



SAINT MARK'S
EPISCOPAL CATHEDRAL

THE HOLY EUCHARIST

THE FIFTH SUNDAY AFTER THE EPIPHANY

February 9, 2020

11:00 AM



WELCOME

Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

ABOUT THE MUSIC

As is our custom every six to eight weeks, the fixed portions of our celebration of the Eucharist—the Gloria, Sanctus, and Agnus Dei—are sung today by the choir, inviting the congregation into a more contemplative approach to the prayers and praises in our Sunday morning liturgy. The musical setting offered by the choir today was composed by Welsh composer William Mathias (1934–1992), most familiar to Saint Mark's for his congregational settings of the Gloria and Sanctus found in *The Hymnal 1982* as #s-278 and #s-128. Mathias' *Missa Brevis* was commissioned in 1973 by St. Matthew's Church, Northampton, a parish church in the English midlands whose unique claim to fame is its 75-year

tradition of commissioning works of sacred music from an impressive roster of contemporary British composers—ranging from Benjamin Britten's *Rejoice in the Lamb* in 1943, to anthems by Philip Stopford and Grayston Ives in the last few years. For his St. Matthew's commission, Mathias produced a mass of rhythmic vigor and colorful, crunchy harmonies reminiscent of Poulenc or Stravinsky, all while keeping the clarity of the English text front and center.

Some of the movements of choral masses can be quite long. Our prayer and praise are sung by the choir but we are also active participants and we indicate that by standing. However, please feel free to sit if you need to during the longer mass movements.

As part of our effort to serve those who cannot attend worship, this service will be livestreamed on the internet. The 8 AM, 9 AM, 7 PM, and 9:30 PM services are not livestreamed. We are grateful for your presence and participation in this community.

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Reverend Canon Jennifer King Daugherty, Canon for Congregational Life, *Presider*

The Very Reverend Steven L. Thomason, Dean and Rector of Saint Mark's Cathedral, *Preacher*

THE GATHERING

A brief organ voluntary offered a few minutes before the hour invites all into quiet prayer and preparation.

PRELUDE *Matines from Triptyque, Op. 58*

Louis Vierne (1870–1937)

A bell bids all to rise as able.

INTROIT *God be in my head*

WORDS: Sarum Primer, 1514

MUSIC: Sydney H. Nicholson (1875–1947)

God be in my head, and in my understanding;
God be in mine eyes, and in my looking;
God be in my mouth, and in my speaking;
God be in my heart, and in my thinking;
God be at mine end, and at my departing.

HYMN 427 *When morning gilds the skies ♦ The Hymnal 1982 #427*

TUNE: *Laudes Domini*

OPENING ACCLAMATION

Presider Blessed be God: Father, Son, and Holy Spirit.
Assembly **And Blessed be God's kingdom, now and forever. Amen.**

COLLECT FOR PURITY

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.
All Amen.

SONG OF PRAISE *Gloria in excelsis* from *Missa Brevis*

William Mathias (1934–1992)

Glory be to God on high,
and in earth peace, goodwill towards men.
We praise thee, we bless thee,
we worship thee,
we glorify thee,
we give thanks to thee for thy great glory,
O Lord God, heavenly King, God the Father Almighty.
O Lord, the only-begotten Son, Jesu Christ;
O Lord God, Lamb of God, Son of the Father,
that takest away the sins of the world,
have mercy upon us.
thou that takest away the sins of the world,
receive our prayer.
thou that sittest at the right hand of God the Father,
have mercy upon us.
For thou only art holy;
thou only art the Lord;
thou only, O Christ,
with the Holy Ghost,
art most high in the glory of God the Father.
Amen

COLLECT OF THE DAY

Book of Common Prayer, p. 216

Presider The Lord be with you.
Assembly **And also with you.**
Presider Let us pray.

SET us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

All Amen.

Please be seated for the readings.

THE LITURGY OF THE WORD

READING

Isaiah 58:1–9a

SHOUT out, do not hold back!
Lift up your voice like a trumpet!
Announce to my people their rebellion,
to the house of Jacob their sins.
Yet day after day they seek me
and delight to know my ways,
as if they were a nation that practiced righteousness
and did not forsake the ordinance of their God;
they ask of me righteous judgments,
they delight to draw near to God.
“Why do we fast, but you do not see?
Why humble ourselves, but you do not notice?”
Look, you serve your own interest on your fast day,
and oppress all your workers.
Look, you fast only to quarrel and to fight
and to strike with a wicked fist.
Such fasting as you do today
will not make your voice heard on high.
Is such the fast that I choose,
a day to humble oneself?
Is it to bow down the head like a bulrush,
and to lie in sackcloth and ashes?
Will you call this a fast,
a day acceptable to the LORD?
Is not this the fast that I choose:
to loose the bonds of injustice,
to undo the thongs of the yoke,
to let the oppressed go free,
and to break every yoke?
Is it not to share your bread with the hungry,
and bring the homeless poor into your house;
when you see the naked, to cover them,
and not to hide yourself from your own kin?
Then your light shall break forth like the dawn,
and your healing shall spring up quickly;
your vindicator shall go before you,
the glory of the LORD shall be your rear guard.
Then you shall call, and the LORD will answer;
you shall cry for help, and he will say, Here I am.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

The Choir introduces the antiphon, all repeat it. The Choir chants the psalm verses, all repeating the antiphon as indicated.



Happy are they who have giv-en to the poor.

HALLELUJAH! Happy are they who fear the Lord *
and have great delight in his commandments!

- 2 Their descendants will be mighty in the land; *
the generation of the upright will be blessed. **ANTIPHON**
- 3 Wealth and riches will be in their house, *
and their righteousness will last for ever.
- 4 Light shines in the darkness for the upright; *
the righteous are merciful and full of compassion. **ANTIPHON**
- 5 It is good for them to be generous in lending *
and to manage their affairs with justice.
- 6 For they will never be shaken; *
the righteous will be kept in everlasting remembrance. **ANTIPHON**
- 7 They will not be afraid of any evil rumors; *
their heart is right; they put their trust in the Lord.
- 8 Their heart is established and will not shrink, *
until they see their desire upon their enemies.
- 9 They have given freely to the poor, *
and their righteousness stands fast for ever;
they will hold up their head with honor. **ANTIPHON**

READING

1 Corinthians 2:1-12

WHEN I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

“What no eye has seen, nor ear heard,
nor the human heart conceived,
what God has prepared for those who love him”—

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

Reader Hear what the Spirit is saying to God's people.
Assembly **Thanks be to God.**

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

GOSPEL ACCLAMATION

Canon Michael Kleinschmidt

The Choir sings the alleluias; all repeat them. The Choir sings the verse; all repeat the alleluias.

Organ: 
Al-le-lu - ia, al-le-lu - ia, al-le-lu - ia!

℣. Let your light shine before others, so that they may see your good works, and give glory to God.

All rise as able.

THE HOLY GOSPEL *Matthew 5:13–20*

Deacon The Holy Gospel of our Savior Jesus Christ according to Matthew.

Assembly **Glory to you, Lord Christ.**

JESUS said, “You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

“You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

“Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

Deacon The Gospel of the Lord.

Assembly **Praise to you, Lord Christ.**

SERMON

The Very Reverend Steven L. Thomason



All rise as able.

THE NICENE CREED

We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate
from the Virgin Mary;
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE ASSEMBLY

After each petition:

Intercessor Let us pray to the Lord.

Assembly Lord, hear our prayer.

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION

Book of Common Prayer, p. 360

Deacon Let us confess our sins against God and our neighbor.

You are invited to stand or kneel for the confession.

Deacon Most merciful God,

All we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.

We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

Presider The peace of the Lord be always with you.

Assembly And also with you.

All greet one another in the name of the Lord.

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service.

In the front cover of your hymnal, or in the pew rack in front of you, you will find an offering envelope and a form to give by credit card, as well as a card to place in the offering plate as a token of a gift given electronically. To donate online, visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right).



ANTHEM *The Lord is my light*

WORDS: Psalm 27:1, 139:8, & 63:4, 7
MUSIC: Peter R. Hallock

The Lord is my light,
the refuge of my life and my salvation;
of whom then shall I be afraid?
If I take the wings of the morning
or go up into heaven,
your right hand will hold me.
In the shadow of your wings will I rejoice
and bless your holy Name;
and I will sing of your Glory, O Lord my strength,
as long as I live.

All rise as able as the bread, wine, and money we offer to God are brought forward and presented at the altar table.

THE GREAT THANKSGIVING

Eucharistic Prayer B, Book of Common Prayer, p. 361

Presider *Assembly*

The Lord be with you. And al - so with you.

Presider *Assembly*

Lift up your hearts. We lift them to the Lord.

Presider *Assembly*

Let us give thanks to the Lord our God. It is right to give God thanks and praise.

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS & BENEDICTUS from *Missa Brevis*

Mathias

Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.

Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.

Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

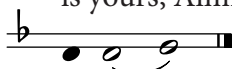
On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After Supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

Presider And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Mary, Mark, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



All A - MEN.

THE LORD'S PRAYER *Sung by all, in four-part harmony as able*

Nikolai Rimsky-Korsakov (1844–1908),
adapt. George Black (1931–2003)

Our Fa - ther in heav'n, hal - lowed be your Name, your king - dom come, your will be done,

The first system of musical notation for 'The Lord's Prayer'. It consists of a grand staff with a treble clef on the top line and a bass clef on the bottom line. The key signature has one flat (B-flat). The melody is written in the treble clef, and the accompaniment is in the bass clef. The lyrics are: 'Our Fa - ther in heav'n, hal - lowed be your Name, your king - dom come, your will be done,'

on earth as in heav'n. Give us to-day our dai-ly bread. For-give us our sins as we for-give those

The second system of musical notation. The melody continues in the treble clef, and the accompaniment continues in the bass clef. The lyrics are: 'on earth as in heav'n. Give us to-day our dai-ly bread. For-give us our sins as we for-give those'

who sin a - gainst us. Save us from the time of trial, and de-li-ver us from e - vil.

The third system of musical notation. The melody continues in the treble clef, and the accompaniment continues in the bass clef. The lyrics are: 'who sin a - gainst us. Save us from the time of trial, and de-li-ver us from e - vil.'

For the king - dom, the pow'r, and the glo - ry are yours, now and for ev-er. A-men.

rit.

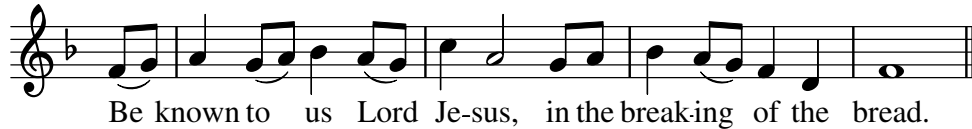
The fourth and final system of musical notation. The melody concludes in the treble clef, and the accompaniment concludes in the bass clef. The lyrics are: 'For the king - dom, the pow'r, and the glo - ry are yours, now and for ev-er. A-men.' The system ends with a double bar line. Above the final measure of the melody, the word 'rit.' is written.

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM *Be known to us, Lord Jesus*

Gary James (b. 1957)

The Choir introduces the antiphon, all repeat it. The Choir sings the verses, all repeating the antiphon as indicated.



∇. The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

∇. One body are we, alleluia, for though many we share one bread. **ANTIPHON**

Wonder, Love, & Praise #875, ©1992 Morningstar Music Publishers

INVITATION TO COMMUNION

Presider The gifts of God for the people of God.

All seeking God are welcome at Christ's Table.

The Assembly gathers around all sides of the altar platform, guided by the ushers. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the front left.

- ◆ *You are welcome to stand or kneel to receive communion.*
- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip it in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

ANTHEM *Agnus Dei from Missa Brevis*

Mathias

O Lamb of God, that takest away the sins of the world,
have mercy upon us.

O Lamb of God, that takest away the sins of the world,
have mercy upon us.

O Lamb of God, that takest away the sins of the world,
grant us thy peace.

HYMN 419 *Lord of all being* ◆ *The Hymnal 1982 #419*

TUNE: *Mendon*

All rise as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly **For, though many, we share one bread and one cup.**

Deacon Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

Book of Common Prayer, p. 365

Presider Eternal God,

All heavenly Father,

**you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.**

**Send us now into the world in peace,
and grant us strength and courage
to love and serve you with gladness and singleness of heart;
through Christ our Lord. Amen.**

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 7 *Christ whose glory fills the skies ♦ The Hymnal 1982 #7*

TUNE: *Ratisbon*

DISMISSAL *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

VOLUNTARY *Processional*

William Mathias

PRESIDER The Reverend Canon Jennifer King Daugherty	PREACHER The Very Reverend Steven L. Thomason	DEACON The Reverend Earl Grout
ASSISTING LAY MINISTER Phillip Lienau	VERGERS Paul Tonnes Robert Stevens	USHERS Andrew Himes Dale Largent Barbara Selberg Margaret Largent Mary Segall TBD
EUCHARISTIC MINISTERS Lynne Markova Kevin Johnson Jeremy Crawford Roberta Kanive Sonja Lund Steven Jones The Reverend Mark Miller The Reverend Canon Nancy Ross	ACOLYTES Carrie Davis Ray Miller Kevin Johnson K.O. LeSure Krista Olson Morgan Randall Alexandra Thompson	GREETERS Barbara Selberg John Selberg
ALTAR GUILD Garrett Smith Melody Smith	LECTORS Ruth McRee Mel Flannery	FLOWER GUILD CAPTAIN Molly Henderson
HOSPITALITY TKTK	INTERCESSOR George Pro	MUSICIANS The Cathedral Choir, Michael Kleinschmidt, <i>Director</i> Michael Kleinschmidt & John Stuntebeck, <i>Organists</i>