



SAINT MARK'S  
EPISCOPAL CATHEDRAL

# ASH WEDNESDAY

HOLY EUCHARIST with IMPOSITION OF ASHES

February 26, 2020

NOON





## SAINT MARK'S EPISCOPAL CATHEDRAL

*Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service.*

*Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.*

The Reverend Canon Nancy Ross, Canon for Cathedral Relations, *Presider*

The Very Reverend Steven L. Thomason, Dean and Rector of Saint Mark's Cathedral, *Preacher*

## THE GATHERING

*The Assembly gathers in silence.*

*A bell bids all to rise as able, and the ministers of the liturgy enter in silence.*

### COLLECT OF THE DAY

*Presider* The Lord be with you.

**Assembly** **And also with you.**

*Presider* Let us pray.

**A**LMIGHTY and everlasting God, you hate nothing you have made and forgive the sins of all who are penitent: Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

**All** **Amen.**

## THE LITURGY OF THE WORD

**READING** *Isaiah 58:1-12*

**S**HOUT out, do not hold back!  
**S**Lift up your voice like a trumpet!  
Announce to my people their rebellion,  
to the house of Jacob their sins.  
Yet day after day they seek me  
and delight to know my ways,  
as if they were a nation that practiced righteousness  
and did not forsake the ordinance of their God;

they ask of me righteous judgments,  
they delight to draw near to God.  
“Why do we fast, but you do not see?  
Why humble ourselves, but you do not notice?”  
Look, you serve your own interest on your fast day,  
and oppress all your workers.  
Look, you fast only to quarrel and to fight  
and to strike with a wicked fist.  
Such fasting as you do today  
will not make your voice heard on high.  
Is such the fast that I choose,  
a day to humble oneself?  
Is it to bow down the head like a bulrush,  
and to lie in sackcloth and ashes?  
Will you call this a fast,  
a day acceptable to the LORD?  
Is not this the fast that I choose:  
to loose the bonds of injustice,  
to undo the thongs of the yoke,  
to let the oppressed go free,  
and to break every yoke?  
Is it not to share your bread with the hungry,  
and bring the homeless poor into your house;  
when you see the naked, to cover them,  
and not to hide yourself from your own kin?  
Then your light shall break forth like the dawn,  
and your healing shall spring up quickly;  
your vindicator shall go before you,  
the glory of the LORD shall be your rear guard.  
Then you shall call, and the LORD will answer;  
you shall cry for help, and he will say, Here I am.  
If you remove the yoke from among you,  
the pointing of the finger, the speaking of evil,  
if you offer your food to the hungry  
and satisfy the needs of the afflicted,  
then your light shall rise in the darkness  
and your gloom be like the noonday.  
The LORD will guide you continually,  
and satisfy your needs in parched places,  
and make your bones strong;  
and you shall be like a watered garden,  
like a spring of water,  
whose waters never fail.  
Your ancient ruins shall be rebuilt;  
you shall raise up the foundations of many generations;  
you shall be called the repairer of the breach,  
the restorer of streets to live in.

*Reader* Hear what the Spirit is saying to God's people.  
*Assembly* **Thanks be to God.**

**PSALM***Psalm 103:8–14 ♦ read by all in unison**Benedic, anima mea*

**T**HE LORD is full of compassion and mercy, \*  
 slow to anger and of great kindness.

- 9 He will not always accuse us, \*  
 nor will he keep his anger for ever.
- 10 He has not dealt with us according to our sins, \*  
 nor rewarded us according to our wickedness.
- 11 For as the heavens are high above the earth, \*  
 so is his mercy great upon those who fear him.
- 12 As far as the east is from the west, \*  
 so far has he removed our sins from us.
- 13 As a father cares for his children, \*  
 so does the LORD care for those who fear him.
- 14 For he himself knows whereof we are made; \*  
 he remembers that we are but dust.

**READING***2 Corinthians 5:20b–6:10*

**W**E ENTREAT you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God.

As we work together with him, we urge you also not to accept the grace of God in vain. For he says,

“At an acceptable time I have listened to you,  
 and on a day of salvation I have helped you.”

See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone’s way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see—we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

*Reader* Hear what the Spirit is saying to God’s people.

**Assembly** **Thanks be to God.**

*After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.*

**THE HOLY GOSPEL** *Matthew 6:1-6,16-21*

*Deacon* The Holy Gospel of our Lord Jesus Christ according to Matthew.  
*Assembly* **Glory to you, Lord Christ.**

**J**ESUS SAID, “Beware of practicing your piety before others in order to be seen by them; for then you have no reward from your Father in heaven.

“So whenever you give alms, do not sound a trumpet before you, as the hypocrites do in the synagogues and in the streets, so that they may be praised by others. Truly I tell you, they have received their reward. But when you give alms, do not let your left hand know what your right hand is doing, so that your alms may be done in secret; and your Father who sees in secret will reward you.

“And whenever you pray, do not be like the hypocrites; for they love to stand and pray in the synagogues and at the street corners, so that they may be seen by others. Truly I tell you, they have received their reward. But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.

“And whenever you fast, do not look dismal, like the hypocrites, for they disfigure their faces so as to show others that they are fasting. Truly I tell you, they have received their reward. But when you fast, put oil on your head and wash your face, so that your fasting may be seen not by others but by your Father who is in secret; and your Father who sees in secret will reward you.

“Do not store up for yourselves treasures on earth, where moth and rust consume and where thieves break in and steal; but store up for yourselves treasures in heaven, where neither moth nor rust consumes and where thieves do not break in and steal. For where your treasure is, there your heart will be also.”

*Deacon* The Gospel of the Lord.  
*Assembly* **Praise to you, Lord Christ.**

**HOMILY**

The Very Reverend Steven L. Thomason

*All rise as able.*

**INVITATION TO THE OBSERVANCE OF A HOLY LENT**

*Presider* **D**EAR PEOPLE OF GOD: The first Christians observed with great devotion the days of our Lord’s passion and resurrection, and it became the custom of the Church to prepare for them by a season of penitence and fasting. This season of Lent provided a time in which converts to the faith were prepared for Holy Baptism. It was also a time when those who, because of notorious sins, had been separated from the body of the faithful were reconciled by penitence and forgiveness, and restored to the fellowship of the Church. Thereby, the whole congregation was put in mind of the message of pardon and absolution set forth in the Gospel of our Savior, and of the need which all Christians continually have to renew their repentance and faith.

I invite you, therefore, in the name of the Church, to the observance of a holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God’s holy Word. And, to make a right beginning of repentance, and as a mark of our mortal nature, let us now kneel or bow before the Lord, our maker and redeemer.

*All kneel as able for a period of silence, and remain kneeling while the Presider prays over the ashes.  
For those unable to kneel, a profound bow is an appropriate posture.*

## PRAYER OVER THE ASHES

*Presider* Almighty God, you have created us out of the dust of the earth: Grant that these ashes may be to us a sign of our mortality and penitence, that we may remember that it is only by your gracious gift that we are given everlasting life; through Jesus Christ our Savior.

*All* Amen.

## IMPOSITION OF ASHES

*Everyone is invited to come forward to receive ashes, a sign of our repentance and mortality. If you need ashes brought to you at your seat, please let an usher know.*

## PSALM DURING THE IMPOSITION OF ASHES *Psalm 51 ♦ chanted by Cantors*

*Miserere mei, Deus*

- H**AVE mercy on me, O God, according to your loving-kindness; \*  
in your great compassion blot out my offenses.
- 2 Wash me through and through from my wickedness \*  
and cleanse me from my sin.
- 3 For I know my transgressions, \*  
and my sin is ever before me.
- 4 Against you only have I sinned \*  
and done what is evil in your sight.
- 5 And so you are justified when you speak \*  
and upright in your judgment.
- 6 Indeed, I have been wicked from my birth, \*  
a sinner from my mother's womb.
- 7 For behold, you look for truth deep within me, \*  
and will make me understand wisdom secretly.
- 8 Purge me from my sin, and I shall be pure;  
wash me, and I shall be clean indeed.
- 9 Make me hear of joy and gladness, \*  
that the body you have broken may rejoice.
- 10 Hide your face from my sins \*  
and blot out all my iniquities.
- 11 Create in me a clean heart, O God, \*  
and renew a right spirit within me.
- 12 Cast me not away from your presence \*  
and take not your holy Spirit from me.
- 13 Give me the joy of your saving help again \*  
and sustain me with your bountiful Spirit.
- 14 I shall teach your ways to the wicked, \*  
and sinners shall return to you.
- 15 Deliver me from death, O God, \*  
and my tongue shall sing of your righteousness, O God of my salvation.
- 16 Open my lips, O Lord, \*  
and my mouth shall proclaim your praise.
- 17 Had you desired it, I would have offered sacrifice; \*  
but you take no delight in burnt-offerings.
- 18 The sacrifice of God is a troubled spirit; \*  
a broken and contrite heart, O God, you will not despise.

*All kneel as able.*

## LITANY OF PENITENCE

*Presider* Most holy and merciful Father:

**All We confess to you and to one another,  
and to the whole communion of saints  
in heaven and on earth,  
that we have sinned by our own fault  
in thought, word, and deed;  
by what we have done, and by what we have left undone.**

*Presider* We have not loved you with our whole heart, and mind, and strength.  
We have not loved our neighbors as ourselves.  
We have not forgiven others, as we have been forgiven.

**Assembly Have mercy on us, Lord.**

*Presider* We have been deaf to your call to serve, as Christ served us.  
We have not been true to the mind of Christ. We have grieved your Holy Spirit.

**Assembly Have mercy on us, Lord.**

*Presider* We confess to you, Lord, all our past unfaithfulness:  
the pride, hypocrisy, and impatience of our lives,

**Assembly We confess to you, Lord.**

*Presider* Our self-indulgent appetites and ways,  
and our exploitation of other people,

**Assembly We confess to you, Lord.**

*Presider* Our anger at our own frustration,  
and our envy of those more fortunate than ourselves,

**Assembly We confess to you, Lord.**

*Presider* Our intemperate love of worldly goods and comforts,  
and our dishonesty in daily life and work,

**Assembly We confess to you, Lord.**

*Presider* Our negligence in prayer and worship,  
and our failure to commend the faith that is in us,

**Assembly We confess to you, Lord.**

*Presider* Accept our repentance, Lord, for the wrongs we have done:  
for our blindness to human need and suffering,  
and our indifference to injustice and cruelty,

**Assembly Accept our repentance, Lord.**

*Presider* For all false judgments, for uncharitable thoughts toward our neighbors,  
and for our prejudice and contempt toward those who differ from us,

**Assembly Accept our repentance, Lord.**

*Presider* For our waste and pollution of your creation,  
and our lack of concern for those who come after us,

**Assembly Accept our repentance, Lord.**

*Presider* Restore us, good Lord, and let your anger depart from us;

**Assembly Favorably hear us, for your mercy is great.**

*Presider* Accomplish in us the work of your salvation,

**Assembly That we may show forth your glory in the world.**

*Presider* By the cross and passion of your Son our Lord,

**Assembly Bring us with all your saints to the joy of his resurrection.**

*Presider* Almighty God, the Father of our Lord Jesus Christ, who desires not the death of sinners, but rather that they may turn from their wickedness and live, has given power and commandment to his ministers to declare and pronounce to his people, being penitent, the absolution and remission of their sins. He pardons and absolves all those who truly repent, and with sincere hearts believe his holy Gospel.

Therefore we beseech him to grant us true repentance and his Holy Spirit, that those things may please him which we do on this day, and that the rest of our life hereafter may be pure and holy, so that at the last we may come to his eternal joy; through Jesus Christ our Lord.

**All Amen.**

*All rise as able.*

#### **THE PEACE**

*Presider* The peace of the Lord be always with you.

**Assembly And also with you.**

*All greet one another in the name of the Lord.*

## THE LITURGY OF THE TABLE

#### **OFFERTORY**

*An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service.*

*In the front cover of your hymnal, or in the pew rack in front of you, you will find an offering envelope and a form to give by credit card, as well as a card to place in the offering plate as a token of a gift given electronically. To donate online, visit [saintmarks.org/give](http://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right).*



**OFFERTORY SOLO** *Come Thou and with us dwell*

WORDS: Anonymous

MUSIC: William Byrd (c. 1539–1623)

My faults, O Christ, do I confess  
and do Thy mercy crave:  
O come Thou now to wash my sins,  
O come my soul to save:  
Let then the brightness of Thy birth  
the clouds of sin expel,  
Thou art the hope of all the world;  
Come Thou, and with us dwell.

Then shall my tongue for ever sing  
due praises to Thy Name;  
Thy only wish is that we be  
still thankful for the same;  
To Thee, the Father and the Sprite  
of grace be praise for aye.  
Sing and rejoice and God above  
do magnify alway.

*All rise as able as the bread and wine and money we offer to God are brought forward and presented at the altar.*

**THE GREAT THANKSGIVING** *Eucharistic Prayer C*

*Book of Common Prayer, p. 369*

*Presider* The Lord be with you.

**Assembly And also with you.**

*Presider* Lift up your hearts.

**Assembly We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

**Assembly It is right to give God thanks and praise.**

*Presider* God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Assembly Glory to you for ever and ever.**



*Presider* At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

***Assembly* By your will they were created  
and have their being.**

*Presider* From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

***Assembly* Have mercy, Lord,  
for we are sinners in your sight.**

*Presider* Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

***Assembly* By his blood, he reconciled us.  
By his wounds, we are healed.**

*Presider* And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

***All* Holy, holy, holy Lord, God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is the one who comes in the name of the Lord.**

**Hosanna in the highest.**

*Presider* And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

***Assembly* We celebrate his death and resurrection,  
as we await the day of his coming.**

*Presider* Lord God of our ancestors; God of Abraham and Sarah, Isaac and Rebekah, Jacob and Leah and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

***Assembly* Risen Lord, be known to us in the breaking of the Bread.**

*Presider* Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

***All* AMEN.**

## THE LORD'S PRAYER

*All* Our Father in heaven, hallowed be your Name,  
your kingdom come, your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins as we forgive those who sin against us.  
Save us from the time of trial, and deliver us from evil.  
For the kingdom, the power, and the glory are yours, now and for ever. Amen.

*In silence, the Presider breaks the consecrated bread.*

## THE BREAKING OF THE BREAD

*Presider* Christ our passover is sacrificed for us.  
*Assembly* Therefore let us keep the feast.  
*Presider* Lamb of God, you take away the sins of the world,  
*All* have mercy on us.  
*Presider* Lamb of God, you take away the sins of the world,  
*All* have mercy on us.  
*Presider* Lamb of God, you take away the sins of the world,  
*All* grant us peace.

## INVITATION TO COMMUNION

*Presider* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*All seeking God are welcome at Christ's Table.*

*Communion is distributed at standing stations at the head of the side aisles;  
if you need communion brought to your seat, please let any of the liturgical ministers know.  
Rice wafers for those who do not eat wheat are available—simply ask for one at the time of communion.*

- ♦ *Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.*
- ♦ *Or you may leave the bread in your hand for the chalice bearer to dip it in the wine and feed you.*
- ♦ *To receive a blessing instead of communion, simply cross your arms over your chest.*

## COMMUNION SOLO *Ave verum corpus*

WORDS: attributed to Pope Innocent VI (14<sup>th</sup> century)  
sung in French (translator unknown)  
MUSIC: Jean Langlais (1907–1991)

*Je vous salue, O vrai corps,  
Né de la Vierge Marie,  
Qui avez vraiment souffert,  
Et êtes mort en croix pour les hommes,  
Dont le côté percé versa  
du sang, et de l'eau:  
Soyez notre réconfort  
Dans les affres du trépas.  
O bon Jésus, O doux Jésus,  
O Jésus fils de Marie,  
Ayez pitié de nous.  
Ainsi soit-il.*

Hail, true Body,  
born of the Virgin Mary,  
who truly suffered,  
and died on the cross for mankind,  
and from whose pierced side flowed forth  
blood and water:  
Be our comfort  
in the torment of death.  
O good Jesus, O gentle Jesus,  
O Jesus son of Mary,  
Have mercy on us.  
Amen. [So may it be.]

**PRAYER AFTER COMMUNION**

*Presider* Almighty and everliving God,  
**All** we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out to do the work you have given us to do,  
to love and serve you as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.

**SOLEMN PRAYER OVER THE ASSEMBLY**

*Presider* Let us bow down in the presence of God.  
*All bow their heads, and remain bowed as the Presider prays over the Assembly. All respond:* **Amen.**

*The ministers depart in silent procession. All remain standing until the dismissal.*

**DISMISSAL**

*Deacon* Let us go forth in the name of Christ.  
**Assembly** Thanks be to God.



**PRESIDER**

The Reverend Canon Nancy Ross

**ASSISTING LAY MINISTER**

Walter Stuteville

**EUCCHARISTIC MINISTERS**

Lisa Graumlich      Grace Grant  
The Reverend Canon Jennifer King  
Daugherty

**ALTAR GUILD**

Sharon Ferguson  
Juan Gardner

**PREACHER**

The Very Reverend Steven L. Thomason

**ACOLYTES**

Ray Miller  
Pam Gray  
Michael Seewer

**LECTOR**

Pamela Bradburn

**DEACON**

The Reverend Emily Austin

**USHER**

Jay Quarterman

**MUSICIANS**

Rebekah Gilmore &  
Michael Kleinschmidt, *Cantors*  
Rebekah Gilmore, *Soloist*  
Michael Kleinschmidt, *Organist*



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1245 Tenth Avenue East  
Seattle, WA 98102  
206.323.0300

[WWW.SAINTMARKS.ORG](http://WWW.SAINTMARKS.ORG)