The Holy Eucharist
The First Sunday After Christmas Day

December 29, 2019
11:00 AM
Newcomers and visitors, the community of Saint Mark’s welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark’s liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

As part of our effort to serve those who cannot attend worship, this service will be livestreamed on the internet. The 8 AM, 9 AM, 7 PM, and 9:30 PM services are not livestreamed. We are grateful for your presence and participation in this community.

The entire congregation is the choir today while the choirs are on a one-week hiatus.

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Reverend Canon Nancy Ross, Canon for Cathedral Relations, Presider
The Reverend Canon Jennifer King Daugherty, Canon for Congregational Life, Preacher

THE GATHERING

PRELUDE

Two settings of In dulci jubilo
[tune of Hymn #107, “Good Christian friends, rejoice!”]

I. Chorale Prelude buxwv 197
   Dieterich Buxtehude (1637–1707)

II. Chorale Prelude bwv 608
   J.S. Bach (1685–1750)

As the opening hymn is introduced, all rise as able.

HYMN 110

The snow lay on the ground • The Hymnal 1982 #110
stanzas 1, 2 & 4

TUNE: Venite adoremus
OPENING ACCLAMATION

Presider  Blessed be God: Father, Son, and Holy Spirit.
Assembly  And blessed be God’s kingdom, now and forever. Amen.

COLLECT FOR PURITY

Presider  Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.
All  Amen.

SONG OF PRAISE  Angels we have heard on high  TUNE: Gloria

1. Angels we have heard on high, singing sweetly through the night,
   and the mountains in reply echoing their brave delight.
   Mary, Joseph, lend your aid, while we raise our hearts in love.

Refrain

Gloria in excelsis Deo!

COLLECT OF THE DAY

Presider  The Lord be with you.
Assembly  And also with you.
Presider  Let us pray.

 Almighty God, you have poured upon us the new light of your incarnate Word: Grant that this light, enkindled in our hearts, may shine forth in our lives; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.
All  Amen.
THE LITURGY OF THE WORD

READING

Isaiah 61:10–62:3

I will greatly rejoice in the Lord,
my whole being shall exult in my God;
for he has clothed me with the garments of salvation,
he has covered me with the robe of righteousness,
as a bridegroom decks himself with a garland,
and as a bride adorns herself with her jewels.

For as the earth brings forth its shoots,
and as a garden causes what is sown in it to spring up,
so the Lord God will cause righteousness and praise
to spring up before all the nations.

For Zion’s sake I will not keep silent,
and for Jerusalem’s sake I will not rest,
until her vindication shines out like the dawn,
and her salvation like a burning torch.

The nations shall see your vindication,
and all the kings your glory;
and you shall be called by a new name
that the mouth of the Lord will give.

You shall be a crown of beauty in the hand of the Lord,
and a royal diadem in the hand of your God.

Reader  Hear what the Spirit is saying to God’s people.

Assembly  Thanks be to God.
**PSALM**

*Psalm 147:13–21*  
Plainsong, Tone VIII.1

The Cantor introduces the antiphon, all repeat it.  
The Cantor chants the psalm verses, all repeating the antiphon as indicated.

How pleasant it is to honor God with praise, hallelujah!

*Lauda, Jerusalem, Dominum*

**W**orship the Lord, O Jerusalem; *
apraise your God, O Zion;

14 For he has strengthened the bars of your gates; *
he has blessed your children within you.

15 He has established peace on your borders; *
he satisfies you with the finest wheat.

16 He sends out his command to the earth, *
and his word runs very swiftly.

17 He gives snow like wool; *
he scatters hoarfrost like ashes.

18 He scatters his hail like bread crumbs; *
who can stand against his cold?

19 He sends forth his word and melts them; *
he blows with his wind, and the waters flow.

20 He declares his word to Jacob, *
his statutes and his judgments to Israel.

21 He has not done so to any other nation; *
to them he has not revealed his judgments.  
Hallelujah! **ANTIPHON**

**READING**  
*Galatians 3:23–25; 4:4–7*

Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian.

But when the fullness of time had come, God sent his Son, born of a woman, born under the law, in order to redeem those who were under the law, so that we might receive adoption as children. And because you are children, God has sent the Spirit of his Son into our hearts, crying, “Abba! Father!” So you are no longer a slave but a child, and if a child then also an heir, through God.

**Reader**  
Hear what the Spirit is saying to God’s people.

**Assembly**  
Thanks be to God.

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

**HYMN 93**  
*Angels from the realms of glory*  
◆ The Hymnal 1982 #93  
stanzas 1 & 2  
TUNE: Regent Square
**THE HOLY GOSPEL  John 1:1–18**

*Deacon*  The Holy Gospel of our Savior Jesus Christ according to John.

*Assembly*  Glory to you, Lord Christ.

In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. All things came into being through him, and without him not one thing came into being. What has come into being in him was life, and the life was the light of all people. The light shines in the darkness, and the darkness did not overcome it.

There was a man sent from God, whose name was John. He came as a witness to testify to the light, so that all might believe through him. He himself was not the light, but he came to testify to the light. The true light, which enlightens everyone, was coming into the world.

He was in the world, and the world came into being through him; yet the world did not know him. He came to what was his own, and his own people did not accept him. But to all who received him, who believed in his name, he gave power to become children of God, who were born, not of blood or of the will of the flesh or of the will of man, but of God.

And the Word became flesh and lived among us, and we have seen his glory, the glory as of a father’s only son, full of grace and truth. (John testified to him and cried out, “This was he of whom I said, ‘He who comes after me ranks ahead of me because he was before me.’”) From his fullness we have all received, grace upon grace. The law indeed was given through Moses; grace and truth came through Jesus Christ. No one has ever seen God. It is God the only Son, who is close to the Father’s heart, who has made him known.

*Deacon*  The Gospel of the Lord.

*Assembly*  Praise to you, Lord Christ.

**SERMON**

*All rise as able.*

**THE NICENE CREED**

**We believe in one God,**  
the Father, the Almighty,  
Maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate  
from the Virgin Mary;  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.
PRAYERS OF THE ASSEMBLY
After each petition:
Intercessor  Lord, in your mercy,
Assembly  Hear our prayer.
The Presider concludes the prayers with a collect. All respond: Amen.

THE PEACE
Presider  The peace of the Lord be always with you.
Assembly  And also with you.
All greet one another in the name of the Lord.

THE LITURGY OF THE TABLE

OFFERTORY
An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service.

In the front cover of your hymnal, or in the pew rack in front of you, you will find an offering envelope, as well as form to give by credit card, and a card to place in the offering plate as a token of a gift given electronically. To donate online, visit saintmarks.org/give, or use the Venmo mobile app. (@SaintMarksCathedralSeattle, or scan the code at right).

ANTHEM  Quia respexit humilitatem from Magnificat in D, bwv 243  J.S Bach
Quia respexit humilitatem ancilæ suæ:  For he hath regarded the lowliness of his handmaiden:
Ecce enim ex hoc  For behold, from henceforth
beatam me dicent omnes generationes.  all generations will call me blessed.

All rise as able as the bread, wine and money we offer to God are brought forward and presented at the altar table.

THE GREAT THANKSGIVING  Eucharistic Prayer B, Book of Common Prayer, p. 361

The Lord be with you.  And so with you.
Lift up your hearts.  We lift them to the Lord.
Let us give thanks to the Lord our God.  It is right to give God thanks and praise.
Presider  It is right, and a good and joyful thing, always and everywhere to give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.” After Supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore, according to his command, O Father,

All  We remember his death,
We proclaim his resurrection,
We await his coming in glory;

Presider  And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.
By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All A-MEN.

THE LORD’S PRAYER

All Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM  What feast of love is offered here?  
TUNE: Greensleeves

1. What feast of love is offered here, what banquet come from heaven?
2. What light of truth is offered here, what covenant from heaven?

what food of everlasting life, what gracious gift is given?
what hope of everlasting life, what wondrous word is given?

This, this is Christ the King, the bread come down from heaven.
This, this is Christ the King, the sun come down from heaven.

Oh taste and see and sing! How sweet the manna given!
Oh taste and hear and sing! The Word of God is given!

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INVITATION TO COMMUNION

Presider  The gifts of God for the people of God.
All seeking God are welcome at Christ’s Table.
The Assembly gathers around all sides of the altar platform, guided by the ushers. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider’s communion station at the front left.
• You are welcome to stand or kneel to receive communion.
• Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.
• Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.
• To receive a blessing instead of communion, simply cross your arms over your chest.


Maria sitzt am Rosenhag
und wiegt ihr Jesus-kind,
Durch die Blätter leise
weht der warme Sommerwind.

Zu ihren Füssen singt ein buntes Vögelein:
“Schlaf’, Kindlein, süsse, schlaf’ nun ein!”

Hold ist dein Lächeln, holder
deines Schlummers Lust,
Leg dein müdes Köpfchen fest
an deiner Mutter Brust!

“Schlaf’, Kindlein, süsse, schlaf’ nun ein!”

Mary sits by the rose bower
And rocks her little Jesus,
Softly through the leaves
The warm wind of summer blows.

At her feet, a brightly coloured bird sings:
“Go to sleep, sweet child; it’s time to go to sleep!”

Your smile is lovely,
Your happy sleep lovelier still,
Lay your tired little head
Against your mother’s breast!

“Go to sleep, sweet child; it’s time to go to sleep!”

HYMN 107  Good Christian friends, rejoice  ♦ The Hymnal 1982 #107  TUNE: In dulci jubilo

All rise as able.

SENDING OF EUCHARISTIC VISITORS

Presider  One body are we.
Assembly  For, though many, we share one bread and one cup.
Deacon  Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

Presider  Eternal God,
All  heavenly Father,
you have graciously accepted us
as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.
Go, tell it on the mountain, over the hills and everywhere;
go, tell it on the mountain that Jesus Christ is born!

1. While shepherds kept their watching o'er silent flocks by night,
2. The shepherds feared and trembled when lo! above the earth
3. Down in a lowly manger the humble Christ was born,

behold, throughout the heavens there shone a holy light.
rang out the angel chorus that hailed our Saviour's birth.
and God sent us salvation that blessed Christmas morn.

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DISMISSAL

Deacon  Let us go forth in the name of Christ.
Assembly  Thanks be to God.

VOLUNTARY  Chorale Prelude on In dulci jubilo, bwv 729
           [tune of Hymn #107: “Good Christian friends, rejoice!”]

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