



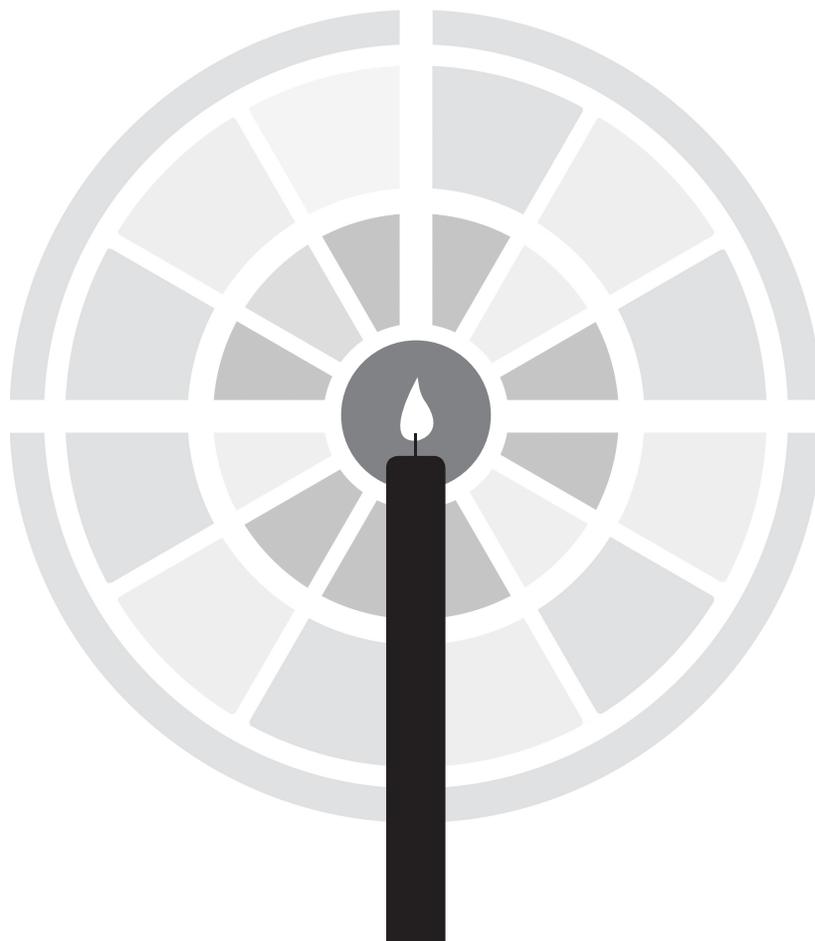
SAINT MARK'S  
EPISCOPAL CATHEDRAL

# BLUE CHRISTMAS

HOLY EUCHARIST with PRAYERS FOR HEALING

Thursday, December 19, 2019

7:00 PM





SAINT MARK'S  
EPISCOPAL CATHEDRAL

*Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices.*

The Reverend Canon Nancy Ross, Canon for Cathedral Relations, *Presider*

The Reverend Canon Cristi Chapman, Canon for Spiritual Growth and Stewardship, *Preacher*



# THE LITURGY OF THE WORD

## READING

*Isaiah 40:1-11*

**C**OMFORT, O comfort my people,  
says your God.  
Speak tenderly to Jerusalem,  
and cry to her  
that she has served her term,  
that her penalty is paid,  
that she has received from the Lord's hand  
double for all her sins.

A voice cries out:

"In the wilderness prepare the way of the LORD,  
make straight in the desert a highway for our God.  
Every valley shall be lifted up,  
and every mountain and hill be made low;  
the uneven ground shall become level,  
and the rough places a plain.  
Then the glory of the LORD shall be revealed,  
and all people shall see it together,  
for the mouth of the LORD has spoken."

A voice says, "Cry out!"

And I said, "What shall I cry?"

All people are grass,  
their constancy is like the flower of the field.  
The grass withers, the flower fades,  
when the breath of the LORD blows upon it;  
surely the people are grass.  
The grass withers, the flower fades;  
but the word of our God will stand forever.  
Get you up to a high mountain,  
O Zion, herald of good tidings;  
lift up your voice with strength,  
O Jerusalem, herald of good tidings,  
lift it up, do not fear;  
say to the cities of Judah,  
"Here is your God!"  
See, the Lord GOD comes with might,  
and his arm rules for him;  
his reward is with him,  
and his recompense before him.  
He will feed his flock like a shepherd;  
he will gather the lambs in his arms,  
and carry them in his bosom,  
and gently lead the mother sheep.

*Reader* Hear what the Spirit is saying to God's people.  
*Assembly* **Thanks be to God.**

## PSALM

*Psalm 22:1-11* ♦ *read by all in unison*

*Deus, Deus meus*

**M**Y GOD, my God, why have you forsaken me? \*  
and are so far from my cry  
and from the words of my distress?

- 2 O my God, I cry in the daytime, but you do not answer; \*  
by night as well, but I find no rest.
- 3 Yet you are the Holy One, \*  
enthroned upon the praises of Israel.
- 4 Our forefathers put their trust in you; \*  
they trusted, and you delivered them.
- 5 They cried out to you and were delivered; \*  
they trusted in you and were not put to shame.
- 6 But as for me, I am a worm and no man, \*  
scorned by all and despised by the people.
- 7 All who see me laugh me to scorn; \*  
they curl their lips and wag their heads, saying,
- 8 "He trusted in the LORD; let him deliver him; \*  
let him rescue him, if he delights in him."

- 9 Yet you are he who took me out of the womb, \*  
and kept me safe upon my mother's breast.
- 10 I have been entrusted to you ever since I was born; \*  
you were my God when I was still in my mother's womb.
- 11 Be not far from me, for trouble is near, \*  
and there is none to help. ♦

*All rise as able.*

**THE HOLY GOSPEL** *Matthew 11:28–29*

*Presider* The Holy Gospel of our Lord Jesus Christ according to Matthew.

*Assembly* **Glory to you, Lord Christ.**

**J**ESUS said, “Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls.”

*Presider* The Gospel of the Lord.

*Assembly* **Praise to you, Lord Christ.**

**HOMILY**

The Reverend Canon Cristi Chapman

**PRAYERS OF THE ASSEMBLY**

*Reader* For the darkness of waiting and not knowing what is to come, for the darkness of staying ready and quiet and attentive, we praise you O God:

*Assembly* **for the darkness and the light are both alike to you.**

*Reader* For the darkness of staying silent and for the terror of having nothing that can be done to change things, we praise you O God:

*Assembly* **for the darkness and the light are both alike to you.**

*Reader* For the darkness of choosing to act, not knowing what the future will bring, we praise you O God:

*Assembly* **for the darkness and the light are both alike to you.**

*Reader* For the darkness of hoping in a world which longs for fulfillment, for the wrestling and the laboring of all creation for wholeness and justice and freedom, we praise you O God:

*Assembly* **for the darkness and the light are both alike to you.**

*Reader* For the needs of our hearts; for those who are ill or troubled; for those who have died and those who grieve; we pause in silence.

*Silence is kept.*

*Presider* Comfort us in our darkness with the light of your promise, O God; that we may wait with hope for the fulfilling of your Word, through Jesus Christ our Lord.

**All Amen.**

## CANDLE LIGHTING & HEALING PRAYERS

*Please be seated. At this time, all are invited to come forward to light a candle as a sign of our turning toward light in times of darkness. In addition, any who wish may come forward for prayers of healing, with anointing and laying on of hands, for themselves or on behalf of another. All are welcome, whatever concerns you may bring. You are also welcome to remain in silent prayer at your seat.*

## MUSIC DURING CANDLE LIGHTING *Improvisation*

*At the conclusion of the prayers all rise as able and the Presider prays:*

*Presider* May the God who goes before you through desert places by night and by day be your companion and guide; may your journey be with the saints; may the Holy Spirit be your strength, and Christ your clothing of light, in whose name we pray.

*All* **Amen.**

## THE PEACE

*Presider* The peace of Christ be always with you.

*Assembly* **And also with you.**

*All greet one another.*

# THE LITURGY OF THE TABLE

*All rise as able as the bread, wine, and money we offer to God are brought forward and presented at the altar table.*

## THE GREAT THANKSGIVING

*Eucharistic Prayer B*

*Presider* The Lord be with you.

*Assembly* **And also with you.**

*Presider* Lift up your hearts.

*Assembly* **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

*Assembly* **It is right to give God thanks and praise.**

*Presider* It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because you sent your beloved Son to redeem us from sin and death, and to make us heirs in him of everlasting life; that when he shall come again in power and great triumph to judge the world, we may without shame or fear rejoice to behold his appearing. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*All* **Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the one who comes in the name of the Lord.**

**Hosanna in the highest.**

*Presider* We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After Supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*Presider* And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

**All AMEN.**

#### **THE LORD'S PRAYER**

**All Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

## THE BREAKING OF THE BREAD

*Presider* Alleluia. Christ our passover is sacrificed for us.  
*Assembly* Therefore let us keep the feast. Alleluia.

## INVITATION TO COMMUNION

*The Presider invites us to the meal:* The gifts of God for the people of God.  
*All seeking God are welcome at Christ's Table.*  
*If you need communion brought to your seat, please let any of the liturgical ministers know.*  
*Rice wafers for those who do not eat wheat are available; simply ask for one at the time of communion.*

## MUSIC DURING COMMUNION *Improvisation*

*All rise as able.*

## PRAYER AFTER COMMUNION

*Presider* Eternal God,  
*All* heavenly Father,  
you have graciously accepted us  
as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.

**BLESSING** *The Presider asks God's blessing on the Assembly. All respond: Amen.*

**HYMN 490** *I want to walk as a child of the light* ♦ *The Hymnal 1982 #490*

TUNE: *Houston*

## DISMISSAL

*Presider* Let us go forth in the name of Christ.  
*Assembly* Thanks be to God.

**VOLUNTARY** *Improvisation*

---

### PRESIDER

The Reverend Canon Nancy Ross

### SACRISTAN

Jo Ann Bailey

### MUSICIANS

John Stuntebeck, *organ*  
James Falzone, *woodwinds*

### PREACHER

The Reverend Canon Cristi Chapman

### READER

Robert Stevens

SAINT MARK'S EPISCOPAL CATHEDRAL

1245 Tenth Avenue East, Seattle WA 98012 ♦ 206.323.0300 ♦ WWW.SAINTMARKS.ORG