



SAINT MARK'S
EPISCOPAL CATHEDRAL

THE HOLY EUCHARIST
THE SECOND SUNDAY IN LENT

March 8, 2020 ♦ 11:00 AM

Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers are most welcome to breastfeed their infants during the service. Children of

any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

As part of our effort to serve those who cannot attend worship, this service will be livestreamed on the internet. The 8 am, 9 am, 7 pm, and 9:30 pm services are not livestreamed. We are grateful for your presence and participation in this community.

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

*The Assembly speaks aloud the **text in boldface**.*

PRELUDE Chorale prelude on *Ich ruf zu dir, Herr Jesu Christ*, BWV 639 J.S. Bach (1685–1750)
[tune of Hymn #643: "I call on thee, Lord Jesus Christ"]

A bell bids all to rise as able.

INTROIT *My soul, sing the praise of the Lord* WORDS: after Psalm 146:1, 7, 9
MUSIC: Peter R. Hallock (1924–2014)

My soul, sing the praise of the Lord;
as long as life shall last, sing out the glories of God the maker.

The Lord gives sight for our blindness;
his truth is the power to set us free.

Our God remains, O Jerusalem, Ruler of all ages.

My soul, as long as this earthly life remains,
sing out the glories of God the maker.

HYMN 401 *The God of Abraham praise* ♦ *The Hymnal 1982 #401*

TUNE: *Leoni*

THE PENITENTIAL ORDER

OPENING ACCLAMATION

Bless the Lord who forgives all our sins.

God's mercy endures forever.

The Presider reads a sentence from scripture.

CONFESSION

Let us confess our sins against God and our neighbor.

You are invited to stand or kneel for the confession.

Most merciful God,

**we confess that we have sinned against you in thought, word, and deed,
by what we have done, and by what we have left undone.**

We have not loved you with our whole heart; we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ, have mercy on us and forgive us;

that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

KYRIE ELEISON

Alexandr Arkhangelsky (1846–1924), arr. Richard Proulx

1. Lord, have mer-cy. Lord, have mer-cy. Lord, have mer-cy up - on _____ us.
2. Christ, have mer-cy. Christ, have mer-cy. Christ, have mer-cy up - on _____ us.
3. Lord, have mer-cy. Lord, have mer-cy. Lord, have mer-cy up - on _____ us.

from *Missa Oecumenica*, ©1999 Oregon Catholic Press.

COLLECT OF THE DAY

Book of Common Prayer, p. 218

The Lord be with you.

And also with you.

Let us pray.

O GOD, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

Please be seated for the readings.

THE LITURGY OF THE WORD

READING *Genesis 12:1-4a*

THE LORD said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who

curses you I will curse; and in you all the families of the earth shall be blessed.”

So Abram went, as the Lord had told him; and Lot went with him.

Hear what the Spirit is saying to God’s people.

Thanks be to God.

PSALM *Psalms 121*

Peter R. Hallock (1924–2014)

The Choir introduces the antiphon, all repeat it. The Choir chants the verses, all repeating the antiphon as indicated.

My help comes from the LORD, the maker of heaven and earth.

LIFT up my eyes to the hills; from where is my help to come?
My help comes from the LORD, the maker of heaven and earth. **ANTIPHON**

He will not let your foot be moved and he who watches over you will not fall asleep.
Behold, he who keeps watch over Israel shall neither slumber nor sleep; **ANTIPHON**

The LORD himself watches over you; the LORD is your shade at your right hand,
So that the sun shall not strike you by day, nor the moon by night. **ANTIPHON**

The LORD shall preserve you from all evil; it is he who shall keep you safe.
The LORD shall watch over your going out and your coming in, from this time forth for evermore. **ANTIPHON**

READING *Romans 4:1-5, 13-17*

WHAT then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of

the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”)—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Hear what the Spirit is saying to God’s people.

Thanks be to God.

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

HYMN 449 *O love, how deep, how broad how high* ♦ *The Hymnal 1982 #449*
stanzas 1, 3, & 6

TUNE: *Deo gracias*

THE HOLY GOSPEL *John 3:1-17*

The Holy Gospel of our Lord Jesus Christ according to John.
Glory to you, Lord Christ.

THERE was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of

The Gospel of the Lord.

Praise to you, Lord Christ.

SERMON

All rise as able.

THE NICENE CREED

**We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate
from the Virgin Mary;
and was made man.**

Israel, and yet you do not understand these things?

"Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him."

The Reverend Canon Cristi Chapman

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the scriptures;**

he ascended into heaven

and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.**

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

PRAYERS OF THE ASSEMBLY

After each petition:

God, in your mercy,

Hear our prayer.

THE PEACE

The peace of the Lord be always with you.

And also with you.

*All greet one another in the name of the Lord. **Please do not shake hands** or make physical contact with another person. Placing your hands together and bowing to your neighbor is an appropriate way to share the peace.*

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service.

In the front cover of your hymnal, or in the pew rack in front of you, you will find an offering envelope and a form to give by credit card, as well as a card to place in the offering plate as a token of a gift given electronically. To donate online, visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right).



The offering plates will not be passed; instead ushers will walk baskets through the aisles to collect the offering. Please do not touch the basket with your hand.

ANTHEM

Hymn after a Song of Wisdom ("O for a closer walk with God")

WORDS: William Cowper (1731–1800)

MUSIC: Charles Villiers Stanford (1852–1924)

based on the hymn tune *Caithness*

O for a closer walk with God,
A calm and heavenly frame;
A light to shine upon the road
That leads me to the Lamb!

Return, O holy Dove, return!
Sweet messenger of rest;
I hate the sins that made thee mourn,
And drove thee from my breast.

So shall my walk be close with God,
Calm and serene my frame:
So purer light shall mark the road
That leads me to the Lamb.

All rise as able.

THE GREAT THANKSGIVING *Eucharistic Prayer C*

Book of Common Prayer, p. 369

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be:

the vast expanse of interstellar space, galaxies, suns, the planets in their courses,
and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill.
You made us the rulers of creation.

But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return.

Through prophets and sages you revealed your righteous Law.

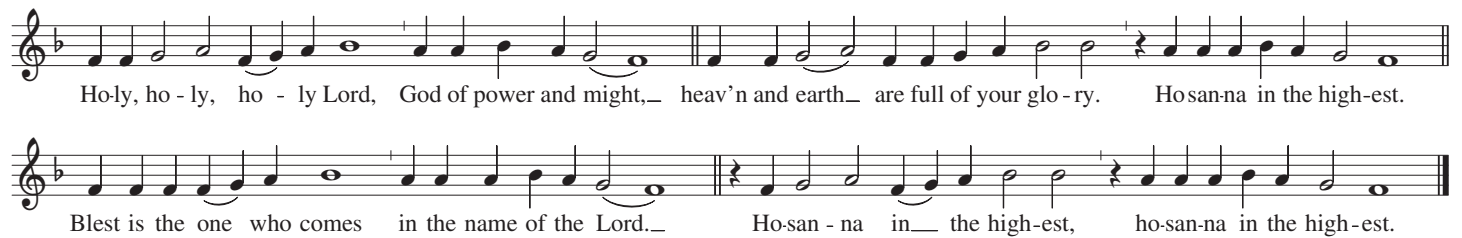
And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law,
to open for us the way of freedom and peace.

By his blood, he reconciled us. By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus,
with prophets, apostles, and martyrs,
and with all those in every generation who have looked to you in hope,
to proclaim with them your glory, in their unending hymn:

SANCTUS & BENEDICTUS

Russian Orthodox Tone I, adapt. Richard Proulx



Ho-ly, ho - ly, ho - ly Lord, God of power and might, heav'n and earth are full of your glo - ry. Ho-san-na in the high-est.

Blest is the one who comes in the name of the Lord. Ho-san - na in the high-est, ho-san-na in the high-est.

from *Missa Oecumenica*, ©1999 Oregon Catholic Press.

And so, Father, we who have been redeemed by him,
and made a new people by water and the Spirit,
now bring before you these gifts.
Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing,
broke the bread, and gave it to his friends, and said,
“Take, eat: This is my Body, which is given for you.
Do this for the remembrance of me.”

After supper, he took the cup of wine, gave thanks, and said,
“Drink this, all of you: This is my Blood of the new Covenant,
which is shed for you and for many for the forgiveness of sins.
Whenever you drink it, do this for the remembrance of me.”

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our ancestors; God of Abraham and Sarah, Isaac and Rebekah, Jacob and Leah and Rachel;
God and Father of our Lord Jesus Christ:

Open our eyes to see your hand at work in the world about us.
Deliver us from the presumption of coming to this Table for solace only, and not for strength;
for pardon only, and not for renewal.
Let the grace of this Holy Communion make us one body, one spirit in Christ,
that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest,
to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship,
from generation to generation.

AMEN.

THE LORD'S PRAYER

Our Father in heaven, hallowed be your Name,
your kingdom come, your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins
as we forgive those who sin against us.

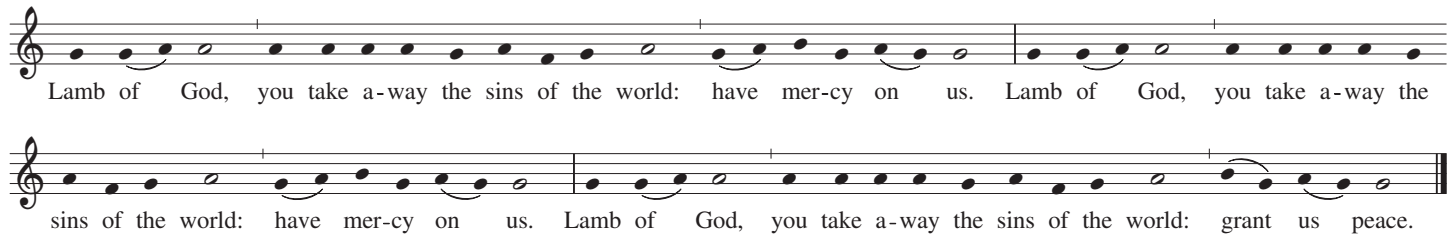
Save us from the time of trial,
and deliver us from evil.

For the kingdom, the power, and the glory are yours,
now and for ever. Amen.

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM

Anaphora chant



Lamb of God, you take a-way the sins of the world: have mer-cy on us. Lamb of God, you take a-way the
sins of the world: have mer-cy on us. Lamb of God, you take a-way the sins of the world: grant us peace.

The Hymnal 1982 #8-160; Mass 18, adapt. Mason Martens. ©1984 Mason Martens

INVITATION TO COMMUNION

The gifts of God for the people of God:
Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

All seeking God are welcome at Christ's Table.

The Assembly gathers around all sides of the altar platform, guided by the ushers. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the front left.

- ♦ **At this time, to minimize risk of disease transmission, wine will not be offered to the Assembly.** *The full grace of the sacrament is received with only the bread.*
- ♦ *To receive a blessing instead of communion, simply cross your arms over your chest.*

ANTHEM *Psalm 121*

WORDS: Coverdale Psalter
MUSIC: Herbert Howells (1892–1983)

I will lift up mine eyes unto the hills:
from whence cometh my help.
My help cometh even from the LORD:
who hath made heav'n and earth.
He will not suffer thy foot to be moved:
and he that keepeth thee will not sleep.
Behold: he that keepeth Israel:
shall neither slumber nor sleep.
The LORD himself is thy keeper:
he is thy defense upon thy right hand;
So that the sun shall not burn thee by day:
neither the moon by night.
The LORD shall preserve thee from all evil:
yea, it is even he that shall keep thy soul.
The LORD shall preserve thy going out, and thy coming in:
from this time forth and for evermore.

HYMN 489 *The great Creator of the worlds* ♦ *The Hymnal 1982 #489*

TUNE: *The Ninth Tune (Tallis' Ordinal)*

All rise as able.

PRAYER AFTER COMMUNION

Almighty and everliving God,
**we thank you for feeding us with the spiritual food
of the most precious Body and Blood
of your Son our Savior Jesus Christ;
and for assuring us in these holy mysteries
that we are living members of the Body of your Son,
and heirs of your eternal kingdom.**
And now, Father, send us out to do the work you have given us to do,
to love and serve you
as faithful witnesses of Christ our Lord.
To him, to you, and to the Holy Spirit, be honor and glory,
now and for ever. Amen.

SOLEMN PRAYER OVER THE ASSEMBLY

Let us bow down in the presence of God.

All bow their heads, and remain bowed as the Presider prays over the Assembly. All respond: Amen.

HYMN 473 *Lift high the cross!* ♦ *The Hymnal 1982 #473*

TUNE: *Crucifer*

DISMISSAL *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

VOLUNTARY *Fantasy of Four Parts*

Orlando Gibbons (1583–1625)

PRESIDER
The Rev. Canon Jennifer King Daugherty

ASSISTING LAY MINISTER
Lynne Markova

EUCCHARISTIC MINISTERS
The Reverend Canon Nancy Ross
The Reverend Dr. Dennis Tierney

ALTAR GUILD
Sue Tait
Melody Smith

PREACHER
The Reverend Canon Cristi Chapman

VERGERS
Nancy Cleminshaw
Robert Stevens

ACOLYTES
Erik Donner Jenny Donner
Rollin Salsbery Barbara Zito

LECTORS
Ruth McRee
Mel Flannery

INTERCESSOR
Marilyn Redlich

DEACON
The Reverend Earl Grout

USHERS
Barbara Selberg TBD
TBD Wayne Duncan
Mary Segall TBD

GREETERS
Barbara Selberg
John Selberg

FLOWER GUILD CAPTAIN
Molly Henderson

MUSICIANS
The Cathedral Choir,
Michael Kleinschmidt, *Director*
John Stuntebeck &
Michael Kleinschmidt, *Organists*