



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

LAST SUNDAY AFTER PENTECOST/CHRIST THE KING • NOVEMBER 24, 2019

Intergenerational Advent Preparation Festival

TODAY, NOVEMBER 24, 12:30 P.M., Bloedel Hall



Transition gently into to Advent with the help of your community—come enjoy a simple, healthy lunch, and prepare your heart for a season of waiting and anticipation. Choose simple advent spiritual practices to engage with and take home, too.

The gathering will include a meal, alternative giving options (*see below*) and opportunities to purchase candles, books, Advent calendars, and more. Free will offering for lunch.

Many thanks to local Seattle candle manufacturer **Big Dipper Wax Works**, which has generously provided 100% beeswax Advent candle sets for us to sell at a substantial discount off the normal retail price. Supplies are limited.

Alternative Gifts Available Today

Give a gift in someone's honor, and make a difference in our community. Donate to the Threshold Fund or Noel House, supporting services for people who are homeless; or to Episcopal Relief and Development, Refugee Resettlement, or the Northwest Community Bail Fund. You will receive a lovely card to slip into your Christmas cards explaining that you have made the donation in the recipient's honor—an alternative gift for those on your Christmas list. Visit the table at the Advent Preparation Festival at 12:30 to learn more and make your donation. (You will have another opportunity at our Gift Blessing Sunday, December 15, after the 9 and 11 a.m. liturgies.)



The Children's Carpet Is Moving

The children's carpet, currently located along the north wall, is moving to the south side of the nave in order to increase visibility for children worshiping on the floor, improve access to the elevator and child care center, and move children away from the emergency exit doors on the north side. The date of the move will be announced soon. Reach out to Director of Children's & Family Ministries Kelly Moody, kmoody@saintmarks.org with questions or concerns.

Thanksgiving Day Eucharist

THURSDAY, NOVEMBER 28, 10 A.M., Cathedral Nave



Come together on the morning of Thanksgiving Day for a service of Holy Eucharist with sermon, hymns, and prayers of thanks. Put your turkey in the oven, then come to the cathedral to render your thanks to God for the changing seasons, the harvest, and all the blessings of this life.

"O" ANTIPHONS SERVICE

Advent procession with lessons & carols

**SUNDAY, DECEMBER 1
7 P.M.**

a cathedral tradition since 1986



Advent Giving Tree

The Saint Mark's Giving Tree will be trimmed with tags for you to take and purchase Christmas gifts for our neighbors' children. It will launch at the Advent Preparation Festival this afternoon (*see announcement, this page*), and the tree will be in the nave on Sundays, December 1 and 8. Then on Sunday, December 15, bring your wrapped and tagged gifts (as instructed on the tag you take) to church and place them in front of the altar for the blessing (or, if you can't be at church on Sunday, drop them at the cathedral office no later than Friday, December 13). What a joyful Advent practice and opportunity to share the blessings of the season! Questions? Email Canon Nancy Ross at nross@saintmarks.org.



Gift Blessing, 2018

CATHEDRAL PRAYER LIST

Prayer requests are listed in Sundays & Beyond for approximately four weeks. To add a name to the prayer list, contact 206.323.0300 x314 or prayers@saintmarks.org

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially Church of Our Saviour, Monroe, and St. John, Snohomish; the clergy, staff, and vestry of Saint Mark's Cathedral; and all the ministries of the cathedral, especially Cathedral Commons and the Hunger Offering.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES

Christopher White Shane Monkman

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Jessica Cohen	John Patrick Burke
Mary Ellen Flannery	Moses Ayorinde Adebimpe
Sharon Masse	Matthew Briggs
Violet	Nancy Cleminshaw
Travis's children and family	Andy and his children
Becky Novelli	Julia
Jonie Pritchard	Marilynn McGlashan
Jennifer Graichen	Marianne Snow
Deb	Patricia de la Fuente
Matthew Briggs	Bobbie Lord

THOSE WHO HAVE DIED

Chelsea Dupuis	J. David Andrews
Jerry Wells	Travis
Don Hofstrand	Joe Antoncich
Kate O'Brien	Becky Dunn
Steven Mutter	Marilynn McGlashan
Mary Norwood	

IN THANKSGIVING

For the birth of William Penrose Wardlaw Stegmaier.
For the Saint Mark's Bread Bakers, providing hospitality after morning services.

The nave altar flowers are given to the glory of God and in loving memory of Donna Quigley by Alan Quigley and in loving memory of Bob Baker by Wendy Townsend

Canon Kleinschmidt—in Concert at Gethsemane Lutheran Church, Downtown Seattle

TODAY, SUNDAY, NOVEMBER 24, 4 P.M., 911 Stewart Street, Seattle



Michael Kleinschmidt will play a 60-minute program on the beautiful pipe organ of Gethsemane Lutheran Church, Seattle. Tickets at the door are \$18; \$10 for students/seniors, free for children age 12 and under. A portion of all ticket revenue will benefit Northwest Immigrant

Rights Project, the Hope Center, the Church Council of Greater Seattle, and Mary's Place. The program will include several works by J. S. Bach, and compositions by Johannes Brahms, Petr Eben, and Marius Monnikendam. Gethsemane's organ was built by the same builder who built the Thomsen Chapel organ, Paul Fritts of Tacoma. For more information, contact glc@urbanfaith.org, or call 206.474.2130.

Newcomer's Coffee with Clergy

DECEMBER 1, AFTER MORNING SERVICES,

Leffler Living Room

Every month we host a conversation with newcomers after the 9 a.m.

and 11 a.m. services to help us get to know each other, share our stories, and introduce newcomers to Saint Mark's and the Episcopal Church.

Please gather near the baptismal font after each service. (Look for the person holding a sign.) Questions? Please contact Deacon Earl, newcomers@saintmarks.org or 206.518.2833.



SUNDAY FORUM

The Wonder in the Waiting—An Advent Forum

SUNDAY, DECEMBER 1, 10:10 A.M., *Bloedel Hall*, with *Canons Cristi Chapman and Nancy Ross*,

On this First Sunday of Advent, come together to explore the sacredness of "waiting" in our lives—the holy, sacred, fertile times, as well as the tense and difficult times. Four beloved parishioners will share their personal experiences of "the waiting." And we will also share with each other how we find ourselves waiting—and what we find in the waiting—as we again breathe into this season of expectation for the Christ who has already come and continues to come into our lives.

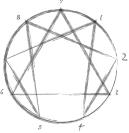
20s & 30s Questioning Together

MONDAY, DECEMBER 2, 7:30 P.M., *Leffler Living Room*

Come join our lively discussion over a light dinner with this supportive and curious group. Our question for December will be: **Where do you turn when your faith is challenged?** RSVP (appreciated but not required) to Rachel McNary, rachel.mcrary@gmail.com.



CATHEDRAL COMMONS

 **Enneagram 101: A Primer and Refresher, with Dean Steve Thomason**
WEDNESDAY, DECEMBER 4, 6:45–8:15 P.M., Bloedel Hall.

Never Again Is Now: China's Uyghur Muslim Community

SUNDAY, DECEMBER 8, 5–7:30 P.M., Bloedel Hall

Once again, the world is seeing religious minorities being demonized, rounded up, and targeted for genocide. This is what Uyghur Muslims are experiencing today in the Xinjiang Uyghur Autonomous Region of China (also known as Eastern Turkestan). Come for a heartfelt presentation by Dilnur Qurban and other Uyghur guests, as well as anthropologist Darren Byler (University of Washington) to learn more about this crisis and what we can do as individuals and as a community. Contact Mary Segall, mesegall@icloud.com, or Brett Bowton-Meade, brett.bowton-meade@sunriseid.com, for more details.



SATURDAY, DECEMBER 7 AN ADVENT QUIET MORNING

9 A.M.–12:30 P.M., at St. Andrew's, Green Lake
111 NE 80th St., Seattle

A morning of silence, prayer & reflection, co-sponsored by Saint Mark's
RSVP to: cchapman@saintmarks.org

SAINT MARK'S ARTISTS-IN-RESIDENCE

Seattle Choral Company presents:
O Yule Full of Gladness: Christmas in Scandinavia
SATURDAY, DECEMBER 7, 8 P.M., Cathedral Nave

 **SEATTLE CHORAL COMPANY**

on January 13. Join the Seattle Choral Company for their 12th annual Cathedral Christmas offering, this year titled *O Yule Full of Gladness: Christmas in Scandinavia*. The Seattle Choral Company will present a broad range of music from this region—from simple folksong arrangements to sophisticated classical settings of traditional and modern texts. The music blends cheer and melancholy into a unique sound. In their wish for light and warmth, Scandinavians really know how to brighten the darkest time of year! Tickets and information: www.seattlechoralcompany.org.

Pageant of the Nativity—Last Chance to Register

Shepherds, torches, and cradles, oh my—it's time for the Pageant of the Nativity 2019! This year's pageant will be offered on **Tuesday, December 17**, at 7 p.m. in the cathedral nave. In this beautiful annual tradition, the children of the cathedral community help us to encounter the mystery of the Word made flesh. Families with children ages 3–18 who are interested in bringing this story to life should register online at saintmarks.org/pageant-info. **All families, including chorister families, need to register online by tomorrow, November 25 to participate.**



CATHEDRAL COMMONS

Prepare the Way! Practicing the Way of Advent, including Christmas gift making for Seafarers

WEDNESDAY, DECEMBER 11, 6:45–8:15 P.M., Bloedel Hall. Come early for Holy Eucharist with Service of Light at 5:30 p.m. in Thomsen Chapel, and/or optional Community Dinner at 6 p.m., \$7

Advent is about waiting. It is also about preparing. But what are we preparing for and why? What do our sacred companions in scripture tell us about what it means to get ready? Join us as we explore these questions through scripture and then practice getting something ready. That something will include preparing Christmas gifts that will be given out to merchant seafarers during the Christmas season. How might our preparation also be an act of incarnation?

CREATION CARE MINISTRY

NEXT MEETING: THURSDAY, DECEMBER 5, 6 P.M., Cathedral House room 210

Saint Mark's is considering how it can reduce its carbon footprint, both as an institution and as a community. Take a first step personally and **estimate your own carbon footprint** at <https://werenew.net/kingcountywa>.

And here's this week's tip from Earth Day Northwest 2020: The holidays are a time to gather, feast and spend time with loved ones, but it's also a time when waste skyrockets. **Coordinate with your guests and reduce your waste impact this season.** "Guestimate" to help reduce waste at holiday meals. Go to www.earthdaynw2020.org for more ideas and to pledge to make a difference in your own small way.



SAINT MARK'S EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102

206.323.0300

info@saintmarks.org

saintmarks.org

*Wherever you are on your spiritual journey,
you are welcome here.*

Weekday Service Times

MONDAY–FRIDAY, 6:30 P.M.

Evening Prayer in Thomsen Chapel

MONDAY, 7:15 P.M.

Centering Prayer in Thomsen Chapel

WEDNESDAY, 5:30 P.M. (*note new time*)

Holy Eucharist in Thomsen Chapel

THURSDAY, 7 A.M.

Holy Eucharist in Thomsen Chapel

Cathedral Office Hours

MONDAY–FRIDAY, 9 AM–4:30 P.M.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of cathedral news and events, and the Cathedral prayer list. It is available by electronic subscription, on Saint Mark's website, and in print in the nave. To submit announcements for these publications, visit saintmarks.org/announce. Requests are due by Tuesday at 5 p.m. for publication on the following Sunday. Announcements may be edited for space and content.



Cathedral Conversations is a podcast about members of the community of Saint Mark's. Subscribe wherever you get your podcasts, or listen at [@SaintMarksCathedralSeattle](http://saintmarks.org/podcast)



You may make a donation to Saint Mark's at any time using the **Venmo** mobile app. Scan the code or search for @SaintMarksCathedralSeattle

Sunday, November 24, 2019 ♦ The Last Sunday after Pentecost/Christ the King

HOLY EUCHARIST, 8 A.M., Thomsen Chapel

Preacher: The Rev. Canon Nancy Ross, Canon for Cathedral Relations

HOLY EUCHARIST, 9 A.M., Cathedral Nave

Preacher: The Rev. Canon Nancy Ross, Canon for Cathedral Relations

SUNDAY FORMATION, 10:10 A.M., St. Nicholas Building: Godly Play (for ages 3–8); Jesus and His Kingdom of Equals (ages 9–11). *Youth Room:*

Donuts & Discussion (junior high/high school). **No forum in Bloedel Hall at the 10 a.m. hour, in preparation for the Advent Festival at 12:30 p.m.**

HOLY EUCHARIST, 11 A.M., Cathedral Nave

Preacher: The Rev. Canon Nancy Ross, Canon for Cathedral Relations

ANNUAL INTERGENERATIONAL ADVENT PREPARATION

FESTIVAL, 12:30 P.M., Bloedel Hall. See p. 1.

CATHEDRAL YOGA, 6 P.M., Cathedral Nave

A spiritual practice open to all.

CONTEMPLATIVE EUCHARIST, 7 P.M., Thomsen Chapel

A candlelit service with meditative music and time for silent reflection.

Optional healing prayers are offered following the service.

COMPLINE, 9:30 P.M., Cathedral Nave

Ancient nighttime prayers, sung by the Compline Choir. A Seattle tradition since 1956; broadcast live on KING 98.1 FM, and streaming online at king.org.

Bloedel Stage Renovations Complete

As you have probably noticed, the stage area of Bloedel Hall has been under construction for a few weeks. The main reason for the work was to improve the acoustics of the hall. In addition, a new meeting space has been created on the old stage, and it looks beautiful. All of this work was done on a volunteer basis by Saint Mark's amazing Habitat for Humanity crew, with expert assistance from our guest in sanctuary, Jaime Sulficio, a professional plaster and drywall contractor. Thank them for their incredible work!



Strategic Planning Survey

There is still time to complete the Strategic Planning survey. Visit surveymonkey.com/r/SaintMarksStrategicPlanning and take a few minutes to respond to the prompts. Anyone at Saint Mark's can complete this written survey, whether you have participated in another setting or not. The survey will close December 2. Your input matters!

CATHEDRAL STAFF AND LEADERSHIP

Adam Conley, <i>Seattle Service Corps Director</i>	aconley@saintmarks.org	Michael Kleinschmidt, <i>Canon for Cathedral Music</i>	mkleinschmidt@saintmarks.org
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Madeleine Stephens, <i>Music Administrator</i>	mstephens@saintmarks.org		

2019–2020 VESTRY

Dean & Rector: The Very Rev. Steven L. Thomason; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn; *Senior Warden:* Julia Logan; *Junior Wardens:* Jim Buskirk and Amanda Davis; Kristen Austin, Andrew Himes, Roberta Kanive, Rosemarie LeMoine, Michael Perera, Marjorie Ringness, Robert Stevens. *Diocesan Members:* Micah Kurtz and Mary Maxon. *Chancellor:* John Hoerster; *Vice-Chancellor:* Re Knack; *Clerk:* Barbara Erickson; *Treasurer:* Phil Lloyd