



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

THE EIGHTH SUNDAY AFTER PENTECOST ♦ AUGUST 4, 2019



Saint Mark's Cathedral welcomes former Presiding Bishop Katharine Jefferts Schori

TODAY, AUGUST 4, 10:10 A.M. (SUNDAY FORUM)

Bloedel Hall; and during the 11 a.m. Eucharist service

We are honored to have The Right Reverend Katharine Jefferts Schori as our guest this morning. She will speak at the 10:10 a.m. "Friends Talking" forum in Bloedel Hall and will preach at the 11 a.m. Eucharist. She will then lead a "Creation Care Youth Pilgrimage" beginning here at Saint Mark's and ending at La Push on the Olympic Peninsula.

Bishop Jefferts Schori was educated as a scientist, earning her Ph.D. in oceanography from Oregon State University in 1983. A decade later, she attended seminary and was ordained to the priesthood in 1994. In 2001 she was elected Bishop of Nevada, and at General Convention in 2006 she was elected the 26th Presiding Bishop of the Episcopal Church. This made her the first female Primate (head Bishop) of any church in the Anglican Communion.

Presiding Bishops are elected for nine-year terms. Bishop Jefferts Schori served in the role until the election of current Presiding Bishop Michael Curry in 2015. She now serves as Assisting Bishop in the Diocese of San Diego in California.

Newcomer's Coffee with Clergy

TODAY, AUGUST 4, AFTER MORNING SERVICES,
Leffler Living Room

Every month we host a conversation with newcomers after the 9 a.m. and 11 a.m. services to help us get to know each other, share our stories, and introduce newcomers to Saint Mark's and the Episcopal Church.

Please meet near the baptismal font after each service by the person holding a sign. Questions? Please contact Deacon Earl, newcomers@saintmarks.org or 206.518.2833.



EAT! PLAY! LOVE!

A Summer Evening Program
for the Whole Community

FOUR EVENINGS: AUGUST 12-15, 5-8 P.M.

LAST CHANCE TO REGISTER!

**Registration deadline:
Monday, August 5**

For more information and to sign up:
saintmarks.org/summer

Seattle Architecture Foundation presents: a walking tour of the cathedral's neighborhood

SATURDAY, AUGUST 10, 10 A.M. TO NOON.

Tour begins and ends at Saint Mark's. Tickets: \$18.



The Seattle Architecture Foundation, which exists to connect the people of Seattle to the rich history of our built environment, is offering a walking tour of Federal Avenue and North Capitol Hill for the first time in 10 years. The tour, titled "Understated Elegance on the Park," visits 21 different historic properties around Saint Mark's, finishing with a brief tour of the cathedral itself. These tours always sell out, but because this August date was added only recently, tickets are still available. There will also be one tour in September and one in October. For tickets, visit <https://seattlearchitecture.org/tours>.

CATHEDRAL PRAYER LIST

Prayer requests are listed in Sundays & Beyond for approximately four weeks. To add a name to the prayer list, contact 206.323.0300 x314 or prayers@saintmarks.org

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially Underhill House, Seattle; St. James Family Center, Cathlamet; and the Annie Wright School, Tacoma; the clergy, staff and vestry of Saint Mark's Cathedral; and all the ministries of Saint Mark's.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES

Christopher White Shane Monkman

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Sebastian Sartori	Dennis Campbell
Lynda Pritchard Newcombe	Mary Pacher
Mary Freundlich	Richard Tait
Diana Wright	Tom Weaver
Pam	Tabitha Gadzuk
Cyllene	Erin
Penelope Jackson	SK
Meg Higgins	Charles
Diane Stipp	Grant J
Rob Reid	Hugh & Cindy O

THOSE WHO HAVE DIED

Peter & Sally Jarvis	Yvonne White
Liz Seder	Barbara Agent
Kyle Martz	Fred Davis
Agnes Stipp	

THOSE WHO DIED IN JULY IN SEATTLE AND WERE UNSHELTERED

Joshua Mawhiney	Alexandria Nation
Sarah Peil	Douglas Alan Nelson
Derek Sanchez	Jeremy Tyler
Robert Coggle	George Barraza
Abraham Caye	

The nave altar flowers this morning are given to the glory of God and in celebration of their fiftieth wedding anniversary by Molly and Ed Henderson

Planning meeting for potential new weekday narthex welcome ministry

NEXT SUNDAY, AUGUST 11, AFTER MORNING SERVICES, Cathedral House Room 209

The Rev. Pat Taylor received a good response from her call for volunteers for a potential new ministry of daytime welcome and service to be based in the narthex. On Sunday, August 11, there will be two planning meetings in room 209—one after the 9 a.m. Eucharist and the other after the 11 a.m. service. The agenda includes deciding on a name for the ministry. Anyone interested is encouraged to attend, whether or not you signed up last week. You may also email patguggy@gmail.com with any ideas or questions.

Idris Mosque 18th Annual Community BBQ

SUNDAY, AUGUST 11, 2 P.M., 1420 NE Northgate Way, Seattle

Idris Mosque invites you to its Annual Barbecue on Sunday, August 11, from 2 p.m. to 5 p.m. This is an outreach event to neighbors and religious and civic communities and leaders in the Puget Sound



to help foster friendship and understanding. Saint Mark's parishioners have visited the mosque on several occasions—and our interest and support have been greatly appreciated. Please email brett.bowton-meade@sunriseid.com with any questions or if you would like to go there to observe prayers at another time.

What is Washington Against Nuclear Weapons?

SUNDAY, AUGUST 11, AFTER 9 & 11 A.M. SERVICES, Front patio, weather permitting, or back of the nave

What can parishioners do to help avoid nuclear war? Learn about the Washington Against Nuclear Weapons (WANW) coalition of Washington Physicians for Social Responsibility. Should Saint Mark's become a member of the WANW coalition and lend our voice to the growing number of faith-based organizations in this coalition? Problems, solutions, and questions addressed. Stop by the table on the porch after morning services on Sunday, August 11. For more information or if you can't make it on August 11, please contact Pat Leckenby at pleckenby@gmail.com or 206-316-7475.



“Holy Waste of Time” Young Adult Retreat

FRIDAY, AUGUST 16 – SUNDAY, AUGUST 18

St. Andrew's House Conference & Retreat Center, Union, WA

Come on over to St.

Andrew's House, a rustic lodge right on the Hood Canal, to relax and unwind. This popular annual retreat

is for young adults from all over the diocese. There is no agenda (promise!) but there are optional activities: kayaking, hikes, yoga, songs on the deck (bring your musical instruments!), games, swimming, arts and crafts, you name it. All meals are included—creative home-style cooking with locally sourced ingredients is a St. Andrew's House tradition. We'll finish on Sunday with a casual and collaborative Eucharist. The whole weekend (2 nights' lodging, six meals, kayak rental and activities) comes to \$85/person. Saturday day-trippers are very welcome for \$25/person. For more information, and to register, visit ecww.org, or email youngadults@ecww.org.

ST. ANDREW'S HOUSE
retreat & conference center



THE WISDOM SCHOOL AT SAINT MARK'S

The Art of Forgiveness

WEDNESDAY EVENINGS, SEPTEMBER 11, 18, & 25, 6:45–8:15 P.M., *Bloedel Hall*. *Optional community dinner at 6 p.m. (adults \$7, children \$5, max family \$20)*

Facilitated by Dean Thomason

We all know what it is to be betrayed in life, and to face the deep pain and mistrust that follow, often distorting the shape of our lives forever. Forgiveness is not forgetting or pretending the betrayal did not happen. Why is forgiving so difficult... and reconciliation often even harder?

Why does Jesus call us to forgive, and how can it be life-giving? In this series, we will explore forgiveness as a spiritual practice guided by the Wisdom literature of our Judeo-Christian tradition and other religions, while also exploring the works of modern theologians and psychologists as we seek to engage in this work and its healing balm in our lives.



Annual Family Camping Adventure

THURSDAY, AUGUST 22 – SUNDAY, AUGUST 25,

Newhalem campground in North Cascades National Park



The Annual Family Camping Adventure is August 22–25 at Newhalem campground in the North Cascades. This is a relaxed gathering with hiking and adventures for families with kids of all ages. Generally we hike on Saturday according to interest and intensity, and regroup for a potluck dinner that evening. There are lots of other options for more relaxing adventures

as well. A family-friendly river rafting excursion is being considered for Sunday. Questions? Contact Don Sutkus don@sutkus.com or Re Knack rknack@omwlaw.com.

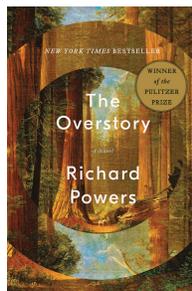
Cathedral Book Group

SUNDAY, SEPT. 15, 12:30 P.M., *Cathedral House Room 209*

Saint Mark's Book Group has selected *The Overstory* by Richard Powers for its next book. We will meet for our discussion on Sunday, September 15, after church at approximately 12:30 p.m. in Cathedral House Room 209.

The conversation will last until about 2 p.m. Attendees are welcome to bring their own lunch. *The Overstory*, which has just been awarded the Pulitzer

Prize for Fiction, is a sweeping novel peopled with a seemingly random array of characters whose stories Powers brilliantly weaves together and intertwines with the contemporary story of our forests and environment. For additional information or questions, contact Pearl McElheran, pmcElheran@comcast.net.



EARTH DAY NORTHWEST 2020

Earth Day Northwest 2020 (www.earthdaynw2020.org) is a coalition of businesses, non-profit organizations, indigenous tribal leaders, educational institutions, and faith communities in the Pacific Northwest that are joining together to protect and preserve the natural environment, commit to equity and inclusion, and ensure that our cities and towns are safe, livable, and healthy. Saint Mark's Cathedral is a member of EDNW2020, because taking care of God's gift—our planet—is a theological issue requiring our active participation. If you are interested in learning more and/or being part of a Creation Care ministry at Saint Mark's, please contact Marjorie Ringness at marjorie@ringness.org.

Each month, EDNW2020 produces “Action Resources” with specific things we all can do today to make a difference. A rotating selection of these items will be displayed in the cathedral narthex and some will be highlighted in this space.

TAKE ACTION

Concerned about climate change, but not sure what you can do about it? Here's this week's tip: **Hop on a bike!** Summer is a great time to consider biking for a healthier commute. Biking is great exercise, it reduces parking and transportation hassle, and it is virtually a zero-emission form of transportation.

Want to share what you do in your life to make a difference? Email your ideas to marjorie@ringness.org. Take the pledge to take action and empower change for a sustainable community, region, and planet at: www.earthdaynw2020.org/pledge.



SAINT MARK'S
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

*Wherever you are on
your journey of faith,
you are welcome here.*

Weekday Service Times

- MONDAY–FRIDAY, 6:30 P.M.
Evening Prayer in Thomsen Chapel
- MONDAY, 7:15 P.M.
Centering Prayer in Thomsen Chapel
- WEDNESDAY, 12 NOON
Holy Eucharist in Thomsen Chapel
- THURSDAY, 7 A.M.
Holy Eucharist in Thomsen Chapel

Cathedral Office Hours

MONDAY–FRIDAY, 9 AM–4.30 P.M.
Questions, or need to reach a member of the clergy or staff? The Cathedral Office main number is 206-323-0300.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of updates, events and activities happening on campus, and the Cathedral prayer list. It is available by electronic subscription, on Saint Mark's website, and in print in the nave. To submit announcements for these publications, visit saintmarks.org/announce. Requests are due by Tuesdays at 5 p.m. for publication on the following Sunday. Announcements may be edited for space and content.



You may make a donation to Saint Mark's at any time using the Venmo mobile app. Scan the code or search for @SaintMarksCathedralSeattle

Sunday, August 4, 2019 ♦ The Eighth Sunday after Pentecost

HOLY EUCHARIST, 8 A.M., *Thomsen Chapel*
Preacher: The Reverend Cristi Chapman, Curate

HOLY EUCHARIST, 9 A.M., *Cathedral Nave*
Preacher: The Reverend Cristi Chapman, Curate

SUNDAY FORUM, 10:10 A.M. *Bloedel Hall*
The Right Rev. Katharine Jefferts Schori in conversation with Dean Thomason

HOLY EUCHARIST, 11 A.M., *Cathedral Nave*
Preacher: The Right Rev. Katharine Jefferts Schori, former Presiding Bishop of the Episcopal Church

CATHEDRAL YOGA, 6 P.M., *Cathedral Nave*
A spiritual practice open to all.

CONTEMPLATIVE EUCHARIST, 7 P.M., *Thomsen Chapel*
With times of silence for reflection, simple meditative music by candlelight. Optional healing prayers are offered following the service.

COMPLINE, 9:30 P.M., *Cathedral Nave*
Ancient nighttime prayers, sung by the Compline Choir. A Seattle tradition since 1956; broadcast live on KING 98.1 FM, and streaming online at king.org.

Fall Inquirers' Series

TWO SATURDAYS: SEPTEMBER 28 & OCTOBER 5, 9 A.M. TO 1 P.M., *Bloedel Hall*

Come explore faith through the Episcopal lens, and discover how the Spirit may be moving uniquely in your own life. All are welcome, whatever your experience—newcomers and longtime parishioners alike. The Inquirers' Classes lead many to receive the sacrament of Baptism or be confirmed or received into the Episcopal Church. Interested? Contact The Rev. Cristi Chapman, cchapman@saintmarks.org.

Cathedral seeks part-time Events Support & Facilities Associate

Saint Mark's is now accepting applications for the position of Events Support and Facilities Associate to work with the Facilities Manager to ensure the cathedral serves its mission of being a house of prayer for all people and as a venue for community groups to meet. The Associate will represent the cathedral to parishioners, ministries, staff and outside user groups. This part-time position is 15 hours per week, usually working three evenings each week. Please visit saintmarks.org/employment for a complete job description and how to apply.



CATHEDRAL STAFF AND LEADERSHIP

- Adam Conley, *Seattle Service Corps Director* aconley@saintmarks.org
- Cristi Chapman, *Curate for Spiritual Growth & Stewardship* cchapman@saintmarks.org
- David Wagner, *Interim Facilities Manager* dwagner@saintmarks.org
- Earl Grout, *Deacon* egrout@saintmarks.org
- Emily Austin, *Deacon* eaustin@saintmarks.org
- Erik Donner, *Executive Assistant & Membership Support*. edonner@saintmarks.org
- Gregory Bloch, *Communications Director* gbloch@saintmarks.org
- Jason Anderson, *Compline Choir Director* director@complinechoir.org
- Jennifer King Daugherty, *Canon for Congregational Life* jkdougherty@saintmarks.org
- John Stuntebeck, *Associate Organist*. john_stuntebeck@hotmail.com
- Kelly Moody, *Director of Children's & Family Ministries* . . . kmoody@saintmarks.org
- Madeleine Stephens, *Music Administrator* mstephens@saintmarks.org
- Michael Kleinschmidt, *Canon for Cathedral Music* mkleinschmidt@saintmarks.org
- Michael Seewer, *Cathedral Sacristan & Head Verger* mseewer@saintmarks.org

- Nancy Ross, *Canon for Cathedral Relations* nross@saintmarks.org
- Nicole Silvernale, *Director of Youth Ministry* nsilvernale@saintmarks.org
- Rebekah Gilmore, *Associate Musician & Choir School Director* rgilmore@saintmarks.org
- Stephen Eddy, *Bookkeeper & Scheduler*. seddy@saintmarks.org
- Steve Thomason, *Dean & Rector*. sthomason@saintmarks.org

2019–2020 VESTRY

Dean & Rector: The Very Rev. Steven L. Thomason; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn; *Senior Warden:* Julia Logan; *Junior Wardens:* Jim Buskirk and Amanda Davis; Kristen Austin, Bob Chapman, Andrew Himes, Roberta Kanive, Rosemarie LeMoine, Michael Perera, Marjorie Ringness, Robert Stevens. *Diocesan Members:* Micah Kurtz and Mary Maxon. *Chancellor:* John Hoerster; *Vice-Chancellor:* Re Knack; *Clerk:* Barbara Erickson; *Treasurer:* Phil Lloyd