



SAINT MARK'S
EPISCOPAL CATHEDRAL

THE HOLY EUCHARIST

THE SIXTH SUNDAY AFTER THE EPIPHANY

February 16, 2020

9:00 AM





SAINT MARK'S
EPISCOPAL CATHEDRAL

Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

*This season, the 9 a.m. Sunday Eucharist will be employing collects and other liturgical liturgical texts adapted from **Prayers for an Inclusive Church**, published in 2008 by Dr. Steven Shakespeare, Senior Lecturer in Philosophy at Liverpool Hope University in the U.K.*

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Reverend Canon Cristi Chapman, Canon for Spiritual Growth and Stewardship, *Presider*

The Reverend Canon Nancy Ross, Canon for Cathedral Relations, *Preacher*

THE GATHERING

The three-fold tolling of a bell, followed by a brief organ voluntary offered a few minutes before the hour, bids all to keep silence for prayer and preparation.

PRELUDE *Tierce en taille* from *Messe pour les Couvents* François Couperin (1668–1733)
[Tenor Aria for the Tierce Stop of the Organ, from Mass for the Convents]

HYMN 616 *Hail to the Lord's anointed* ♦ *The Hymnal* 1982 #616 TUNE: *Es flog ein kleins Waldvögelein*
stanzas 1, 2 & 3

OPENING ACCLAMATION

Presider Blessed be the one, holy, and living God.
Assembly **Glory to God for ever and ever.**

COLLECT FOR PURITY

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All Amen.

Organ: *Everyone:*

Glo-ry to God in the highest, and peace to God's peo-ple on earth.

Lord God, heav'nly King, al-might-y God and Father, we worship you, we give you thanks, we

praise you for your glo - ry. Lord Je - sus Christ, on - ly Son of the Fa-ther,

Lord God, Lamb of God, you take away the sin of the world: have mer - cy on us;

you are seat - ed at the right hand of the Fa - ther: re - ceive our prayer.

For you alone are the Ho - ly One, you alone are the Lord,

you alone are the Most High, Je - sus Christ, with the Ho - ly Spi - rit,

in the glo - ry of God the Fa - ther. A - - men.

The Hymnal 1982 #S-278, ©1976 Oxford University Press

COLLECT OF THE DAY

Prayers for an Inclusive Church, adapt.

Presider God be with you.

Assembly **And also with you.**

Presider Let us pray.

LIVING One,
 whose creation is a gift:
 free us from the temptation to possess, define, or silence others,
 and empower us to rejoice in the fullness of your beauty revealed in flesh and blood;
 through Jesus Christ, our reconciler.

All Amen.

Please be seated for the readings.

THE LITURGY OF THE WORD

READING *Sirach 15:15–20*

IF YOU choose, you can keep the commandments,
and to act faithfully is a matter of your own choice.
He has placed before you fire and water;
stretch out your hand for whichever you choose.
Before each person are life and death,
and whichever one chooses will be given.
For great is the wisdom of the Lord;
he is mighty in power and sees everything;
his eyes are on those who fear him,
and he knows every human action.
He has not commanded anyone to be wicked,
and he has not given anyone permission to sin.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

PSALM *Psalm 119:1–8*

Peter R. Hallock (1924–2014)

The Choir introduces the antiphon, all repeat it.

The Choir chants the psalm verses, all repeating the antiphon as indicated.



I love you, O LORD my strength.

Beati immaculati

HAPPY are they whose way is blameless, *
who walk in the law of the LORD!

- 2 Happy are they who observe his decrees *
and seek him with all their hearts! **ANTIPHON**
- 3 Who never do any wrong, *
but always walk in his ways.
- 4 You laid down your commandments, *
that we should fully keep them. **ANTIPHON**
- 5 Oh, that my ways were made so direct *
that I might keep your statutes!
- 6 Then I should not be put to shame, *
when I regard all your commandments. **ANTIPHON**
- 7 I will thank you with an unfeigned heart, *
when I have learned your righteous judgments.
- 8 I will keep your statutes; *
do not utterly forsake me. **ANTIPHON**

READING

1 Corinthians 3:1-9

BROTHERS and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarreling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, “I belong to Paul,” and another, “I belong to Apollos,” are you not merely human?

What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labor of each. For we are God’s servants, working together; you are God’s field, God’s building.

Reader Hear what the Spirit is saying to God’s people.

Assembly **Thanks be to God.**

GOSPEL ACCLAMATION

12th-century chant, adapt. Marilyn Haskel (b. 1945)

The Cantor introduces the alleluias, all repeat them.

The Cantor chants the verse below, then all repeat the alleluias.



∩. Give me understanding. Lead me in the path of your commandments. —*Psalms 119:34-35*



THE HOLY GOSPEL *Matthew 5:21-37*

Deacon The Holy Gospel of our Savior Jesus Christ according to Matthew.
Assembly **Glory to you, Lord Christ.**

JESUS SAID, “You have heard that it was said to those of ancient times, ‘You shall not murder’; and ‘whoever murders shall be liable to judgment.’ But I say to you that if you are angry with a brother or sister, you will be liable to judgment; and if you insult a brother or sister, you will be liable to the council; and if you say, ‘You fool,’ you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny.

“You have heard that it was said, ‘You shall not commit adultery.’ But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell.

“It was also said, ‘Whoever divorces his wife, let him give her a certificate of divorce.’ But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery.

“Again, you have heard that it was said to those of ancient times, ‘You shall not swear falsely, but carry out the vows you have made to the Lord.’ But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let your word be ‘Yes, Yes’ or ‘No, No’; anything more than this comes from the evil one.”

Deacon The Gospel of the Lord.
Assembly **Praise to you, Lord Christ.**

SERMON

The Reverend Canon Nancy Ross

All rise as able.

THE NICENE CREED

Authorized for use by the 1997 General Convention

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE ASSEMBLY

After each petition:

Intercessor Let us pray to the Lord.

Assembly **Lord, hear our prayer.**

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION

Prayers for an Inclusive Church, adapt.

Deacon Let us confess our brokenness to God.

You are invited to stand or kneel for the confession.

Deacon Gracious God,

All We place boundaries around your goodness,
Yet You share your love with all people;

Silence

Deacon Lord, have mercy.

Assembly **Lord, have mercy.**

Deacon Patient God,

All We hold back in fear and shame,
You immerse yourself in love and life.

Silence

Deacon Christ, have mercy.

Assembly **Christ, have mercy.**

Deacon Loving God,

All We let our hearts be restricted in scarcity and fear,
You invite us into abundant life.

Silence

Deacon Lord, have mercy.

Assembly **Lord, have mercy.**

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

Presider Christ has broken down the dividing wall
that makes us strangers to one another;
He has made us one humanity
that God might be all in all;
he is our life, our hope, our peace.

The peace of Christ be with you always.

Assembly **And also with you.**

All greet one another in the name of Christ.

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service.

In the front cover of your hymnal, or in the pew rack in front of you, you will find an offering envelope and a form to give by credit card, as well as a card to place in the offering plate as a token of a gift given electronically. To donate online, visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right).



ANTHEM *Teach me, O Lord*

WORDS: Psalm 119:33
MUSIC: Thomas Attwood (1765–1838)

Teach me, O Lord, the way of Thy statutes;
And I shall keep it unto the end.

*The bread, wine and money we offer to God are brought forward and presented at the altar table.
When the Presider stands, all rise as able.*

THE GREAT THANKSGIVING

Prayers for an Inclusive Church, adapt.

Presider The Lord be with you.

Assembly **And also with you.**

Presider Lift up your hearts.

Assembly **We lift them to God.**

Presider Let us give thanks to the Lord our God.

Assembly **It is right to give God thanks and praise.**

Presider We praise you, God of many names, whose Spirit runs freely throughout the earth, whose image lies deep in every mortal soul. In your grace your Word is made known to all people, calling forth their goodness; your Beloved is immersed in the waters of creation, healing the chaos that floods our world; your Son is the guest who offers new wine and warms hearts grown cold and withered. Therefore, we celebrate the rays of morning light that bathe the world in glory and kindle a new song:

SANCTUS & BENEDICTUS

William Mathias (1934–1992)

Organ:
Everyone:
 Ho - ly, ho - ly, ho - ly Lord, God of po- wer and might,
 heav' n and earth are full_ of your glo- ry. Ho san na in the high- est.
 Bless- ed is the one who comes in the name of the Lord. Ho- san- na in the high- est.

The Hymnal 1982 #8-128 © Oxford University Press

Presider We ask that your Holy Spirit fall upon us and upon these gifts, that these fragile, earthly things may be to us the body and blood of our Lord and brother, Jesus Christ.

On the night he was betrayed, Jesus gathered with his faltering friends. He took bread, gave thanks, broke it and said: ‘This is my body, which is given for you. Do this in remembrance of me.’

In the same way after supper, he took the cup of wine, saying, ‘This cup is the new covenant in my blood. Do this, whenever you drink it, in remembrance of me.’

As on that night, so here and now he offers himself in touch and taste beyond all that words can hold. And so we proclaim the great mystery of faith, saying:

**All Christ has died.
 Christ is risen.
 Christ will come again.**

Presider With these gifts we are filled with the life-giving presence of Christ; we proclaim him as creation’s host, transforming poverty into plenty with his generous love.

Inspire us with the hope that one day death and greed will be no more, and people will come from east and west, north and south to share a feast of abundance.

We ask this through Jesus Christ our Savior, by whom and with whom and in whom, in the unity of the Holy Spirit, all honor and glory be yours, Mother of blessings, for ever and ever.

All AMEN.

THE LORD'S PRAYER

McNeil Robinson II (b. 1943)

Our Fa-ther in heav-en, hal-lowed be your Name, your king-dom come, your will be done,
 on earth as in heav-en. Give us to-day our dai-ly bread. For-give us our sins as we for-give
 those who sin a-gainst us. Save us from the time of trial, and de-liv-er us from e - vil.
 For the king-dom, the pow-er, and the glo-ry are yours, now and for ev - er. A - men.

The Hymnal 1982 #8-149, from Music For the Lord's Supper, ©1984 Theodore Presser Company

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM *We who are many*

Plainsong Mode 6

The Choir introduces the antiphon, all repeat it. The Choir sings the verses, all repeating the antiphon as indicated.

We who are__ ma - ny are one bo - dy,__ for we all__ share in the one__ bread.

∇. We break this bread to share in the Body of Christ. **ANTIPHON**

∇. Happy are they who come to the Supper of the Lamb. **ANTIPHON**

Enriching Our Music 2, #147, based on Ubi caritas, adapt. David Hurd; ©1998 David Hurd

INVITATION TO COMMUNION

Presider The gifts of God for the people of God.

All seeking God are welcome at Christ's Table.

Communion is distributed at standing stations at the head of the side and center aisles. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the center aisle left.

- ◆ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ◆ *Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.*
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

ANTHEM *Thou art the way*

WORDS: George Washington Doane (1799–1859)
MUSIC: Robert A. Roesch (1943–2009)

Thou art the way: to thee alone
from sin and death we flee:
and he who would the Father seek
must seek him, Lord, by thee.

Thou are the way, the truth, the life:
Grant us that way to know,
that truth to keep, that life to win,
whose joys eternal flow.

Thou art the truth: thy word alone
true wisdom can impart;
thou only canst inform the mind
and purify the heart.

Thou art the life: the rending tomb
proclaims thy conquering arm,
and those who put their trust in thee
nor death nor hell shall harm.

Thou are the way, the truth, the life:
Grant us that way to know,
that truth to keep, that life to win,
whose joys eternal flow.

VOLUNTARY *Organ Improvisaton*

All rise as able.

SENDING OF EUCHARISTIC VISITORS

Presider One body are we.

Assembly **For, though many, we share one bread and one cup.**

Deacon Go in peace, bearing holy gifts for holy people.

PRAYER AFTER COMMUNION

Prayers for an Inclusive Church, adapt.

Presider Let us pray.

All Lord of the wedding feast,
we thank you for sharing with us the abundance of your life:
in the beauty of humility may we receive with joy
the gift of the stranger,
the grace of the water,
and the living bread of love's desire.
Amen.

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 344 *Lord, dismiss us with thy blessing ♦ The Hymnal 1982 #344*

TUNE: *Sicilian Mariners*

DISMISSAL *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

VOLUNTARY *Prelude on Wer nur den lieben Gott lässt walten, BWV 642
[tune of Hymn #635: "If thou but trust in God to guide thee"]*

J.S. Bach (1685–1750)

PRESIDER The Reverend Canon Cristi Chapman	PREACHER The Reverend Canon Nancy Ross	DEACON The Reverend Emily Austin
ASSISTING LAY MINISTER Susan Nicoll	ACOLYTES TBD	USHERS Dave Harms Chris Bryson
EUCHARISTIC MINISTERS Re Knack Eileen Van Doren Doug Thorpe Lynne Markova Don Avriett Pamela Bradburn	LECTORS David Thompson Pamela Bradburn	GREETERS Jeff Helgesen Jaime Rubio
The Reverend Canon Jennifer King Daugherty The Reverend Edie Weller	INTERCESSOR Carol Green	MUSICIANS The Schola of Saint Mark's Cathedral Choir School, Rebekah Gilmore, <i>Director</i>
OBLATION BEARERS The Wall family	FLOWER GUILD CAPTAIN Pam Taylor	Saint Mark's Singers, Michael Kleinschmidt, <i>Director</i>
ALTAR GUILD Sue Tait Natalie Tapias	HOSPITALITY The Sanctuary Ministry	Michael Kleinschmidt, <i>Organist</i>

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