



SAINT MARK'S  
EPISCOPAL CATHEDRAL

# THE HOLY EUCHARIST

THE SECOND SUNDAY AFTER THE EPIPHANY

January 19, 2020

9:00 AM



## WELCOME

Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

## ABOUT THE LITURGY

This season, the 9 a.m. Sunday Eucharist will be employing collects and other liturgical texts adapted from *Prayers for an Inclusive Church*, published in 2008 by Dr. Steven Shakespeare, Senior Lecturer in Philosophy at Liverpool Hope University in the U.K.

## MUSIC NOTE

We sing Hymn 443, "From God Christ's deity came forth," in our 9 a.m. and 11 a.m. Eucharists this week. While not yet among the most familiar hymns in our hymnal, it deserves to be sung often. It is a pairing of one of Christianity's oldest texts (Syrian, 4<sup>th</sup> century) with one of our newest tunes (by Ronald

Arnatt, born 1930.) The text is packed with scriptural references: ten from the Gospels, three from Paul, one each from Psalms and Hebrews. The stanzas are formed of two parallel lines followed by two related parallel lines capped with a refrain of praise. The tune enlivens that form by repeating a brief musical phrase on ever higher pitches that lead inexorably into the praise refrain. Arnatt writes: "The tune was written on May 4, 1984, in the study of our house in Salem, Massachusetts, which directly overlooks the harbor—a lovely spot for thinking and working." Hence the tune's name, Salem Harbor.

*Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.*

The Very Reverend Steven L. Thomason, Dean and Rector of Saint Mark's Cathedral, *Presider*  
The Reverend Canon Cristi Chapman, Canon for Spiritual Growth and Stewardship, *Preacher*

# THE GATHERING

*The three-fold tolling of a bell, followed by a brief organ voluntary offered a few minutes before the hour, bids all to keep silence for prayer and preparation.*

**PRELUDE** O Christ, Lamb of God, BWV 619

J.S. Bach (1685–1750)

**HYMN 7** Christ whose glory fills the skies ♦ The Hymnal 1982 #7

TUNE: Ratisbon

## OPENING ACCLAMATION

*Presider* Blessed be the one, holy, and living God.  
*Assembly* **Glory to God for ever and ever.**

## COLLECT FOR PURITY

*Presider* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

**All Amen.**

*Organ:* *Everyone:*

Glo-ry to God in the highest, and peace to God's peo-ple on earth.

Lord God, heav'nly King, al-might-y God and Fa-ther, we wor-ship you, we give you thanks, we

praise you for your glo - ry. Lord Je - sus Christ, on - ly Son of the Fa-ther,

Lord God, Lamb of God, you take away the sin of the world: have mer - cy on us;

you are seat - ed at the right hand of the Fa - ther: re - ceive our prayer.

For you alone are the Ho - ly One, you alone are the Lord,

you alone are the Most High, Je - sus Christ, with the Ho - ly Spi - rit,

in the glo - ry of God the Fa - ther. A - - men.

*The Hymnal 1982 #8-278, ©1976 Oxford University Press*

**COLLECT OF THE DAY**

*Prayers for an Inclusive Church, adapt.*

*Presider* God be with you.

*Assembly* **And also with you.**

*Presider* Let us pray.

**H**oly One,  
 You teach us a new song, and train our feet to follow:  
 meet us in our searching  
 and turn our eyes and hearts to the One who gives his life for the world;  
 through Jesus Christ, the Lamb of God.

**All Amen.**

*Please be seated for the readings.*

# THE LITURGY OF THE WORD

## READING

*Isaiah 49:1-7*

**L**ISTEN to me, O coastlands,  
pay attention, you peoples from far away!  
The Lord called me before I was born,  
while I was in my mother's womb he named me.  
He made my mouth like a sharp sword,  
in the shadow of his hand he hid me;  
he made me a polished arrow,  
in his quiver he hid me away.  
And he said to me, "You are my servant,  
Israel, in whom I will be glorified."  
But I said, "I have labored in vain,  
I have spent my strength for nothing and vanity;  
yet surely my cause is with the LORD,  
and my reward with my God."  
And now the LORD says,  
who formed me in the womb to be his servant,  
to bring Jacob back to him,  
and that Israel might be gathered to him,

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* **Thanks be to God.**

for I am honored in the sight of the LORD,  
and my God has become my strength—  
he says,  
"It is too light a thing that you should be my servant  
to raise up the tribes of Jacob  
and to restore the survivors of Israel;  
I will give you as a light to the nations,  
that my salvation may reach to the end of the  
earth."

Thus says the LORD,  
the Redeemer of Israel and his Holy One,  
to one deeply despised, abhorred by the nations,  
the slave of rulers,  
"Kings shall see and stand up,  
princes, and they shall prostrate themselves,  
because of the Lord, who is faithful,  
the Holy One of Israel, who has chosen you."

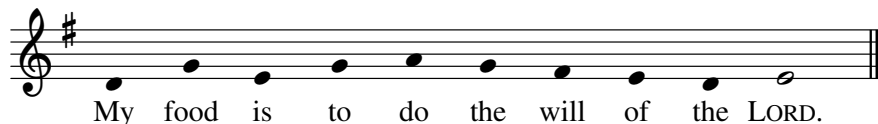
## PSALM

*Psalm 40:1-12*

Plainsong Tone II.1

*The Cantor introduces the antiphon, all repeat it.*

*The Cantor chants the psalm verses, all repeating the antiphon as indicated.*



*Expectans, expectavi*

**I**WAITED patiently upon the LORD; \*  
He stooped to me and heard my cry.

- 2 He lifted me out of the desolate pit, out of the mire and clay; \*  
he set my feet upon a high cliff and made my footing sure. **ANTIPHON**
- 3 He put a new song in my mouth,  
a song of praise to our God; \*  
many shall see, and stand in awe,  
and put their trust in the LORD.
- 4 Happy are they who trust in the LORD! \*  
they do not resort to evil spirits or turn to false gods. **ANTIPHON**
- 5 Great things are they that you have done, O LORD my God!  
how great your wonders and your plans for us! \*  
there is none who can be compared with you.
- 6 Oh, that I could make them known and tell them! \*  
but they are more than I can count. **ANTIPHON**

- 7 In sacrifice and offering you take no pleasure \*  
(you have given me ears to hear you);
- 8 Burnt-offering and sin-offering you have not required, \*  
and so I said, “Behold, I come. **ANTIPHON**
- 9 In the roll of the book it is written concerning me: \*  
‘I love to do your will, O my God;  
your law is deep in my heart.’”
- 10 I proclaimed righteousness in the great congregation; \*  
behold, I did not restrain my lips;  
and that, O Lord, you know. **ANTIPHON**
- 11 Your righteousness have I not hidden in my heart;  
I have spoken of your faithfulness and your deliverance; \*  
I have not concealed your love and faithfulness from the great congregation.
- 12 You are the LORD;  
do not withhold your compassion from me; \*  
let your love and your faithfulness keep me safe for ever. **ANTIPHON**

**READING**

*1 Corinthians 1:1–9*

**P**AUL, called to be an apostle of Christ Jesus by the will of God, and our brother Sosthenes,

To the church of God that is in Corinth, to those who are sanctified in Christ Jesus, called to be saints, together with all those who in every place call on the name of our Lord Jesus Christ, both their Lord and ours:

Grace to you and peace from God our Father and the Lord Jesus Christ.

I give thanks to my God always for you because of the grace of God that has been given you in Christ Jesus, for in every way you have been enriched in him, in speech and knowledge of every kind—just as the testimony of Christ has been strengthened among you—so that you are not lacking in any spiritual gift as you wait for the revealing of our Lord Jesus Christ. He will also strengthen you to the end, so that you may be blameless on the day of our Lord Jesus Christ. God is faithful; by him you were called into the fellowship of his Son, Jesus Christ our Lord.

*Reader* Hear what the Spirit is saying to God’s people.  
*Assembly* **Thanks be to God.**

**GOSPEL ACCLAMATION**

12<sup>th</sup>-century chant, adapt. Marilyn Haskel (b. 1945)

*The Choir introduces the alleluias, all repeat them.*

*The Choir chants the verse below, then all repeat the alleluias.*



℣. Here is the Lamb of God who takes away the sin of the world. —*John 1:29*

**THE HOLY GOSPEL** *John 1:29-42*

*Deacon* The Holy Gospel of our Savior Jesus Christ according to John.  
*Assembly* **Glory to you, Lord Christ.**

**J**OHAN saw Jesus coming toward him and declared, "Here is the Lamb of God who takes away the sin of the world! This is he of whom I said, 'After me comes a man who ranks ahead of me because he was before me.' I myself did not know him; but I came baptizing with water for this reason, that he might be revealed to Israel." And John testified, "I saw the Spirit descending from heaven like a dove, and it remained on him. I myself did not know him, but the one who sent me to baptize with water said to me, 'He on whom you see the Spirit descend and remain is the one who baptizes with the Holy Spirit.' And I myself have seen and have testified that this is the Son of God."

The next day John again was standing with two of his disciples, and as he watched Jesus walk by, he exclaimed, "Look, here is the Lamb of God!" The two disciples heard him say this, and they followed Jesus. When Jesus turned and saw them following, he said to them, "What are you looking for?" They said to him, "Rabbi" (which translated means Teacher), "where are you staying?" He said to them, "Come and see." They came and saw where he was staying, and they remained with him that day. It was about four o'clock in the afternoon. One of the two who heard John speak and followed him was Andrew, Simon Peter's brother. He first found his brother Simon and said to him, "We have found the Messiah" (which is translated Anointed). He brought Simon to Jesus, who looked at him and said, "You are Simon son of John. You are to be called Cephas" (which is translated Peter).

*Deacon* The Gospel of the Lord.  
*Assembly* **Praise to you, Lord Christ.**

**SERMON**

The Reverend Canon Cristi Chapman

*All rise as able.*

**THE NICENE CREED**

*Authorized for use by the 1997 General Convention*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit  
and the Virgin Mary  
and became truly human.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.**

**Amen.**

## PRAYERS OF THE ASSEMBLY

*After each petition:*

*Intercessor* Let us pray to the Lord.

**Assembly** Hear our prayer.

*The Presider concludes the prayers with a collect. All respond: Amen.*

## CONFESSION

*Prayers for an Inclusive Church, adapt.*

*Deacon* Let us confess our brokenness to God.

*You are invited to stand or kneel for the confession.*

*Deacon* Gracious God,

**All** We place boundaries around your goodness,  
Yet You share your love with all people;

*Silence*

*Deacon* Lord, have mercy.

**Assembly** Lord, have mercy.

*Deacon* Patient God,

**All** We hold back in fear and shame,  
You immerse yourself in love and life.

*Silence*

*Deacon* Christ, have mercy.

**Assembly** Christ, have mercy.

*Deacon* Loving God,

**All** We let our hearts be restricted in scarcity and fear,  
You invite us into abundant life.

*Silence*

*Deacon* Lord, have mercy.

**Assembly** Lord, have mercy.

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

## THE PEACE

*Prayers for an Inclusive Church, adapt.*

*Presider* Christ has broken down the dividing wall  
that makes us strangers to one another;  
He has made us one humanity  
that God might be all in all;  
he is our life, our hope, our peace.

The peace of Christ be with you always.

**Assembly** And also with you.

*All greet one another in the name of Christ.*

# THE LITURGY OF THE TABLE

## OFFERTORY

*An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service.*

*In the front cover of your hymnal, or in the pew rack in front of you, you will find an offering envelope and a form to give by credit card, as well as a card to place in the offering plate as a token of a gift given electronically. To donate online, visit [saintmarks.org/give](http://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right).*



## ANTHEM *Hymn after a Song of Wisdom ("O for a closer walk with God")*

WORDS: William Cowper (1731–1800)

MUSIC: *Caithness*, from the Scottish Psalter,

arr. C. Villiers Stanford (1852–1924)

O for a closer walk with God,  
A calm and heavenly frame;  
A light to shine upon the road  
That leads me to the Lamb!

Return, O holy Dove, return!  
Sweet messenger of rest;  
I hate the sins that made thee mourn,  
And drove thee from my breast.

So shall my walk be close with God,  
Calm and serene my frame:  
So purer light shall mark the road  
That leads me to the Lamb.

*The bread, wine and money we offer to God are brought forward and presented at the altar table.  
When the Presider stands, all rise as able.*

## THE GREAT THANKSGIVING

*Prayers for an Inclusive Church, adapt.*

*Presider* The Lord be with you.

*Assembly* **And also with you.**

*Presider* Lift up your hearts.

*Assembly* **We lift them to God.**

*Presider* Let us give thanks to the Lord our God.

*Assembly* **It is right to give God thanks and praise.**

*Presider* We praise you, God of many names, whose Spirit runs freely throughout the earth, whose image lies deep in every mortal soul. In your grace your Word is made known to all people, calling forth their goodness; your Beloved is immersed in the waters of creation, healing the chaos that floods our world; your Son is the guest who offers new wine and warms hearts grown cold and withered. Therefore, we celebrate the rays of morning light that bathe the world in glory and kindle a new song:



**SANCTUS & BENEDICTUS**

William Mathias (1934–1992)

*Organ:*  
Ho - ly, ho - ly, ho - ly Lord, God of po-wer and might,  
*Everyone:*  
heav'n and earth are full\_ of your glo-ry. Ho san na in the high-est.  
Bless-ed is the one who comes in the name of the Lord. Ho-san-na in the high-est.

*The Hymnal 1982 #8-128 © Oxford University Press*

*Presider* We ask that your Holy Spirit fall upon us and upon these gifts, that these fragile, earthly things may be to us the body and blood of our Lord and brother, Jesus Christ.

On the night he was betrayed, Jesus gathered with his faltering friends. He took bread, gave thanks, broke it and said: ‘This is my body, which is given for you. Do this in remembrance of me.’

In the same way after supper, he took the cup of wine, saying, ‘This cup is the new covenant in my blood. Do this, whenever you drink it, in remembrance of me.’

As on that night, so here and now he offers himself in touch and taste beyond all that words can hold. And so we proclaim the great mystery of faith, saying:

**All Christ has died.  
Christ is risen.  
Christ will come again.**

*Presider* With these gifts we are filled with the life-giving presence of Christ; we proclaim him as creation’s host, transforming poverty into plenty with his generous love.

Inspire us with the hope that one day death and greed will be no more, and people will come from east and west, north and south to share a feast of abundance.

We ask this through Jesus Christ our Savior, by whom and with whom and in whom, in the unity of the Holy Spirit, all honor and glory be yours, Mother of blessings, for ever and ever.

**All AMEN.**

**THE LORD'S PRAYER**

McNeil Robinson II (b. 1943)

Our Fa-ther in heav-en, hal-lowed be your Name, your king-dom come, your will be done,  
 on earth as in heav-en. Give us to-day our dai-ly bread. For-give us our sins as we for-give  
 those who sin a-gainst us. Save us from the time of trial, and de-liv-er us from e - vil.  
 For the king-dom, the pow-er, and the glo-ry are yours, now and for ev - er. A - men.

*The Hymnal 1982 #8-149, from Music For the Lord's Supper, ©1984 Theodore Presser Company*

*In silence, the Presider breaks the consecrated bread.*

**FRACTION ANTHEM** *We who are many*

Plainsong Mode 6

*The Cantor introduces the antiphon, all repeat it. The Cantor sings the verses, all repeating the antiphon as indicated.*

We who are\_\_ ma - ny are one bo - dy,\_\_ for we all\_\_ share in the one\_\_ bread.

∇. We break this bread to share in the Body of Christ. **ANTIPHON**

∇. Happy are they who come to the Supper of the Lamb. **ANTIPHON**

*Enriching Our Music 2, #147, based on Ubi caritas, adapt. David Hurd; ©1998 David Hurd*

## INVITATION TO COMMUNION

*Presider* The gifts of God for the people of God.

*All seeking God are welcome at Christ's Table.*

*Communion is distributed at standing stations at the head of the side and center aisles. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the center aisle left.*

- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

## COMMUNION VOLUNTARY *Organ Improvisation*

**HYMN 439** *What wondrous love is this!* ◆ *The Hymnal 1982 #439*

TUNE: *Wondrous Love*



*All rise as able.*

**SENDING OF EUCHARISTIC VISITORS**

*Presider* One body are we.

*Assembly* **For, though many, we share one bread and one cup.**

*Deacon* Go in peace, bearing holy gifts for holy people.

**PRAYER AFTER COMMUNION**

*Prayers for an Inclusive Church, adapt.*

*Presider* Let us pray.

**All** Lord of the wedding feast,  
we thank you for sharing with us the abundance of your life:  
in the beauty of humility may we receive with joy  
the gift of the stranger,  
the grace of the water,  
and the living bread of love's desire.  
**Amen.**

**BLESSING** *The Presider asks God's blessing on the Assembly. All respond: Amen.*

**HYMN 443** *From God Christ's deity came forth ♦ The Hymnal 1982 #443*

TUNE: *Salem Harbor*

**DISMISSAL** *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

**VOLUNTARY** *Prelude in D*

Antonín Dvořák (1841–1904)

**PRESIDER**  
The Very Reverend Steven L. Thomason

**ASSISTING LAY MINISTER**  
Susan Nicoll

**EUCHARISTIC MINISTERS**  
Re Knack      Cyndi Ademujohn  
Sunshine Pegues      Pam Avriett  
Don Avriett      Nan Sullins

The Reverend Canon Nancy Ross  
The Reverend Edie Weller

**OBLATION BEARERS**  
The Mills family

**ALTAR GUILD**  
Sue Tait

**PREACHER**  
The Reverend Canon Cristi Chapman

**ACOLYTE**  
Pam Gray

**LECTORS**  
Carol Green  
Pamela Bradburn

**INTERCESSOR**  
Kristen Austin

**FLOWER GUILD CAPTAIN**  
Pam Taylor

**HOSPITALITY**  
The Usher Ministry

**DEACON**  
The Reverend Emily Austin

**USHERS**  
Tom Hayton  
Tom Hayton

**GREETERS**  
Jeff Helgesen  
Jaime Rubio

**MUSICIANS**  
Peter McClung, *Cantor*  
The Schola  
of Saint Mark's Cathedral Choir School,  
Rebekah Gilmore, *Director*  
Saint Mark's Singers,  
Michael Kleinschmidt, *Director*  
Michael Kleinschmidt  
& John Stuntebeck, *Organists*