



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

THE THIRD SUNDAY AFTER THE EPIPHANY ♦ JANUARY 26, 2020



2020 Annual Parish Meeting and Festive Meal

TODAY, JANUARY 26, 12:30–2 P.M., *Bloedel Hall*

The 2020 Annual Meeting will include election of parish vestry members and delegates/alternates to Diocesan Convention. A brochure featuring the candidates is available now in the back of the nave. We'll also hear reports from the Dean, ministry leaders, and the Finance Committee. This is a wonderful opportunity to celebrate our vibrant parish. It all begins with a festive potluck.

SUNDAY FORUM

Report from Trip to the Border

SUNDAY, FEBRUARY 9, 10:10 A.M., *Bloedel Hall*.

Please note that the date for this forum has changed.

Come learn about the dire situation for migrants and refugees at our southern border from the team that traveled to McAllen and Brownsville,



photo by Canon Nancy Ross

Texas, and Matamoros, Mexico, in January. Saint Mark's Sanctuary volunteers Dee Cappelletti, Melinda Kmitta, George Moore, and Maris Olsen along with Canon Nancy Ross joined Episcopalians from around the country witnessing the realities and meeting refugees and asylees, some 2,000 strong, who are camped in a squalid tent city, most waiting months for a chance for an asylum hearing. What did we see, and what can we do? Come and learn more, because we cannot turn away.

Cathedral Vandalized

On the morning of Tuesday, January 21, 2020, the community of Saint Mark's Episcopal Cathedral, Seattle, discovered that the cathedral building had been vandalized with a large spray-painted ugly message. Dean Thomason responded both to the vandalism and to the divisiveness in our society at this time, saying, "I find myself prayerful—for those whose lives are filled with such hatred that they can justify desecrating a church, for this community that we might bring the fullness of our hearts and souls into this call to be the Body of Christ (even when some in the world choose to hate us), and for this nation whose political discourse seems to condone acts such as this vandalism as justifiable in the course of partisan disagreements." See his full statement at saintmarks.org/vandalism. Please note that the graffiti cannot be painted over until the weather is dry and the temperature outside is over 50°F for several hours.

Youth Discussion on Creation Care and Climate Change

TODAY, JANUARY 26, 10:10 A.M., *Youth Room*

Junior high and high school students are encouraged to attend a discussion about environmental stewardship and climate change between the morning services today. It is young people who will face the greatest consequences of the damage we have done and are doing to the planet and the climate, and so representatives from the Creation Care Ministry of the cathedral want to hear your thoughts about climate change, what Saint Mark's can do, and what actions you would like to see. Donuts will be provided.



Newcomer's Coffee with Clergy

NEXT SUNDAY, FEBRUARY 2, AFTER MORNING SERVICES, *Leffler Living Room*



Every month we host a conversation with newcomers after the 9 a.m. and 11 a.m. services to help us get to know each other, share our stories, and introduce newcomers to Saint Mark's and the Episcopal Church.

Please gather near the baptismal font after each service (look for the person holding a sign). Questions? Please contact Deacon Earl, newcomers@saintmarks.org or 206.518.2833.

CATHEDRAL PRAYER LIST

Prayer requests are listed in *Sundays & Beyond* for approximately four weeks. To add a name to the prayer list, contact 206.323.0300 x314 or prayers@saintmarks.org

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially St. David Emmanuel, Shoreline, and St. Dunstan, Shoreline; the clergy, staff, and vestry of Saint Mark's Cathedral; and all the ministries of the cathedral, especially Wednesday Wonderings and the Front Door Ministry.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES

Christopher White Shane Monkman

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Tricia & John Bell	John
Nadine & children	James Dvorsak Chalupnik
Sandy Toomer	Patricia de la Fuente
Janet Ketchum	Cleveland Riley
Kathryn Boyd	Caston Evans
Maria Do	Todd
Brian Vann	Mary Jo Andrews
Lloyd E. Barnes, Jr.	Judy Andrews
Edward Daugherty	John, Katie & Mauve
Langdon	

THOSE WHO HAVE DIED

Ayorinde Adebimpe	James Chalupnik
Don Lynch	Alan DePuy
The Rev. Bruce Bayne	Susan Dewitt
Karen Hansen	Jaron Nielsen
Barbara Mashburn	Tricia Berry Bell
Austin Krout	Sharon Bloodgood
Brand Stewart	

IN THANKSGIVING

For the birth of Lydia McNary Crosbie, born to Rachel McNary and Russ Crosbie.

for the ministry of the Cathedral staff, who are providing hospitality after the 9 o'clock service today and for all those who will bring food to share during today's annual meeting after the 11 o'clock service

SUNDAY FORUM

Saint Mark's Shorts with Filmmaker David Wild

SUNDAY, FEBRUARY 2, 10:10 A.M., *Bloedel Hall*

In the last two years, filmmaker David Wild has made over a dozen short films about the life and ministry of Saint Mark's Cathedral. One of them, *On the Mighty Flentrop*, has been viewed over 150,000 times on YouTube! Join David as he shares his approach to storytelling, what he has discovered about his ministry and Saint Mark's, and what he has planned next.



Learn about How Saint Mark's Works for Economic Justice in the World

SUNDAY, FEBRUARY 2, AFTER MORNING SERVICES, *back of the Nave (Coffee Corner)*

Jubilee Economic Justice is a ministry of Saint Mark's. Stop by the table in the Coffee Corner, Sunday, February 2, to find out how you can help influence national and international financial institutions to create an economy that serves, protects, and promotes participation of the world's most vulnerable people.



CHORAL EVENSONG
ON THE FEAST OF THE PRESENTATION
OF CHRIST IN THE TEMPLE
SUNDAY, FEBRUARY 2, 4:30 P.M.



Choral Evensong on the Feast of the Presentation of Christ in the Temple

SUNDAY, FEBRUARY 2, 4:30 P.M., *Cathedral Nave*

The Saint Mark's Evensong Choir invites you to join in offering praise and prayers at sundown on Candlemas—the Feast of the Presentation of Christ in the Temple. The choir will sing a sumptuous new setting of the *Magnificat* and *Nunc dimittis* by Seattle composer and countertenor Tyler Morse (a member of both the Evensong Choir and the Compline Choir.) They will also sing S.S. Wesley's beloved setting of words by Isaiah, *Thou wilt keep him in perfect peace*, and Josef Rheinberger's deeply satisfying *Abendlied* ["Evening Song"].

Underhill House Listener Training

WEDNESDAY, JANUARY 29, 12 P.M. *Underhill House*
Underhill House, a quiet place to pause for prayer on Wednesday and Thursday afternoons, is offering a Listener training on Wednesday, January 29, from 12–2:30 p.m. To learn more please visit www.underhillhouse.org.

20S & 30S

Questioning Together

MONDAY, FEBRUARY 3, 7:30 P.M., *Leffler Living Room*

Come join our lively discussion over a light dinner with this supportive and curious group. Our question for February will

be: **How does your faith influence your actions?** RSVP (appreciated but not required) to Courtney Wendel-Stevenson: courtneyw1901@gmail.com.



CREATION CARE MINISTRY

NEXT MINISTRY MEETING:

MONDAY, FEBRUARY 10, 6 P.M., *Leffler Sun Room*

Planning for travel in 2020 but feeling guilty about the carbon footprint of airline travel? Flying 2,000 miles in a jet = 1 ton of carbon. **Offset that carbon footprint** for \$25/ton through our partnership with the Episcopal Diocese of the Southern Philippines at <https://ecww.org/about-the-diocese-of-olympia/departments/stewardship-and-development/carbon-offset-cooperative-mission/>. Or look for other carbon offset programs at <https://www.green-e.org/certified-resources/carbon-offsets>.

Visit the Creation Care page on Saint Mark's website at <https://saintmarks.org/justice/creation-care/> to learn more about efforts being made at Saint Mark's to address climate change, including upcoming Sunday Forums on March 8 and April 19. Contact Marjorie Ringness at marjorie@ringness.org to learn more.

Mideast Focus Film Series Announced

OPENING RECEPTION: FRIDAY, FEBRUARY 28, 2020, 6:15 P.M., *Bloedel Hall*

The Mideast Focus Ministry of Saint Mark's Cathedral is pleased to announce its seventh annual film series. This year's theme is **Coping with Occupation**. Screenings will occur in Bloedel hall, Fridays at 7 p.m. on the following dates: February 28, March 27, April 24, and May 15. A catered reception will occur before the first screening, February 28 at 6:15 p.m. For details about the films, please see the postcard available on the brochure rack in the narthex or in Bloedel Hall, or visit saintmarks.org/mideast.



Spirited Women: Gathering Together to Pray Together

SUNDAY, FEBRUARY 23, 12:45 P.M., *Leffler Living Room*

Are you longing for a deeper connection at Saint Mark's? Have you wondered about spiritual disciplines and how to put those into practice in your daily life? Join us on Sunday, February 23, at 12:45 p.m. in Leffler Living Room, as the Spirited Women group gathers to talk about Lenten disciplines. We will explore the practice of praying with Anglican prayer beads, and then we will make sets to use this coming Lent. Wonder together how prayer practices connect us to each other and deepen our experiences of the seasons. A light lunch will be served. New in the fall of 2019, Spirited Women gathers occasionally throughout the year to talk about practices that help develop and nurture a healthy spirituality. RSVP to Canon Cristi Chapman (cchapman@saintmarks.org) or Mary Segall (mesegall@yahoo.com).



Living the Questions: A Series for Inquirers and Newcomers

SUNDAYS, MARCH 1—APRIL 5, 12:45 P.M., *Bloedel Hall*

Are you curious about Episcopal liturgy, beliefs, or traditions? Are you feeling called to a deeper commitment with God? No matter where you are on your journey, consider attending this six-week series, where we will explore the basics of the Christian faith through the Episcopal lens. The series begins on Sunday, March 1, and continues each Sundays through April 5. Sessions run from 12:45–2:30 p.m. in Bloedel Hall. A light lunch will be provided each week. Following this series, some decide to become Episcopalians through confirmation or reception into the church; others experience a revival of the soul and desire to reaffirm their baptismal vows. Interested? For more information or to RSVP, contact Canon Cristi Chapman, cchapman@saintmarks.org.



SAINT MARK'S
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

*Wherever you are on your spiritual journey,
you are welcome here.*

Weekday Service Times

- MONDAY–FRIDAY, 6:30 P.M.
Evening Prayer in Thomsen Chapel
- MONDAY, 7:15 P.M.
Centering Prayer in Thomsen Chapel
- WEDNESDAY, 5:30 P.M. (*note new time*)
Holy Eucharist in Thomsen Chapel
- THURSDAY, 7 A.M.
Holy Eucharist in Thomsen Chapel

Cathedral Office Hours

MONDAY–FRIDAY, 9 AM–4:30 P.M.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of cathedral news and events, and the Cathedral prayer list. It is available by electronic subscription, on Saint Mark's website, and in print in the nave. To submit announcements for these publications, visit saintmarks.org/announce. Requests are due by Tuesday at 5 p.m. for publication on the following Sunday. Announcements may be edited for space and content.



You may make a donation to Saint Mark's at any time using the **Venmo** mobile app. Scan the code or search for @SaintMarksCathedralSeattle

Cathedral Conversations is a podcast about members of the community of Saint Mark's. Subscribe wherever you get your podcasts, or listen at saintmarks.org/podcast



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2019–2020 VESTRY

Dean & Rector: The Very Rev. Steven L. Thomason; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn; *Senior Warden:* Julia Logan; *Junior Wardens:* Jim Buskirk and Amanda Davis; Kristen Austin, Carrie Davis, Andrew Himes, Roberta Kanive, Rosemarie LeMoine, Kari Nasby, Michael Perera, Marjorie Ringness, Robert Stevens. *Diocesan Members:* Micah Kurtz and Mary Maxon. *Chancellor:* John Hoerster; *Vice-Chancellor:* Re Knack; *Clerk:* Barbara Erickson; *Treasurer:* Phil Lloyd

Sunday, January 26, 2020 ♦ The Third Sunday after the Epiphany

HOLY EUCHARIST, 8 A.M., *Thomsen Chapel*.

Preacher: The Very Rev. Steven L. Thomason, Dean and Rector

HOLY EUCHARIST, 9 A.M., *Cathedral Nave*

Preacher: The Very Rev. Steven L. Thomason, Dean and Rector

SUNDAY FORMATION, 10:10 A.M., *St. Nicholas Building:* Godly Play (ages 3–8); Jesus and His Kingdom of Equals (ages 9–11). *Youth Room:* Donuts & Discussion, this week featuring a visit from the Creation Care Ministry (junior high/high school). **No Adult Sunday Forum in the 10 a.m. hour today, as we prepare for the Annual Parish Meeting, see p. 1.**

HOLY EUCHARIST, 11 A.M., *Cathedral Nave*

Preacher: The Very Rev. Steven L. Thomason, Dean and Rector

ANNUAL PARISH MEETING, 12:30–2 P.M., *Bloedel Hall.* A potluck meal, followed by elections for vestry members and diocesan convention delegates, reports from cathedral leadership, and special awards. All are welcome.

CATHEDRAL YOGA, 6 P.M., *Cathedral Nave.* A spiritual practice open to all.

CONTEMPLATIVE EUCHARIST, 7 P.M., *Thomsen Chapel*

COMPLINE, 9:30 P.M., *Cathedral Nave*

Ancient nighttime prayers, sung by the Compline Choir. A Seattle tradition since 1956; broadcast live on KING 98.1 FM, and streaming online at king.org.

Return Your Palm Branches!



Ash Wednesday falls on February 26 this year. Beginning Sunday, February 2, baskets will be placed in the back of the nave for you to place the palm branches you received last Palm Sunday. These palm branches are then burned to create the ashes used for the rite of Imposition of Ashes at the Ash Wednesday liturgy. You may return your palms any time until February 23.

Updated *Sundays & Beyond* Weekly Email

We've made some changes to the weekly *Sundays & Beyond* email for 2020. It now arrives Friday morning rather than Friday evening, and contains information about the following Sunday's scripture, preacher, hymns, anthems, and more. Sign up at saintmarks.org/news, or contact Greg Bloch at gbloch@saintmarks.org.