



# SUNDAYS & BEYOND

*The Saint Mark's Cathedral weekly newsletter*

ALL SAINTS' SUNDAY • NOVEMBER 3, 2019



## CATHEDRAL COMMONS

### Sanctuary at Saint Mark's Welcomes: Casa Latina Mujeres Sin Fronteras

WEDNESDAY, NOVEMBER 6, 6:45–8:15 P.M., Bloedel Hall. Come early for Holy Eucharist with Service of Light at 5:30 p.m. in Thomsen Chapel, and optional Community Dinner at 6 p.m., \$7

The mighty *Mujeres Sin Fronteras* (Women Without Borders) group from Casa Latina comes to Saint Mark's for Cathedral Commons to share their inspiring personal stories with us and their work and successes in rights and safety for domestic workers. Saint Mark's is grateful to be in relationship with Casa Latina, and to hear first hand how our Latinx neighbors are making a difference in the community in the midst of these fraught times. We make a difference when we know each other face to face.

## The Feast of All Saints

TODAY, NOVEMBER 3, AT ALL SERVICES

Today the cathedral observes the Feast of All Saints, when we remember those we love but see no longer, and honor the great cloud of witnesses from every generation that surrounds us. At 11 a.m., we will welcome new members into the household of God in the sacrament of Baptism. Please note that incense will be used at 11 a.m. only. In lieu of Sunday formation (church school, donuts & discussion, adult forum), there will be a festive reception in the nave following the 9 and 11 a.m. services.

## Choral Evensong for All Saints & All Souls

TODAY, NOVEMBER 3, 4:30 P.M.,

*Cathedral Nave*

The Evensong Choir of Saint Mark's Cathedral will offer a stirring setting by Grayston Ives of Isaac Watts' poem, "There is a land of pure delight," a lively Psalm setting by Sir David Willcocks, and plainchant-based settings of the Magnificat and Nunc dimittis by Healey Willan. All are invited to this intensely musical expression of prayer and praise at the time of the setting sun, in celebration of all the saints, and in commemoration of the lives of those we love but see no longer.

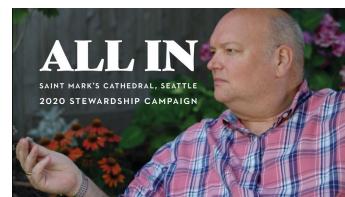


# ALL IN

ANNUAL GIVING FOR 2020

How is God present in all creation? How are you present to God within yourself? The theme for this year's annual appeal, **All In**, is both an invitation and a challenge to all of us to become living images of God's generosity and love, giving of our substance with joyful hearts. You can make your financial commitment using paper pledge forms, or online at [saintmarks.org/stewardship](http://saintmarks.org/stewardship). **Next**

**Sunday, November 10**, we will gather and bless financial commitments for 2020. The names of everyone who has submitted a pledge on or before November 10 will be published on November 24. If you have questions, please contact Erik Donner at 206.323.0300, x217 or [edonner@saintmarks.org](mailto:edonner@saintmarks.org).



Don't miss the short video stewardship messages, available now at [saintmarks.org/stewardship](http://saintmarks.org/stewardship).



## CATHEDRAL PRAYER LIST

Prayer requests are listed in Sundays & Beyond for approximately four weeks. To add a name to the prayer list, contact 206.323.0300 x314 or [prayers@saintmarks.org](mailto:prayers@saintmarks.org)

### THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially The Church of the Transfiguration, Darrington, and St. Martin-St. Francis, Rockport; the clergy, staff, and vestry of Saint Mark's Cathedral; and all the ministries of the cathedral, especially the Prayer Chain ministry and Habitat for Humanity.

### THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

### ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES

Christopher White                           Shane Monkman

### THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Linda Donato	Bishop Vincent Warner
Bishop Marc Andrus	Andy
Jo Ann Haines	Kathy Minsch
Jerry Wells	Neal Sullins
Nico Littleton	Rick Hodsdon
Larry Warren	Chuck Foisie
Julie Speidel	Marda Steedman-Sanborn
Derek and Amy	Maya Graumlich
Kate O'Brien	Frank Roth
V'Ella Warren	Amanda and Ben
Those who struggle with the burden of debt	Neal Sullins
Those who bear the impact of climate change	Linda Leisy
	Nathan Reddall
	Nancy Valaas

### THOSE WHO HAVE DIED

George Haynes	Kate O'Brien
Chelsea Dupuis	Steven Mutter
Jerry Wells	Mary Norwood
Don Hofstrand	J. David Andrews

### IN THANKSGIVING

For the life of Michael Szabadi, in whose memory the nave flowers are given by Christine Szabadi.

For Jonie Ashby Pritchard, for whom the nave flowers are given in celebration of her birthday by the Pritchard family.

For the ministry of Shelley Wee, new Lutheran bishop of the Northwest Washington Synod of the ELCA, who was installed here yesterday.

For Waverly Jane Keck and Mark Nobuo Uyeda, on the day of their Baptisms, and in whose honor today's hospitality is offered.

## 20s & 30s Questioning Together

MONDAY, NOVEMBER 4, 7:30 P.M., *Leffler Living Room*

Come be a part of this lively discussion with a kind and curious group over a light dinner.



Our question this month is: **How do heaven and hell figure (or not) into your belief system?** Contact *rachel.mcnary@gmail.com* for questions or to RSVP (appreciated but absolutely not required).

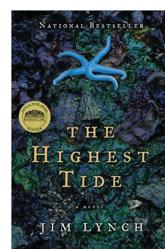
## Join the Mideast Focus Ministry

NEXT MEETING: TUESDAY, NOVEMBER 5, 7 P.M., *Leffler Living Room*

The Mideast Focus Ministry invites you to join us in our struggle for justice, and to educate our community about human rights in the Holy Land. Please, join us! Meetings are on the first Tuesday of the month at 7 p.m. in Leffler Living Room. We are currently looking for someone to oversee publicity for the 2020 film series. Please contact: Ruth McRee at 206.524.3016.

## Cathedral Book Discussion Group

NEXT SUNDAY, NOVEMBER 10, 12:30 P.M., *Cathedral House Room 209*



Join the discussion on the second Sunday of the month to discuss *The Highest Tide* by acclaimed local author Jim Lynch. This is a spellbinding novel about a young boy's fascination with the wonders of the seashore during a summer that will change his life. This book is suitable for young readers—youth and families are welcome.

## Faith Action Network Annual Dinner

SUNDAY, NOVEMBER 10, 4:30 P.M., *Renton Pavilion Event Center*

Eager to make a difference? Join other members of Saint Mark's at the annual Faith Action Network Dinner on Sunday, November 10.



FAN is a statewide interfaith lobbying organization that works on issues such as gun safety, immigrant rights, homelessness, gender equality, and other issues that impact all Washington residents. Meet other members of faith in this celebration of what we have accomplished, and what we can accomplish. The event is sponsored in part by the Episcopal Diocese of Olympia. Doors open at 4:30; dinner is at 5:30. Contact Tom Sunderland for details at [tsunderland@mail.com](mailto:tsunderland@mail.com).

## FUNERAL ANNOUNCEMENTS

- ◆ **Hunter Tynes**, Sunday, November 10 at 2 p.m. in the cathedral nave.
- ◆ **George Haynes**, Saturday, November 16 at 1 p.m. in Thomsen Chapel.

## **A Fierce and Tender Wisdom: Reclaiming the Feminine across Spiritual Traditions**

**An Evening with Mirabai Starr & Ann Holmes Redding**  
TUESDAY, NOVEMBER 12, 7 P.M., *Meydenbauer Center, Bellevue, WA.* Tickets: \$25. Scholarships available.



Author and teacher on interspirituality Mirabai Starr joins with Christian-Muslim guide and former Saint Mark's Cathedral staff member Ann Holmes Redding to explore and model cooperative feminine leadership in these turbulent times.

Learn more at [sdiworld.org](http://sdiworld.org). Register now at <http://bit.ly/mirabai9> or call 425-455-1565.

## **INTERFAITH DIALOGUE MINISTRY**

### **Prayers at Idris Mosque**

THURSDAY, NOVEMBER 14, 7 P.M., *Idris Mosque, 1420 NE Northgate Way, Seattle*



A group of Saint Mark's parishioners will visit Idris Mosque for evening prayers with a question and answer period following. It is recommended that we arrive between 7 and 7:15 p.m.—the call to prayer will be around 7:20, and prayers will begin at 7:30, lasting about fifteen minutes. We usually spend another half hour afterward in discussion. Idris Mosque is located in Northgate, a few blocks from the mall. Send a note to [brettb@sunriseid.com](mailto:brettb@sunriseid.com) for further information if you plan to attend.

## **SUNDAY FORUM**

### **Mideast Focus Presents: A Refugee's Story through the Lens of a Local Seattle Filmmaker**

SUNDAY, NOVEMBER 17, 10:10 A.M., *Bloedel Hall*



The Mideast Focus Ministry invites you to see an award-winning short film titled *This Being Human*. In 2003, when the war in Iraq began, Hameed was 7 years old. This film is about a young boy's struggle to escape a war-ravaged home and how it brought him to Seattle. Hameed Makttoof, the subject of the film, and the filmmaker, Aimie Vallat, will join us to discuss the film and address questions you might have.

## **SAINT MARK'S MUSIC SERIES**

### **Organ Plus: Zach Hemenway, Organ, & Danielle Sampson, Soprano**

SUNDAY, NOVEMBER 17, 2 P.M., *Thomsen Chapel*

Zach Hemenway is currently Director of Music of Epiphany Parish, Seattle; Danielle Sampson is an avid performer of Baroque music. Together these Seattle locals will perform a program of Baroque music by composers such as Schütz, Purcell, and Hammerschmidt for the second concert of the Saint Mark's Music Series.

## **CREATION CARE MINISTRY**

NEXT MEETING: THURSDAY, NOVEMBER 7, 6 P.M., *Leffler Living Room*

Saint Mark's is considering how it can reduce its carbon footprint, both as an institution and as a community. **Take the climate quiz** at <https://edition.cnn.com/interactive/2019/04/specials/climate-change-solutions-quiz/index.html> and be surprised at what you know and don't know! **Come to the next Creation Care Ministry meeting** this coming Thursday evening. Contact Marjorie Ringness at [marjorie@ringness.org](mailto:marjorie@ringness.org) to learn more.

And here's this week's tip from Earth Day Northwest 2020: **Stop the drain of "vampire energy"**—standby power for devices plugged in but not in use (like phone chargers, etc.). Simplify things by using a power strip and turning it off when devices aren't being used. Go to [www.earthdaynw2020.org](http://www.earthdaynw2020.org) for more ideas and to pledge to make a difference in your own small way.

## **Newcomers & Inquirers Brunch**

SUNDAY, NOVEMBER 17, 12:30 P.M., *Diocesan House (three buildings north of the cathedral)*



A newcomers' event normally occurs on the first Sunday of every month, but this month the gathering has been rescheduled for November 17. We will serve a festive brunch in the elegant and historic setting of Diocesan House. Stay tuned for more information.

## **CATHEDRAL COMMONS**

**Special Parish Gathering: Holding Loss, Remembrance, and Hope in Our Community, with Dean Steve Thomason and Canon Cristi Chapman**  
WEDNESDAY, NOVEMBER 20, 6:45 P.M., *Bloedel Hall*. Come early for Holy Eucharist with Service of Light at 5:30 p.m. in Thomsen Chapel, and/or optional Community Dinner at 6 p.m., \$7.

It is November. The days get darker, we commemorate All Souls, we feel the holiday season approaching... and we ache for loved ones we no longer see. The Saint Mark's community has lost several beloved members in recent months, and many of us have lost dear ones in our lives, both recently and in the past. Come together in community with the Dean and Canon Chapman on November 20 to name the losses that are on our hearts at this time, share our stories, and make ritual around this journey. None of us is alone, and honoring our stories and our love and our loss is a sacred way to hold each other in hope and light as Christ's people.





**SAINT MARK'S**  
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102

206.323.0300  
[info@saintmarks.org](mailto:info@saintmarks.org)  
[saintmarks.org](http://saintmarks.org)

*Wherever you are on  
your journey of faith,  
you are welcome here.*

**Weekday Service Times**

MONDAY–FRIDAY, 6:30 P.M.

Evening Prayer in Thomsen Chapel

MONDAY, 7:15 P.M.

Centering Prayer in Thomsen Chapel

WEDNESDAY, 5:30 P.M. (*note new time*)

Holy Eucharist in Thomsen Chapel

THURSDAY, 7 A.M.

Holy Eucharist in Thomsen Chapel

**Cathedral Office Hours**

MONDAY–FRIDAY, 9 AM–4:30 P.M.

Questions, or need to reach a member of the clergy or staff? The Cathedral Office main number is 206.323.0300.

**SUNDAYS & BEYOND**

*Sundays & Beyond* is a weekly publication of updates, events and activities happening on campus, and the Cathedral prayer list. It is available by electronic subscription, on Saint Mark's website, and in print in the nave. To submit announcements for these publications, visit

[saintmarks.org/announce](http://saintmarks.org/announce). Requests are due by Tuesday at 5 p.m. for publication on the following Sunday. Announcements may be edited for space and content.



You may make a donation to Saint Mark's at any time using the Venmo mobile app. Scan the code or search for [@SaintMarksCathedralSeattle](#)

**CATHEDRAL STAFF AND LEADERSHIP**

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Steve Thomason, *Dean & Rector* . . . . . [sthomason@saintmarks.org](mailto:sthomason@saintmarks.org)

**2019–2020 VESTRY**

*Dean & Rector:* The Very Rev. Steven L. Thomason; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn; *Senior Warden:* Julia Logan; *Junior Wardens:* Jim Buskirk and Amanda Davis; Kristen Austin, Andrew Himes, Roberta Kanive, Rosemarie LeMoine, Michael Perera, Marjorie Ringness, Robert Stevens. *Diocesan Members:* Micah Kurtz and Mary Maxon. *Chancellor:* John Hoerster; *Vice-Chancellor:* Re Knack; *Clerk:* Barbara Erickson; *Treasurer:* Phil Lloyd

**Sunday, November 3, 2019 ♦ All Saints' Sunday**

**HOLY EUCHARIST, 8 A.M., *Thomsen Chapel***

*Preacher:* The Very Rev. Steven L. Thomason, Dean and Rector

**HOLY EUCHARIST, 9 A.M., *Cathedral Nave***

*Preacher:* The Very Rev. Steven L. Thomason, Dean and Rector

**BAPTISM CELEBRATION, AFTER 9 & 11 A.M. SERVICES.** In lieu of Sunday formation in the 10 a.m. hour, there will be a festive reception in the nave. A reception for the newly baptized will follow the 11 a.m. service.

**HOLY EUCHARIST WITH BAPTISMS, 11 A.M., *Cathedral Nave***

*Preacher:* The Very Rev. Steven L. Thomason, Dean and Rector

**CHORAL EVENSONG, 4:30 P.M. *Cathedral Nave***

Psalms, hymns, prayers, and canticles offered as a sacrifice of praise and thanksgiving for the day. Commemorating All Saints/All Souls.

**CATHEDRAL YOGA, 6 P.M., *Cathedral Nave***

A spiritual practice open to all.

**CONTEMPLATIVE EUCHARIST, 7 P.M., *Thomsen Chapel***

A candlelit service with meditative music and time for silent reflection. Optional healing prayers are offered following the service.

**COMPLINE, 9:30 P.M., *Cathedral Nave***

Ancient nighttime prayers, sung by the Compline Choir. A Seattle tradition since 1956; broadcast live on KING 98.1 FM, and streaming online at [king.org](http://king.org).

**Following in Celtic Footsteps—**

**A Pilgrimage to Iona & Ancient Missions of Britain**

**AUGUST 19 THROUGH 30, 2020**

*Facilitated by Dean Steve Thomason & The Rev. Canon Cristi Chapman*

The shape of this 11-day trip is contemplative and communal, drawing on the ancient wisdom of Celtic spirituality and the monastic rhythms of worship, prayer, and life in community, while also breathing in the serene beauty of the landscape. We will begin the journey with Durham as our base, moving about ancient missions in Northumbria. We will lodge just down from magnificent Durham Cathedral, containing Cuthbert's shrine and Bede's tomb. We will make our way to Glasgow, then on to the island of Iona, known as a "thin place" of holy presence. Inspiration along our journey will draw on the lives of early saints like Columba, Aidan, and Bede, as well as writings by modern spiritualists like John Phillip Newell, John O'Donohue, and Esther de Waal. **Please pick up a brochure in the back of the nave for complete itinerary, cost, and registration information.**

Visit [saintmarks.org/iona](http://saintmarks.org/iona) to learn more.

