



SAINT MARK'S  
EPISCOPAL CATHEDRAL

THE HOLY EUCHARIST  
THE FIFTH SUNDAY AFTER THE EPIPHANY

February 9, 2020

9:00 AM





## SAINT MARK'S EPISCOPAL CATHEDRAL

*Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5<sup>th</sup> floor. Ushers will guide you.*

*This season, the 9 a.m. Sunday Eucharist will be employing collects and other liturgical liturgical texts adapted from **Prayers for an Inclusive Church**, published in 2008 by Dr. Steven Shakespeare, Senior Lecturer in Philosophy at Liverpool Hope University in the U.K.*

*Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.*

The Reverend Canon Nancy Ross, Canon for Cathedral Relations, *Presider*

The Very Reverend Steven L. Thomason, Dean and Rector of Saint Mark's Cathedral, *Preacher*

## THE GATHERING

*The three-fold tolling of a bell, followed by a brief organ voluntary offered a few minutes before the hour, bids all to keep silence for prayer and preparation.*

<b>PRELUDE</b>	Prelude on <i>How bright appears the Morning Star</i> [tune of Hymn #497]	Guy Bovet (b. 1942)
<b>HYMN 427</b>	<i>When morning gilds the skies</i> ♦ <i>The Hymnal 1982</i> #427 stanzas 1, 2 & 4	TUNE: <i>Laudes Domini</i>

### OPENING ACCLAMATION

*Presider* Blessed be the one, holy, and living God.

*Assembly* Glory to God for ever and ever.

### COLLECT FOR PURITY

*Presider* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

*All* Amen.

### **SONG OF PRAISE**      *Gloria in excelsis*

William Mathias (1934–1992)

*Organ:*

*Everyone:*

Glo-ry to God in the highest, and peace to God's peo-ple on earth.

Lord God, heav'nly King, al-might-y God and Father, we wor-ship you, we give you thanks, we

praise you for your glo - ry. Lord Je - sus Christ, on - ly Son of the Fa-ther,

Lord God, Lamb of God, you take away the sin of the world: have mer - cy on us;

you are seat - ed at the right hand of the Fa - ther: re - ceive our prayer.

For you a-lone are the Ho - ly One, you a-lone are the Lord,

you alone are the Most High, Je-sus Christ, with the Ho - ly Spi - rit,

in the glo - ry of God the Fa - ther. A - - - men.

*The Hymnal 1982* #s-278, ©1976 Oxford University Press

## COLLECT OF THE DAY

### *Prayers for an Inclusive Church, adapt.*

*Presider* God be with you.

## **Assembly And also with you.**

*Presider* Let us pray.

**G**RACIOUS God,  
Giver of love's law,  
in whom there is no blandness or dullness;  
liberate us from all that numbs our compassion  
or delays our discovery of clarity and richness in your commands;  
through Jesus Christ, fulfiller of the law.

All Amen.

*Please be seated for the readings.*

# THE LITURGY OF THE WORD

## READING

*Isaiah 58:1–9a*

**S**HOUT out, do not hold back!  
Lift up your voice like a trumpet!  
Announce to my people their rebellion,  
    to the house of Jacob their sins.  
Yet day after day they seek me  
    and delight to know my ways,  
as if they were a nation that practiced righteousness  
    and did not forsake the ordinance of their God;  
they ask of me righteous judgments,  
    they delight to draw near to God.  
“Why do we fast, but you do not see?  
    Why humble ourselves, but you do not notice?”  
Look, you serve your own interest on your fast day,  
    and oppress all your workers.  
Look, you fast only to quarrel and to fight  
    and to strike with a wicked fist.  
Such fasting as you do today  
    will not make your voice heard on high.  
Is such the fast that I choose,  
    a day to humble oneself?  
Is it to bow down the head like a bulrush,  
    and to lie in sackcloth and ashes?  
Will you call this a fast,  
    a day acceptable to the LORD?  
Is not this the fast that I choose:  
    to loose the bonds of injustice,  
    to undo the thongs of the yoke,  
to let the oppressed go free,  
    and to break every yoke?  
Is it not to share your bread with the hungry,  
    and bring the homeless poor into your house;  
when you see the naked, to cover them,  
    and not to hide yourself from your own kin?  
Then your light shall break forth like the dawn,  
    and your healing shall spring up quickly;  
your vindicator shall go before you,  
    the glory of the LORD shall be your rear guard.  
Then you shall call, and the LORD will answer;  
    you shall cry for help, and he will say, Here I am.

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* **Thanks be to God.**

The Choir introduces the antiphon, all repeat it. The Choir chants the psalm verses, all repeating the antiphon as indicated.

Happy are they who have given to the poor.

**H**allelujah! Happy are they who fear the Lord \*  
and have great delight in his commandments!

- 2 Their descendants will be mighty in the land; \*  
the generation of the upright will be blessed. **ANTIPHON**
- 3 Wealth and riches will be in their house, \*  
and their righteousness will last for ever.
- 4 Light shines in the darkness for the upright; \*  
the righteous are merciful and full of compassion. **ANTIPHON**
- 5 It is good for them to be generous in lending \*  
and to manage their affairs with justice.
- 6 For they will never be shaken; \*  
the righteous will be kept in everlasting remembrance. **ANTIPHON**
- 7 They will not be afraid of any evil rumors; \*  
their heart is right; they put their trust in the Lord.
- 8 Their heart is established and will not shrink, \*  
until they see their desire upon their enemies.
- 9 They have given freely to the poor, \*  
and their righteousness stands fast for ever;  
they will hold up their head with honor. **ANTIPHON**

**READING**

1 Corinthians 2:1–12

**W**hen I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God.

Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written,

“What no eye has seen, nor ear heard,  
nor the human heart conceived,  
what God has prepared for those who love him”—

these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* Thanks be to God.

*All rise as able.*

**GOSPEL ACCLAMATION**

12<sup>th</sup>-century chant, adapt. Marilyn Haskel (b. 1945)

*The Choir introduces the alleluias, all repeat them.*

*The Choir chants the verse below, then all repeat the alleluias.*



℣. Open my eyes, so that I may behold wondrous things out of your law. —*Psalm 119:18*

**THE HOLY GOSPEL** *Matthew 5:13–20*

*Deacon* The Holy Gospel of our Savior Jesus Christ according to Matthew.

*Assembly* Glory to you, Lord Christ.

JESUS said, “You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot.

“You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

“Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.”

*Deacon* The Gospel of the Lord.

*Assembly* Praise to you, Lord Christ.

**PROCESSION TO CHILDREN'S CHAPEL**

*On the second Sunday of each month, immediately following the Gospel reading, children ages 3–8 are invited to gather around the baptismal font to process to Thomsen Chapel for the monthly children's chapel program. Parents are always welcome to join their children. They will return at the Peace.*

**SERMON**

The Very Reverend Steven L. Thomason

*All rise as able.*

#### THE NICENE CREED

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation  
he came down from heaven,  
was incarnate of the Holy Spirit  
and the Virgin Mary  
and became truly human.

*Authorized for use by the 1997 General Convention*

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.

Amen.

#### PRAYERS OF THE ASSEMBLY

*After each petition:*

**Intercessor** Let us pray to the Lord.

**Assembly** Lord, hear our prayer.

*The Presider concludes the prayers with a collect. All respond: Amen.*

#### CONFESION

**Deacon** Let us confess our brokenness to God.

*You are invited to stand or kneel for the confession.*

*Prayers for an Inclusive Church, adapt.*

**Deacon** Gracious God,

**All** We place boundaries around your goodness,  
Yet You share your love with all people;

*Silence*

**Deacon** Lord, have mercy.

**Assembly** Lord, have mercy.

**Deacon** Patient God,

**All** We hold back in fear and shame,  
You immerse yourself in love and life.

*Silence*

**Deacon** Christ, have mercy.

**Assembly** Christ, have mercy.

**Deacon** Loving God,

**All** We let our hearts be restricted in scarcity and fear,  
You invite us into abundant life.

*Silence*

**Deacon** Lord, have mercy.

**Assembly** Lord, have mercy.

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

## THE PEACE

*Presider* Christ has broken down the dividing wall  
that makes us strangers to one another;  
He has made us one humanity  
that God might be all in all;  
he is our life, our hope, our peace.

The peace of Christ be with you always.

*Assembly* And also with you.

*All* greet one another in the name of Christ.

## THE LITURGY OF THE TABLE

### OFFERTORY

*An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service.*

*In the front cover of your hymnal, or in the pew rack in front of you, you will find an offering envelope and a form to give by credit card, as well as a card to place in the offering plate as a token of a gift given electronically. To donate online, visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right).*



### ANTHEM

*Make me a blessing*

WORDS: Ira B. Wilson (1880–1950)  
MUSIC: George Schuler (1882–1973)

Out in the highways and byways of life,  
Many are weary and sad;  
Carry the sunshine where darkness is rife,  
Making the sorrowing glad.

*Make me a blessing, Make me a blessing,  
Out of my life may Jesus shine;  
Make me a blessing, O Savior, I pray,  
Make me a blessing to someone today.*

Tell the sweet story of Christ and His love,  
Tell of His power to forgive;  
Others will trust Him if only you prove  
True, every moment you live.

*Refrain*

Give as 'twas given to you in your need,  
Love as the Master loved you;  
Be to the helpless a helper indeed,  
Unto your mission be true.

*Refrain*

*The bread, wine and money we offer to God are brought forward and presented at the altar table.  
When the Presider stands, all rise as able.*

### THE GREAT THANKSGIVING

*Prayers for an Inclusive Church, adapt.*

*Presider* The Lord be with you.

*Assembly* And also with you.

*Presider* Lift up your hearts.

*Assembly* We lift them to God.

*Presider* Let us give thanks to the Lord our God.

*Assembly* It is right to give God thanks and praise.

*Presider* We praise you, God of many names, whose Spirit runs freely throughout the earth, whose image lies deep in every mortal soul. In your grace your Word is made known to all people, calling forth their goodness; your Beloved is immersed in the waters of creation, healing the chaos that floods our world; your Son is the guest who offers new wine and warms hearts grown cold and withered. Therefore, we celebrate the rays of morning light that bathe the world in glory and kindle a new song:

### SANCTUS & BENEDICTUS

William Mathias (1934–1992)

The musical notation consists of three staves of music. The first staff is labeled "Organ:" and shows a steady stream of quarter notes in G major. The second staff is labeled "Everyone:" and contains the lyrics "Ho - ly, ho - ly, ho - ly Lord, God of po - wer and might," with musical notes corresponding to each word. The third staff continues the "Everyone:" section with "heav'n and earth are full - of your glo - ry. Ho sanna in the high - est." The fourth staff begins with a new line: "Bless-ed is the one who comes in the name of the Lord." This is followed by another line of music identical to the third staff, ending with "Ho-san-na in the high - est."

*The Hymnal 1982 #s-128 © Oxford University Press*

*Presider* We ask that your Holy Spirit fall upon us and upon these gifts, that these fragile, earthly things may be to us the body and blood of our Lord and brother, Jesus Christ.

On the night he was betrayed, Jesus gathered with his faltering friends. He took bread, gave thanks, broke it and said: ‘This is my body, which is given for you. Do this in remembrance of me.’

In the same way after supper, he took the cup of wine, saying, ‘This cup is the new covenant in my blood. Do this, whenever you drink it, in remembrance of me.’

As on that night, so here and now he offers himself in touch and taste beyond all that words can hold. And so we proclaim the great mystery of faith, saying:

**All** Christ has died.  
Christ is risen.  
Christ will come again.

*Presider* With these gifts we are filled with the life-giving presence of Christ; we proclaim him as creation’s host, transforming poverty into plenty with his generous love.

Inspire us with the hope that one day death and greed will be no more, and people will come from east and west, north and south to share a feast of abundance.

We ask this through Jesus Christ our Savior, by whom and with whom and in whom, in the unity of the Holy Spirit, all honor and glory be yours, Mother of blessings, for ever and ever.

**All** AMEN.

**THE LORD'S PRAYER**

McNeil Robinson II (b. 1943)

Our Fa-ther in heav - en, hal-lowed be your Name, your king-dom come, your will be done,  
on earth as in heav-en. Give us to-day our dai-ly bread. For-give us our sins as we for-give  
those who sin a-gainst us. Save us from the time of trial, and de-liv-er us from e - vil.  
For the king-dom, the pow-er, and the glo-ry are yours, now and for ev - er. A - men.

*The Hymnal 1982 #8-149, from Music For the Lord's Supper, ©1984 Theodore Presser Company*



*In silence, the Presider breaks the consecrated bread.*

**FRACTION ANTHEM** *We who are many*

Plainsong Mode 6

*The Choir introduces the antiphon, all repeat it. The Choir sings the verses, all repeating the antiphon as indicated.*

We who are ma - ny are one bo - dy, for we all share in the one bread.

¶. We break this bread to share in the Body of Christ. **ANTIPHON**

¶. Happy are they who come to the Supper of the Lamb. **ANTIPHON**

*Enriching Our Music 2*, #147, based on *Ubi caritas*, adapt. David Hurd; ©1998 David Hurd

**INVITATION TO COMMUNION**

*Presider* The gifts of God for the people of God.

*All seeking God are welcome at Christ's Table.*

*Communion is distributed at standing stations at the head of the side and center aisles. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the center aisle left.*

- ♦ Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.
- ♦ Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.
- ♦ To receive a blessing instead of communion, simply cross your arms over your chest.

**HYMN 490** *I want to walk as a child of the light* ♦ *The Hymnal 1982* #490

TUNE: *Houston*

**COMMUNION VOLUNTARY** *Organ Improvisation*

*All rise as able.*

**SENDING OF EUCHARISTIC VISITORS**

*Presider* One body are we.

*Assembly* For, though many, we share one bread and one cup.

*Deacon* Go in peace, bearing holy gifts for holy people.

**PRAYER AFTER COMMUNION**

*Presider* Let us pray.

*All* Lord of the wedding feast,  
we thank you for sharing with us the abundance of your life:  
in the beauty of humility may we receive with joy  
the gift of the stranger,  
the grace of the water,  
and the living bread of love's desire.

Amen.

*Prayers for an Inclusive Church*, adapt.

**BLESSING** *The Presider asks God's blessing on the Assembly. All respond: Amen.*

**HYMN 419** *Lord of all being* ♦ *The Hymnal 1982 #419*

TUNE: *Mendon*

**DISMISSAL** *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

**VOLUNTARY** *Processional*

William Mathias (1934–1992)

---

**PRESIDER**

The Reverend Canon Nancy Ross

**ASSISTING LAY MINISTER**

Judy Andrews

**EUCARISTIC MINISTERS**

Nan Sullins	Sunshine Pegues
Cyndi Ademujohn	Pam Avriett
Don Avriett	Lisa Graumlich

The Reverend Canon Jennifer King Daugherty  
The Reverend Mark Miller

**ALTAR GUILD**

Morgan Randall  
Sue Tait

**HOSPITALITY**

Norman & Rosemarie LeMoine

**PREACHER**

The Very Reverend Steven L. Thomason

**ACOLYTE**

Ray Miller

**LECTORS**

Eliza Davidson
Lola Wall

**INTERCESSOR**

Maris Olsen

**OBLATION BEARERS**

The Baker family

**FLOWER GUILD CAPTAIN**

Molly Henderson

**DEACON**

The Reverend Earl Grout

**USHERS**

Rick Wyckoff  
Gary Minugh

**GREETERS**

Norman LeMoine  
Rosemarie LeMoine

**MUSICIANS**

The Junior and Senior Choristers  
of Saint Mark's Cathedral Choir School,  
Rebekah Gilmore, *Director*

Saint Mark's Singers,  
Michael Kleinschmidt, *Director*

Michael Kleinschmidt  
& John Stuntebeck, *Organists*