



SAINT MARK'S
EPISCOPAL CATHEDRAL

THE HOLY EUCHARIST

THE SIXTH SUNDAY AFTER PENTECOST

July 21, 2019

9:00 AM



Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

During the summer, both the 9 and 11 a.m. liturgies will employ a Eucharistic Prayer and other liturgical elements from *Enriching Our Worship 1*, a collection of supplementary liturgical texts approved by the General Convention of the Episcopal Church in 1997, as well as additional texts approved in 2018. These texts employ more inclusive/expansive language, moving away from exclusively masculine terminology for the Divine, while remaining grounded in Holy Scripture and liturgical tradition. The Eucharistic Prayer which we will use (EOW Prayer 3) is notable for its invocation of Christ as the personification of Divine Wisdom, referencing passages from the Book of Job and the Wisdom of Solomon, as well as early Christian writers such as Origen and Augustine of Hippo.

The nave altar flowers this morning are given to the glory of God and in loving memory of her grandparents, Philip and Lozein O'Hanlon, by Lynn Offutt. The chapel altar flowers are given to the glory of God and in celebration of the marriage of Teresa Pliskowski and Brook Brayman.

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Very Reverend Steven L. Thomason, Dean and Rector of Saint Mark's Cathedral, *Presider*

The Reverend Canon Jennifer King Daugherty, Canon for Congregational Life, *Preacher*

THE GATHERING

A bell tolling a few minutes before the hour bids all to keep silence for prayer and preparation.

As the opening hymn is introduced, all rise as able.

HYMN 401 *The God of Abraham praise* ♦ *The Hymnal 1982 #401*
stanzas 1 & 2

TUNE: *Leoni*

OPENING ACCLAMATION

Presider Blessed be God: most holy, glorious, and undivided Trinity.

Assembly **And blessed be God's reign, now and forever. Amen.**

COLLECT FOR PURITY

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All **Amen.**

1. I sing th'al-might-y power of God, that made the moun-tains rise,
 2. There's not a plant or flower be-low, but makes thy glo-ries known;

that spread the flow-ing seas a-broad and built the loft-y skies.
 and clouds a-rise, and tem-pests blow, by or-der from thy throne;

I sing the wis-dom that or-dained the sun to rule the day;
 while all that bor-rows life from thee is ev-er in thy care,

the moon shines full at God's com-mand, and all the stars o-bey.
 and ev-ery-where that I could be, thou, God, art pre-sent there.

MUSIC: *The Hymnal 1982 #210*, WORDS: *The Hymnal 1982 #398*; public domain.

COLLECT OF THE DAY

Proper 11

Presider God be with you.

Assembly **And also with you.**

Presider Let us pray.

ALmighty God, the fountain of all wisdom, you know our necessities before we ask and our ignorance in asking; Have compassion on our weakness, and mercifully give us those things which for our unworthiness we dare not, and for our blindness we cannot ask; through the worthiness of your Son Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

All Amen.

Please be seated for the readings.

THE LITURGY OF THE WORD

READING

Genesis 18:1–10a

THE LORD appeared to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. He said, “My lord, if I find favor with you, do not pass by your servant. Let a little water be brought, and wash your feet, and rest yourselves under the tree. Let me bring a little bread, that you may refresh yourselves, and after that you may pass on—since you have come to your servant.” So they said, “Do as you have said.” And Abraham hastened into the tent to Sarah, and said, “Make ready quickly three measures of choice flour, knead it, and make cakes.” Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate.

They said to him, “Where is your wife Sarah?” And he said, “There, in the tent.” Then one said, “I will surely return to you in due season, and your wife Sarah shall have a son.”

Reader Hear what the Spirit is saying to God’s people.

Assembly **Thanks be to God.**

PSALM

Psalm 15 [Saint Helena Psalter translation]

Peter R. Hallock (1924–2014)

The Cantor introduces the antiphon, all repeat it.

The Cantor chants the psalm verses, all repeating the antiphon as indicated.

The righteous shall abide up - on God's ho - ly hill.

Domine, quis habitabit?

O God, who may dwell in your tabernacle? *
who may abide upon your holy hill?

- 2 Those who lead a blameless life and do what is right, *
who speak truthfully from the heart. **ANTIPHON**
- 3 There is no guile upon their tongues;
they do no evil to their friends; *
they does not heap contempt upon their neighbors.
- 4 In their sight the wicked are rejected, *
but they honor those who fear God. **ANTIPHON**

- 5 They have sworn to do no wrong *
and do not take back their word.
- 6 They do not give their money in hope of gain, *
nor do they take a bribe against the innocent. **ANTIPHON**
- 7 Whoever does these things *
shall never be overthrown. **ANTIPHON**

READING *Colossians 1:15–28*

CHRIST Jesus is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers—all things have been created through him and for him. He himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross.

And you who were once estranged and hostile in mind, doing evil deeds, he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him—provided that you continue securely established and steadfast in the faith, without shifting from the hope promised by the gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul, became a servant of this gospel.

I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ's afflictions for the sake of his body, that is, the church. I became its servant according to God's commission that was given to me for you, to make the word of God fully known, the mystery that has been hidden throughout the ages and generations but has now been revealed to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.

Reader Hear what the Spirit is saying to God's people.
Assembly **Thanks be to God.**

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

GOSPEL PROCESSION

*Children are invited to join the Gospel Procession, and gather around as the Gospel is proclaimed.
Children's Chapel is on hiatus for the summer; it will resume in September.*

GOSPEL ACCLAMATION

Plainsong Tone I.2

The Cantor introduces the alleluias; all repeat them. The Cantor chants the verse, and all respond with the alleluias.



∇. Your words, O Lord, are spirit and life; you have the words of everlasting life

THE HOLY GOSPEL *Luke 10:38-42*

Deacon The Holy Gospel of our Savior Jesus Christ according to Luke.
Assembly **Glory to you, Lord Christ.**

AS JESUS and his disciples went on their way, Jesus entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, "Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me." But the Lord answered her, "Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her."

Deacon The Gospel of the Lord.
Assembly **Praise to you, Lord Christ.**

SERMON

The Reverend Canon Jennifer King Daugherty

All rise as able.

THE NICENE CREED

Authorized for use by the 1997 General Convention

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.**

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE ASSEMBLY

After each petition:

Intercessor Creator God;

***Assembly* Awaken us to your presence and love.**

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION

Deacon Let us confess our sins to God.

You are invited to stand or kneel for the confession.

Deacon God of all mercy,

***All* we confess that we have sinned against you
opposing your will in our lives.**

**We have denied your goodness in each other,
in ourselves, and in the world you have created.**

**We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.**

**Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

Presider The peace of Christ be always with you.

***Assembly* And also with you.**

All greet one another in the name of Christ.

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Many support Saint Mark's through pledged offerings and other gifts made by credit card, via mail, or using the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right). Together our gifts make possible this community of welcome, reconciliation and service.



VOLUNTARY I. *Allegro moderato* from *Trio in E flat*, BWV 525

J. S. Bach (1685–1750)

All rise as able.

THE GREAT THANKSGIVING

Eucharistic Prayer 3, Enriching Our Worship

Presider God be with you.

Assembly And also with you.

Presider Lift up your hearts.

Assembly We lift them to the Lord.

Presider Let us give thanks to the Lord our God.

Assembly It is right to give God thanks and praise.

Presider All thanks and praise
are yours at all times and in all places,
our true and loving God;
through Jesus Christ, your eternal Word,
the Wisdom from on high by whom you created all things.
You laid the foundations of the world
and enclosed the sea when it burst out from the womb;
You brought forth all creatures of the earth
and gave breath to humankind.
Wondrous are you, Holy One of Blessing,
all you create is a sign of hope for our journey;
And so as the morning stars sing your praises
we join the heavenly beings and all creation
as we shout with joy:

SANCTUS & BENEDICTUS *A Simple Missa Brevis*

Peter R. Hallock

Organ: *Everyone:*

Ho - ly, ho - ly, ho - ly Lord God of hosts.
Hea - ven and earth are full of your glo - ry — Ho - san - na in the high - est.
Blest is the one who comes in the name of our God. — Ho - san - na in the high - est.

Presider Glory and honor are yours, Creator of all,
your Word has never been silent;
you called a people to yourself, as a light to the nations,
you delivered them from bondage
and led them to a land of promise.

Of your grace, you gave Jesus
to be human, to share our life,
to proclaim the coming of your holy reign
and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer,
you have freed us from sin,
brought us into your life,
reconciled us to you,
and restored us to the glory you intend for us.

We thank you that on the night before he died for us
Jesus took bread,
and when he had given thanks to you, he broke it,
gave it to his friends and said:

“Take, eat, this is my Body,
broken for you.
Do this for the remembrance of me.”

After supper Jesus took the cup of wine,
said the blessing, gave it to his friends and said:

“Drink this, all of you:
this cup is the new Covenant in my Blood,
poured out for you and for all
for the forgiveness of sin.
Do this for the remembrance of me.”

And so, remembering all that was done for us:
the cross, the tomb, the resurrection and ascension,
longing for Christ’s coming in glory,
and presenting to you these gifts
your earth has formed and human hands have made,
we acclaim you, O Christ:

**All Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!**

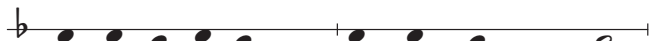
Presider Send your Holy Spirit upon us
and upon these gifts of bread and wine
that they may be to us
the Body and Blood of your Christ.
Grant that we, burning with your Spirit’s power,
may be a people of hope, justice, and love.
Giver of Life, draw us together in the Body of Christ,
and in the fullness of time gather us
with blessed Mary, Mark, and all your people
into the joy of our true eternal home.

Presider Through Christ and with Christ and in Christ,
by the inspiration of your Holy Spirit,
we worship you our God and Creator
in voices of unending praise.

All Blessed are you now and for ever. AMEN.

THE LORD'S PRAYER

Ambrosian Chant




Our Father in heaven, hallowed be your Name,




your kingdom come, your will be done, on earth as in heaven.



Give us today our dai-ly bread. Forgive us our sins as we forgive those who sin against us.



Save us from the time of tri-al, and de-li-ver us from e - vil.



For the kingdom, the power, and the glo-ry are yours, now and for ev - er. A - men.

The Hymnal 1982 #8-148, © 1971 Mason Martens

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM *The disciples knew the Lord Jesus*

Plainsong Mode 6

The Cantor introduces the antiphon, all repeat it. The Cantor sings the verses, all repeating the antiphon as indicated.



∇. The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

∇. One body are we, alleluia, for though many we share one bread. **ANTIPHON**

The Hymnal 1982 #8-167, © 1971 Mason Martens

INVITATION TO COMMUNION

Presider The gifts of God for the people of God.

All seeking God are welcome at Christ's Table.

Communion is distributed at standing stations at the head of each aisle. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the center aisle.

- ◆ *You are welcome to stand or kneel to receive communion.*
- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

COMMUNION VOLUNTARY *Organ Improvisation*

HYMN 711 *Seek ye first the kingdom of God* ◆ *The Hymnal 1982 #711*

TUNE: *Seek Ye First*

All rise as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly **For, though many, we share one bread and one cup.**

Deacon Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

Presider God of abundance,

All you have fed us

**with the bread of life and cup of salvation;
you have united us**

**with Christ and one another;
and you have made us one**

with all your people in heaven and on earth.

Now send us forth

**in the power of your Spirit,
that we may proclaim your redeeming love to the world
and continue for ever**

in the risen life of Christ our Savior. Amen.

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 488 *Be thou my vision ♦ The Hymnal 1982 #488*

TUNE: *Slane*

DISMISSAL *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

VOLUNTARY *III. Allegro vivace from Trio in E flat, BWV 525*

J. S. Bach

PRESIDER The Very Reverend Steven L. Thomason	PREACHER The Reverend Canon Jennifer King Daugherty	DEACON The Reverend Emily Austin
ASSISTING LAY MINISTER Susan Nicoll	ACOLYTE Pam Gray	USHERS Liz Shea Rick Wyckoff
EUCHARISTIC MINISTERS Pamela Bradburn, Roberta Kanive, Wendy Townsend, The Reverend Cristi Chapman	OBLATION BEARERS The Baker family	GREETER Jeff Helgesen
ALTAR GUILD Luann Webster Nick Velez	LECTORS David Thomson Carol Green	MUSICIANS Peter McClung, <i>Cantor</i> Michael Kleinschmidt, <i>Organist</i>
	INTERCESSOR Eliza Davidson	

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