



SAINT MARK'S  
EPISCOPAL CATHEDRAL

# THE HOLY EUCHARIST

THE SEVENTH SUNDAY AFTER PENTECOST

July 28, 2019

9:00 AM



*Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5<sup>th</sup> floor. Ushers will guide you.*

*During the summer, both the 9 and 11 a.m. liturgies will employ a Eucharistic Prayer and other liturgical elements from Enriching Our Worship 1, a collection of supplementary liturgical texts approved by the General Convention of the Episcopal Church in 1997, as well as additional texts approved in 2018. These texts employ more inclusive/expansive language, moving away from exclusively masculine terminology for the Divine, while remaining grounded in Holy Scripture and liturgical tradition. The Eucharistic Prayer which we will use (EOW Prayer 3) is notable for its invocation of Christ as the personification of Divine Wisdom, referencing passages from the Book of Job and the Wisdom of Solomon, as well as early Christian writers such as Origen and Augustine of Hippo.*

*Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.*

The Reverend Cristi Chapman, Curate for Spiritual Growth and Stewardship, *Presider*

The Very Reverend Steven L. Thomason, Dean and Rector of Saint Mark's Cathedral, *Preacher*

## THE GATHERING

*A bell tolling a few minutes before the hour bids all to keep silence for prayer and preparation.*

*As the opening hymn is introduced, all rise as able.*

**HYMN 410** *Praise, my soul, the King of heaven* ♦ *The Hymnal 1982 #410*  
stanzas 1 & 3

TUNE: *Lauda anima*

### **OPENING ACCLAMATION**

*Presider* Blessed be God: most holy, glorious, and undivided Trinity.

*Assembly* **And blessed be God's reign, now and forever. Amen.**

### **COLLECT FOR PURITY**

*Presider* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

*All* **Amen.**

1. I sing th'al-might-y power of God, that made the moun-tains rise,  
2. There's not a plant or flower be-low, but makes thy glo-ries known;

that spread the flow-ing seas a-broad and built the loft-y skies.  
and clouds a-rise, and tem-pests blow, by or-der from thy throne;

I sing the wis-dom that or-dained the sun to rule the day;  
while all that bor-rows life from thee is ev-er in thy care,

the moon shines full at God's com-mand, and all the stars o-bey.  
and ev-ery-where that I could be, thou, God, art pre-sent there.

MUSIC: *The Hymnal 1982 #210*, WORDS: *The Hymnal 1982 #398*; public domain.

## COLLECT OF THE DAY

Proper 12

*Presider* God be with you.*Assembly* **And also with you.***Presider* Let us pray.

**O** GOD, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

*All* **Amen.***Please be seated for the readings.*

# THE LITURGY OF THE WORD

## READING

*Genesis 18:20–32*

**T**HE LORD said to Abraham, “How great is the outcry against Sodom and Gomorrah and how very grave their sin! I must go down and see whether they have done altogether according to the outcry that has come to me; and if not, I will know.”

So the men turned from there, and went toward Sodom, while Abraham remained standing before the LORD. Then Abraham came near and said, “Will you indeed sweep away the righteous with the wicked? Suppose there are fifty righteous within the city; will you then sweep away the place and not forgive it for the fifty righteous who are in it? Far be it from you to do such a thing, to slay the righteous with the wicked, so that the righteous fare as the wicked! Far be that from you! Shall not the Judge of all the earth do what is just?” And the LORD said, “If I find at Sodom fifty righteous in the city, I will forgive the whole place for their sake.” Abraham answered, “Let me take it upon myself to speak to the Lord, I who am but dust and ashes. Suppose five of the fifty righteous are lacking? Will you destroy the whole city for lack of five?” And he said, “I will not destroy it if I find forty-five there.” Again he spoke to him, “Suppose forty are found there.” He answered, “For the sake of forty I will not do it.” Then he said, “Oh do not let the Lord be angry if I speak. Suppose thirty are found there.” He answered, “I will not do it, if I find thirty there.” He said, “Let me take it upon myself to speak to the Lord. Suppose twenty are found there.” He answered, “For the sake of twenty I will not destroy it.” Then he said, “Oh do not let the Lord be angry if I speak just once more. Suppose ten are found there.” He answered, “For the sake of ten I will not destroy it.”

*Reader* Hear what the Spirit is saying to God’s people.

*Assembly* **Thanks be to God.**

## PSALM

*Psalm 138* [Saint Helena Psalter translation]

Plainsong Tone V.1

*The Cantor introduces the antiphon, all repeat it.*

*The Cantor chants the psalm verses, all repeating the antiphon as indicated.*



I will bow down toward your ho - ly tem - ple, and praise your Name, O God.

*Confitebor tibi*

**I** WILL give thanks to you, O God, with my whole heart; \*  
before the gods I will sing your praise.

- 2 I will bow down toward your holy temple  
and praise your Name, \*  
because of your love and faithfulness;
- 3 For you have glorified your Name \*  
and your word above all things. **ANTIPHON**
- 4 When I called, you answered me; \*  
you increased my strength within me.

- 5 All the rulers of the earth will praise you, O LORD, \*  
when they have heard the words of your mouth.
- 6 They will sing of the ways of God, \*  
that great is the glory of God. **ANTIPHON**
- 7 Although on high, God cares for the lowly; \*  
and perceives the haughty from afar.
- 8 Though I walk in the midst of trouble, you keep me safe; \*  
you stretch forth your hand against the fury of my enemies;  
your right hand shall save me.
- 9 You will make good his purpose for me; \*  
O God, your love endures for ever;  
do not abandon the works of your hands.” **ANTIPHON**

**READING**

*Colossians 2:6–15*

**A**S YOU have received Christ Jesus the Lord, continue to live your lives in him, rooted and built up in him and established in the faith, just as you were taught, abounding in thanksgiving.

See to it that no one takes you captive through philosophy and empty deceit, according to human tradition, according to the elemental spirits of the universe, and not according to Christ. For in him the whole fullness of deity dwells bodily, and you have come to fullness in him, who is the head of every ruler and authority. In him also you were circumcised with a spiritual circumcision, by putting off the body of the flesh in the circumcision of Christ; when you were buried with him in baptism, you were also raised with him through faith in the power of God, who raised him from the dead. And when you were dead in trespasses and the uncircumcision of your flesh, God made you alive together with him, when he forgave us all our trespasses, erasing the record that stood against us with its legal demands. He set this aside, nailing it to the cross. He disarmed the rulers and authorities and made a public example of them, triumphing over them in it.

*Reader* Hear what the Spirit is saying to God’s people.

*Assembly* **Thanks be to God.**

*After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.*

**GOSPEL PROCESSION**

*Children are invited to join the Gospel Procession, and gather around as the Gospel is proclaimed.*

*Children’s Chapel is on hiatus for the summer; it will resume in September.*

**GOSPEL ACCLAMATION**

Plainsong Tone I.2

*The Cantor introduces the alleluias; all repeat them. The Cantor chants the verse, and all respond with the alleluias.*



∩. The LORD is faithful in all his words, and merciful in all his deeds.

**THE HOLY GOSPEL** *Luke 11:1-13*

*Deacon* The Holy Gospel of our Savior Jesus Christ according to Luke.

*Assembly* **Glory to you, Lord Christ.**

Jesus was praying in a certain place, and after he had finished, one of his disciples said to him, “Lord, teach us to pray, as John taught his disciples.” He said to them, “When you pray, say:

Father, hallowed be your name.  
Your kingdom come.  
Give us each day our daily bread.  
And forgive us our sins,  
for we ourselves forgive everyone indebted to us.  
And do not bring us to the time of trial.”

And he said to them, “Suppose one of you has a friend, and you go to him at midnight and say to him, ‘Friend, lend me three loaves of bread; for a friend of mine has arrived, and I have nothing to set before him.’ And he answers from within, ‘Do not bother me; the door has already been locked, and my children are with me in bed; I cannot get up and give you anything.’ I tell you, even though he will not get up and give him anything because he is his friend, at least because of his persistence he will get up and give him whatever he needs.

“So I say to you, Ask, and it will be given you; search, and you will find; knock, and the door will be opened for you. For everyone who asks receives, and everyone who searches finds, and for everyone who knocks, the door will be opened. Is there anyone among you who, if your child asks for a fish, will give a snake instead of a fish? Or if the child asks for an egg, will give a scorpion? If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!”

*Deacon* The Gospel of the Lord.

*Assembly* **Praise to you, Lord Christ.**

**SERMON**

The Very Reverend Steven L. Thomason



*All rise as able.*

## THE NICENE CREED

*Authorized for use by the 1997 General Convention*

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit  
and the Virgin Mary  
and became truly human.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.

## PRAYERS OF THE ASSEMBLY

*After each petition:*

*Intercessor* Creator God;

*Assembly* Awaken us to your presence and love.

*The Presider concludes the prayers with a collect. All respond: Amen.*

## CONFESSION

*Deacon* Let us confess our sins to God.

*You are invited to stand or kneel for the confession.*

*Deacon* God of all mercy,

*All* we confess that we have sinned against you  
opposing your will in our lives.

We have denied your goodness in each other,  
in ourselves, and in the world you have created.

We repent of the evil that enslaves us,  
the evil we have done,  
and the evil done on our behalf.

Forgive, restore, and strengthen us  
through our Savior Jesus Christ,  
that we may abide in your love  
and serve only your will. Amen.

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

## THE PEACE

*Presider* The peace of Christ be always with you.

*Assembly* And also with you.

*All greet one another in the name of Christ.*

# THE LITURGY OF THE TABLE

## OFFERTORY

An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Many support Saint Mark's through pledged offerings and other gifts made by credit card, via mail, or using the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right). Together our gifts make possible this community of welcome, reconciliation and service.



## VOLUNTARY *Organ Improvisation*

All rise as able.

## THE GREAT THANKSGIVING

*Eucharistic Prayer 3, Enriching Our Worship*

*Presider* God be with you.

*Assembly* **And also with you.**

*Presider* Lift up your hearts.

*Assembly* **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

*Assembly* **It is right to give God thanks and praise.**

*Presider* All thanks and praise

are yours at all times and in all places,  
our true and loving God;  
through Jesus Christ, your eternal Word,  
the Wisdom from on high by whom you created all things.  
You laid the foundations of the world  
and enclosed the sea when it burst out from the womb;  
You brought forth all creatures of the earth  
and gave breath to humankind.  
Wondrous are you, Holy One of Blessing,  
all you create is a sign of hope for our journey;  
And so as the morning stars sing your praises  
we join the heavenly beings and all creation  
as we shout with joy:

## SANCTUS & BENEDICTUS *A Simple Missa Brevis*

Peter R. Hallock (1924–2014)

*Organ:* *Everyone:*

Ho - ly, ho - ly, ho - ly Lord God of hosts.  
Hea-ven and earth are full of your glo - ry — Ho-san - na in the high - est.  
Blest is the one who comes in the name of our God. — Ho - san - na in the high - est.



*Presider* Glory and honor are yours, Creator of all,  
your Word has never been silent;  
you called a people to yourself, as a light to the nations,  
you delivered them from bondage  
and led them to a land of promise.

Of your grace, you gave Jesus  
to be human, to share our life,  
to proclaim the coming of your holy reign  
and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer,  
you have freed us from sin,  
brought us into your life,  
reconciled us to you,  
and restored us to the glory you intend for us.

We thank you that on the night before he died for us  
Jesus took bread,  
and when he had given thanks to you, he broke it,  
gave it to his friends and said:

“Take, eat, this is my Body,  
broken for you.

Do this for the remembrance of me.”

After supper Jesus took the cup of wine,  
said the blessing, gave it to his friends and said:

“Drink this, all of you:

this cup is the new Covenant in my Blood,  
poured out for you and for all  
for the forgiveness of sin.

Do this for the remembrance of me.”

And so, remembering all that was done for us:

the cross, the tomb, the resurrection and ascension,  
longing for Christ’s coming in glory,  
and presenting to you these gifts  
your earth has formed and human hands have made,  
we acclaim you, O Christ:

**All Dying, you destroyed our death.**

**Rising, you restored our life.**

**Christ Jesus, come in glory!**

*Presider* Send your Holy Spirit upon us  
and upon these gifts of bread and wine  
that they may be to us  
the Body and Blood of your Christ.

Grant that we, burning with your Spirit’s power,  
may be a people of hope, justice, and love.

Giver of Life, draw us together in the Body of Christ,  
and in the fullness of time gather us  
with blessed Mary, Mark, and all your people  
into the joy of our true eternal home.

Through Christ and with Christ and in Christ,  
 by the inspiration of your Holy Spirit,  
 we worship you our God and Creator  
 in voices of unending praise.

**All Blessed are you now and for ever. AMEN.**

**THE LORD'S PRAYER**

Ambrosian Chant

Our Father in heaven, hallowed be your Name,  
 your kingdom come, your will be done, on earth as in heaven.  
 Give us today our dai-ly bread. Forgive us our sins as we forgive those who sin against us.  
 Save us from the time of tri-al, and de-li-ver us from e - vil.  
 For the kingdom, the power, and the glory are yours, now and for ev - er. A - men.

*The Hymnal 1982 #s-148, © 1971 Mason Martens*

*In silence, the Presider breaks the consecrated bread.*

**FRACTION ANTHEM** *The disciples knew the Lord Jesus*

Plainsong Mode 6

*The Cantor introduces the antiphon, all repeat it. The Cantor sings the verses, all repeating the antiphon as indicated.*

The dis - ci - ples\_\_ knew the Lord Je - sus in the break - ing\_\_ of the bread.

Y. The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

Y. One body are we, alleluia, for though many we share one bread. **ANTIPHON**

*The Hymnal 1982 #s-167, © 1971 Mason Martens*

## INVITATION TO COMMUNION

*Presider* The gifts of God for the people of God.

*All seeking God are welcome at Christ's Table.*

*Communion is distributed at standing stations at the head of each aisle. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the center aisle.*

- ◆ *You are welcome to stand or kneel to receive communion.*
- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

## COMMUNION VOLUNTARY *Organ Improvisation*

**HYMN 635** *If thou but trust in God to guide thee* ◆ *The Hymnal 1982 #635*

TUNE: *Wenn nur den lieben Gott*



*All rise as able.*

**SENDING OF EUCHARISTIC VISITORS**

*Presider* One body are we.

*Assembly* **For, though many, we share one bread and one cup.**

*Deacon* Go in peace, bearing holy gifts for holy people.

**PRAYER AFTER COMMUNION**

*Presider* God of abundance,

**All you have fed us**

**with the bread of life and cup of salvation;**

**you have united us**

**with Christ and one another;**

**and you have made us one**

**with all your people in heaven and on earth.**

**Now send us forth**

**in the power of your Spirit,**

**that we may proclaim your redeeming love to the world**

**and continue for ever**

**in the risen life of Christ our Savior. Amen.**

**BLESSING** *The Presider asks God's blessing on the Assembly. All respond: Amen.*

**HYMN 709** *O God of Bethel, by whose hand* ♦ *The Hymnal 1982 #709*  
stanzas 1, 3 & 5

TUNE: *Dundee*

**DISMISSAL** *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

**PRELUDE** *Vater unser im Himmelreich* [Our Father in heaven], BWV 636  
[tune of Hymn #575]

J.S. Bach (1685–1750)

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**PRESIDER**  
The Reverend Cristi Chapman

**ASSISTING LAY MINISTER**  
Judy Andrews

**EUCHARISTIC MINISTERS**  
Pamela Bradburn  
Jim Green  
Peter McClung  
Nan Sullins  
The Reverend Canon Nancy Ross

**ALTAR GUILD**  
Morgan Randall  
Sue Tait

**PREACHER**  
The Very Reverend Steven L. Thomason

**ACOLYTE**  
–

**LECTORS**  
Peter McClung  
Susan McClung

**INTERCESSOR**  
Ray Miller

**OBLATION BEARERS**  
The Yoshimura/Quiaoit family

**DEACON**  
The Reverend Earl Grout

**USHERS**  
Ralph Ermoian  
David Thompson

**GREETER**  
George Moore

**MUSICIANS**  
Gregory Bloch, *Cantor*  
John Stuntebeck, *Organist*

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