

# THE HOLY EUCHARIST: THE FIRST SUNDAY IN LENT

## March 1, 2020 ♦ 8:00 AM

*The Assembly speaks aloud the text in boldface.*

**PRELUDE** Two settings of the German Lent Hymn, *Durch Adams Fall is ganz verderbt* ["Through Adam's sin"]  
J. S. Bach (1685–1750) and Dieterich Buxtehude (1637–1707)

**HYMN 448** *O love, how deep, how broad how high* ♦ *The Hymnal 1982 #448* TUNE: *Deus tuorum militum*  
stanzas 1, 2, & 6

### OPENING ACCLAMATION

Bless the Lord who forgiveth all our sins. **His mercy endureth forever.**

*All to kneel as able. For those unable to kneel, a profound bow is an appropriate posture.*

### THE DECALOGUE

*Book of Common Prayer, p. 317*

God spake these words, and said:  
I am the Lord thy God who brought thee out of the land of  
Egypt, out of the house of bondage.

Thou shalt have none other gods but me.

**Lord have mercy upon us,  
and incline our hearts to keep this law.**

Thou shalt not make to thyself any graven image, nor the  
likeness of any thing that is in heaven above, or in the earth  
beneath, or in the water under the earth; thou shalt not  
bow down to them, nor worship them.

**Lord have mercy upon us,  
and incline our hearts to keep this law.**

Thou shalt not take the Name of the Lord thy God in vain.

**Lord have mercy upon us,  
and incline our hearts to keep this law.**

Remember that thou keep holy the Sabbath day.

**Lord have mercy upon us,  
and incline our hearts to keep this law.**

Honor thy father and thy mother.

**Lord have mercy upon us,  
and incline our hearts to keep this law.**

Thou shalt do no murder.

**Lord have mercy upon us,  
and incline our hearts to keep this law.**

Thou shalt not commit adultery.

**Lord have mercy upon us,  
and incline our hearts to keep this law.**

Thou shalt not steal.

**Lord have mercy upon us,  
and incline our hearts to keep this law.**

Thou shalt not bear false witness against thy neighbor.

**Lord have mercy upon us,  
and incline our hearts to keep this law.**

Thou shalt not covet.

**Lord have mercy upon us, and write all these thy  
laws in our hearts, we beseech thee.**

*The Presider reads a sentence from scripture.*

### THE CONFESSION

*Book of Common Prayer, p. 320*

Let us humbly confess our sins unto Almighty God.

*You are invited to stand or remain kneeling for the confession.*

Almighty and most merciful Father, **we have erred and strayed from thy ways like lost sheep,  
we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws,  
we have left undone those things which we ought to have done,  
and we have done those things which we ought not to have done.**

**But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are  
penitent, according to thy promises declared unto mankind in Christ Jesus our Lord;  
and grant, O most merciful Father, for his sake,  
that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.**

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

### KYRIE ELEISON

*Book of Common Prayer, p. 324*

Lord, have mercy upon us. **Christ, have mercy upon us.** Lord, have mercy upon us.

The Lord be with you. **And with thy spirit.** Let us pray.

**A**Lmighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee

mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. **Amen.**

**READING**     *Genesis 2:15–17; 3:1–7*

**T**HE LORD God took the man and put him in the garden of Eden to till it and keep it. And the LORD God commanded the man, “You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.”

Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden?’” The woman said to the serpent, “We may eat of the fruit of the trees in the garden; but God said, ‘You shall not eat of

the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.” But the serpent said to the woman, “You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Hear what the Spirit is saying to God’s people. **Thanks be to God.**

**PSALM**     *Psalm 32 ♦ read by all in unison*

**H**APPY are they whose transgressions are forgiven, \*  
and whose sin is put away!

Happy are they to whom the Lord imputes no guilt, \*  
and in whose spirit there is no guile!

While I held my tongue, my bones withered away, \*  
because of my groaning all day long.

For your hand was heavy upon me day and night; \*  
my moisture was dried up as in the heat of summer.

Then I acknowledged my sin to you, \*  
and did not conceal my guilt.

I said, “I will confess my transgressions to the Lord.” \*  
Then you forgave me the guilt of my sin.

Therefore all the faithful will make their prayers to you in  
time of trouble; \* when the great waters overflow, they  
shall not reach them.

You are my hiding-place; you preserve me from trouble; \*  
you surround me with shouts of deliverance.

“I will instruct you and teach you in the way that you should  
go; \* I will guide you with my eye.

Do not be like horse or mule, which have no understanding;  
\* who must be fitted with bit and bridle, or else they will  
not stay near you.”

Great are the tribulations of the wicked; \* but mercy  
embraces those who trust in the Lord.

Be glad, you righteous, and rejoice in the Lord;  
shout for joy, all who are true of heart. ♦

**READING**     *Romans 5:12–19*

**A**S SIN came into the world through one man, and death came through sin, and so death spread to all because all have sinned—sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man’s trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man’s sin. For the judgment follow-

ing one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man’s trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man’s trespass led to condemnation for all, so one man’s act of righteousness leads to justification and life for all. For just as by the one man’s disobedience the many were made sinners, so by the one man’s obedience the many will be made righteous.

Hear what the Spirit is saying to God’s people. **Thanks be to God.**

**THE HOLY GOSPEL** *Matthew 4:1-11*

The Holy Gospel of our Lord Jesus Christ according to Matthew. **Glory be to Thee, O Lord.**

**J**ESUS was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

'One does not live by bread alone,  
but by every word that comes from the mouth of God.'"

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written,

'He will command his angels concerning you,'  
and 'On their hands they will bear you up,

The Gospel of the Lord. **Praise be to Thee, O Christ.**

**SERMON**

*All rise as able.*

**THE NICENE CREED**

**I believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
and of all things visible and invisible;**  
**And in one Lord Jesus Christ,  
the only-begotten Son of God,  
begotten of his Father before all worlds,  
God of God, Light of Light,  
very God of very God,  
begotten, not made,  
being of one substance with the Father;  
by whom all things were made;  
who for us men and for our salvation  
came down from heaven,  
and was incarnate by the Holy Ghost  
of the Virgin Mary,  
and was made man;**

**PRAYERS OF THE ASSEMBLY**

*After each petition, the Assembly responds: Lord, hear our prayer.*

*The Presider reads sentences of scripture.*

**THE PEACE**

The peace of the Lord be always with you. **And with thy spirit.**

*All greet one another in the name of the Lord. Ways of sharing the peace include shaking hands with your neighbor, or placing your hands together and bowing to your neighbor*

**OFFERTORY**

*An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service.*

*All rise as able as the bread, wine, and money we offer to God are brought forward and presented at the altar table.*

so that you will not dash your foot against a stone."

Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written,

'Worship the Lord your God, and serve only him.'"

Then the devil left him, and suddenly angels came and waited on him.

The Reverend Canon Jennifer King Daugherty

*Book of Common Prayer, p. 326*

**and was crucified also for us under Pontius Pilate;  
he suffered and was buried;  
and the third day he rose again according to the Scriptures,  
and ascended into heaven,  
and sitteth on the right hand of the Father;  
and he shall come again, with glory,  
to judge both the quick and the dead;  
whose kingdom shall have no end.**

**And I believe in the Holy Ghost the Lord, and Giver of Life,  
who proceedeth from the Father and the Son;  
who with the Father and the Son together  
is worshiped and glorified;  
who spake by the Prophets.  
And I believe one holy Catholic and Apostolic Church;  
I acknowledge one Baptism for the remission of sins;  
and I look for the resurrection of the dead,  
and the life of the world to come. Amen.**

*Book of Common Prayer, p. 328*

The Lord be with you. **And with thy spirit.**  
 Lift up your hearts. **We lift them up unto the Lord.**  
 Let us give thanks unto our Lord God. **It is meet and right so to do.**

*The Presider prays the Eucharistic Preface*

...we laud and magnify thy glorious Name; evermore praising thee, and saying,

**Holy, holy, holy, Lord God of hosts: heaven and earth are full of thy glory. Glory be to thee,  
 O Lord most high. Blessed is he that cometh in the name of the Lord. Hosanna in the highest.**

*The Presider prays the Eucharistic Prayer.*

...all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

**THE LORD'S PRAYER**

*Book of Common Prayer, p. 336*

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

**THE BREAKING OF THE BREAD**

Christ our passover is sacrificed for us. **Therefore let us keep the feast.**

O Lamb of God, that takest away the sins of the world, **have mercy upon us.**

O Lamb of God, that takest away the sins of the world, **have mercy upon us.**

O Lamb of God, that takest away the sins of the world, **grant us thy peace.**

**PRAYER OF HUMBLE ACCESS**

*Book of Common Prayer, p. 337*

**We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

**INVITATION TO COMMUNION** *The Presider invites us to the meal.*

*All seeking God are welcome at Christ's Table. If you need communion brought to your seat, please let any of the liturgical ministers know. Rice wafers for those who do not eat wheat are available; simply ask for one at the time of communion.*

*You are welcome to receive only the bread, and not the wine, if you wish. Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink. You may leave the bread in your hand for the chalice bearer to dip it in the wine and feed you. To receive a blessing instead of communion, cross your arms over your chest.*

*All rise as able.*

**PRAYER AFTER COMMUNION**

*Book of Common Prayer, p. 339*

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people;**

**and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

**SOLEMN PRAYER OVER THE ASSEMBLY** *The Presider prays over the Assembly. All respond: Amen.*

**HYMN 143** *The glory of these forty days* ♦ *The Hymnal 1982 #143*  
 stanzas 1-4

*TUNE: Erhalt uns, Herr*

**DISMISSAL** *The Presider dismisses the Assembly. The Assembly responds: Thanks be to God.*

**VOLUNTARY** *Fughette on Ein' feste Burg ist unser Gott*  
 [tune of Hymn #687, "A mighty fortress is our God"]

*Johann Pachelbel (1653-1706)*