The Holy Eucharist
The Sixth Sunday after the Epiphany

February 16, 2020
11:00 AM
Newcomers and visitors, the community of Saint Mark’s welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark’s liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

As part of our effort to serve those who cannot attend worship, this service will be livestreamed on the internet. The 8 AM, 9 AM, 7 PM, and 9:30 PM services are not livestreamed. We are grateful for your presence and participation in this community.

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Reverend Canon Cristi Chapman, Canon for Spiritual Growth and Stewardship, Presider
The Reverend Canon Nancy Ross, Canon for Cathedral Relations, Preacher

THE GATHERING

A brief organ voluntary offered a few minutes before the hour invites all into quiet prayer and preparation.

Prelude Meditation on Malabar
[tune of Hymn #312, “Strengthen for service, Lord” ]

Leo Sowerby (1895–1968)

A bell bids all to rise as able.

introit If thou but trust in God to guide thee

WORDS & MUSIC: Georg Neumark (1621–1681)
trans. Catherine Winkworth (1827–1878)

If thou but trust in God to guide thee,
and hope in him through all thy ways,
he’ll give thee strength whate’er betide thee,
and bear thee through the evil days,
who trusts in God’s unchanging love
builds on a rock that nought can move.

Sing, pray, and keep his ways unswerving;
so do thine own part faithfully,
and trust his word, though undeserving
thou yet shalt find it true for thee;
God never yet forsook in need
the soul that trusted him indeed.

hymn 616 Hail to the Lord’s anointed ◆ The Hymnal 1982 #616

TUNE: Es flog ein kleins Waldvögelein

OPENING ACCLAMATION

Presider Blessed be God: Father, Son, and Holy Spirit.
Assembly And Blessed be God’s kingdom, now and forever. Amen.
COLLECT FOR PURITY

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid; Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All Amen.

SONG OF PRAISE  The Third Song of Isaiah ◆ chanted by all

WORDS: Isaiah 60:1–3, 11a, 14b, 18–19
MUSIC: Anglican chant by W.H. Longhurst (1819–1904)

In this style of chanting, the slashes in the text correspond to the barlines in the chant.
When more than one syllable is sung on a black note, the dot • indicates the change of pitch.

Choir alone: 1 Arise, shine, for your / light has / come, and the glory of the / Lord has / dawned up / on you.
2 For behold, darkness / covers • the / land; deep / gloom en - / shrouds the / peoples.

All: 3 But over you the / Lord will / rise, and his / glory • will ap - / pear up - / on you.
4 Nations will / stream to • your / light, and kings to the / brightness / of your / dawning.
5 Your gates will / always • be / open; by day or / night • they will / never • be / shut.
6 They will call you, The / City • of the / Lord, The Zion of the / Holy / One of / Israel.

7 Violence will no more be / heard in • your / land, ruin or de - / struction • with - / in your / borders.
8 You will call your / walls, Sal - / vation, and / all your / portals, / Praise.
9 The sun will no more be your / light by / day; by night you will / not • need the / brightness • of the / moon.
10 The Lord will be your ever - / lasting / light, and your / God will / be your / glory.

COLLECT OF THE DAY

Presider The Lord be with you.
Assembly And also with you.
Presider Let us pray.

O God, the strength of all who put their trust in you: Mercifully accept our prayers; and because in our weakness we can do nothing good without you, give us the help of your grace, that in keeping your commandments we may please you both in will and deed; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All Amen.

Please be seated for the readings.
Psalm 119:1–8

Peter R. Hallock (1924–2014)

The Choir introduces the antiphon, all repeat it.
The Choir chants the psalm verses, all repeating the antiphon as indicated.

Antiphon

Beati immaculati

Happy are they whose way is blameless, *
who walk in the law of the Lord!

2 Happy are they who observe his decrees *
and seek him with all their hearts! Antiphon

3 Who never do any wrong, *
but always walk in his ways.

4 You laid down your commandments, *
that we should fully keep them. Antiphon

5 Oh, that my ways were made so direct *
that I might keep your statutes!

6 Then I should not be put to shame, *
when I regard all your commandments. Antiphon

7 I will thank you with an unfeigned heart, *
when I have learned your righteous judgments.

8 I will keep your statutes; *
do not utterly forsake me. Antiphon
READING

1 Corinthians 3:1-9

Brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarreling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, “I belong to Paul,” and another, “I belong to Apollos,” are you not merely human?

What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labor of each. For we are God’s servants, working together; you are God’s field, God’s building.

Reader  Hear what the Spirit is saying to God’s people.
Assembly  Thanks be to God.

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

GOSPEL ACCLAMATION  

Mel Butler

The Choir sings the alleluias; all repeat them. The Choir sings the verse; all repeat the alleluias.

℣. Lord Jesus, think on me, and purge away my sin; 
from harmful passions set me free, and make me pure within.  —A.W. Chatfield (1808–1896)
The Reverend Canon Nancy Ross

All rise as able.

**THE NICENE CREED**

We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary;  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

PRAYERS OF THE ASSEMBLY

After each petition:

Intercessor Let us pray to the Lord.
Assembly Lord, hear our prayer.

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION

Deacon Let us confess our sins against God and our neighbor.

You are invited to stand or kneel for the confession.

Deacon Most merciful God,

All we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.

The Presider pronounces God’s forgiveness of our sins. All respond: Amen.
THE PEACE

Presider  The peace of the Lord be always with you.

Assembly  And also with you.

All greet one another in the name of the Lord.

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God’s generosity. Together, our gifts make possible this community of welcome, reconciliation and service.

In the front cover of your hymnal, or in the pew rack in front of you, you will find an offering envelope and a form to give by credit card, as well as a card to place in the offering plate as a token of a gift given electronically. To donate online, visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right).

ANTHEM  Beati quorum via

WORDS: Psalm 119:1

MUSIC: Charles Villiers Stanford (1852–1924)

Beati quorum via integra est, Happy are they whose way is blameless,
qui ambulant in lege Domini. who walk in the law of the LORD.

All rise as able as the bread, wine, and money we offer to God are brought forward and presented at the altar table.

THE GREAT THANKSGIVING

Eucharistic Prayer B, Book of Common Prayer, p. 361

Presider  Assembly

The Lord be with you.  And also with you.

Presider  Assembly

Lift up your hearts.  We lift them to the Lord.

Presider  Assembly

Let us give thanks to the Lord our God.  It is right to give God thanks and praise.
Presider  It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Presider  We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.” After Supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore, according to his command, O Father,

All  We remember his death,
   We proclaim his resurrection,
   We await his coming in glory;

Presider  And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Mary, Mark, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All  A-MEN.

THE LORD’S PRAYER  Sung by all, in four-part harmony as able

1931–2003

In silence, the Presider breaks the consecrated bread.

**FRACTION ANTHEM**  Be known to us, Lord Jesus  
Gary James (b. 1957)

*The Choir introduces the antiphon, all repeat it. The Choir sings the verses, all repeating the antiphon as indicated.*

**ANTIPHON**

\( \text{\textit{Y.}} \) The bread which we break, alleluia, is the communion of the body of Christ.

\( \text{\textit{Y.}} \) One body are we, alleluia, for though many we share one bread.

**INVITATION TO COMMUNION**

Presider  The gifts of God for the people of God.

All seeking God are welcome at Christ’s Table.

The Assembly gathers around all sides of the altar platform, guided by the ushers. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider’s communion station at the front left.

- You are welcome to stand or kneel to receive communion.
- Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.
- Or you may leave the bread in your hand for the chalice bearer to dip it in the wine and feed you.
- To receive a blessing instead of communion, simply cross your arms over your chest.

**ANTHEM**  Ubi caritas et amor  
WORDS: Antiphon for Maundy Thursday  
MUSIC: Maurice Duruflé (1902–1986)

\( \text{\textit{Ubi caritas et amor, Deus ibi est.}} \)
Congregavit nos in unum Christi amor.
Exsultemus, et in ipso jucundemur.
Timeamus, et amemus Deum vivum.
Et ex corde diligamus nos sincero.
Ubi caritas et amor, Deus ibi est. Amen.

Where charity and love are, God is there.
Christ’s love has gathered us into one.
Let us rejoice and be pleased in him.
Let us fear, and let us love the living God.
And may we love each other with a sincere heart.
Where charity and love are, God is there. Amen.

**HYMN 312**  Strengthen for service, Lord  
\( \text{\textit{\#312}} \)  
TUNE: Malabar
All rise as able.

SENDING OF EUCHARISTIC VISITORS

*Presider* One body are we.

*Assembly* For, though many, we share one bread and one cup.

*Deacon* Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

*Presider* Eternal God,

All heavenly Father,

you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you with gladness and singleness of heart;
through Christ our Lord. Amen.

BLESSING

The Presider asks God’s blessing on the Assembly. All respond: Amen.

HYMN 347

Go forth for God • The Hymnal 1982 #347

TUNE: Litton

DISMISSAL

The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.

VOLUNTARY

Prelude on Wer nur den lieben Gott lässt walten, bwv 642
[tune of Hymn #635: “If thou but trust in God to guide thee”]

All rise as able.

SENDING OF EUCHARISTIC VISITORS

*Presider* One body are we.

*Assembly* For, though many, we share one bread and one cup.

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