



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

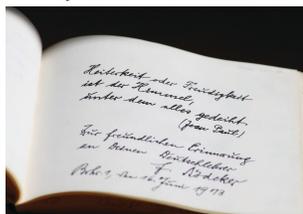
THE SEVENTEENTH SUNDAY AFTER PENTECOST ♦ OCTOBER 6, 2019

SUNDAY FORUM

The Poetic Life: Wisdom from John O'Donohue, Mary Oliver, & Wendell Berry

TODAY, OCTOBER 6, 10:10 A.M., *Bloedel Hall*

Led by Dean Thomason.



Transitions in life like marriage, a child's birth, retirement, and death present as liminal moments that invite us to cross from the familiar into newfoundland. The journey is rife with pitfalls and

the possibility of conversion. Using select poems from these three masters, we will tease out the beauty to be discovered in such experiences.

Newcomer's Coffee with Clergy

TODAY, OCTOBER 6, AFTER MORNING SERVICES, *Leffler Living Room*

Every month we host a conversation with newcomers after both the 9 a.m. and 11 a.m. services to help us get to know each other, share our stories, and introduce newcomers to Saint Mark's and the Episcopal Church.

Meet near the baptismal font after each service by the person holding a sign. Questions? Please contact Deacon Earl, newcomers@saintmarks.org or 206.518.2833.



The Organ Loft on KING-FM marks a milestone

TONIGHT, OCTOBER 6, 10 P.M., *KING 98.1 FM*



The Organ Loft is a weekly radio program on KING-FM hosted by Saint Mark's Associate Organist Emeritus Roger Sherman. It airs at 10 p.m. every Sunday, immediately following the

live broadcast of Compline. Tonight *The Organ Loft* will present its 700th original program and begin its 27th year of broadcast. The show was originally intended to convey an experience similar to hearing the Flentrop organ in the nave of Saint Mark's after the Compline service. Inspired by that idea, this special program will consist of live concert performances on the Flentrop by Canon Michael Kleinschmidt, Canon Mel Butler and Roger Sherman himself. Tune in!

ALL IN

ANNUAL GIVING FOR 2020

How is God present in all creation? How are you present to God within yourself? The theme for this year's annual appeal, **All In**, is both an invitation and a challenge to all of us to become living images of God's generosity and love, giving of our substance with joyful hearts. You can make your financial commitment using paper pledge forms or online at saintmarks.org/stewardship. On Sunday, November 10, we will gather and bless financial commitments for 2020. The names of everyone who has submitted a pledge on or before November 10 will be published on November 24. If you have questions, please contact Erik Donner at 206.323.0300, ext. 217 or edonner@saintmarks.org.

CHORAL EVENSONG
OBSERVING THE FEAST OF
ST. MICHAEL & ALL ANGELS
TODAY, 4:30 P.M.



Nominations period is now open



Information about becoming a candidate for the Vestry or as Delegate to the Diocesan Convention will be available after morning services at the back of the Nave on Sunday October 6, 13, 20, & 27. A member of the Nominations

Committee will be there to answer your questions and accept nominations for these important posts. For more information, please contact Lynne Markova at lsmarkova@comcast.net

Funeral Announcements

The funeral service for longtime parishioner Bill Hastig will occur **Saturday, October 19 at 1 p.m.** in the cathedral nave. The funeral for Nancy MacLauchlan, a descendant of the first Dean of Saint Mark's Cathedral John D. MacLauchlan, will occur **Sunday, October 20 at 2 p.m.** The Funeral for Saint Mark's member Kathie Moen will occur **Sunday, October 27 at 2 p.m.** And the funeral for member Hunter Tynes will occur **Sunday, November 10 at 2 p.m.**

CATHEDRAL PRAYER LIST

Prayer requests are listed in Sundays & Beyond for approximately four weeks. To add a name to the prayer list, contact 206.323.0300 x314 or prayers@saintmarks.org

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially St. Andrew, Aberdeen; St. Luke, Elma; and St. Germain, Hoodspport; the clergy, staff and vestry of Saint Mark's Cathedral; and all the ministries of Saint Mark's.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES

Christopher White Shane Monkman

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Paul Balmforth	Paul Balmforth
Trish Beall	Nancy Cleminshaw
Donna Barnes	Fred Fayette & family
Allison Strong	Stephen & Jana Drane
Ari Parry-Moore	Mary Bayne
Paul Osborne	Rose Osborne
Steve Smyth	Jan and Judy Kyle
Bob McLauchlan	Damianus Aditya & Rosario
Ayo Babalola	Josephine
Carlos Morales Carmona	John Patrick Burke
Tiphonie Viette	Taylor Notaro
Molly Grant	

THOSE WHO HAVE DIED

Kevin Chandler	Nancy McLauchlan
Bobby Skinner	Kathie Moen
Ian Cummings	Frances Hatzis
Matthew Soweke	Monte Pittz

IN THANKSGIVING

For the birth of Willamina James Lash Pike
For Education for Ministry, providing hospitality after morning services

P.B.S. (Parent Bible Study) presents: Celebrating the Harvest through Scripture

TODAY, OCTOBER 6, 5:30-7 P.M., AND FIRST SUNDAY OF THE MONTH, Carriage House (subsequent meetings in Leffler Living Room)



This fall, the parents of Saint Mark's will begin a new encounter with scripture on the first Sunday of the month immediately following Evensong. On October 6 and November 3, we will talk about giving, receiving, and the practices of gratitude. A potluck dinner will be served. Childcare is available. You are encouraged to RSVP: Cristi Chapman (cchapman@saintmarks.org) or Kelly Moody (kmoody@saintmarks.org).

Youth Group Night

TODAY, OCTOBER 6, 5:30-7:30 P.M., AND FIRST SUNDAY OF THE MONTH, Youth Room

Join us following the 4:30 p.m. Choral Evensong for dinner, discussion, fun, and fellowship. Each month we'll share a meal and conversation together. The evening will also feature unstructured fellowship time for crafts, games, optional activities, and continued conversation. Dinner is provided. Hope to see you there!

20s & 30s

Questioning Together

MONDAY, OCTOBER 7, 7:30 P.M., Leffler Living Room



Come be a part of this lively discussion with a kind and curious group over a light dinner. Our question this month is: **Why church? Why now?**

RSVP (appreciated but absolutely not required) to Rachel McNary at rachel.mcnary@gmail.com.

CATHEDRAL COMMONS

1-to-1's: Getting to the Heart of the Matter

WEDNESDAY, OCTOBER 9, 6:45-8:15 P.M., Bloedel Hall. Optional community dinner at 6 p.m., \$7.

What are the basic building blocks of human relationships? How do people move beyond the surface to discover what stirs the heart of another person? How does that translate into faithful action? Join Joey Ager, Lead Organizer for the Church Council of Greater Seattle, as he shares a fresh perspective on human relationships and engagement. Joey says the heart of organizing is about discovering deep concerns in the lives of those we encounter. From that starting point, people then discover what commonalities exist among them, and how they can translate those into transformative action. Joey is a native of Scotland, is trained as an organizer with mostly Spanish-speaking Catholic communities, holds a degree in Theology from Oxford University, and writes about the relationship between faith and global humanitarianism.

Feast of All Saints and Baptisms: November 3

On Sunday, November 3, the church will celebrate the Feast of All Saints, which is the next opportunity to baptize and welcome new Christians into God's household. To find out more, please contact The Rev. Canon Cristi Chapman (cchapman@saintmarks.org or 206.323.0300 x203).

Monthly Children's Chapel begins next week

SUNDAY, OCTOBER 13,
DURING THE 9 A.M.
EUCARIST SERVICE

On the third Sunday of each month, children up to age 8 are invited to explore the meaning of our liturgy together,



with special guests from the Cathedral community. This month we will explore liturgical roles and congregational movements during the Eucharist with Cathedral Sacristan Michael Seewer. We process from the Nave to the chapel following the Gospel reading, and return at the passing of the Peace. Parents are not required to attend, but are warmly welcome! Questions? Contact Kelly. Contact Scott Coil shcoil@gmail.com or Kelly Moody kmoody@saintmarks.org with questions.

SUNDAY FORUM

Jubilee USA

SUNDAY, OCTOBER 13, 10:10 A.M., *Bloedel Hall*

Do you know that Saint Mark's is a Jubilee congregation and supports the economic justice work of the Jubilee USA Network? Join Betsy Bell to learn what it means to do this work, how this has been a long standing part of justice ministry at Saint Mark's, and how you can participate. Questions? Contact Betsy Bell, betsybell37@gmail.com

Saint Mark's Music Series resumes

FRIDAY, OCTOBER 18, 7:30 P.M., *Cathedral Nave*



The 2019/20 Music Series begins with dazzling organist Christopher Houlihan! Come and hear this bright star play the mighty Flentrop organ here at the cathedral, and join us

afterwards to welcome the artist with a reception. More information and a complete listing of events may be found at: saintmarks.org/music-series

A Fierce and Tender Wisdom: Reclaiming the Feminine across Spiritual Traditions

An Evening with Mirabai Starr & Ann Holmes Redding

TUESDAY, NOVEMBER 12, 7 P.M., *Meydenbauer Center, Bellevue, WA*. Tickets: \$25. Scholarships available.

Join us for an interactive sacred celebration that reclaims and centers women's voices in spiritual spaces. In this special one-night gathering, author and teacher on interspirituality Mirabai Starr joins with Christian-Muslim guide and former Saint Mark's Cathedral staff member Ann Holmes Redding to explore and model cooperative feminine leadership in these turbulent times. Together we will step up to the call for prophetic feminine wisdom and take refuge in the sanctuary of community. Learn more at sdiworld.org. Register now at <http://bit.ly/mirabaia9> or call 425-455-1565.



CREATION CARE MINISTRY

The National Religious Coalition on Creation Care's Religious Declaration of Unprecedented Human Emergency, signed by Bishop Rickel, states "As people of faith, we believe that our planet—which nurtures and sustains life—is a gift, and that we have a responsibility to cultivate a world in which all beings can thrive, physically and spiritually." Our newly revived Creation Care Ministry is looking at how climate change affects all ministries here at Saint Mark's, and considering ways to reduce our carbon footprint as individuals and as a congregation. Contact Marjorie Ringness at marjorie@ringness.org to learn more.

Concerned about climate change, but not sure what you can do about it? Here's a tip from Earth Day Northwest: **Carpool**. Ride to work with coworkers or organize a carpool for child's sports team. According to RideShare, the US could save 3.3 million gallons of gas each day if the average commuting vehicle carried one additional person. Go to <https://earthdaynw2020.org/take-action> for more ways you can make a difference. Take the pledge to take action and empower change for a sustainable community, region, and planet at: www.earthdaynw2020.org/pledge.

Liturgical Living:

Learning to Dance with God in Every Place

FRIDAY EVENING, NOVEMBER 1, 6–8 P.M., *Bloedel Hall*; AND SATURDAY, NOVEMBER 2, 9 A.M.–2 P.M., *Skinner Auditorium*. Program is free but registration is required. Community dinner at 6 p.m. Friday with free-will offering.

Come join author and artist Gertrud Mueller Nelson as she shares her understanding of how we might "dance with God" in our simple daily cycles, in the cycles of the church year, and in the sacred celebration that is our very life, from birth to our final transition to eternity. Seasons and cycles in our year and in our very life-cycles have always been marked and celebrated by cultures throughout the world. The Church in its faithlife celebrates these cycles as well. In our liturgies they are elevated; in our sacraments they are blessed, underscored, and made communal. Collective observances and personal observances are enriched through traditions and rituals. How does our faithlife in church benefit from ceremony and sacrament? How could our familial and personal lives be enriched with our awareness and a conscious way to celebrate? Learn more and register at www.saintmarks.org/DanceWithGod.





SAINT MARK'S
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

Wherever you are on
your journey of faith,
you are welcome here.

Weekday Service Times

MONDAY-FRIDAY, 6:30 P.M.

Evening Prayer in Thomsen Chapel

MONDAY, 7:15 P.M.

Centering Prayer in Thomsen Chapel

WEDNESDAY, 5:30 P.M. (note new time)

Holy Eucharist in Thomsen Chapel

THURSDAY, 7 A.M.

Holy Eucharist in Thomsen Chapel

Cathedral Office Hours

MONDAY-FRIDAY, 9 AM-4:30 P.M.

Questions, or need to reach a member of the clergy or staff? The Cathedral Office main number is 206.323.0300.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of updates, events and activities happening on campus, and the Cathedral prayer list. It is available by electronic subscription, on Saint Mark's website, and in print in the nave. To submit announcements for these publications, visit saintmarks.org/announce. Requests are due by Tuesday at 5 p.m. for publication on the following Sunday. Announcements may be edited for space and content.



You may make a donation to Saint Mark's at any time using the Venmo mobile app. Scan the code or search for @SaintMarksCathedralSeattle

CATHEDRAL STAFF AND LEADERSHIP

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Steve Thomason, *Dean & Rector*. sthomason@saintmarks.org

2019-2020 VESTRY

Dean & Rector: The Very Rev. Steven L. Thomason; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn; *Senior Warden:* Julia Logan; *Junior Wardens:* Jim Buskirk and Amanda Davis; Kristen Austin, Andrew Himes, Roberta Kanive, Rosemarie LeMoine, Michael Perera, Marjorie Ringness, Robert Stevens. *Diocesan Members:* Micah Kurtz and Mary Maxon. *Chancellor:* John Hoerster; *Vice-Chancellor:* Re Knack; *Clerk:* Barbara Erickson; *Treasurer:* Phil Lloyd

Sunday, October 6, 2019 ♦ The Seventeenth Sunday after Pentecost

HOLY EUCHARIST, 8 A.M., *Thomsen Chapel*

Preacher: The Very Rev. Steven L. Thomason, Dean and Rector

HOLY EUCHARIST, 9 A.M., *Cathedral Nave*

Preacher: The Very Rev. Steven L. Thomason, Dean and Rector

SUNDAY FORUM, 10:10 A.M., *Bloedel Hall*. The Poetic Life: Wisdom from John O'Donohue, Mary Oliver, & Wendell Berry

HOLY EUCHARIST, 11 A.M., *Cathedral Nave*

Preacher: The Very Rev. Steven L. Thomason, Dean and Rector

CHORAL EVENSONG, 4:30 P.M. *Cathedral Nave*

Psalms, hymns, and prayers offered as a sacrifice of praise and thanksgiving for the day. Observing the Feast of St. Michael & All Angels

CATHEDRAL YOGA, 6 P.M., *Cathedral Nave*

A spiritual practice open to all.

CONTEMPLATIVE EUCHARIST, 7 P.M., *Thomsen Chapel*

A candlelit service with meditative music and time for silent reflection. Optional healing prayers are offered following the service.

COMPLINE, 9:30 P.M., *Cathedral Nave*

Ancient nighttime prayers, sung by the Compline Choir. A Seattle tradition since 1956; broadcast live on KING 98.1 FM, and streaming online at king.org.

Make a hat for a sailor!

Would you like to knit/crochet for a good cause? Join the Ministry of Worsted Wool as we make watch caps for the Mission to Seafarers. The hats will be included in Christmas ditty bags distributed to cargo ship workers from around the world. Bring your collection to the front office by Monday, November 11. Contact Barbara Erickson at bje46@msn.com for a pattern.



NEW! Community Bulletin Board

In the hallway outside the cathedral office, you will now find a large bulletin board intended for announcement and information of interest to the Saint Mark's community. Concerts, lectures, service opportunities, and announcements of all kinds are welcome. (Be aware that events posted on the board are not endorsed by the cathedral, and that posters may be removed at any time.) If you have a poster you would like to put up, simply drop it off at the front desk. Questions: Greg Bloch, gbloch@saintmarks.org.