The Holy Eucharist
The Twelfth Sunday after Pentecost

September 1, 2019

9:00 AM
Newcomers and visitors, the community of Saint Mark’s welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark’s liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

During the summer, both the 9 and 11 a.m. liturgies will employ a Eucharistic Prayer and other liturgical elements from Enriching Our Worship 1, a collection of supplementary liturgical texts approved by the General Convention of the Episcopal Church in 1997, as well as additional texts approved in 2018. These texts employ more inclusive/expansive language, moving away from exclusively masculine terminology for the Divine, while remaining grounded in Holy Scripture and liturgical tradition. The Eucharistic Prayer which we will use (EOW Prayer 3) is notable for its invocation of Christ as the personification of Divine Wisdom, referencing passages from the Book of Job and the Wisdom of Solomon, as well as early Christian writers such as Origen and Augustine of Hippo.

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Reverend Canon Nancy Ross, Canon for Cathedral Relations, Presider
The Reverend Canon Jennifer King Daugherty, Canon for Congregational Life, Preacher

THE GATHERING

A bell tolling a few minutes before the hour bids all to keep silence for prayer and preparation.

As the opening hymn is introduced, all rise as able.

**HYMN 423**  
*Immortal, invisible, God only wise*  
*The Hymnal 1982 #423*  
Tune: St. Denio

**STANZAS 1 & 4**

**OPENING ACCLAMATION**

*Presider*  
Blessed be God: most holy, glorious, and undivided Trinity.

*Assembly*  
And blessed be God’s reign, now and forever. Amen.

**COLLECT FOR PURITY**

*Presider*  
Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

*All*  
Amen.
**COLLECT OF THE DAY**

*Presider*  God be with you.

*Assembly*  And also with you.

*Presider*  Let us pray.

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever.

*All*  Amen.

Please be seated for the readings.
THE LITURGY OF THE WORD

READER  Sirach 10:12–18

The beginning of human pride is to forsake the Lord;
the heart has withdrawn from its Maker.
For the beginning of pride is sin,
and the one who clings to it pours out abominations.
Therefore the Lord brings upon them unheard-of calamities,
and destroys them completely.
The Lord overthrows the thrones of rulers,
and enthrones the lowly in their place.
The Lord plucks up the roots of the nations,
and plants the humble in their place.
The Lord lays waste the lands of the nations,
and destroys them to the foundations of the earth.
He removes some of them and destroys them,
and erases the memory of them from the earth.
Pride was not created for human beings,
or violent anger for those born of women.

Reader  Hear what the Spirit is saying to God’s people.

Assembly  Thanks be to God.

PSALM  Psalm 112:1–7, 9

The Cantor introduces the antiphon, all repeat it.
The Cantor chants the psalm verses, all repeating the antiphon as indicated.

Happy are they who fear the Holy One.

Beatus vir

Hallelujah!
Happy are they who fear God *
and have great delight in the commandments!
2 Their descendants will be mighty in the land; *
the generation of the upright will be blessed. ANTIPHON
3 Wealth and riches will be in their house, *
and their righteousness will last for ever.
4 Light shines in the darkness for the upright; *
the righteous are merciful and full of compassion. ANTIPHON
5 It is good for them to be generous in lending *
and to manage their affairs with justice.
6 For they will never be shaken; *
   the righteous will be kept in everlasting remembrance.  
   **ANTIPHON**

7 They will not be afraid of any evil rumors; *
   their heart is right; they put their trust in God.

9 They have given freely to the poor, *
   and their righteousness stands fast for ever;
   they will hold up their head with honor.  
   **ANTIPHON**

**READING**  *Hebrews 13:1–8, 15–16*

Let mutual love continue. Do not neglect to show hospitality to strangers, for by doing that some have entertained angels without knowing it. Remember those who are in prison, as though you were in prison with them; those who are being tortured, as though you yourselves were being tortured. Let marriage be held in honor by all, and let the marriage bed be kept undefiled; for God will judge fornicators and adulterers. Keep your lives free from the love of money, and be content with what you have; for he has said, “I will never leave you or forsake you.” So we can say with confidence,

“The Lord is my helper;
   I will not be afraid.
   What can anyone do to me?”

Remember your leaders, those who spoke the word of God to you; consider the outcome of their way of life, and imitate their faith. Jesus Christ is the same yesterday and today and forever.

Through him, then, let us continually offer a sacrifice of praise to God, that is, the fruit of lips that confess his name. Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.

Reader  Hear what the Spirit is saying to God’s people.
Assembly  Thanks be to God.

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

**GOSPEL PROCESSION**

*Children are invited to join the Gospel Procession, and gather around as the Gospel is proclaimed. Children’s Chapel will resume in the next few weeks, in a new form—watch for announcements!*

**GOSPEL ACCLAMATION**  
*Plainsong Tone I.2*

The Cantor introduces the alleluias; all repeat them. The Cantor chants the verse, and all respond with the alleluias.

\[\text{Al-le-lu-ia, al-le-lu-ia, al-le-lu-ia.}\]

\[\text{℣. The commandments of the LORD are sure; they stand fast for ever and ever.}\]
ON ONE occasion when Jesus was going to the house of a leader of the Pharisees to eat a meal on the sabbath, they were watching him closely.

When he noticed how the guests chose the places of honor, he told them a parable. “When you are invited by someone to a wedding banquet, do not sit down at the place of honor, in case someone more distinguished than you has been invited by your host; and the host who invited both of you may come and say to you, ‘Give this person your place,’ and then in disgrace you would start to take the lowest place. But when you are invited, go and sit down at the lowest place, so that when your host comes, he may say to you, ‘Friend, move up higher;’ then you will be honored in the presence of all who sit at the table with you. For all who exalt themselves will be humbled, and those who humble themselves will be exalted.”

He said also to the one who had invited him, “When you give a luncheon or a dinner, do not invite your friends or your brothers or your relatives or rich neighbors, in case they may invite you in return, and you would be repaid. But when you give a banquet, invite the poor, the crippled, the lame, and the blind. And you will be blessed, because they cannot repay you, for you will be repaid at the resurrection of the righteous.”

The Gospel of the Lord.

Praise to you, Lord Christ.

The Reverend Canon Jennifer King Daugherty

All rise as able.

Authorized for use by the 1997 General Convention

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate of the Holy Spirit and the Virgin Mary and became truly human.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come.

Amen.
A Litany for Labor Day

The Presider will invite all to come forward and place the items that are symbols of your labor on the platform in front of the altar (to be retrieved after the conclusion of the service).

Deacon Let us pray to God, from whom flows all life and purpose.

Intercessor Creator God, when you formed us out of the dust of the earth,

Assembly You breathed into us the Spirit of life and gave a purpose for living.

Intercessor Through our labors you made us co-creators with you.

Assembly You gave dignity to our labors by sending your Son to labor with us.

Intercessor Through our labor, O God, you enrich the world;

Assembly By our labor, we enjoy the fruits of your creation.

Intercessor Through our labor, we find direction and meaning;

Assembly By our labor, our families are cared for so that they might flourish.

Intercessor For providing varieties of work and for blessing us by our labor,

Assembly We give you thanks, O Lord.

Intercessor For those who build and maintain: for architects and construction workers; for engineers and tradespeople; for those who work in factories and shops of all kinds; for those who cook and clean and paint and fix,

Assembly We give you thanks, O Lord.

Intercessor For those who create: for scientists and inventors; for artists and musicians; for poets, authors, and composers; for those who perform; for web and app developers; for writers and planners; for business people in every arena,

Assembly We give you thanks, O Lord.

Intercessor For those who inspire and motivate: for teachers and preachers; for religious and public servants; for those who serve the vulnerable, and those who stand up for justice, and for those who graciously receive care,

Assembly We give you thanks, O Lord.

Intercessor For those who learn, especially children, teens, and college students of all ages,

Assembly We give you thanks, O Lord.

Intercessor For those who nurture: mothers and fathers, grandparents, and mentors; for those who care for children other than their own,

Assembly We give you thanks, O Lord.

Intercessor For those who tend: for doctors, therapists, nurses, and aides, for veterinarians, for all involved in medical care and research; for those who care for neighbors and strangers; for farmers, gardeners, and those who work in the fields; and for all those whose work nourishes our bodies,

Assembly We give you thanks, O Lord.

Intercessor For those entrusted to serve the public good: for police, firefighters, and EMTs; for attorneys and accountants; and for those who serve in the armed forces, and in nonprofits,

Assembly We give you thanks, O Lord.

Intercessor For those who have retired from employment,

Assembly We give you thanks, O Lord.

Intercessor Bless those who are underemployed, unemployed, and those unable to work;

Assembly Give courage to those who seek deeper purpose.

Intercessor Keep us from laboring only for greed;

Assembly Make us loving and responsible in all that we do.

Intercessor You bless us with skills and gifts for labor;

Assembly May we use them for the benefit of others as well as ourselves.

Intercessor For all the blessings of this life, especially...

Assembly For all those suffering in body, mind, or spirit, especially...

Intercessor For all who have died, especially...

Assembly For your mercy is great.

Hear us, O Lord,

The Presider concludes the litany with a collect. All respond: Amen.
THE PEACE

Presider  The peace of Christ be always with you.
Assembly  And also with you.
All greet one another in the name of Christ.

BIRTHDAY & ANNIVERSARY BLESSINGS

Those celebrating birthdays and anniversaries in the month of September are invited to come forward to receive a blessing. The Assembly stands as able and joins the Presider in saying the prayers.

Birthdays:  Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace, which passes understanding, abide all the days of their lives; through Jesus Christ our Savior. Amen.

Anniversaries:  Loving God, in the mystery of the Holy Trinity, you reveal yourself as a community of self-giving love. We thank you for bringing us together into families. Bless we pray these couples who celebrate the anniversaries of their commitments to one another, and grant that they may grow in grace, fidelity and mutual affection all the days of their lives, through Jesus Christ our Savior. Amen.

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God’s generosity. Many support Saint Mark’s through pledged offerings and other gifts made by credit card, via mail, or using the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right). Together our gifts make possible this community of welcome, reconciliation and service.

VOLUNTARY  Organ Improvisation

All rise as able.

THE GREAT THANKSGIVING

Presider  God be with you.
Assembly  And also with you.
Presider  Lift up your hearts.
Assembly  We lift them to the Lord.
Presider  Let us give thanks to the Lord our God.
Assembly  It is right to give God thanks and praise.
Presider  All thanks and praise are yours at all times and in all places, our true and loving God; through Jesus Christ, your eternal Word, the Wisdom from on high by whom you created all things. You laid the foundations of the world and enclosed the sea when it burst out from the womb; You brought forth all creatures of the earth and gave breath to humankind. Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey; And so as the morning stars sing your praises we join the heavenly beings and all creation as we shout with joy:  

Eucharistic Prayer 3, Enriching Our Worship
Glory and honor are yours, Creator of all,
  your Word has never been silent;
you called a people to yourself, as a light to the nations,
you delivered them from bondage
  and led them to a land of promise.
Of your grace, you gave Jesus
  to be human, to share our life,
to proclaim the coming of your holy reign
  and give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer,
you have freed us from sin,
brought us into your life,
reconciled us to you,
  and restored us to the glory you intend for us.
We thank you that on the night before he died for us
Jesus took bread,
  and when he had given thanks to you, he broke it,
gave it to his friends and said:

“Take, eat, this is my Body,
  broken for you.
Do this for the remembrance of me.”

After supper Jesus took the cup of wine,
said the blessing, gave it to his friends and said:

“Drink this, all of you:
  this cup is the new Covenant in my Blood,
poured out for you and for all
  for the forgiveness of sin.
Do this for the remembrance of me.”

And so, remembering all that was done for us:
  the cross, the tomb, the resurrection and ascension,
longing for Christ's coming in glory,
and presenting to you these gifts
  your earth has formed and human hands have made,
we acclaim you, O Christ:

Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!
Presider  Send your Holy Spirit upon us
         and upon these gifts of bread and wine
         that they may be to us
               the Body and Blood of your Christ.
Grant that we, burning with your Spirit’s power,
         may be a people of hope, justice, and love.
Giver of Life, draw us together in the Body of Christ,
         and in the fullness of time gather us
               with blessed Mary, Mark, and all your people
         into the joy of our true eternal home.
Through Christ and with Christ and in Christ,
         by the inspiration of your Holy Spirit,
         we worship you our God and Creator
               in voices of unending praise.
All  Blessed are you now and for ever. AMEN.

THE LORD’S PRAYER  Ambrosian Chant

Our Father in heaven, hallowed be your Name,

your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread. Forgive us our sins as we forgive those who sin against us.

Save us from the time of trial, and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and for ever. AMEN.

The Hymnal 1982 #5-148, © 1971 Mason Martens
In silence, the Presider breaks the consecrated bread.

**FRACTION ANTHEM**  *The disciples knew the Lord Jesus*  
Plainsong Mode 6

The Cantor introduces the antiphon, all repeat it. The Cantor sings the verses, all repeating the antiphon as indicated.

\[\text{℣. The disciples knew the Lord Jesus in the breaking of the bread.}\]

\[\text{℟. One body are we, alleluia, for though many we share one bread. ANTHIPHON}\]

*The Hymnal 1982 #s-167, © 1971 Mason Martens*

**INVITATION TO COMMUNION**

*Presider*  The gifts of God for the people of God.

All seeking God are welcome at Christ’s Table.

Communion is distributed at standing stations at the head of each aisle. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider’s communion station at the center aisle.

* You are welcome to stand or kneel to receive communion.
* Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.
* Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.
* To receive a blessing instead of communion, simply cross your arms over your chest.

**COMMUNION VOLUNTARY**  *Organ Improvisation*

**HYMN 321**  *My God, thy table now is spread*  
*The Hymnal 1982 #321  TUNE: Rockingham*
All rise as able.

SENDING OF EUCHARISTIC VISITORS

Presider  One body are we.
Assembly  For, though many, we share one bread and one cup.
Deacon   Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

Presider  God of abundance,
All you have fed us
with the bread of life and cup of salvation;
you have united us
with Christ and one another;
and you have made us one
with all your people in heaven and on earth.
Now send us forth
in the power of your Spirit,
that we may proclaim your redeeming love to the world
and continue for ever
in the risen life of Christ our Savior. Amen.

BLESSING  The Presider asks God’s blessing on the Assembly. All respond:  Amen.

HYMN 376  Joyful, joyful, we adore thee  •  The Hymnal 1982 #376  
TUNE: Hymn to Joy

DISMISSAL  The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.

VOLUNTARY  Small Fugue  

Theophil Forchhammer (1847–1923)