



SAINT MARK'S
EPISCOPAL CATHEDRAL

THE HOLY EUCHARIST

THE SEVENTEENTH SUNDAY AFTER PENTECOST

October 6, 2019

9:00 AM



Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

During the annual fall appeal. October 6 through November 10, we are asking all who consider Saint Mark's Cathedral a place of spiritual connection to make a 2020 financial commitment to support the mission and ministry here. To do so, simply complete the online form at saintmarks.org/stewardship or complete a pledge card in the pew rack and drop it in the offering plate. Thank you for your support!

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Reverend Canon Nancy Ross, Canon for Cathedral Relations, *Presider*

The Very Reverend Steven L. Thomason, Dean and Rector of Saint Mark's Cathedral, *Preacher*

THE GATHERING

A bell tolling a few minutes before the hour bids all to keep silence for prayer and preparation.

As the opening hymn is introduced, all rise as able.

HYMN 11 *Awake, my soul ♦ The Hymnal 1982 #11*
 stanzas 1-3

TUNE: *Morning Hymn*

OPENING ACCLAMATION

Presider Blessed be the one, holy, and living God.
Assembly **Glory to God for ever and ever.**

COLLECT FOR PURITY

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All **Amen.**

Organ: *Everyone:*

1. Glo-ry to you, Lord God of our fa-ters; you are worthy of praise; glo-ry to you.

2. Glo-ry to you for the rad-i-ance of your ho-ly Name; we will praise you and highly ex-alt you for ev-er.

3. Glo-ry to you in the splendor of your tem-ple; on the throne of your ma-jesty, glo-ry to you.

4. Glo-ry to you, seated be-tween the Cher-u-bim; we will praise you and highly ex-alt you for ev-er.

5. Glo-ry to you, be-holding the depths; in the high vault of heaven, glo-ry to you.

6. Glo-ry to you, Father, Son, and Ho-ly Spi-rit; we will praise you and highly ex-alt you for ev-er.

The Hymnal 1982 #8-236, ©1985 Oxford University Press

Proper 22, Book of Common Prayer, p. 234

COLLECT OF THE DAY

Presider God be with you.

Assembly **And also with you.**

Presider Let us pray.

ALmighty and everlasting God, you are always more ready to hear than we to pray, and to give more than we either desire or deserve: Pour upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid, and giving us those good things for which we are not worthy to ask, except through the merits and mediation of Jesus Christ our Savior; who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All Amen.

Please be seated for the readings.

THE LITURGY OF THE WORD

READING

Habakkuk 1:1-4, 2:1-4

THE oracle that the prophet Habakkuk saw.
O LORD, how long shall I cry for help,
and you will not listen?
Or cry to you “Violence!”
and you will not save?
Why do you make me see wrong-doing
and look at trouble?
Destruction and violence are before me;
strife and contention arise.
So the law becomes slack
and justice never prevails.
The wicked surround the righteous—
therefore judgment comes forth perverted.

I will stand at my watchpost,
and station myself on the rampart
I will keep watch to see what he will say to me,
and what he will answer concerning my complaint.
Then the LORD answered me and said:
Write the vision;
make it plain on tablets,
so that a runner may read it.
For there is still a vision for the appointed time;
it speaks of the end, and does not lie.
If it seems to tarry, wait for it;
it will surely come, it will not delay.
Look at the proud!
Their spirit is not right in them,
but the righteous live by their faith.

Reader Hear what the Spirit is saying to God’s people.

Assembly **Thanks be to God.**

PSALM

Psalms 37:1-10 [St. Helena Psalter translation]

Plainchant Tone III.4

The Cantor introduces the antiphon, all repeat it.

The Cantor chants the psalm verses, all repeating the antiphon as indicated.



Com - mit your way to God and put your trust in God.

Noli æmulari

DO NOT fret yourself because of evildoers; *
do not be jealous of those who do wrong.

2 For they shall soon wither like the grass, *
and like the green grass fade away.

3 Put your trust in God and do good; *
dwell in the land and feed on its riches. **ANTIPHON**

4 Take delight in God, * who shall give you your heart’s desire.

5 Commit your way to God and put your trust in God, *
who will bring it to pass.

6 God will make your righteousness as clear as the light *
and your just dealing as the noonday. **ANTIPHON**

7 Be still before God * For God wait patiently.

8 Do not fret yourself over the one who prospers, *
the one who succeeds in evil schemes. **ANTIPHON**

9 Refrain from anger, leave rage alone; *
do not fret yourself; it leads only to evil.

10 For evildoers shall be cut off, *
but those who wait upon God shall possess the land. **ANTIPHON**

READING

2 Timothy 1:1-14

PAUL, an apostle of Christ Jesus by the will of God, for the sake of the promise of life that is in Christ Jesus,

To Timothy, my beloved child:

Grace, mercy, and peace from God the Father and Christ Jesus our Lord.

I am grateful to God—whom I worship with a clear conscience, as my ancestors did—when I remember you constantly in my prayers night and day. Recalling your tears, I long to see you so that I may be filled with joy. I am reminded of your sincere faith, a faith that lived first in your grandmother Lois and your mother Eunice and now, I am sure, lives in you. For this reason I remind you to rekindle the gift of God that is within you through the laying on of my hands; for God did not give us a spirit of cowardice, but rather a spirit of power and of love and of self-discipline.

Do not be ashamed, then, of the testimony about our Lord or of me his prisoner, but join with me in suffering for the gospel, relying on the power of God, who saved us and called us with a holy calling, not according to our works but according to his own purpose and grace. This grace was given to us in Christ Jesus before the ages began, but it has now been revealed through the appearing of our Savior Christ Jesus, who abolished death and brought life and immortality to light through the gospel. For this gospel I was appointed a herald and an apostle and a teacher, and for this reason I suffer as I do. But I am not ashamed, for I know the one in whom I have put my trust, and I am sure that he is able to guard until that day what I have entrusted to him. Hold to the standard of sound teaching that you have heard from me, in the faith and love that are in Christ Jesus. Guard the good treasure entrusted to you, with the help of the Holy Spirit living in us.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

Monthly children's chapel resumes next week, October 13.

GOSPEL ACCLAMATION

South African, arr. Gobingca George Mxadana (b. 1948)

All sing the alleluias, in four-part harmony as able.

The Cantor or Choir chants the verse below, then all repeat the alleluias.

Al - le - lu - ia, al le - lu - ia. Al - le - lu - ia, al le - lu - ia.

Al - le - lu - ia, al le - lu - ia. Al - le - lu - ia, al le - lu - ia.

¶. The word of the Lord endures forever. That word is the good news that was announced to you. —1 Peter 1:25

THE HOLY GOSPEL *Luke 17:5-10*

Deacon The Holy Gospel of our Savior Jesus Christ according to Luke.
Assembly **Glory to you, Lord Christ.**

THE apostles said to the Lord, "Increase our faith!" The Lord replied, "If you had faith the size of a mustard seed, you could say to this mulberry tree, 'Be uprooted and planted in the sea,' and it would obey you.

"Who among you would say to your slave who has just come in from plowing or tending sheep in the field, 'Come here at once and take your place at the table'? Would you not rather say to him, 'Prepare supper for me, put on your apron and serve me while I eat and drink; later you may eat and drink'? Do you thank the slave for doing what was commanded? So you also, when you have done all that you were ordered to do, say, 'We are worthless slaves; we have done only what we ought to have done!'"

Deacon The Gospel of the Lord.
Assembly **Praise to you, Lord Christ.**

SERMON

The Very Reverend Steven L. Thomason

All rise as able.

THE NICENE CREED

Authorized for use by the 1997 General Convention

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Deacon In peace, we pray to you, Lord God.

Silence

Intercessor For all people in their daily life and work;

Assembly **For our families, friends, and neighbors, and for those who are alone.**

Intercessor For this community, the nation, and the world;

Assembly **For all who work for justice, freedom, and peace.**

Intercessor For the just and proper use of your creation;

Assembly **For the victims of hunger, fear, injustice, and oppression.**

Intercessor For all who are in danger, sorrow, or any kind of trouble;

Assembly **For those who minister to the sick, the friendless, and the needy.**

Intercessor For the peace and unity of the Church of God;

Assembly **For all who proclaim the Gospel, and all who seek the Truth.**

Intercessor For Michael our Presiding Bishop, and Greg our Bishop; and for all bishops and other ministers;

Assembly **For all who serve God in God's Church.**

Intercessor For the special needs and concerns of this congregation, especially...

Silence

Intercessor Hear us, Lord;

Assembly **For your mercy is great.**

Intercessor We thank you, Lord, for all the blessings of this life, especially...

Silence

Intercessor We will exalt you, O God our King;

Assembly **And praise your Name for ever and ever.**

Intercessor We pray for all who have died, that they may have a place in your eternal kingdom, especially...

Silence

Intercessor Lord, let your loving-kindness be upon them;

Assembly **Who put their trust in you.**

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSIO

Enriching Our Worship

Deacon Let us confess our sins to God.

You are invited to stand or kneel for the confession.

Deacon God of all mercy,

**All we confess that we have sinned against you
opposing your will in our lives.**

**We have denied your goodness in each other,
in ourselves, and in the world you have created.**

**We repent of the evil that enslaves us,
the evil we have done,**

and the evil done on our behalf.

**Forgive, restore, and strengthen us
through our Savior Jesus Christ,**

**that we may abide in your love
and serve only your will. Amen.**

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

Presider The peace of Christ be always with you.

Assembly And also with you.

All greet one another in the name of Christ.

BIRTHDAY & ANNIVERSARY BLESSINGS

Those celebrating birthdays and anniversaries in the month of October are invited to come forward to receive a blessing. The Assembly stands as able and joins the Presider in saying the prayers.

Birthdays: **Watch over your children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may your peace, which passes understanding, abide all the days of their lives; through Jesus Christ our Savior. Amen.**

Anniversaries: **Loving God, in the mystery of the Holy Trinity, you reveal yourself as a community of self-giving love. We thank you for bringing us together into families. Bless we pray these couples who celebrate the anniversaries of their commitments to one another, and grant that they may grow in grace, fidelity and mutual affection all the days of their lives, through Jesus Christ our Savior. Amen.**

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Many support Saint Mark's through pledged offerings and other gifts made by credit card, via mail, or using the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right). Together our gifts make possible this community of welcome, reconciliation and service.



ANTHEM *Prayer for Peace*

WORDS: attributed to St. Francis of Assisi

MUSIC: Benjamin Harlan (b. 1954)

Lord, make me an instrument of thy peace:
that where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, let there be faith;
where there's despair, hope;
where there is darkness, light;
where there is sadness, joy.

O divine Master, grant that I may not so much seek
to be consoled as to console,
to be understood as to understand,
to be loved as to love.

It is in giving that we receive;
it is in pardoning that we are pardoned;
it is in dying that we are born to eternal life.



All rise as able.

THE GREAT THANKSGIVING

Eucharistic Prayer 1, *Enriching Our Worship*

Presider God be with you.

Assembly **And also with you.**

Presider Lift up your hearts.

Assembly **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

Assembly **It is right to give God thanks and praise.**

Presider It is truly right, and good and joyful,
to give you thanks, all-holy God,
source of life and fountain of mercy.

You have filled us and all creation with your blessing
and fed us with your constant love;
you have redeemed us in Jesus Christ
and knit us into one body.
Through your Spirit you replenish us
and call us to fullness of life.

Therefore, joining with Angels and Archangels
and with the faithful of every generation,
we lift our voices with all creation as we sing:

SANCTUS & BENEDICTUS *A Community Mass*

Richard Proulx (1937–2010)

Ho-ly, ho-ly, ho - ly Lord, God of power and might, heav'n and earth are full of your

glory. Ho-san-na in the high-est. Ho-san-na in the high-est. Blest is he who comes in the

name of the Lord. Ho - san - na in the high-est. Ho - san-na in the high-est.

The Hymnal 1982 #8-125 ©1971, 1977, G.I.A. Publications

Presider Blessed are you, gracious God,
creator of the universe and giver of life.
You formed us in your own image
and called us to dwell in your infinite love.
You gave the world into our care
that we might be your faithful stewards
and show forth your bountiful grace.
But we failed to honor your image in one another and in ourselves;
we would not see your goodness in the world around us;
and so we violated your creation,
abused one another, and rejected your love.
Yet you never ceased to care for us,
and prepared the way of salvation for all people.
Through Abraham and Sarah you called us into covenant with you.
You delivered us from slavery, sustained us in the wilderness,
and raised up prophets to renew your promise of salvation.
Then, in the fullness of time,
you sent your eternal Word, made mortal flesh in Jesus.
Born into the human family, and dwelling among us,
he revealed your glory.
Giving himself freely to death on the cross,
he triumphed over evil,
opening the way of freedom and life.
On the night before he died for us, Our Savior Jesus Christ took bread,
and when he had given thanks to you,
he broke it, and gave it to his friends, and said:
“Take, eat: This is my Body which is given for you.
Do this for the remembrance of me.”
As supper was ending, Jesus took the cup of wine,
and when he had given thanks,
he gave it to them, and said:
“Drink this, all of you: This is my Blood of the new Covenant,
which is poured out for you and for all for the forgiveness of sins.
Whenever you drink it, do this for the remembrance of me.”
Therefore we proclaim the mystery of faith:

**All Christ has died.
Christ is risen.
Christ will come again.**

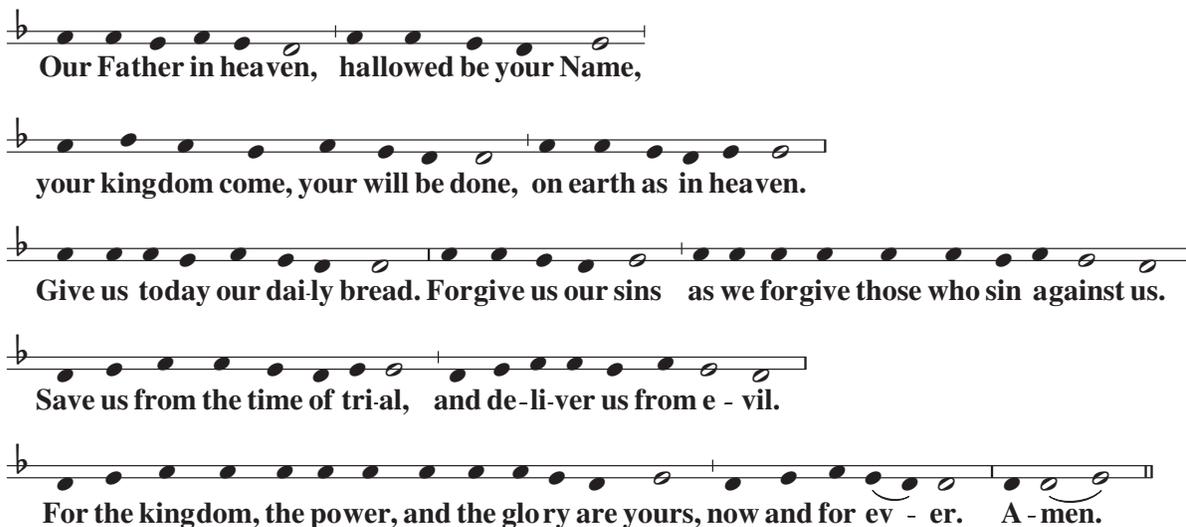
Presider Remembering his death and resurrection,
we now present to you from your creation this bread and this wine.
By your Holy Spirit may they be for us
the Body and Blood of our Savior Jesus Christ.
Grant that we who share these gifts may be filled with the Holy Spirit
and live as Christ's Body in the world.
Bring us into the everlasting heritage of your daughters and sons,
that with Mary, Mark, and all your saints,
past, present, and yet to come,
we may praise your Name for ever.

Presider Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
to you be honor, glory, and praise,
for ever and ever.

All AMEN.

THE LORD'S PRAYER

Ambrosian Chant



Our Father in heaven, hallowed be your Name,
your kingdom come, your will be done, on earth as in heaven.
Give us today our dai-ly bread. Forgive us our sins as we forgive those who sin against us.
Save us from the time of tri-al, and de-li-ver us from e - vil.
For the kingdom, the power, and the glory are yours, now and for ev - er. A - men.

The Hymnal 1982 #8-148, © 1971 Mason Martens

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM *Be known to us, Lord Jesus*

Gary James (b. 1957)

The Cantor or Choir introduces the antiphon, all repeat it.

The Cantor or Choir sings the verses, all repeating the antiphon as indicated.



Be known to us Lord Je-sus, in the break-ing of the bread.

∇. The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

∇. One body are we, alleluia, for though many we share one bread. **ANTIPHON**

Wonder, Love, & Praise #875, © 1992 Morningstar Music Publishers

INVITATION TO COMMUNION

Presider The gifts of God for the people of God.

All seeking God are welcome at Christ's Table.

Communion is distributed at standing stations at the head of each aisle. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the center aisle.

- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

COMMUNION VOLUNTARY *Organ Improvisation*

HYMN 659 *O Master let me walk with thee* ◆ *The Hymnal 1982 #659*

TUNE: *de Tar*

All rise as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly **For, though many, we share one bread and one cup.**

Deacon Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

Enriching Our Worship

Presider Loving God,

All we give you thanks

**for restoring us in your image
and nourishing us with spiritual food
in the Sacrament of Christ's Body and Blood.**

Now send us forth

**a people, forgiven, healed, renewed;
that we may proclaim your love to the world
and continue in the risen life of Christ our Savior. Amen.**

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 551 *Rise up, ye saints of God ♦ The Hymnal 1982 #551*

TUNE: Festal Song

DISMISSAL *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

VOLUNTARY *Lobe den Herren den mächtigen König der Ehren
[tune of Hymn #390, "Praise to the Lord, the Almighty"]*

Johann Gottfried Walther (1684–1748)

PRESIDER

The Reverend Canon Nancy Ross

ASSISTING LAY MINISTER

Sandra Smith

EUCHARISTIC MINISTERS

Cyndi Ademujohn

Sunshine Pegues

Lisa Graumlich

Pamela Bradburn

The Reverend Canon Cristi Chapman

OBLATION BEARERS

The Yoshimura/Quiaoit family

ALTAR GUILD

K.O. LeSure

Matthew Briggs

PREACHER

The Very Reverend Steven L. Thomason

CRUCIFER

Danielle Barnes

TORCH BEARER

Allen Barnes

Heather Sutkus

LECTORS

David Thompson

Pamela Bradburn

INTERCESSOR

Jean Leed

HOSPITALITY

Education for Ministry

DEACON

The Reverend Emily Austin

USHERS

Liz Shea

Jay Quarterman

GREETERS

Carol Green

Cameron McClung

MUSICIANS

Peter McClung &

Rebekah Gilmore, *Cantors*

Saint Mark's Singers,

Michael Kleinschmidt, *Director*

Michael Kleinschmidt

& John Stuntebeck, *Organists*