



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

THE FOURTH SUNDAY OF ADVENT ♦ DECEMBER 22, 2019

SAINT MARK'S MUSIC SERIES



Olivier Messiaen



Joseph Adam

Joseph Adam Presents Messiaen's *La Nativité* on the Mighty Flentrop

TODAY, DECEMBER 22, 4:30 P.M., Cathedral Nave
In 2018, Saint Mark's Music Series presented Messiaen's Christmas cycle for piano, *Vingt Regards sur l'Enfant Jésus*. This afternoon we present his Christmas cycle for organ, *La Nativité du Seigneur: Neuf Méditations pour Orgue* [The Nativity of the Lord: Nine Meditations for Organ]. The performance will occur in candlelight. Take advantage of the rare opportunity to hear this truly profound Christmas music.

Each of the nine movements is a musical representation of a specific aspect of the birth of Christ. Some depict familiar elements of the story—such as “The Angels,” “The Shepherds,” and “The Magi.” Other movements depict more profound spiritual concepts, such as “The Word,” “The Eternal Designs,” “Jesus Accepts His Suffering,” and the explosive finale “*Dieu parmi nous*”—“God Among Us.”



The music displays in undiluted form Messiaen's completely original musical language, an idiosyncratic blend of Gregorian chant, birdsong, unusual scales and harmonies, and unpredictable rhythms.

The composer and critic Richard Goldman wrote “*One is, indeed, tempted to say that the work is a masterpiece, and one of the great organ works of all time...monumental and impressive, original and memorable.*”

Joseph Adam has been Cathedral Organist at St. James Cathedral in Seattle since 1993, and in 2018 was appointed Director of Music. He is Resident Organist with the Seattle Symphony Orchestra, and has given annual recitals on the Benaroya Hall organ since 2003. He has given concerts on organs across the U.S. and Europe.

CHRISTMAS AT SAINT MARK'S

CHRISTMAS EVE

TUESDAY, DECEMBER 24

4:00 p.m. (gathering music & carols at **3:45 p.m.**)
with music by the Junior & Senior Choristers
a service especially suitable for children and families

7:30 p.m. (gathering music & carols at **7:00 p.m.**)
with music by the Evensong Choir & Schola
Incense will be used.

11:00 p.m. (gathering music & carols at **10:15 p.m.**)
with music by the Cathedral Choir
Incense will be used.

CHRISTMAS DAY

WEDNESDAY, DECEMBER 25

10:00 a.m. with music by the Saint Mark's Singers

Parking Lot Hospitality Volunteers Needed

DECEMBER 24, BEFORE THE 4, 7:30, & 11 P.M. SERVICES

A guest's bad experience in the cathedral parking lot can set a bad tone for their visit to Saint Mark's. Parking lot attendants are the first representatives of Saint Mark's that many of our Christmas guests will encounter, and just a smiling face and an indication of where to drive can make all the difference.



Volunteers are needed for this critical work before all three Christmas Eve services. You will still be able to attend the liturgy; various shifts are available. To sign up or learn more, please contact Jim Pannell jpannell@saintmarks.org.

The Children's Carpet Is Moving

The children's carpet, currently located along the north wall, is moving to the south side of the nave in order to increase visibility for children worshiping on the floor, improve access to the elevator and child care center, and move children away from the emergency exit doors on the north side. **Sunday, January 5 will be the first Sunday in the new location.** Reach out to Director of Children's & Family Ministries Kelly Moody, kmoody@saintmarks.org with questions or concerns.

CATHEDRAL PRAYER LIST

Prayer requests are listed in *Sundays & Beyond* for approximately four weeks. To add a name to the prayer list, contact 206.323.0300 x314 or prayers@saintmarks.org

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially St. Stephen, Oak Harbor, and Grace Church, Lopez Island; the clergy, staff, and vestry of Saint Mark's Cathedral; and all the ministries of the cathedral, especially the Tuesday Bible Study class and the Lowell Elementary Volunteers.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES

Christopher White Shane Monkman

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Lynne Markova	James Popham
Andy Dupree	The Rev. Sam Hosler
Jeff Hill & his family	Tina Osenga
Anne Heinz	Natalie
Helen Reid	Preston
Susie Kundrat	Emma
Derrick	Brenneman/Pearson family
Kevin William	Ruey Lindblom
Dianne Aid	Will Gluck
Chris S	Emy Phelps
John	Caity

THOSE WHO HAVE DIED

Ken Donner	Frank Ordonez
Louie Crew	Lo Ngoc Dinh
Tom Jones	Michael Pilkington
Hunter Dupree	Shirley Christensen
Peggy Albers	

IN THANKSGIVING

For the Lectors and Intercessors, who are providing hospitality after morning services.

The nave altar flowers are given to the glory of God by Kathy Sodergren.

Cathedral Honey Available Again Today



Last week the “Holy Honey”—made by the bees who live on the roof of Cathedral House—sold out in under 15 minutes after the 9 a.m. service! A few more jars will be available for purchase today (\$15, cash or check). As before, supplies are extremely limited.

Serve the Hungry at St. Luke's, Ballard

DECEMBER 26, 27, AND/OR 30, 6 A.M. OR 7 A.M.,
St. Luke's, 5710 22nd Ave. NW, Seattle

Every weekday, the Edible Hope Ministry at St. Luke's Episcopal Church in Ballard feeds 200 to 300 homeless or needy people. It is an extraordinarily successful program, currently in its 27th year of operation. Their ministry needs some extra support between Christmas and New Year's day. You can fill in a spot just after Christmas on December 26 or 27, or join the Seattle Service Corps members on December 30. Some Saint Mark's parishioners have already pencilled in all three dates. Shifts run 6–9 a.m. or 7–11 a.m. Contact *Brett.Bowton-Meade@sunriseid.com* to sign up or learn more.



New Year's Eve Labyrinth & Midnight Eucharist

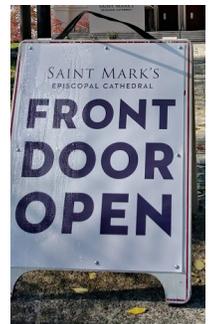
TUESDAY, DEC. 31, 6 P.M.–12:30 A.M., *Cathedral Nave*



“Since 1999, Seattle's most peaceful New Year's Eve experience.” In the candle-lit cathedral, accompanied by contemplative live music by local musicians, a large labyrinth is laid out in the nave. Pause, “journey to the center,” and look inward as the old year passes away and a new one begins. Stay for a few minutes, an hour, or as long as you'd like. All are welcome. At midnight, a unique service of Holy Eucharist is offered in the center of the labyrinth, observing the Feast of the Holy Name of Jesus.

Open Front Door Ministry Looking for a Few More Volunteers

Would you like to be part of a team that greets visitors to Saint Mark's cathedral weekday afternoons? Weekdays from 1–3 p.m., volunteers in teams of two welcome any and all who walk through the front doors—some to view the cathedral nave, some seeking a quiet respite, some looking for a restroom, and occasionally a homeless neighbor in need of a snack, a dry pair of socks, or help locating services. No special skills are required; all necessary training is provided. Volunteer weekly, or just once or twice a month. Team members have found the experience gratifying on many levels, not least of which is the chance to become better acquainted with fellow volunteers, parishioners and cathedral staff. Please contact Pat Taylor at patguggy@gmail.com if this sounds right for you, or with any questions.



A Service of Lessons & Carols on the Eve of the Feast of the Epiphany

SUNDAY, JANUARY 5, 4:30 P.M., *Cathedral nave*



On the twelfth day of Christmas, January 5, gather in the nave to hear Saint Mark's Evensong Choir of children, youth, and adults offer a service of Lessons and Carols for the Epiphany season. The liturgy will include choral offerings by Herbert Howells, Peter Warlock, and Charles Wood; as well as familiar carols to be sung by all. Readings will include the poetry of T.S. Eliot in addition to Holy Scripture. The choir and congregation will again be seated "chancel style," facing the center aisle.

THE WISDOM SCHOOL AT SAINT MARK'S The Enneagram Instinctual Subtypes that Fuel Our Behavior

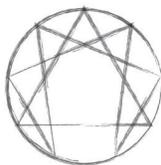
FRIDAY, JANUARY 10, 6:30-8:30 P.M.;

AND SATURDAY, JANUARY 11, 9:30 A.M.-3:30 P.M.,

Bloedel Hall. Facilitated by Sarah Walston, MA, M.Ed.,

LMHC, Certified Enneagram Instructor

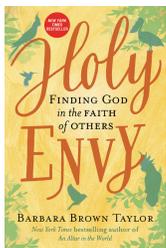
Learning your Enneagram instinctual subtype can be a powerful tool in illuminating why you do what you do, helping us unfold into the spiritual journey. Participants will explore the three deep instinctual drives that fuel behavior; which one animates you most profoundly; and how this combines with your Enneagram point of view to create a distinct orientation. This work is particularly useful in learning to bridge persistent difficulties in relationships. Fee \$60. Pre-registration required—register at saintmarks.org/subtypes.



SAINT MARK'S BOOK CLUB

Holy Envy: Finding God in the Faith of Others

SUNDAY, JANUARY 12, 12:30 P.M., *Cathedral House 210*



In *Holy Envy*, Episcopal priest Barbara Brown Taylor recounts her experiences teaching a course in world religions at a small private college with a predominantly conservative Christian student body, examining Buddhism, Judaism, Islam, Hinduism, and Christianity. Sometimes her students were afraid to study the

religious faiths of others. "It was as if they were afraid that God would let go of their hand in a crowded field," she tells us. She writes about what she tried to teach her students, what she learned from them, and what she came to envy in religions that were not her own. She thought she would write a book about what her students learned; she ended up writing just as much about what she learned and how her Christian faith was challenged. She insists that you can't just poach from other religions. Learning from other religious traditions requires more respect than that. Questions? Contact: Pearl McElheran, pmcelheran@comcast.net.

CREATION CARE MINISTRY

The National Religious Coalition on Creation Care's *Religious Declaration of Unprecedented Human Emergency*, signed by Bishop Rickel, states:

"As people of faith, we believe that our planet—which nurtures and sustains life—is a gift, and that we have a responsibility to cultivate a world in which all beings can thrive physically and spiritually."



Are you concerned about climate change but not sure what you can do about it? Know your impact—understanding is the first step to making a change. Estimate your carbon footprint at <https://werenew.net/kingcountywa>. Also check out the resources from The Diocese of Olympia at ecww.org/carbon-tracker, and the robust tool offered by The Episcopal Church at www.sustainislandhome.org. Consider how small changes in your life can make a difference to reverse the effects of climate change. Take the pledge to take action and empower change for a sustainable community, region, and planet at earthdaynw2020.org/pledge.

SAINT MARK'S MUSIC SERIES



THE PLAY OF DANIEL

SATURDAY, JANUARY 18, 7:30 PM, *Cathedral nave*

The world-renowned Boston Camerata, joined by the choristers of Saint Mark's Choir School, present a fully-staged medieval masterpiece. Called "the greatest music play from the French Middle Ages," *The Play of Daniel* tells a resonant story of truth spoken to power and justice for the oppressed. This stunning production by Anne Azéma uses modern costuming, staging, and choreography to bring this 13th-century work vividly to life. Co-presented by Early Music Seattle; learn more at saintmarks.org/concerts or earlymusicseattle.org.



SAINT MARK'S
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

Wherever you are on your spiritual journey,
you are welcome here.

Weekday Service Times

MONDAY–FRIDAY, 6:30 P.M.

Evening Prayer in Thomsen Chapel

MONDAY, 7:15 P.M.

Centering Prayer in Thomsen Chapel

WEDNESDAY, 5:30 P.M. (note new time)

Holy Eucharist in Thomsen Chapel

THURSDAY, 7 A.M.

Holy Eucharist in Thomsen Chapel

Cathedral Office Hours

MONDAY–FRIDAY, 9 AM–4:30 P.M.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of cathedral news and events, and the Cathedral prayer list. It is available by electronic subscription, on Saint Mark's website, and in print in the nave. To submit announcements for these publications, visit saintmarks.org/announce. Requests are due by Tuesday at 5 p.m. for publication on the following Sunday. Announcements may be edited for space and content.



You may make a donation to Saint Mark's at any time using the **Venmo** mobile app. Scan the code or search for @SaintMarksCathedralSeattle

Cathedral Conversations is a podcast about members of the community of Saint Mark's. Subscribe wherever you get your podcasts, or listen at saintmarks.org/podcast



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2019–2020 VESTRY

Dean & Rector: The Very Rev. Steven L. Thomason; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn; *Senior Warden:* Julia Logan; *Junior Wardens:* Jim Buskirk and Amanda Davis; Kristen Austin, Carrie Davis, Andrew Himes, Roberta Kanive, Rosemarie LeMoine, Kari Nasby, Michael Perera, Marjorie Ringness, Robert Stevens. *Diocesan Members:* Micah Kurtz and Mary Maxon. *Chancellor:* John Hoerster; *Vice-Chancellor:* Re Knack; *Clerk:* Barbara Erickson; *Treasurer:* Phil Lloyd

Sunday, December 22, 2019 ♦ The Fourth Sunday of Advent

HOLY EUCHARIST, 8 A.M., *Thomsen Chapel*

Preacher: Canon Michael Kleinschmidt, Canon for Cathedral Music

HOLY EUCHARIST, 9 A.M., *Cathedral Nave*

Preacher: Canon Michael Kleinschmidt, Canon for Cathedral Music

SUNDAY FORMATION, 10:10 A.M., *St. Nicholas Building:* Godly Play

(ages 3–8); Jesus and His Kingdom of Equals (ages 9–11). *Youth Room:*

Donuts & Discussion (junior high/high school). **There is no Sunday**

Forum in Bloedel Hall today.

HOLY EUCHARIST, 11 A.M., *Cathedral Nave*

Preacher: Canon Michael Kleinschmidt, Canon for Cathedral Music

CONCERT ON THE FLENTROP, 4:30 P.M. *Cathedral Nave*

Joseph Adam present Olivier Messiaen's monumental Christmas cycle for organ, *La Nativité du Seigneur*. See p. 1.

CATHEDRAL YOGA, 6 P.M., *Cathedral Nave*

A spiritual practice open to all.

CONTEMPLATIVE EUCHARIST, 7 P.M., *Thomsen Chapel*

COMPLINE, 9:30 P.M., *Cathedral Nave*

Ancient nighttime prayers, sung by the Compline Choir. A Seattle tradition since 1956; broadcast live on KING 98.1 FM, and streaming online at king.org.

Ministry Leaders! Your Ministry Reports for the Annual Meeting Are Due January 7

The Saint Mark's Cathedral Annual Parish Meeting is scheduled for **January 26, 2020**. On that day, the Cathedral Annual Report is published, in which every ministry group is requested to submit a brief paragraph summarizing its activities in the last year. What did your ministry do in 2019? What new initiatives or events were tried? How many people were engaged? Do not hide your light under a bushel; the whole parish community wants and needs to know about your accomplishments. Keep your report brief—approximately 250 words. **Final deadline for ministry reports is January 7**. If you know you will be traveling in early January, please complete your report before you leave. Submit your paragraph to Communications Director Greg Bloch, or contact him with any questions you may have: gbloch@saintmarks.org.

PLEASE NOTE: The Cathedral and Cathedral offices will be closed on the day after Christmas, Thursday, December 26.

The 7 a.m. morning Eucharist in Thomsen Chapel will occur as usual.