



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

THE TWENTY-SECOND SUNDAY AFTER PENTECOST ♦ NOVEMBER 10, 2019



ALL IN ANNUAL GIVING FOR 2020

Today is Ingathering Sunday, when financial commitments made to the cathedral for 2020 are presented and blessed. Following the service, there will be an Ingathering Celebration in the nave. On November 24, The names of all those who have made a pledge by today will be published (unless you have requested to remain anonymous.)

If you have not yet made your pledge for the coming year, it is not too late! Contact Erik Donner at 206.323.0300, x217 or edonner@saintmarks.org if you have any questions or to finalize your pledge.

Strategic Planning Survey



If you receive emails from the cathedral, you should have received an announcement this week inviting you to participate in the online Strategic Planning Survey. Recently, ministry groups have met to share their insights, and there were two parish forums in October, but if you did not have the opportunity to attend a meeting in person, or if you are simply more comfortable sharing

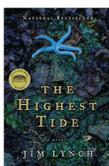
your thoughts in writing rather than in public, visit surveymonkey.com/r/SaintMarksStrategicPlanning and take a few minutes to respond to the prompts. Anyone at Saint Mark's can complete this written survey, whether you have participated in another setting or not. We simply want to hear from as many people as possible. Your input matters!

Cathedral Book Discussion Group

TODAY, NOVEMBER 10, 12:30 P.M.,

Cathedral House Room 209

Discussing *The Highest Tide* by acclaimed local author Jim Lynch.



CATHEDRAL COMMONS

No Wednesday Forum this Week

The previously announced Cathedral Commons program for Wednesday, November 13, has been cancelled.

However, the 6 p.m. community dinner and 5:30 p.m. Evening Eucharist will occur as normal.

CATHEDRAL COMMONS

Special Parish Gathering:

Holding Loss, Remembrance, and Hope in Our Community, with Dean Steve Thomason and Canon Cristi Chapman

WEDNESDAY, NOVEMBER 20, 6:45 P.M., *Bloedel Hall.*

Come early for Holy Eucharist with Service of Light at 5:30 p.m. in Thomsen Chapel, and/or optional Community Dinner at 6 p.m., \$7.

It is November. The days get darker, we commemorate All Souls, we feel the holiday season approaching...and we ache for loved ones we no longer see. The Saint



Mark's community has lost several beloved members in recent months, and many of us have lost dear ones in our lives, both recently and in the past. Come together in community with the Dean and Canon Chapman on November 20 to name the losses that are on our hearts at this time, share our stories, and make ritual around this journey, including a musical selection with piano and voice from Canon Michael Kleinschmidt and Choir School Director Rebekah Gilmore. None of us is alone, and honoring our stories and our love and our loss is a sacred way to hold each other in hope and light as Christ's people.

FUNERAL ANNOUNCEMENTS

- ♦ The funeral of **Hunter Tynes** will occur today, November 10, 2 p.m., in the cathedral nave.
- ♦ The funeral of **George Cleve Haynes** will occur Saturday, November 16, 1 p.m., in Thomsen Chapel.

CATHEDRAL PRAYER LIST

Prayer requests are listed in Sundays & Beyond for approximately four weeks. To add a name to the prayer list, contact 206.323.0300 x314 or prayers@saintmarks.org

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially St. Augustine-in-the-Woods, Freeland, and St. Aiden, Camano Island; the clergy, staff, and vestry of Saint Mark's Cathedral; and all the ministries of the cathedral, especially the Labyrinth ministry and the HIV/AIDS Care Team.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES

Christopher White Shane Monkman

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

| | |
|------------------------|---|
| Bishop Vincent Warner | Nathan Reddall |
| Andy | Nancy Valaas |
| Neal Sullins | Jessica Cohen |
| Rick Hodsdon | Mary Ellen Flannery |
| Chuck Foisie | Sharon Masse |
| Marda Steedman-Sanborn | Violet |
| Maya Graumlich | For the Wardlaw-Stegman family as they prepare for a new baby |
| Frank Roth | |
| Amanda and Ben | Travis's children and family |
| Neal Sullins | |
| Linda Leisy | |

THOSE WHO HAVE DIED

| | |
|---------------|------------------|
| Jerry Wells | Mary Norwood |
| Don Hofstrand | J. David Andrews |
| Kate O'Brien | Travis |
| Steven Mutter | Joe Antoncich |

THOSE WHO DIED RECENTLY IN SEATTLE WHILE HOMELESS

| | |
|-----------------|------------------|
| Chelsea Dupuis | James McNeal |
| Colleen Kochmar | Roy Lee Anderson |
| Richard Allen | |

IN THANKSGIVING

For Hunter A. Tynes, Evelyn Gwinn, & Jane Dunnington, in whose memory the nave flowers are given.

For the Stewardship Ministry, providing hospitality after morning services.

A Fierce and Tender Wisdom: Reclaiming the Feminine across Spiritual Traditions

An Evening with Mirabai Starr & Ann Holmes Redding

TUESDAY, NOVEMBER 12, 7 P.M., *Meydenbauer Center, Bellevue, WA. Tickets: \$25. Scholarships available.*



Author and teacher on interspirituality Mirabai Starr joins with Christian-Muslim guide and former Saint Mark's Cathedral staff member Ann Holmes Redding to explore and model

cooperative feminine leadership in these turbulent times. Learn more at sdiworld.org. Register now at <http://bit.ly/mirabaig> or call 425.455.1565.

INTERFAITH DIALOGUE MINISTRY

Prayers at Idris Mosque

THURSDAY, NOVEMBER 14, 7 P.M., *Idris Mosque,*

1420 NE Northgate Way, Seattle

A group of Saint Mark's parishioners will visit Idris Mosque for evening prayers with a question and answer period following. It is recommended that we arrive between 7 and 7:15 p.m.—the call to prayer will be around 7:20, and prayers will begin at 7:30, lasting about 15 minutes. We usually spend another half hour afterward in discussion. Idris Mosque is located in Northgate, a few blocks from the mall. Send a note to brettb@sunriseid.com for further information if you plan to attend.



SUNDAY FORUM

Mideast Focus Presents: A Refugee's Story through the Lens of a Local Seattle Filmmaker

SUNDAY, NOVEMBER 17, 10:10 A.M., *Bloedel Hall*



The Mideast Focus Ministry invites you to see an award-winning short film titled *This Being Human*. In 2003, when the war in Iraq began, Hameed was 7 years old. This film is about a young boy's struggle to escape a war-ravaged home and how it brought him to Seattle. Hameed Makttoof, the subject of the film, and the filmmaker, Aimie Vallat, will join us to discuss the film and address questions you might have.

SAINT MARK'S MUSIC SERIES

Organ Plus: Zach Hemenway, Organ, & Danielle Sampson, Soprano

SUNDAY, NOVEMBER 17, 2 P.M., *Thomsen Chapel*

Zach Hemenway is currently Director of Music of Epiphany Parish, Seattle; Danielle Sampson is an avid performer of Baroque music. Together these Seattle locals will perform a program of Baroque music by composers such as Schütz, Purcell, and Hammerschmidt for the second concert of the Saint Mark's Music Series.



Newcomers & Inquirers Brunch

SUNDAY, NOVEMBER 17, 12:30 P.M., *Diocesan House*
(three buildings north of the cathedral)

Perhaps you are new (or, relatively new) to Saint Mark's in the last several months; attended one of our coffee receptions for newcomers; or recently completed the Inquirers' Class. If any of these describe you, we invite you to join us for the Newcomers and Inquirers Brunch on Sunday, November 17, following the 11 a.m. service. Enjoy good food and fellowship! Come get to know members of Saint Mark's clergy, vestry, staff, and congregation. Meet at the back of the nave after the service and we take the brief stroll to the elegant and historic Diocesan House together. We look forward to seeing you!



Open House at Federal Way Sikh Center

SUNDAY, NOVEMBER 17, 4 P.M., *Khalsa Gurmat Center*,
2835 South 344th St., Federal Way



On November 17, the Khalsa Gurmat School and Sikh Community Center will host an interfaith open house in celebration of the 550th anniversary of the founder of the Sikh faith, Guru Nanak.

They reached out to invite the Saint Mark's community to attend "to learn about the Sikh community and create some shared experiences so that we can stand together in solidarity." Learn more at www.khalsagurmatcenter.org. Contact gbloch@saintmarks.org if you are interested in carpooling to and from the cathedral.

Advent Giving Tree for Casa Latina, Mary's Place, and Lowell School



The Saint Mark's Giving Tree will be trimmed with tags for you to take and purchase Christmas gifts for our neighbors' children. It will launch at the Advent Preparation Festival on Sunday, November 24, at 12:30 p.m. in Bloedel Hall (see *announcement, this page*), and will be in the nave on Sundays, December 1 and 8. Then on Sunday, December 15, bring your wrapped and tagged gifts (as instructed on the tag you take) to church and

place them in front of the altar for the blessing (or, if you can't be at church on Sunday, drop them at the cathedral office no later than Friday, December 13). What a joyful Advent practice and opportunity to share the blessings of the season! Questions? Email Canon Nancy Ross at nross@saintmarks.org.

CREATION CARE MINISTRY

Saint Mark's is considering how it can reduce its carbon footprint, both as an institution and as a community. Take a first step personally and **estimate your own carbon footprint** at <https://werenew.net/kingcountywa>

And here's this week's tip from Earth Day Northwest 2020: **Change all the light bulbs in your home to LED bulbs that have earned the ENERGY STAR label.** If every American home did this, enough energy would be saved to prevent almost 7 billion pounds of annual green-house gas emissions! Go to www.earthdaynw2020.org for more ideas and to pledge to make a difference in your own small way.

Annual Intergenerational Advent Preparation Festival

SUNDAY, NOVEMBER 24, 12:30 P.M., *Bloedel Hall*

Transition gently into to Advent with the help of your community! Come enjoy a simple, healthy lunch, and prepare your heart for a season of waiting and anticipation. Join in activities for parishioners of all ages, including: wreath making, stained glass ornaments, cookie decorating, and contemplative crafts. Choose simple advent spiritual practices to take home, too! The gathering will include a meal, songs, fellowship, alternative giving opportunities, the opportunity to purchase wreath bases, books, and more, and a blessing of Advent wreaths.



Thanksgiving Day Eucharist

THURSDAY, NOVEMBER 28, 10 A.M., *Cathedral Nave*



Come together on the morning of Thanksgiving Day for a service of Holy Eucharist with sermon, hymns, and prayers of thanks. Put your turkey in the oven, then come to the cathedral to render your thanks to

God for the changing seasons, the harvest, and all the blessings of this life.

SAVE THE DATE

"O" ANTIPHONS SERVICE

Advent procession with lessons & carols

**SUNDAY, DECEMBER 1
7 P.M.**

a cathedral tradition since 1986





SAINT MARK'S
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

Wherever you are on your spiritual journey,
you are welcome here.

Weekday Service Times

MONDAY–FRIDAY, 6:30 P.M.

Evening Prayer in Thomsen Chapel

MONDAY, 7:15 P.M.

Centering Prayer in Thomsen Chapel

WEDNESDAY, 5:30 P.M. (note new time)

Holy Eucharist in Thomsen Chapel

THURSDAY, 7 A.M.

Holy Eucharist in Thomsen Chapel

Cathedral Office Hours

MONDAY–FRIDAY, 9 AM–4:30 P.M.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of cathedral news, events, and the Cathedral prayer list. It is available by electronic subscription, on Saint Mark's website, and in print in the nave. To submit announcements for these publications, visit saintmarks.org/announce. Requests are due by Tuesday at 5 p.m. for publication on the following Sunday. Announcements may be edited for space and content.

Cathedral Conversations is a podcast about members of the community of Saint Mark's. Subscribe wherever you get your podcasts, or listen at saintmarks.org/podcast



You may make a donation to Saint Mark's at any time using the **Venmo** mobile app. Scan the code or search for @SaintMarksCathedralSeattle

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2019–2020 VESTRY

Dean & Rector: The Very Rev. Steven L. Thomason; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn; *Senior Warden:* Julia Logan; *Junior Wardens:* Jim Buskirk and Amanda Davis; Kristen Austin, Andrew Himes, Roberta Kanive, Rosemarie LeMoine, Michael Perera, Marjorie Ringness, Robert Stevens. *Diocesan Members:* Micah Kurtz and Mary Maxon. *Chancellor:* John Hoerster; *Vice-Chancellor:* Re Knack; *Clerk:* Barbara Erickson; *Treasurer:* Phil Lloyd

Sunday, November 10, 2019 ♦ The Twenty-second Sunday after Pentecost

HOLY EUCHARIST, 8 A.M., *Thomsen Chapel*

Preacher: The Rev. Canon Cristi Chapman, Canon for Spiritual Growth and Stewardship

HOLY EUCHARIST, 9 A.M., *Cathedral Nave*

Preacher: The Rev. Canon Cristi Chapman, Canon for Spiritual Growth and Stewardship. **Children's Chapel during the 9 a.m. service today.**

INGATHERING CELEBRATION, AFTER 9 & 11 A.M. SERVICES. In lieu of Sunday formation in the 10 a.m. hour, there will be a festive reception in the nave. A reception will also follow the 11 a.m. service.

HOLY EUCHARIST, 11 A.M., *Cathedral Nave*

Preacher: The Rev. Canon Cristi Chapman, Canon for Spiritual Growth and Stewardship

CATHEDRAL BOOK GROUP, 12:30–2 P.M. *Cathedral House 209*

Regular gathering of Cathedral Book Group; see page 1.

FUNERAL, 2 P.M. *Cathedral Nave*. Funeral liturgy for Hunter Tynes.

CATHEDRAL YOGA, 6 P.M., *Cathedral Nave*

A spiritual practice open to all.

CONTEMPLATIVE EUCHARIST, 7 P.M., *Thomsen Chapel*

A candlelit service with meditative music and time for silent reflection. Optional healing prayers are offered following the service.

COMPLINE, 9:30 P.M., *Cathedral Nave*

Ancient nighttime prayers, sung by the Compline Choir. A Seattle tradition since 1956; broadcast live on KING 98.1 FM, and streaming online at king.org.

**Following in Celtic Footsteps—
A Pilgrimage to Iona & Ancient Missions of Britain
AUGUST 19–30, 2020**

Facilitated by Dean Thomason & The Rev. Canon Cristi Chapman

A communal, contemplative experience of learning, prayer, and reflection. Please pick up a brochure in the narthex racks for complete itinerary, cost, and registration information. Visit saintmarks.org/iona to learn more.



Wednesday Evening Eucharist with Service of Light

EVERY WEDNESDAY, 5:30 P.M., *Thomsen Chapel*

This brief, candle-lit celebration of Holy Eucharist with Service of Light uses an order of service adapted from the evocative Iona Rite. It is a space of calm, peace, and renewal in the middle of the week to reflect upon the day that is past and gather our prayers together. You are invited to stay on if you can for dinner in Bloedel Hall at 6 p.m. and Cathedral Commons programming that follows. (NB: no Commons event this week; see p. 1)