



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

THE FIFTH SUNDAY AFTER THE EPIPHANY ♦ FEBRUARY 9, 2020



photo by Canon Nancy Ross

SUNDAY FORUM

Report from a Trip to the Border

TODAY, FEBRUARY 9, 10:10 A.M., *Bloedel Hall*.

Please note that the date for this forum has changed.

Come learn about the dire situation for migrants and refugees at our southern border from the team that traveled to McAllen and Brownsville, Texas, and Matamoros, Mexico, in January. Saint Mark's Sanctuary volunteers Dee Cappelletti, Melinda Kmita, George Moore, and Maris Olsen along with Canon Nancy Ross joined Episcopalians from around the country witnessing the realities and meeting refugees and asylees, some 2,000 strong, who are camped in a squalid tent city, most waiting months for a chance for an asylum hearing. What did we see, and what can we do? Come and learn more, because we cannot turn away.

SAINT MARK'S MUSIC SERIES

Vehicles for Variation:

Beloved Chaconnes for String and Organ

FRIDAY, FEBRUARY 21, 7:30 P.M., *Cathedral Nave*



Everyone loves a Chaconne! A Chaconne is a type of musical composition used as a vehicle for variation on a repeated short harmonic progression. Its appeal lies in the tension between hypnotic

repetition and ever-evolving variation. This program will include a Chaconne for organ by Buxtehude, for string quartet by Britten, for violin and organ by Vitali, and J. S. Bach's famous *Chaconne in D minor* for solo violin. Featuring Jennifer Caine Provine, violin; Emilie Choi, violin; Alex Grimes, viola; Page Smith, cello; and Michael Kleinschmidt, organ.

SUNDAY FORUM

Special Theatrical Presentation: *Where I Grew Up*

SUNDAY, FEBRUARY 16, 10:10 A.M., *Bloedel Hall*

The Mideast Focus Ministry kicks off its seventh annual film series (*see announcement, next page*) with a very special live performance of a play by Ed Mast and Yusef Mahmoud titled *Where I Grew Up*. The short play traces Yusef's experience growing up as a Palestinian-American in Edmonds, Washington.

Following the performance, playwright Ed Mast will host a discussion about the issues raised. (Since this is a live performance, please try to arrive promptly. The performance will begin by 10:13 a.m.)



Men's Retreat: 'Our Shelter from the Stormy Blast'— *Spiritual Reflections on 9/11*

FRIDAY THROUGH SUNDAY, JUNE 5-7, 2020

at Camp Casey on Whidbey Island, facilitated by

The Rev. Dr. Stuart Hoke and Dean Steve Thomason



In the spring of 2019, the cathedral offered a Women's Retreat in the Easter Season; this year we offer a similar event for men. As a priest on staff of Trinity Church Wall Street in New York City, the Rev. Dr. Stuart Hoke happened to be standing under the North Tower of the World Trade Center when it was attacked on September 11, 2001. For his talks at our retreat, Stuart will narrate his eyewitness accounts of the day's events and the recovery efforts that

followed in his parish church and neighborhood in the ensuing months. He will also reflect on the many spiritual awakenings that emerged from the ashes—learnings that touch all of us as we navigate life in the 21st century. Join Dr. Hoke and Dean Steve Thomason for this weekend of spiritual reflection and renewal. Space is limited. To reserve your spot, go to saintmarks.org/mensretreat.

CATHEDRAL PRAYER LIST

Prayer requests are listed in *Sundays & Beyond* for approximately four weeks. To add a name to the prayer list, contact 206.323.0300 x314 or prayers@saintmarks.org

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially St. Clement, Seattle, St. John the Baptist, Seattle; the clergy, staff, and vestry of Saint Mark's Cathedral; and all the ministries of the cathedral, especially the Youth Group and the Sanctuary Ministry.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES

Christopher White Shane Monkman

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Cleveland Riley	Amanda Osenga
Caston Evans	Neil Smith & Eric Arboleda
Todd	For all victims of gun violence
Mary Jo Andrews	Betsy Grabinski
Judy Andrews	Stephen Drane
John	Mike Murray
Katie & Mauve	Breedlove family
Colby Tyler Doran	Estelle Thompson
Aaron	George Moore
Shannon	
Lilyan Snow	

THOSE WHO HAVE DIED

James Chalupnik	Mary Jo Andrews
Alan DePuy	Lucile van Wesep-Wolthuis
Susan Dewitt	Thomas R. Conger
Jaron Nielsen	Rev. John Bell
Tricia Berry Bell	Jo Ellen Breedlove
Sharon Bloodgood	James Hayes
Tanya Jackson	Douglas Mayhew
Veronica Garcia	Christi Jackson
For all victims of gun violence	

IN THANKSGIVING

For Rosemarie and Norm LeMoine's hospitality after the 9 a.m. service today.

Concert and Evensong with 'I Cantori' of Walla Walla University

NEXT SUNDAY, FEBRUARY 16, 4 P.M., *Cathedral Nave*



icantori
of Walla Walla University

The chamber choir "I Cantori," under the direction of Kraig Scott, is the crown jewel of the choral program at Walla Walla University. The choir will offer a brief concert of music drawn from their 2020 tour repertoire at 4 p.m., then will offer a service of Choral Evensong at 4:30. The Reverend Canon Nancy Ross will officiate; Michael Kleinschmidt will be organist.

SUNDAY FORUM

Celebrating the Radix Project

SUNDAY, FEBRUARY 23, 10:10 A.M., *Bloedel Hall*

All who participated in *The Radix Project: Small Groups/Deep Roots*—and anyone who didn't participate but is curious to know what it was like—are invited to reflect on the experience together with Dean Steve Thomason and Kelly Moody, and to shape the vision for small group study at Saint Mark's going forward. Join us for an interactive discussion, an opportunity to provide written feedback, and a closing blessing of each group's good work.



Mardi Gras/Shrove Tuesday at Saint Mark's: Pancakes, Dessert Dash, and Closing of the Doors

TUESDAY, FEBRUARY 25, 5:30 P.M., *Cathedral Nave*



The annual Mardi Gras Pancake Supper, with Dessert Dash and Closing of the Doors Liturgy will be offered February 25, organized by Saint Mark's Children, Youth, and Families ministries in partnership with the Seattle Service Corps. Gather in the nave for a festive meal including pancakes, jambalaya, and more. The meal concludes with the Dessert Dash, a fundraiser for the Service Corps and Saint Mark's youth programming. When the meal is finished, around 7 p.m., a brief but powerful liturgy of the Closing of the Doors will prepare the worship space for the beginning of Lent the next day, Ash Wednesday. RSVP (highly appreciated to help meal planning, but not required) to Nicole Silvernale: nsilvernale@saintmarks.org.

Spring Faith Formation Schedule Announced

Many of the Sunday Morning Forums and Wednesday Evening Cathedral Commons events have now been scheduled through June. Offerings already confirmed include a Wisdom School Lenten Series on "The Power of Vulnerability," presentations from cathedral ministries, special guests, and more. Visit saintmarks.org/forum and saintmarks.org/commons to see the current schedules, and stay tuned for future updates.

Mideast Focus Film Series Launch and Opening Reception: *Tel Aviv on Fire*

FRIDAY, FEBRUARY 28, RECEPTION: 6:15 P.M.;
PROGRAM: 7 P.M., *Bloedel Hall*



Please join the Mideast Focus Ministry of Saint Mark's for the first film in its 2020 Film Series. A catered reception will precede the film screening. *Tel Aviv on Fire* is a comedy highlighting the awful absurdity of the Occupation—and proving that it's possible to find humor in the midst of cultural conflict. Ordinary life is impossible

to disentangle from political trauma for a dialogue coach working on a Palestinian soap opera. Winner of the Best Film and Best Screenplay awards at the Haifa International Film Festival 2019. Additional films in the series will be offered on March 27, April 24, and May 15. For details about the films please see the postcard available on the brochure rack in the narthex, or visit saintmarks.org/mideast.



Living the Questions:

A Series for Inquirers and Newcomers

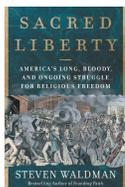
SUNDAYS, MARCH 1—APRIL 5, 12:45–2:30 P.M.,
Leffler Living Room

Are you curious about Episcopal liturgy, beliefs, or traditions? Are you feeling called to a deeper commitment with God? No matter where you are on your journey, consider attending this six-week series, where we will explore the basics of the Christian faith through the Episcopal lens. The series begins on Sunday, March 1, and continues each Sunday through April 5. Sessions run from 12:45–2:30 p.m. in Bloedel Hall. A light lunch will be provided each week. Following this series, some decide to become Episcopalians through confirmation or reception into the church; others experience a revival of the soul and desire to reaffirm their baptismal vows. Interested? For more information or to RSVP, contact Canon Cristi Chapman, cchapman@saintmarks.org.

SAINT MARK'S BOOK GROUP

Sacred Liberty by Steven Waldman

SUNDAY, MARCH 8, 12:30 P.M., *Cathedral House 210*



The next selection for Saint Mark's Book group explores how we have built a unique model of "religious freedom" in America, and how our commitment to religious pluralism is constantly being tested. All are welcome to participate.

CREATION CARE MINISTRY

NEXT MINISTRY MEETING:

MONDAY, FEBRUARY 10, 6 P.M., *Leffler Sun Room*

We have a sacred duty to be stewards of the Earth that supports all life, on behalf of all God's creatures and for future generations. Reversing climate change and reducing our personal carbon footprint are central to this duty. **Did you know that reducing food waste is one of the highest-ranked personal actions that we can take to reduce our personal carbon footprints?** Beef's carbon footprint is twice that of pork and four times that of chicken. Consider reducing the amount of meat and cheese you eat in a week.

Visit <https://www.interfaithpowerandlight.org/> for more information about how faith communities are responding to our call to be stewards of God's creation

Visit the Creation Care page on Saint Mark's website at <https://saintmarks.org/justice/creation-care/> to learn more about efforts being made at Saint Mark's to address climate change, including upcoming Sunday Forums on March 22 [note new date] and April 19. Contact Marjorie Ringness at marjorie@ringness.org to learn more.

Creating Burning Bushes:

Supporting Faith at Home and on the Road

SUNDAY, MARCH 8, 12:45 P.M., *Bloedel Hall*

Join Sharon Ely Pearson, one of the most respected leaders in the Episcopal Church, for lunch and learning together. Families are more often found on a sports field on Sunday mornings than in church, and home is the primary place where faith is nurtured and lived out. In today's world, caregivers need all the support they can get. How can we move beyond our reliance on a school approach and offer ways and tools to meet needs? How might we support families in creating an environment in which all generations are living out their baptismal promises in daily life without adding something new to what they are already doing? This interactive workshop will offer a variety of options for families to engage in faith practices amidst the busy-ness of their lives. Please RSVP to Kelly Moody (kmoody@saintmarks.org) or The Rev. Canon Cristi Chapman (cchapman@saintmarks.org).





SAINT MARK'S
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

Wherever you are on your spiritual journey,
you are welcome here.

Weekday Service Times

MONDAY–FRIDAY, 6:30 P.M.

Evening Prayer in Thomsen Chapel

MONDAY, 7:15 P.M.

Centering Prayer in Thomsen Chapel

WEDNESDAY, 5:30 P.M. (note new time)

Holy Eucharist in Thomsen Chapel

THURSDAY, 7 A.M.

Holy Eucharist in Thomsen Chapel

Cathedral Office Hours

MONDAY–FRIDAY, 9 AM–4:30 P.M.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of cathedral news and events, and the Cathedral prayer list. It is available by electronic subscription, on Saint Mark's website, and in print in the nave. To submit announcements for these publications, visit saintmarks.org/announce. Requests are due by Tuesday at 5 p.m. for publication on the following Sunday. Announcements may be edited for space and content.



You may make a donation to Saint Mark's at any time using the **Venmo** mobile app. Scan the code or search for @SaintMarksCathedralSeattle

Sunday, February 9, 2020 ♦ The Fifth Sunday after the Epiphany

HOLY EUCHARIST, 8 A.M., *Thomsen Chapel*.

Preacher: The Very Rev. Steven L. Thomason, Dean and Rector

HOLY EUCHARIST, 9 A.M., *Cathedral Nave*

Preacher: The Very Rev. Steven L. Thomason, Dean and Rector.

Children's Chapel during the 9 a.m. service today.

SUNDAY FORMATION, 10:10 A.M., *St. Nicholas Building*: Godly Play (ages 3–8); Jesus and His Kingdom of Equals (ages 9–11). *Youth Room*: Donuts & Discussion (junior high/high school). **Bloedel Hall Sunday Forum: Report from a Trip to the Border**, see p. 1.

HOLY EUCHARIST, 11 A.M., *Cathedral Nave*

Preacher: The Very Rev. Steven L. Thomason, Dean and Rector

CATHEDRAL YOGA, 6 P.M., *Cathedral Nave*. A spiritual practice open to all.

CONTEMPLATIVE EUCHARIST, 7 P.M., *Thomsen Chapel*

COMPLINE, 9:30 P.M., *Cathedral Nave*

Ancient nighttime prayers, sung by the Compline Choir. A Seattle tradition since 1956; broadcast live on KING 98.1 FM, and streaming online at king.org.

CATHEDRAL CONVERSATIONS

New Podcast Episode—Seattle Service Corps: Laney & Emily



Cathedral Conversations is a podcast about members of the community of Saint Mark's. In the newest episode, Laney and Emily of the Seattle Service Corps describe what it's like to live in intentional community with the other corps members, what they do in their service organizations, and what they've discovered in their time at Saint Mark's. Subscribe

wherever you get your podcasts, or listen at saintmarks.org/podcast.

Return Your Palm Branches!



Ash Wednesday falls on February 26 this year. Baskets are now available in the back of the nave in which to place the palm branches you received last Palm Sunday. These palm branches are then burned to create the ashes used for the rite of

Imposition of Ashes at the Ash Wednesday liturgy. You may return your palms any time until February 23.

CATHEDRAL STAFF AND LEADERSHIP

Adam Conley, *Seattle Service Corps Director* aconley@saintmarks.org
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2019–2020 VESTRY

Dean & Rector: The Very Rev. Steven L. Thomason; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn; *Senior Warden:* Julia Logan; *Junior Wardens:* Jim Buskirk and Amanda Davis; Kristen Austin, Carrie Davis, Andrew Himes, Roberta Kanive, Rosemarie LeMoine, Kari Nasby, Michael Perera, Marjorie Ringness, Robert Stevens. *Diocesan Members:* Micah Kurtz and Mary Maxon. *Chancellor:* John Hoerster; *Vice-Chancellor:* Re Knack; *Clerk:* Barbara Erickson; *Treasurer:* Phil Lloyd