



# SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

THE THIRD SUNDAY OF ADVENT ♦ DECEMBER 15, 2019

## Alternative Giving Ingathering & Gift Blessing Celebration

TODAY, DECEMBER 15, *Cathedral Nave*

The third Sunday of Advent is the culmination of the many opportunities to rethink holiday gift buying. If you took a tag from the **Advent Giving Tree** and have purchased a gift for a child at Casa Latina, Mary's Place, or Lowell School, bring it forward and place it in front of the altar before the service begins. If you brought new wool-blend socks for Noel House residents, or sheets and blankets for Mary's Place, place them in front of the altar as well. They will be blessed during the 9 and 11 a.m. services.

After the 9 a.m. service, remain in the nave for additional activities and offerings along with refreshments. Join in at the **Christmas card crafting table** to make cards for residents of Noel House. Individual handmade cards need to be made for every resident, so people of all ages are needed to help out. There will also be an opportunity for kids to make a special gift for someone on their list at the **ornament crafting table**.

In addition, after both the 9 and 11 a.m. services, the following opportunities will be available:

### Buy a Holiday Card to Benefit Noel House

The purchase of a Noel House card goes toward providing a hot meal and a warm place to stay for a woman experiencing homelessness. Suggested donation per card is \$10, cash or check. Visit [ccsww.org/noel-house](http://ccsww.org/noel-house) to buy online.



### Make a Donation to a Worthy Cause in Honor of a Loved One

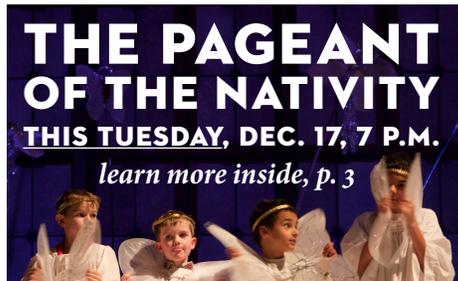


Make a donation in any amount to the Threshold Fund or Noel House, supporting services for people who are homeless; or to Episcopal Relief & Development, The Refugee Resettlement Office of the Diocese of Olympia, or the Northwest Community Bail Fund. You will receive a lovely card

saying that you have made the donation in the recipient's honor to slip in your holiday cards—a meaningful gesture from the heart for anyone on your Christmas list.

### Holy Honey, Fresh from the Roof of Bloedel Hall!

Since 2016, the roof of Cathedral House has been home to a hive of honeybees, busily pollinating neighborhood plants and making honey for the community to enjoy. Purchase a jar of this ultra-local product at the table in the back of the nave for \$15, cash or check. Supplies are limited, and when it's gone, it's gone!



### Last Chance for Christmas Memorials & Thanksgivings

Help underwrite the beautiful flowers and music of the season by making a special gift in honor or memory of someone. Give online at [saintmarks.org/give](http://saintmarks.org/give), or use the form in your bulletin today and make your gift by check. Gifts received today will be acknowledged in the Christmas bulletins. Contact [edonner@saintmarks.org](mailto:edonner@saintmarks.org) with questions.



### RADIX PROJECT Small Group Ministry Deadline Today



The Radix Project is about gathering in small groups in order to engage with Holy Scripture together, and to better know one another and ourselves, just as we are known by God. There is no task to be accomplished, only the invitation to be with each other and with God. Meetings begin January 8, and today is the final day to register. Fill out a postcard (available in the back of the nave), or contact Dean Steve Thomason directly: [sthomason@saintmarks.org](mailto:sthomason@saintmarks.org).

## CATHEDRAL PRAYER LIST

Prayer requests are listed in *Sundays & Beyond* for approximately four weeks. To add a name to the prayer list, contact 206.323.0300 x314 or [prayers@saintmarks.org](mailto:prayers@saintmarks.org)

### THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially St. James, Sedro Woolley; and Christ Church, Anacortes; the clergy, staff, and vestry of Saint Mark's Cathedral; and all the ministries of the cathedral, especially the Inquirers Class and the Justice Ministries Coordinating Team.

### THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

### ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES

Christopher White                      Shane Monkman

### THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Moses Ayorinde Adebimpe	Helen Reid
Matthew Briggs	Susie Kundrat
Nancy Cleminshaw	Derrick
Andy and his children	Kevin William
Julia	Dianne Aid
Marilynn McGlashan	Chris S
Marianne Snow	John
Patricia de la Fuente	James Popham
Bobbie Lord	The Rev. Sam Hosler
Lynne Markova	Tina Osenga
Virginia Lenker	Natalie
Andy Dupree	Preston
Jeff Hill & his family	Emma
Anne Heinz	Brenneman/Pearson family

### THOSE WHO HAVE DIED

Marilynn McGlashan	Tom Jones
Marjorie Ridders	Hunter Dupree
Teresa Marie Cook	Peggy Albers
Ken Donner	Frank Ordonez
Louie Crew	Lo Ngoc Dinh

### IN THANKSGIVING

This morning's hospitality is offered in thanksgiving for all those who have contributed to this year's Advent alternative giving project.

*The nave altar flowers are given to the glory of God and in loving of memory of George Douglas by Marguerite Heindel.*



## THE PAGEANT OF THE NATIVITY

TUESDAY, DECEMBER 17, 7 P.M., *Cathedral Nave*

Not your typical Christmas pageant! Holy Scripture, multiple choirs, and cathedral finery... a grand re-telling of the Nativity for all ages. More than sixty skilled choristers, accompanied by instrumentalists and the Flentrop organ and joined by the young children of Saint Mark's, will bring to life the story of the Word made flesh. This year's pageant includes choral gems by Herbert Howells, Peter Warlock, and Z. Randall Stroop, a string quartet including Mel Butler on viola, a world premiere by Evensong Choir member Tyler Morse, a sneak preview of music from *The Play of Daniel* (to be offered at Saint Mark's in January), and much more. Truly a Christmas pageant on a cathedral scale. A free-will offering will be collected, but there are no tickets. All are welcome.

### 'Blue Christmas' Service

THURSDAY, DECEMBER 19, 7 P.M., *Thomsen Chapel*

We are told that this is "the most wonderful time of the year." But for many who are experiencing or have experienced loss, grief, or hardship, the festive season can in fact be particularly painful and alienating. The "Blue Christmas" liturgy is a special service of Holy Eucharist in Thomsen Chapel. It is intended to hold a space for whatever you may be going through, while offering the hope of light and peace. All are welcome.



### Holy Folders Stuffing Event

FRIDAY, DECEMBER 20, 1 P.M., *Bloedel Hall*



Come join the "Holy Folders" as we meet on Friday, December 20, in Bloedel Hall to insert Christmas information into the Christmas Eve and Christmas Day service bulletins. This is a great gift to the parish and to all those who come through our doors to celebrate the season. Please contact Barbara Erickson at [bje46@msn.com](mailto:bje46@msn.com) to sign up.

## Joseph Adam Presents Messiaen's *La Nativité* on the Mighty Flentrop

SUNDAY, DECEMBER 22, 4:30 P.M., *Cathedral Nave*

In 2018, Saint Mark's presented Messiaen's Christmas cycle for piano, *Vingt Regards sur l'Enfant Jésus*.

This year we present his Christmas cycle for organ, *La Nativité du Seigneur*. Take



advantage of the rare opportunity to hear this truly profound Christmas music. Joseph Adam is Director of Music and Organist of Saint James Cathedral, Seattle, and Resident Organist of the Seattle Symphony Orchestra.

## Parking Lot Hospitality Volunteers Needed

DEC. 24, BEFORE THE 4, 7:30, & 11 P.M. SERVICES



One bad experience in the cathedral parking lot can cast a pall over an entire holiday. Parking lot attendants are the first representatives of Saint Mark's which many of our Christmas guests will encounter, and just a smiling face and an indication of where to drive can make all the difference. **Volunteers are needed for this critical work before all three Christmas Eve services.** You will still be able to attend the liturgy; various shifts are available. To sign up or learn more, please contact Jim Pannell [jpannell@saintmarks.org](mailto:jpannell@saintmarks.org).

## Serve the Hungry at St. Luke's, Ballard

DECEMBER 26, 27, AND/OR 30, 6 A.M. OR 7 A.M., *St. Luke's, 5710 22<sup>nd</sup> Ave. NW, Seattle*

Every weekday, the Edible Hope Ministry at St. Luke's Episcopal Church in Ballard feeds 200 to 300 homeless or needy people. It is an extraordinarily successful program, currently in its 27<sup>th</sup> year of operation. Their ministry needs some extra support between Christmas and New Year's day. You can fill in a spot just after Christmas on December 26 or 27, or join the Seattle Service Corps members on December 30. Some Saint Mark's parishioners have already pencilled in all three dates. Shifts run 6–9 a.m. or 7–11 a.m. Contact [Brett.Bowton-Meade@sunriseid.com](mailto:Brett.Bowton-Meade@sunriseid.com) to sign up or learn more.



## New Year's Eve Labyrinth & Midnight Eucharist

TUESDAY, DEC. 31, 6 P.M.–12:30 A.M., *Cathedral Nave*



Since 1999, Seattle's most peaceful New Year's Eve experience. In the candle-lit cathedral, accompanied by contemplative live music by local musicians, a large labyrinth is laid out in the nave. Pause, "journey to the center," and look inward as the old year passes away and a new one begins. Stay for a few minutes, an hour, or as long as you'd like. All are welcome. At midnight, a unique service of Holy Eucharist is offered in the center of the labyrinth, observing the Feast of the Holy Name of Jesus.

## CREATION CARE MINISTRY

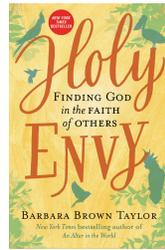
Saint Mark's is considering how it can reduce its carbon footprint, both as an institution and as a community. Take a first step personally and **estimate your own carbon footprint** at <https://werenew.net/kingcountywa>.

Here's a tip to help you enjoy this season: **Think about the impact of your shopping decisions.** Give experiences like tickets or gift certificates to local museums, concerts, restaurants or theaters. Gift giving and cooking are money-spending hallmarks of this season, but they don't have to be. Go to [www.earthdaynw2020.org](http://www.earthdaynw2020.org) for more ideas and to pledge to make a difference in your own small way.

## SAINT MARK'S BOOK CLUB

### *Holy Envy: Finding God in the Faith of Others*

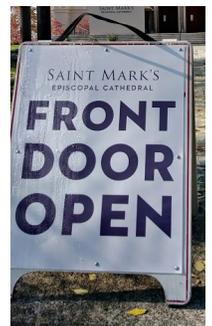
SUNDAY, JANUARY 12, 12:30 P.M., *Cathedral House 210*



In *Holy Envy*, Episcopal priest Barbara Brown Taylor recounts her experiences teaching a course in world religions at a small private college with a predominantly conservative Christian student body. She writes about what she tried to teach her students about Buddhism, Judaism, Islam, Hinduism, and Christianity, what she learned from her students, and what she came to envy in religions that were not her own. She insists that you can't just poach from other religions—learning from other religious traditions requires more respect than that. Questions? Contact: Pearl McElheran, [pmcelheran@comcast.net](mailto:pmcelheran@comcast.net).

## Open Front Door Ministry Looking for a Few More Volunteers

Would you like to be part of a team that greets visitors to Saint Mark's cathedral weekday afternoons? Weekdays from 1–3 p.m., volunteers in teams of two welcome any and all who walk through the front doors—some to view the cathedral nave, some seeking a quiet respite, some looking for a restroom, and occasionally a homeless neighbor in need of a snack, a dry pair of socks, or help locating services. No special skills are required; all necessary training is provided. Volunteer weekly, or just once or twice a month. Team members have found the experience gratifying on many levels, not least of which is the chance to become better acquainted with fellow volunteers, parishioners and cathedral staff. Please contact Pat Taylor at [patguggy@gmail.com](mailto:patguggy@gmail.com) if this sounds right for you, or with any questions.





**SAINT MARK'S**  
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102  
206.323.0300  
info@saintmarks.org  
saintmarks.org

*Wherever you are on your spiritual journey,  
you are welcome here.*

**Weekday Service Times**

MONDAY–FRIDAY, 6:30 P.M.

Evening Prayer in Thomsen Chapel

MONDAY, 7:15 P.M.

Centering Prayer in Thomsen Chapel

WEDNESDAY, 5:30 P.M. *(note new time)*

Holy Eucharist in Thomsen Chapel

THURSDAY, 7 A.M.

Holy Eucharist in Thomsen Chapel

**Cathedral Office Hours**

MONDAY–FRIDAY, 9 AM–4:30 P.M.

**SUNDAYS & BEYOND**

*Sundays & Beyond* is a weekly publication of cathedral news and events, and the Cathedral prayer list. It is available by electronic subscription, on Saint Mark's website, and in print in the nave. To submit announcements for these publications, visit [saintmarks.org/announce](http://saintmarks.org/announce). Requests are due by Tuesday at 5 p.m. for publication on the following Sunday. Announcements may be edited for space and content.



You may make a donation to Saint Mark's at any time using the **Venmo** mobile app. Scan the code or search for @SaintMarksCathedralSeattle

**Cathedral Conversations** is a podcast about members of the community of Saint Mark's. Subscribe wherever you get your podcasts, or listen at [saintmarks.org/podcast](http://saintmarks.org/podcast)



**CATHEDRAL STAFF AND LEADERSHIP**

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Steve Thomason, *Dean & Rector*. . . . . [sthomason@saintmarks.org](mailto:sthomason@saintmarks.org)

**2019–2020 VESTRY**

*Dean & Rector:* The Very Rev. Steven L. Thomason; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn; *Senior Warden:* Julia Logan; *Junior Wardens:* Jim Buskirk and Amanda Davis; Kristen Austin, Carrie Davis, Andrew Himes, Roberta Kanive, Rosemarie LeMoine, Kari Nasby, Michael Perera, Marjorie Ringness, Robert Stevens. *Diocesan Members:* Micah Kurtz and Mary Maxon. *Chancellor:* John Hoerster; *Vice-Chancellor:* Re Knack; *Clerk:* Barbara Erickson; *Treasurer:* Phil Lloyd

*Sunday, December 15, 2019 ♦ The Third Sunday of Advent*

HOLY EUCHARIST, 8 A.M., *Thomsen Chapel*

*Preacher:* The Very Rev. Steven L. Thomason, Dean and Rector

HOLY EUCHARIST, 9 A.M., *Cathedral Nave*

*Preacher:* The Very Rev. Steven L. Thomason, Dean and Rector

ALTERNATIVE GIVING CELEBRATION, 10:10 A.M., *Cathedral Nave*. In lieu of Sunday Children's Formation and Sunday Forum in Bloedel, there will be a celebration in the nave. See p. 1.

HOLY EUCHARIST, 11 A.M., *Cathedral Nave*

*Preacher:* The Very Rev. Steven L. Thomason, Dean and Rector

CATHEDRAL YOGA, 6 P.M., *Cathedral Nave*

A spiritual practice open to all.

CONTEMPLATIVE EUCHARIST, 7 P.M., *Thomsen Chapel*

COMPLINE, 9:30 P.M., *Cathedral Nave*

Ancient nighttime prayers, sung by the Compline Choir. A Seattle tradition since 1956; broadcast live on KING 98.1 FM, and streaming online at [king.org](http://king.org).

**Ministry Leaders! Your Ministry Reports for the Annual Meeting Are Due January 7**

The Saint Mark's Cathedral Annual Parish Meeting is scheduled for **January 26, 2020**. On that day, the Cathedral Annual Report is published, in which every ministry group is requested to submit a brief paragraph summarizing its activities in the last year. What did your ministry do in 2019? What new initiatives or events were tried? How many people were engaged? Do not hide your light under a bushel; the whole parish community wants and needs to know about your accomplishments. Keep your report brief—approximately 250 words. **Final deadline for ministry reports is January 7**. If you know you will be traveling in early January, please complete your report before you leave. Submit your paragraph to Communications Director Greg Bloch, or contact him with any questions you may have: [gbloch@saintmarks.org](mailto:gbloch@saintmarks.org).

**Mother Sperry's Plum Pudding**



If your Christmas tradition was to buy Mother Sperry's Plum Pudding from the Cathedral Shop (now closed), Winnie Sperry wants you to know you can still get her pudding! Call her at 206.329.8631, or go to [mothersperrysplumpudding.com](http://mothersperrysplumpudding.com).