



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

THE TWENTIETH SUNDAY AFTER PENTECOST ♦ OCTOBER 27, 2019

All-Parish Strategic Visioning Forum

TODAY, OCTOBER 27, 10:10-10:55 A.M., *Bloedel Hall*
The current Saint Mark's Strategic Plan is now almost three years old and is in need of an update. This plan plays an important role in defining the future strategy and direction of our church and you are invited to participate! Whether you are a long-time parishioner, started attending recently, or anything in between, your feedback and suggestions are welcome. Please contact Strategic Planning Committee chairs, Lynne Markova (lsmarkova@comcast.net) or Julia Logan (jmciverlogan@me.com) if you have any questions.

Saint Mark's Against Nuclear Weapons

TOMORROW, MONDAY, OCTOBER 28, 5:30-7 P.M.,
Leffler Sun Room

Join us Monday, October 28, at 5:30 p.m. for a light supper in the Leffler Sun Room to learn more about Washington Against Nuclear Weapons with Dr. Bruce Amundson, former chairman of Washington Physicians for Social Responsibility. What will it take for Saint Mark's to become a coalition member? Our children and grandchildren are asking us to make the Earth a safe home for them and all of Earth's wonderful creatures. Our decision to become part of and participate in WANW will help us do our small part towards protecting our Earth. Food provided. For more info, contact Pat Leckenby, 206.316.7475, or Betsy Bell 206.409.5940.



Liturgical Living:

Learning to Dance with God in Every Place

FRIDAY EVENING, NOVEMBER 1, 6-8 P.M., *Bloedel Hall*; AND SATURDAY, NOVEMBER 2, 9 A.M.-2 P.M., *Skinner Auditorium*. Program is free but registration is required. Community dinner provided at 6 p.m. Friday.



Lunch and snacks provided Saturday. Children are welcome to participate on Friday evening, and childcare will be available by request both days. Join us as Gertrud Mueller Nelson shares her understanding of how we might "dance with God" in our simple daily cycles, in the cycles of the seasons,

and in the sacred celebration that is our very life, from birth to our final transition to eternity. Learn more and register at www.saintmarks.org/DanceWithGod.

The Feast of All Saints

SUNDAY, NOVEMBER 3, AT ALL SERVICES
Next Sunday, the cathedral observes the Feast of All Saints, when we remember those we love but see no longer, and honor the great cloud of witnesses from every generation that surrounds us. At 11 a.m., we will welcome new members into the household of God in the sacrament of Baptism. In lieu of Sunday formation (church school, donuts & discussion, adult forum), a reception with the baptizands will occur at 10:10 a.m. **Please note that incense will be used at 11 a.m. only.**

Choral Evensong for All Saints & All Souls

SUNDAY, NOVEMBER 3, 4:30 P.M.,
Cathedral Nave

The Evensong Choir of Saint Mark's Cathedral will offer a stirring setting by Grayston Ives of Isaac Watts' poem, "There is a land of pure delight," a lively Psalm setting by Sir David Willcocks, and plainchant-based settings of the Magnificat and Nunc dimittis by Healey Willan. All are invited to this intensely musical expression of prayer and praise at the time of the setting sun, in celebration of all the saints, and in commemoration of the lives of those we love but see no longer.



CATHEDRAL COMMONS

Homelessness and Affordable Housing by the Numbers: A Conversation with Rogers Weed

WEDNESDAY, OCTOBER 30, 6:45-8:15 P.M., *Bloedel Hall*. Come early for Holy Eucharist with Service of Light at 5:30 p.m. in Thomsen Chapel, and optional Community Dinner at 6 p.m., \$7.



Join Rogers Weed as he discusses the latest data highlighting the crisis in affordable housing and its impact on homelessness in King County. Rogers will share the latest results and trends from McKinsey & Co. (known as "The McKinsey Report"). This is the first major update to the report since it was first published in 2017. From 2009 until 2013, Rogers served in Governor Chris Gregoire's cabinet. He now chairs the board of Building Changes, a nonprofit that works on preventing and ending homelessness in Washington State.

CATHEDRAL PRAYER LIST

Prayer requests are listed in Sundays & Beyond for approximately four weeks. To add a name to the prayer list, contact 206.323.0300 x314 or prayers@saintmarks.org

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially St. John/San Juan, Olympia, and St. David of Wales, Shelton; the clergy, staff, and vestry of Saint Mark's Cathedral; and all the ministries of the cathedral, especially Evening Prayer and The Greenbelt Group.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES

Christopher White Shane Monkman

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Linda Donato	Bishop Vincent Warner
Bishop Marc Andrus	Andy
Jo Ann Haines	Kathy Minsch
Jerry Wells	Neal Sullins
Nico Littleton	Rick Hodsdon
Larry Warren	Chuck Foisie
Julie Speidel	Marda Steedman-Sanborn
Derek and Amy	Maya Graumlich
Kate O'Brien	Frank Roth
V'ella Warren	Amanda and Ben
Those who struggle with the burden of debt	Neal Sullins
Those who bear the impact of climate change	Linda Leisy
	Nathan Reddall

THOSE WHO HAVE DIED

Kathie Moen	Don Hofstrand
Monte Pittz	Kate O'Brien
George Haynes	Steven Mutter
Chelsea Dupuis	Mary Norwood
Jerry Wells	

IN THANKSGIVING

For those who will be baptized on the Feast of All Saints: Waverly Jane Keck and Mark Nobuo Uyeda, and for their sponsors.

For Saint Mark's Greeters ministry, providing hospitality after morning services

The nave altar flowers are given to the glory of God and in loving memory of Kathie Moen by Steve Moen.

20s & 30s Questioning Together

MONDAY, NOVEMBER 4, 7:30 P.M., *Leffler Living Room*

Come be a part of this lively discussion with a kind and curious group over a light dinner.



Our question this month is: **How do heaven and hell figure (or not) into your belief system?** Contact *rachel.mcnary@gmail.com* for questions or to RSVP (appreciated but absolutely not required).

Join the Mideast Focus Ministry

NEXT MEETING: TUESDAY, NOVEMBER 5, 7 P.M.,

Leffler Living Room

The Mideast Focus Ministry invites you to join us in our struggle for justice, and to educate our community about human rights in the Holy Land. Please, join us! Meetings are on the first Tuesday of the month at 7 p.m. in Leffler Living Room. We are currently looking for someone to oversee publicity for the 2020 film series. Please contact: Ruth McRee at 206.524.3016.



CATHEDRAL COMMONS

Sanctuary at Saint Mark's welcomes:

Casa Latina Mujeres Sin Fronteras

WEDNESDAY, NOVEMBER 6, 6:45-8:15 P.M., *Bloedel Hall*. Come early for Holy Eucharist with Service of Light at 5:30 p.m. in Thomsen Chapel, and optional Community Dinner at 6 p.m., \$7

The mighty *Mujeres Sin Fronteras* (Women Without Borders) group from Casa Latina comes to Saint Mark's for Cathedral Commons to share their inspiring personal stories with us and their work and successes in rights and safety for domestic workers. Saint Mark's is grateful to be in relationship with Casa Latina, and to hear first hand how our Latinx neighbors are making a difference in the community in the midst of these fraught times. We make a difference when we know each other face to face.

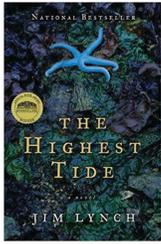
FUNERAL ANNOUNCEMENTS

This season we celebrate the life of several community members who have died:

- ◆ **Kathie Moen**, Today: Sunday, October 27 at 2 p.m. in the cathedral nave.
- ◆ **Hunter Tynes**, Sunday, November 10 at 2 p.m. in the cathedral nave.
- ◆ **George Haynes**, Saturday, November 16 at 1 p.m. in Thomsen Chapel.

Cathedral Book Discussion Group

SUNDAY, NOVEMBER 10, 12:30 P.M., *Cathedral House Room 209*



Join the discussion on the second Sunday of the month to discuss *The Highest Tide* by acclaimed local author Jim Lynch. This is a spellbinding novel about a young boy's fascination with the wonders of the seashore during a summer that will change his life. This book is suitable for young readers—youth and families are welcome.

Faith Action Network Annual Dinner

SUNDAY, NOVEMBER 10, 4:30 P.M., *Renton Pavilion Event Center*

Eager to make a difference? Join other members of Saint Mark's at the annual Faith Action Network Dinner on Sunday, November 10.

FAN is a statewide interfaith lobbying organization that works on issues such as gun safety, immigrant rights, homelessness, gender equality, and other issues that impact all Washington residents. Meet other members of faith in this celebration of what we have accomplished, and what we can accomplish. The event is sponsored in part by the Episcopal Diocese of Olympia. Doors open at 4:30; dinner is at 5:30. Contact Tom Sunderland for details at tsunderland@mail.com.



SUNDAY FORUM

Mideast Focus presents: A Refugee's Story through the Lens of a Local Seattle Filmmaker

SUNDAY, NOVEMBER 17, 10:10 A.M., *Bloedel Hall*



The Mideast Focus Ministry invites you to see an award-winning short film titled *This Being Human*. In 2003, when the war in Iraq began, Hameed was 7 years old. This film is about a young boy's struggle to escape a war-ravaged home and how it brought him to Seattle. Hameed Makttoof, the subject of the film, and the filmmaker,

Aimie Vallat, will join us to discuss the film and address questions you might have.

Open House at Federal Way Sikh Center

SUNDAY, NOVEMBER 17, 4 P.M., *Khalsa Gurmat Center, 2835 South 344th St., Federal Way*

On November 17, the Khalsa Gurmat School and Sikh Community Center will host an interfaith open house in celebration of the 550th anniversary of the founder of the Sikh faith, Guru Nanak. They reached out to invite the Saint Mark's community to attend "to learn about the Sikh community and create some shared experiences so that we can stand together in solidarity." Learn more at www.khalsagurmatcenter.org. Contact gbloch@saintmarks.org if you are interested in carpooling to and from the cathedral.



ALL IN

ANNUAL GIVING FOR 2020

How is God present in all creation? How are you present to God within yourself? The theme for this year's annual appeal, **All In**, is both an invitation and a challenge to all of us to become living images of God's generosity and love, giving of our substance with joyful hearts. You can make your financial commitment using paper pledge forms, or online at saintmarks.org/stewardship. On Sunday, November 10, we will gather and bless financial commitments for 2020. The names of everyone who has submitted a pledge on or before November 10 will be published on November 24. If you have questions, please contact Erik Donner at 206.323.0300, x217 or edonner@saintmarks.org.

Don't miss the short video stewardship messages, available now at saintmarks.org/stewardship.



CREATION CARE MINISTRY

The National Religious Coalition on Creation Care's Religious Declaration of Unprecedented Human Emergency, signed by Bishop Rickel, states "As people of faith, we believe that our planet—which nurtures and sustains life—is a gift, and that we have a responsibility to cultivate a world in which all beings can thrive, physically and spiritually." Our newly revived Creation Care Ministry is looking at how climate change affects all ministries here at Saint Mark's, and considering ways to reduce our carbon footprint as individuals and as a congregation. Contact Marjorie Ringness at marjorie@ringness.org to learn more.

Concerned about climate change, and want to make a difference? Here's a tip from Earth Day Northwest: Winter is coming and we'll all turning up the heat. **Set the thermostat to 68° F or lower when you're at home and awake, and lower it 7–10° F when you're asleep or away.** Even small steps can help make a big difference on your monthly energy bills—lowering your energy costs and guaranteeing your home will be cozier when the mercury drops. Go to www.earthdaynw2020.org for more ideas and to pledge to make a difference in your own small way.



SAINT MARK'S
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

Wherever you are on
your journey of faith,
you are welcome here.

Weekday Service Times

MONDAY-FRIDAY, 6:30 P.M.

Evening Prayer in Thomsen Chapel

MONDAY, 7:15 P.M.

Centering Prayer in Thomsen Chapel

WEDNESDAY, 5:30 P.M. (note new time)

Holy Eucharist in Thomsen Chapel

THURSDAY, 7 A.M.

Holy Eucharist in Thomsen Chapel

Cathedral Office Hours

MONDAY-FRIDAY, 9 AM-4:30 P.M.

Questions, or need to reach a member of the clergy or staff? The Cathedral Office main number is 206.323.0300.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of updates, events and activities happening on campus, and the Cathedral prayer list. It is available by electronic subscription, on Saint Mark's website, and in print in the nave. To submit announcements for these publications, visit saintmarks.org/announce. Requests are due by Tuesday at 5 p.m. for publication on the following Sunday. Announcements may be edited for space and content.



You may make a donation to Saint Mark's at any time using the Venmo mobile app. Scan the code or search for @SaintMarksCathedralSeattle

CATHEDRAL STAFF AND LEADERSHIP

Adam Conley, *Seattle Service Corps Director*aconley@saintmarks.org
Cristi Chapman, *Canon for Spiritual Growth & Stewardship* cchapman@saintmarks.org
David Wagner, *Facilities Manager*dwagner@saintmarks.org
Earl Grout, *Deacon*egrout@saintmarks.org
Emily Austin, *Deacon*eaustin@saintmarks.org
Erik Donner, *Executive Assistant & Membership Support*. edonner@saintmarks.org
Gregory Bloch, *Communications Director*gbloch@saintmarks.org
James Pannell, *Director of Operations*.jpannell@saintmarks.org
Jason Anderson, *Compline Choir Director*director@complinechoir.org
Jennifer King Daugherty, *Canon for Congregational Life*jkdaugherty@saintmarks.org
John Stuntebeck, *Associate Organist*.john_stuntebeck@hotmail.com
Kelly Moody, *Director of Children's & Family Ministries* . kmoody@saintmarks.org
Madeleine Stephens, *Music Administrator*mstephens@saintmarks.org
Michael Kleinschmidt, *Canon for Cathedral Music* .mkleinschmidt@saintmarks.org

Michael Seewer, *Cathedral Sacristan & Head Verger* . . . mseewer@saintmarks.org
Nancy Ross, *Canon for Cathedral Relations* nross@saintmarks.org
Nicole Silvernale, *Director of Youth Ministry*nsilvernale@saintmarks.org
Rebekah Gilmore, *Associate Musician & Choir School Director* rgilmore@saintmarks.org
Stephen Eddy, *Bookkeeper & Scheduler* seddy@saintmarks.org
Steve Thomason, *Dean & Rector*. sthomason@saintmarks.org

2019-2020 VESTRY

Dean & Rector: The Very Rev. Steven L. Thomason; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn; *Senior Warden:* Julia Logan; *Junior Wardens:* Jim Buskirk and Amanda Davis; Kristen Austin, Andrew Himes, Roberta Kanive, Rosemarie LeMoine, Michael Perera, Marjorie Ringness, Robert Stevens. *Diocesan Members:* Micah Kurtz and Mary Maxon. *Chancellor:* John Hoerster; *Vice-Chancellor:* Re Knack; *Clerk:* Barbara Erickson; *Treasurer:* Phil Lloyd

Sunday, October 27, 2019 ♦ The Twentieth Sunday after Pentecost

HOLY EUCHARIST, 8 A.M., *Thomsen Chapel*

Preacher: Kelly Moody, Director of Children's and Family Ministries

HOLY EUCHARIST, 9 A.M., *Cathedral Nave*

Preacher: Kelly Moody, Director of Children's and Family Ministries

SUNDAY FORMATION, 10:10 A.M., *Bloedel Hall:* A Conversation About Strategic Planning with members of the Strategic Visioning Committee.

St. Nicholas Building: Godly Play (for ages 3-8); Jesus and his Kingdom of Equals (ages 9-11). *Youth Room:* Donuts & Discussion (junior high/high school).

HOLY EUCHARIST, 11 A.M., *Cathedral Nave*

Preacher: Kelly Moody, Director of Children's and Family Ministries

FUNERAL, 2 P.M., *Cathedral Nave.* Funeral liturgy for Kathie Moen

CATHEDRAL YOGA, 6 P.M., *Cathedral Nave*

A spiritual practice open to all.

CONTEMPLATIVE EUCHARIST, 7 P.M., *Thomsen Chapel*

A candlelit service with meditative music and time for silent reflection. Optional healing prayers are offered following the service.

COMPLINE, 9:30 P.M., *Cathedral Nave*

Ancient nighttime prayers, sung by the Compline Choir. A Seattle tradition since 1956; broadcast live on KING 98.1 FM, and streaming online at king.org. *tonight featuring the world premiere of "Love One Another," an anthem by renowned American composer Alice Parker, written especially for the choir.*

Volunteers Needed for Diocesan Convention

FRIDAY, NOVEMBER 8, *Lynnwood Convention Center*

The annual Diocesan Convention would not be possible without our wonderful volunteers! Volunteers are needed at the registration desk for morning and afternoon shifts (8:30 a.m.-noon or 11:30 a.m.-3:00 p.m.). If you are interested in helping this year, please contact Matt Koski, Diocesan Resource Coordinator, at mkoski@ecww.org, and indicate which time you can volunteer.

Final Sunday of the Nominations Committee Information Table

Information about becoming a candidate for the Vestry or as a Delegate to the Diocesan Convention will be available in the rear of the nave after morning services for the final time on Sunday October 27. A member of the Nominations Committee will be there to answer your questions and accept nominations for these important posts. For more information, please contact Lynne Markova at lsmarkova@comcast.net.

