Awaken us to your presence and love.

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION

Deacon  Let us confess our sins to God.
You are invited to stand or kneel for the confession.

Deacon  God of all mercy,
All  we confess that we have sinned against you opposing your will in our lives.
We have denied your goodness in each other, in ourselves, and in the world you have created.
We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf.
Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

The Presider pronounces God’s forgiveness of our sins. All respond: Amen.

THE PEACE

Presider  The peace of Christ be always with you.
Assembly  And also with you.

All greet one another in the name of the Lord.
OFFERTORY

An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God’s generosity. Many support Saint Mark’s through pledged offerings and other gifts made by credit card, via mail, or using the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right). Together our gifts make possible this community of welcome, reconciliation and service.

ANTHEM  Ave Maris Stella

WORDS: Latin Hymn, 8th century
MUSIC: Don Macdonald (b. 1966)

Ave, maris stella,  
Dei mater alma,  
atque semper virgo,  
felix cæli porta.  

Sumens illud “Ave”  
Gabrielis ore,  

funda nos in pace,  
mutans Eve nomen.

Hail, star of the sea,  
nurturing Mother of God,  
and ever Virgin  
happy gate of Heaven.  

Receiving that “Ave” [hail]  
from the mouth of Gabriel,  
establish us in peace,  
transforming the name of “Eva” [Eve]

All rise as able as the bread, wine, and money we offer to God are brought forward and presented at the altar table.

THE GREAT THANKSGIVING

Eucharistic Prayer 3, Enriching Our Worship

Presider  Assembly

God be with you.  And also with you.

Presider  Assembly

Lift up your hearts.  We lift them to the Lord.

Presider  Assembly

Let us give thanks to the Lord our God.  It is right to give God thanks and praise.

Presider  All thanks and praise

are yours at all times and in all places,  
our true and loving God;

through Jesus Christ, your eternal Word,  
the Wisdom from on high by whom you created all things.

You laid the foundations of the world  
and enclosed the sea when it burst out from the womb;

You brought forth all creatures of the earth  
and gave breath to humankind.

Wondrous are you, Holy One of Blessing,  
all you create is a sign of hope for our journey;

And so as the morning stars sing your praises  
we join the heavenly beings and all creation  
as we shout with joy:
Presider

Glory and honor are yours, Creator of all,
your Word has never been silent;
you called a people to yourself, as a light to the nations,
you delivered them from bondage
and led them to a land of promise.

Of your grace, you gave Jesus
to be human,
to share our life,
to proclaim the coming of your holy reign
and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer,
you have freed us from sin,
brought us into your life,
reconciled us to you,
and restored us to the glory you intend for us.

We thank you that on the night before he died for us
Jesus took bread,
and when he had given thanks to you, he broke it,
gave it to his friends and said:
“Take, eat, this is my Body,
broken for you.
Do this for the remembrance of me.”

After supper Jesus took the cup of wine,
said the blessing, gave it to his friends and said:
“Drink this, all of you:
this cup is the new Covenant in my Blood,
poured out for you and for all
for the forgiveness of sin.
Do this for the remembrance of me.”

And so, remembering all that was done for us:
the cross, the tomb, the resurrection and ascension,
longing for Christ's coming in glory,
and presenting to you these gifts
your earth has formed and human hands have made,
we acclaim you, O Christ:

All

Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!
Presider

Send your Holy Spirit upon us
and upon these gifts of bread and wine
that they may be to us
the Body and Blood of your Christ.
Grant that we, burning with your Spirit’s power,
may be a people of hope, justice, and love.
Giver of Life, draw us together in the Body of Christ,
and in the fullness of time gather us
with blessed Mary, Mark, and all your people
into the joy of our true eternal home.
Through Christ and with Christ and in Christ,
by the inspiration of your Holy Spirit,
we worship you our God and Creator
in voices of unending praise.

Blessed are you now and forever.

All A - MEN.

THE LORD’S PRAYER

All Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.
**IN INVITATION TO COMMUNION**

*Presider*  The gifts of God for the people of God.

All seeking God are welcome at Christ’s Table.

The Assembly gathers around all sides of the altar platform, guided by the ushers. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider’s communion station at the front left.

◆ You are welcome to stand or kneel to receive communion.

◆ Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.

◆ Or you may leave the bread in your hand for the chalice bearer to dip it in the wine and feed you.

◆ To receive a blessing instead of communion, simply cross your arms over your chest.

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**FRACTION ANTHEM**  The disciples knew the Lord Jesus

A Cantor introduces the antiphon, all repeat it. The Cantor sings the verses, all repeating the antiphon as indicated.

\[\text{\textit{The disciples knew the Lord Jesus in the breaking of the bread.}}\]

\[\text{\textbf{V.} The bread which we break, alleluia, is the communion of the body of Christ. \textbf{ANTIPHON}}\]

\[\text{\textbf{V.} One body are we, alleluia, for though many we share one bread. \textbf{ANTIPHON}}\]

\[\text{\textit{O sacrum convivium!}}\]

\[\text{\textit{in quo Christus sumitur:}}\]

\[\text{\textit{recolitur memoria passionis ejus,}}\]

\[\text{\textit{mens impletur gratia,}}\]

\[\text{\textit{et futuræ gloriæ nobis pignus datur.}}\]

\[\text{\textit{O sacred feast!}}\]

\[\text{\textit{in which Christ is received:}}\]

\[\text{\textit{the memory of his passion renewed,}}\]

\[\text{\textit{the mind filled with grace,}}\]

\[\text{\textit{and the pledge of future glory given to us.}}\]

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**HYMN 304**  I come with joy to meet my Lord  ♩  *The Hymnal 1982 #304*  

\[\text{\textit{TUNE: Land of Rest}}\]
All rise as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.
Assembly For, though many, we share one bread and one cup.
Deacon Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

Presider God of abundance,
All you have fed us
with the bread of life and cup of salvation;
you have united us
with Christ and one another;
and you have made us one
with all your people in heaven and on earth.
Now send us forth
in the power of your Spirit,
that we may proclaim your redeeming love to the world
and continue for ever
in the risen life of Christ our Savior. Amen.

BLESSING The Presider asks God’s blessing on the Assembly. All respond: Amen.

HYMN 605 What does the Lord require? ♦ The Hymnal 1982 #605 TUNE: Sharpthorne

DISMISSAL

Deacon Let us go forth in the name of Christ.
Assembly Thanks be to God.

VOLUNTARY Hyfrydol [tune of Hymn #657, “Love divine, all loves excelling”] Ralph Vaughan Williams (1872–1958)

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