



SAINT MARK'S
EPISCOPAL CATHEDRAL

THE HOLY EUCHARIST

THE SIXTH SUNDAY AFTER THE EPIPHANY

February 16, 2020

11:00 AM



Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

As part of our effort to serve those who cannot attend worship, this service will be livestreamed on the internet. The 8 AM, 9 AM, 7 PM, and 9:30 PM services are not livestreamed. We are grateful for your presence and participation in this community.

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Reverend Canon Cristi Chapman, Canon for Spiritual Growth and Stewardship, *Presider*

The Reverend Canon Nancy Ross, Canon for Cathedral Relations, *Preacher*

THE GATHERING

A brief organ voluntary offered a few minutes before the hour invites all into quiet prayer and preparation.

PRELUDE Meditation on *Malabar* Leo Sowerby (1895–1968)
[tune of Hymn #312, “Strengthen for service, Lord”]

A bell bids all to rise as able.

INTROIT *If thou but trust in God to guide thee* WORDS & MUSIC: Georg Neumark (1621–1681)
trans. Catherine Winkworth (1827–1878)

If thou but trust in God to guide thee,
and hope in him through all thy ways,
he'll give thee strength whate'er betide thee,
and bear thee through the evil days,
who trusts in God's unchanging love
builds on a rock that nought can move.

Sing, pray, and keep his ways unswerving;
so do thine own part faithfully,
and trust his word, though undeserving
thou yet shalt find it true for thee;
God never yet forsook in need
the soul that trusted him indeed.

HYMN 616 *Hail to the Lord's anointed* ♦ *The Hymnal* 1982 #616 TUNE: *Es flog ein kleins Waldvögelein*

OPENING ACCLAMATION

Presider Blessed be God: Father, Son, and Holy Spirit.
Assembly **And Blessed be God's kingdom, now and forever. Amen.**

COLLECT FOR PURITY

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All Amen.

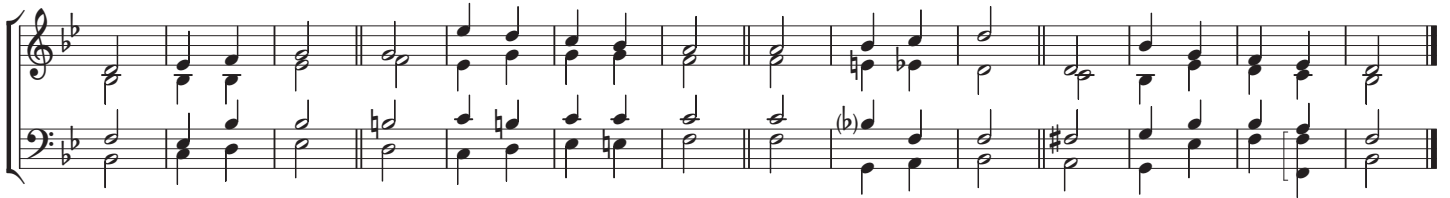
SONG OF PRAISE *The Third Song of Isaiah* ♦ *chanted by all*

WORDS: Isaiah 60:1-3, 11a, 14b, 18-19

MUSIC: Anglican chant by W.H. Longhurst (1819-1904)

In this style of chanting, the slashes in the text correspond to the barlines in the chant.

When more than one syllable is sung on a black note, the dot • indicates the change of pitch.



The Hymnal 1982 #8-226

Choir alone: 1 Arise, shine, for your / light has / come,
and the glory of the / Lord has / dawned up / on you.
2 For behold, darkness / covers • the / land;
deep / gloom en - / shrouds the / peoples.

All: 3 **But over you the / Lord will / rise,**
and his / glory • will ap - / pear up - / on you.
4 **Nations will / stream to • your / light,**
and kings to the / brightness / of your / dawning.
5 **Your gates will / always • be / open;**
by day or / night • they will / never • be / shut.
6 **They will call you, The / City • of the / Lord,**
The Zion of the / Holy / One of / Israel.
7 **Violence will no more be / heard in • your / land,**
ruin or de - / struction • with - / in your / borders.
8 **You will call your / walls, Sal - / vation,**
and / all your / portals, / Praise.
9 **The sun will no more be your / light by / day;**
by night you will / not • need the / brightness • of the / moon.
10 **The Lord will be your ever - / lasting / light,**
and your / God will / be your / glory.

COLLECT OF THE DAY

Book of Common Prayer, p. 216

Presider The Lord be with you.

Assembly **And also with you.**

Presider Let us pray.

O GOD, the strength of all who put their trust in you: Mercifully accept our prayers; and because in our weakness we can do nothing good without you, give us the help of your grace, that in keeping your commandments we may please you both in will and deed; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All Amen.

Please be seated for the readings.

THE LITURGY OF THE WORD

READING *Sirach 15:15–20*

IF YOU choose, you can keep the commandments,
and to act faithfully is a matter of your own choice.
He has placed before you fire and water;
stretch out your hand for whichever you choose.
Before each person are life and death,
and whichever one chooses will be given.
For great is the wisdom of the Lord;
he is mighty in power and sees everything;
his eyes are on those who fear him,
and he knows every human action.
He has not commanded anyone to be wicked,
and he has not given anyone permission to sin.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

PSALM *Psalm 119:1–8*

Peter R. Hallock (1924–2014)

The Choir introduces the antiphon, all repeat it.

The Choir chants the psalm verses, all repeating the antiphon as indicated.



I love you, O LORD my strength.

Beati immaculati

HAPPY are they whose way is blameless, *
who walk in the law of the LORD!

- 2 Happy are they who observe his decrees *
and seek him with all their hearts! **ANTIPHON**
- 3 Who never do any wrong, *
but always walk in his ways.
- 4 You laid down your commandments, *
that we should fully keep them. **ANTIPHON**
- 5 Oh, that my ways were made so direct *
that I might keep your statutes!
- 6 Then I should not be put to shame, *
when I regard all your commandments. **ANTIPHON**
- 7 I will thank you with an unfeigned heart, *
when I have learned your righteous judgments.
- 8 I will keep your statutes; *
do not utterly forsake me. **ANTIPHON**

READING

1 Corinthians 3:1-9

BROTHERS and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarreling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, “I belong to Paul,” and another, “I belong to Apollos,” are you not merely human?

What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labor of each. For we are God’s servants, working together; you are God’s field, God’s building.

Reader Hear what the Spirit is saying to God’s people.

Assembly **Thanks be to God.**

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

GOSPEL ACCLAMATION

Mel Butler

The Choir sings the alleluias; all repeat them. The Choir sings the verse; all repeat the alleluias.



∇. Lord Jesus, think on me, and purge away my sin;
from harmful passions set me free, and make me pure within. —A. W. Chatfield (1808–1896)



THE HOLY GOSPEL *Matthew 5:21-37*

Presider The Holy Gospel of our Lord Jesus Christ according to Matthew.

Assembly **Glory to you, Lord Christ.**

JESUS SAID, “You have heard that it was said to those of ancient times, ‘You shall not murder’; and ‘whoever murders shall be liable to judgment.’ But I say to you that if you are angry with a brother or sister, you will be liable to judgment; and if you insult a brother or sister, you will be liable to the council; and if you say, ‘You fool,’ you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny.

“You have heard that it was said, ‘You shall not commit adultery.’ But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell.

“It was also said, ‘Whoever divorces his wife, let him give her a certificate of divorce.’ But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery.

“Again, you have heard that it was said to those of ancient times, ‘You shall not swear falsely, but carry out the vows you have made to the Lord.’ But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let your word be ‘Yes, Yes’ or ‘No, No’; anything more than this comes from the evil one.”

Presider The Gospel of the Lord.

Assembly **Praise to you, Lord Christ.**

SERMON

The Reverend Canon Nancy Ross

All rise as able.

THE NICENE CREED

**We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,**

God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary;
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE ASSEMBLY

After each petition:

Intercessor Let us pray to the Lord.

Assembly Lord, hear our prayer.

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION

Book of Common Prayer, p. 360

Deacon Let us confess our sins against God and our neighbor.

You are invited to stand or kneel for the confession.

Deacon Most merciful God,

All we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.

We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

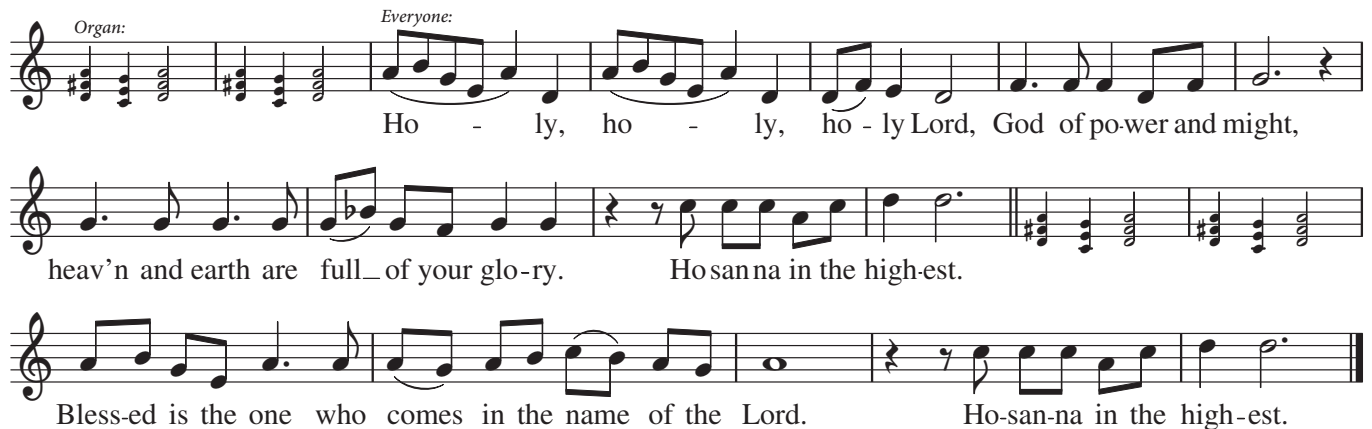
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

Presider It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS & BENEDICTUS *A Community Mass*

William Mathias (1934–1992)



Organ:
Everyone:
 Ho - ly, ho - ly, ho - ly Lord, God of po-wer and might,
 heav'n and earth are full of your glo-ry. Ho san na in the high-est.
 Bless-ed is the one who comes in the name of the Lord. Ho-san-na in the high-est.

The Hymnal 1982 #s-128 © Oxford University Press

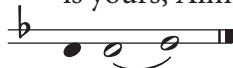
Presider We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After Supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

All We remember his death,
 We proclaim his resurrection,
 We await his coming in glory;

Presider And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Mary, Mark, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



All A-MEN.

THE LORD'S PRAYER *Sung by all, in four-part harmony as able*

Nikolai Rimsky-Korsakov (1844–1908),
adapt. George Black (1931–2003)

Our Fa - ther in heav'n, hal-lowed be your Name, your king-dom come, your will be done,

on earth as in heav'n. Give us to-day our dai-ly bread. For-give us our sins as we for-give those

who sin a - gainst us. Save us from the time of trial, and de-li-ver us from e - vil.

For the king - dom, the pow'r, and the glo - ry are yours, now and for ev-er. A-men.

Enriching Our Music #138, ©2004 George Black

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM *Be known to us, Lord Jesus*

Gary James (b. 1957)

The Choir introduces the antiphon, all repeat it. The Choir sings the verses, all repeating the antiphon as indicated.

Be known to us Lord Je-sus, in the break-ing of the bread.

∿. The bread which we break, alleluia, is the communion of the body of Christ. **ANTIPHON**

∿. One body are we, alleluia, for though many we share one bread. **ANTIPHON**

Wonder, Love, & Praise #875, ©1992 Morningstar Music Publishers

INVITATION TO COMMUNION

Presider The gifts of God for the people of God.

All seeking God are welcome at Christ's Table.

The Assembly gathers around all sides of the altar platform, guided by the ushers. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the front left.

- ◆ *You are welcome to stand or kneel to receive communion.*
- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip it in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

ANTHEM *Ubi caritas et amor*

WORDS: Antiphon for Maundy Thursday
MUSIC: Maurice Duruflé (1902–1986)

*Ubi caritas et amor, Deus ibi est.
Congregavit nos in unum Christi amor.
Exsulemus, et in ipso jucundemur.
Timeamus, et amemus Deum vivum.
Et ex corde diligamus nos sincero.
Ubi caritas et amor, Deus ibi est. Amen.*

Where charity and love are, God is there.
Christ's love has gathered us into one.
Let us rejoice and be pleased in him.
Let us fear, and let us love the living God.
And may we love each other with a sincere heart.
Where charity and love are, God is there. Amen.

HYMN 312 *Strengthen for service, Lord* ◆ *The Hymnal 1982 #312*

TUNE: *Malabar*

All rise as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly **For, though many, we share one bread and one cup.**

Deacon Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

Book of Common Prayer, p. 365

Presider Eternal God,

All heavenly Father,

**you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.**

**Send us now into the world in peace,
and grant us strength and courage
to love and serve you with gladness and singleness of heart;
through Christ our Lord. Amen.**

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 347 *Go forth for God ♦ The Hymnal 1982 #347*

TUNE: *Litton*

DISMISSAL *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

VOLUNTARY *Prelude on Wer nur den lieben Gott lässt walten, BWV 642
[tune of Hymn #635: "If thou but trust in God to guide thee"]*

J.S. Bach (1685–1750)

PRESIDER The Reverend Canon Cristi Chapman	PREACHER The Reverend Canon Nancy Ross	DEACON The Reverend Emily Austin
ASSISTING LAY MINISTER Walter Stuteville	VERGERS Nancy Cleminshaw Paul Tonnes	USHERS Mary Segall Sarah McCord Chris Rigos Amy Treakle Janet Miller Margaret Largent
EUCHARISTIC MINISTERS Roger Valdez Vinnu Komanapalli Kathy Sodergren Tim O'Sullivan Miles Treakle Grace Grant	ACOLYTES Erik Donner Jenny Donner Rollin Salsbery Barbara Zito	GREETERS Rachel Baker Julia Logan
The Reverend Canon Jennifer King Daugherty The Reverend Edie Weller	LECTORS Richard Tait Emily Meeks	MUSICIANS The Cathedral Choir, Michael Kleinschmidt & Rebekah Gilmore, <i>conducting</i>
ALTAR GUILD Jenny Donner Sharon Ferguson	INTERCESSOR Patricia Burke	Michael Kleinschmidt & John Stuntebeck, <i>Organists</i>
HOSPITALITY The Sanctuary Ministry	FLOWER GUILD CAPTAIN Pam Taylor	