The Holy Eucharist
The Fifth Sunday after Pentecost

July 14, 2019

9:00 AM
Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark’s liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

During the summer, both the 9 and 11 a.m. liturgies will employ a Eucharistic Prayer and other liturgical elements from Enriching Our Worship 1, a collection of supplementary liturgical texts approved by the General Convention of the Episcopal Church in 1997, as well as additional texts approved in 2018. These texts employ more inclusive/expansive language, moving away from exclusively masculine terminology for the Divine, while remaining grounded in Holy Scripture and liturgical tradition. The Eucharistic Prayer which we will use (EOW Prayer 3) is notable for its invocation of Christ as the personification of Divine Wisdom, referencing passages from the Book of Job and the Wisdom of Solomon, as well as early Christian writers such as Origen and Augustine of Hippo.

The nave altar flowers are given to the glory of God and in loving memory of the Rev. Canon Timothy Nakayama.

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Reverend Canon Nancy Ross, Canon for Cathedral Relations, Presider
The Very Reverend Steven L. Thomason, Dean and Rector of Saint Mark’s Cathedral, Preacher

THE GATHERING

A bell tolling a few minutes before the hour bids all to keep silence for prayer and preparation.

As the opening hymn is introduced, all rise as able.

**HYMN 657** Love divine, all loves excelling ◆ The Hymnal 1982 #657

stanzas 1 & 2

**TUNE:** *Hyfrydol*

**OPENING ACCLAMATION**

*Presider*  Blessed be God: most holy, glorious, and undivided Trinity.

*Assembly*  And blessed be God's reign, now and forever. Amen.

**COLLECT FOR PURITY**

*Presider*  Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

*All*  Amen.
SONG OF PRAISE  
I sing the almighty power of God  
TUNE: Ellacombe

1. I sing th’almight-y power of God, that made the mountains rise, 
2. There’s not a plant or flower below, but makes thy glories known; 

that spread the flowing seas abroad and built the lofty skies. 
and clouds arise, and tempests blow, by order from thy throne; 

I sing the wisdom that ordained the sun to rule the day; 
while all that borrows life from thee is ever in thy care, 

the moon shines full at God’s command, and all the stars obey. 
and everywhere that I could be, thou, God, art present there. 


COLLECT OF THE DAY

Presider  God be with you.  
Assembly  And also with you.  
Presider  Let us pray.  

O Lord, mercifully receive the prayers of your people who call upon you, and 
grant that they may know and understand what things they ought to do, and 
also may have grace and power faithfully to accomplish them; through Jesus Christ 
our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for 
ever.  

All  Amen.

Please be seated for the readings.
THE LITURGY OF THE WORD

READING  Deuteronomy 30:9–14
Moses said to the people of Israel, “The LORD your God will make you abundantly prosperous in all your undertakings, in the fruit of your body, in the fruit of your livestock, and in the fruit of your soil. For the LORD will again take delight in prospering you, just as he delighted in prospering your ancestors, when you obey the LORD your God by observing his commandments and decrees that are written in this book of the law, because you turn to the LORD your God with all your heart and with all your soul.

“Surely, this commandment that I am commanding you today is not too hard for you, nor is it too far away. It is not in heaven, that you should say, ’Who will go up to heaven for us, and get it for us so that we may hear it and observe it?’ Neither is it beyond the sea, that you should say, ’Who will cross to the other side of the sea for us, and get it for us so that we may hear it and observe it?’ No, the word is very near to you; it is in your mouth and in your heart for you to observe.”

Reader  Hear what the Spirit is saying to God’s people.
Assembly  Thanks be to God.

PSALM  Psalm 25:1–9  [Saint Helena Psalter translation]  Plainsong, Tone I.7
The Cantor introduces the antiphon, all repeat it.
The Cantor chants the psalm verses, all repeating the antiphon as indicated.

Ad te, Domine, levavi
To you, O God, I lift up my soul;
my God, I put my trust in you; *
let me not be humiliated,
nor let my enemies triumph over me.

2 Let none who look to you be put to shame; *
let the treacherous be disappointed in their schemes.  ANTIPHON

3 Show me your ways, O God, *
and teach me your paths.

4 Lead me in your truth and teach me, *
for you are the God of my salvation;
in you have I trusted all the day long.  ANTIPHON

5 Remember, O God, your compassion and love, *
for they are from everlasting.

6 Remember not the sins of my youth and my transgressions; *
remember me according to your love
and for the sake of your goodness, O God.  ANTIPHON
7 Gracious and upright are you; 
therefore you teach sinners in your way.

8 You guide the humble in doing right 
and teach your way to the lowly.

9 All your paths are love and faithfulness 
to those who keep your covenant and your testimonies. **ANTIPHON**

**READING**  *Colossians 1:1–14*

*Paul,* an apostle of Christ Jesus by the will of God, and Timothy our brother,

To the saints and faithful brothers and sisters in Christ in Colossae:

Grace to you and peace from God our Father.

In our prayers for you we always thank God, the Father of our Lord Jesus Christ,

for we have heard of your faith in Christ Jesus and of the love that you have for all
the saints, because of the hope laid up for you in heaven. You have heard of this
hope before in the word of the truth, the gospel that has come to you. Just as it is
bearing fruit and growing in the whole world, so it has been bearing fruit among
yourselves from the day you heard it and truly comprehended the grace of God. This
you learned from Epaphras, our beloved fellow servant. He is a faithful minister of
Christ on your behalf, and he has made known to us your love in the Spirit.

For this reason, since the day we heard it, we have not ceased praying for you and
asking that you may be filled with the knowledge of God's will in all spiritual wis-
dom and understanding, so that you may lead lives worthy of the Lord, fully pleas-
ing to him, as you bear fruit in every good work and as you grow in the knowledge
of God. May you be made strong with all the strength that comes from his glorious
power, and may you be prepared to endure everything with patience, while joyfully
giving thanks to the Father, who has enabled you to share in the inheritance of the
saints in the light. He has rescued us from the power of darkness and transferred us
into the kingdom of his beloved Son, in whom we have redemption, the forgiveness
of sins.

*Reader*  Hear what the Spirit is saying to God's people.

*Assembly*  **Thanks be to God.**

*After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.*

**GOSPEL PROCESSION**

*Children are invited to join the Gospel Procession, and gather around as the Gospel is proclaimed.*

*Children's Chapel is on hiatus for the summer; it will resume in September.*

**GOSPEL ACCLAMATION**  Plainsong Tone I.2

The Cantor introduces the alleluias; all repeat them. The Cantor chants the verse, and all respond with the alleluias.

\[\text{Al-le-lu-ia, al-le-lu-ia, al-le-lu-ia.}\]

\[\text{℣. Show me your ways, O Lord; lead me in your truth and teach me.}\]
Just then a lawyer stood up to test Jesus. “Teacher,” he said, “what must I do to inherit eternal life?” He said to him, “What is written in the law? What do you read there?” He answered, “You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbor as yourself.” And he said to him, “You have given the right answer; do this, and you will live.”

But wanting to justify himself, he asked Jesus, “And who is my neighbor?” Jesus replied, “A man was going down from Jerusalem to Jericho, and fell into the hands of robbers, who stripped him, beat him, and went away, leaving him half dead. Now by chance a priest was going down that road; and when he saw him, he passed by on the other side. So likewise a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan while traveling came near him; and when he saw him, he was moved with pity. He went to him and bandaged his wounds, having poured oil and wine on them. Then he put him on his own animal, brought him to an inn, and took care of him. The next day he took out two denarii, gave them to the innkeeper, and said, ‘Take care of him; and when I come back, I will repay you whatever more you spend.’ Which of these three, do you think, was a neighbor to the man who fell into the hands of the robbers?” He said, “The one who showed him mercy.” Jesus said to him, “Go and do likewise.”
For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE ASSEMBLY

After each petition:

*Intercessor* Creator God;

*Assembly* Awaken us to your presence and love.

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION

*Deacon* Let us confess our sins to God.

You are invited to stand or kneel for the confession.

*Deacon* God of all mercy,

All we confess that we have sinned against you opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

The Presider pronounces God’s forgiveness of our sins. All respond: Amen.

THE PEACE

*Presider* The peace of Christ be always with you.

*Assembly* And also with you.

All greet one another in the name of Christ.
OFFERTORY
An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God’s generosity. Many support Saint Mark’s through pledged offerings and other gifts made by credit card, via mail, or using the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right). Together our gifts make possible this community of welcome, reconciliation and service.

ARIA I will sing of thy great mercies from St. Paul words: Psalm 89:1 music: Felix Mendelssohn (1872–1958)
I will sing of thy great mercies, Lord, my Savior, and of thy faithfulness evermore.

All rise as able.

THE GREAT THANKSGIVING Eucharistic Prayer 3, Enriching Our Worship

Presider God be with you.
Assembly And also with you.
Presider Lift up your hearts.
Assembly We lift them to the Lord.
Presider Let us give thanks to the Lord our God.
Assembly It is right to give God thanks and praise.
Presider All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind.
Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:

SANCTUS & BENEDICTUS A Simple Missa Brevis
Peter R. Hallock (1924–2014)

Organ:

Everyone:

Hea-ven and earth are full of your glo-ry __ Ho-san-na in the high-est.

Blest is the one who comes in the name of our God __ Ho-san-na in the high-est.

THE LITURGY OF THE TABLE

offertory

offertory

offertory

offertory

offertory

offertory

offertory

offertory

offertory

offertory

offertory

offertory

offertory

offertory

offertory

offertory

offertory

offertory

offertory

offertory

offertory
Glory and honor are yours, Creator of all,  
your Word has never been silent;  
you called a people to yourself, as a light to the nations,  
you delivered them from bondage  
and led them to a land of promise.

Of your grace, you gave Jesus  
to be human, to share our life,  
to proclaim the coming of your holy reign  
and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer,  
you have freed us from sin,  
brought us into your life,  
reconciled us to you,  
and restored us to the glory you intend for us.

We thank you that on the night before he died for us  
Jesus took bread,  
and when he had given thanks to you, he broke it,  
gave it to his friends and said:

“Take, eat, this is my Body,  
braken for you.  
Do this for the remembrance of me.”

After supper Jesus took the cup of wine,  
said the blessing, gave it to his friends and said:

“Drink this, all of you:  
this cup is the new Covenant in my Blood,  
poured out for you and for all  
for the forgiveness of sin.  
Do this for the remembrance of me.”

And so, remembering all that was done for us:  
the cross, the tomb, the resurrection and ascension,  
longing for Christ’s coming in glory,  
and presenting to you these gifts  
your earth has formed and human hands have made,  
we acclaim you, O Christ:

All  Dying, you destroyed our death.  
Rising, you restored our life.  
Christ Jesus, come in glory!

Send your Holy Spirit upon us  
and upon these gifts of bread and wine  
that they may be to us  
the Body and Blood of your Christ.

Grant that we, burning with your Spirit’s power,  
may be a people of hope, justice, and love.

Giver of Life, draw us together in the Body of Christ,  
and in the fullness of time gather us  
with blessed Mary, Mark, and all your people  
into the joy of our true eternal home.
Presider  Through Christ and with Christ and in Christ,
by the inspiration of your Holy Spirit,
we worship you our God and Creator
in voices of unending praise.

All  Blessed are you now and for ever. AMEN.

THE LORD’S PRAYER  Ambrosian Chant

Our Father in heaven, hallowed be your Name,
your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread. Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and for ever. Amen.

The Hymnal 1982 #s-148, © 1971 Mason Martens

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM  The disciples knew the Lord Jesus  Plainsong Mode 6

The Cantor introduces the antiphon, all repeat it. The Cantor sings the verses, all repeating the antiphon as indicated.

The disciples knew the Lord Jesus in the breaking of the bread.

℣. The bread which we break, alleluia, is the communion of the body of Christ. ANTIPHON
℣. One body are we, alleluia, for though many we share one bread. ANTIPHON

The Hymnal 1982 #s-167, © 1971 Mason Martens
INVITATION TO COMMUNION

Presider  The gifts of God for the people of God.  
All seeking God are welcome at Christ’s Table.  
Communion is distributed at standing stations at the head of each aisle. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider’s communion station at the center aisle.  
◆ You are welcome to stand or kneel to receive communion.  
◆ Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.  
◆ Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.  
◆ To receive a blessing instead of communion, simply cross your arms over your chest.

COMMUNION VOLUNTARY  Organ Improvisation

HYMN 660  O Master, let me walk with thee  *  The Hymnal 1982 #660  
TUNE: Maryton
All rise as able.

SENDING OF EUCHARISTIC VISITORS

Presider  One body are we.

Assembly  For, though many, we share one bread and one cup.

Deacon  Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

Presider  God of abundance,

All  you have fed us

with the bread of life and cup of salvation;
you have united us

with Christ and one another;
and you have made us one

with all your people in heaven and on earth.
Now send us forth

in the power of your Spirit,
that we may proclaim your redeeming love to the world

and continue for ever

in the risen life of Christ our Savior. Amen.

BLESSING  The Presider asks God’s blessing on the Assembly. All respond: Amen.

HYMN 603  When Christ was lifted from the earth  ●  The Hymnal 1982 #603

stanzas 1, 3 & 4

TUNE: St. Botolph

DISMISSAL  The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.

VOLUNTARY  Hyfrydol
[theme of Hymn #657, “Love divine, all loves excelling”]

Ralph Vaughan Williams (1872–1958)

Music and texts under copyright are reprinted by permission under OneLicense.net #A-706820