



SAINT MARK'S
EPISCOPAL CATHEDRAL

THE HOLY EUCHARIST

THE SECOND SUNDAY IN LENT

March 8, 2020 ♦ 8:00 AM

The Assembly speaks aloud the text in boldface.

PRELUDE Chorale prelude on *Erhalt uns, Herr, bei deinem Wort*, BUXWV 185 Dieterich Buxtehude (1637–1707)
[tune of Hymn #143: “The glory of these forty days”]

HYMN 401 *The God of Abraham praise* ♦ *The Hymnal 1982 #401* TUNE: *Leoni*
stanzas 1 & 2

OPENING ACCLAMATION

Bless the Lord who forgiveth all our sins.
His mercy endureth forever.

The Presider reads a sentence from scripture.

THE CONFESSION

Book of Common Prayer, p. 320

Let us humbly confess our sins unto Almighty God.

You are invited to stand or kneel for the confession.

Almighty and most merciful Father, **we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.**

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

KYRIE ELEISON

Book of Common Prayer, p. 324

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

COLLECT OF THE DAY

Book of Common Prayer, p. 166

The Lord be with you.
And with thy spirit.
Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus thy Son; who with thee and the Holy Spirit liveth and reigneth, one God, for ever and ever. **Amen.**

READING *Genesis 12:1-4a*

THE LORD said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who

Hear what the Spirit is saying to God’s people.

Thanks be to God.

PSALM *Psalms 121 ♦ read by all in unison*

LIFT up my eyes to the hills; *
from where is my help to come?

My help comes from the LORD, *
the maker of heaven and earth.

He will not let your foot be moved *
and he who watches over you will not fall asleep.

Behold, he who keeps watch over Israel *
shall neither slumber nor sleep;

curses you I will curse; and in you all the families of the earth shall be blessed.”

So Abram went, as the Lord had told him; and Lot went with him.

The LORD himself watches over you; *
the LORD is your shade at your right hand,

So that the sun shall not strike you by day, *
nor the moon by night.

The LORD shall preserve you from all evil; *
it is he who shall keep you safe.

The LORD shall watch over your going out and your coming in, * from this time forth for evermore. ♦

READING *Romans 4:1-5, 13-17*

WHAT then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of

Hear what the Spirit is saying to God’s people.

Thanks be to God.

All rise as able.

THE HOLY GOSPEL *John 3:1-17*

The Holy Gospel of our Lord Jesus Christ according to John.
Glory be to Thee, O Lord.

THERE was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of

the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”)—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things?

“Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony.

If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

The Gospel of the Lord.
Praise be to Thee, O Christ.

SERMON

The Reverend Canon Cristi Chapman

All rise as able.

THE NICENE CREED

Book of Common Prayer, p. 326

I believe in one God,
the Father Almighty,
maker of heaven and earth,
and of all things visible and invisible;

and was crucified also for us under Pontius Pilate;
he suffered and was buried;
and the third day he rose again according to the Scriptures,
and ascended into heaven,
and sitteth on the right hand of the Father;
and he shall come again, with glory,
to judge both the quick and the dead;
whose kingdom shall have no end.

And in one Lord Jesus Christ,
the only-begotten Son of God,
begotten of his Father before all worlds,
God of God, Light of Light,
very God of very God,
begotten, not made,
being of one substance with the Father;
by whom all things were made;
who for us men and for our salvation
came down from heaven,
and was incarnate by the Holy Ghost
of the Virgin Mary,
and was made man;

And I believe in the Holy Ghost the Lord, and Giver of Life,
who proceedeth from the Father and the Son;
who with the Father and the Son together
is worshiped and glorified;
who spake by the Prophets.
And I believe one holy Catholic and Apostolic Church;
I acknowledge one Baptism for the remission of sins;
and I look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE ASSEMBLY

Book of Common Prayer, p. 328

After each petition, the Assembly responds: Lord, hear our prayer.

THE COMFORTABLE WORDS

Book of Common Prayer, p. 332

The Presider reads sentences of scripture.

THE PEACE

The peace of the Lord be always with you.
And with thy spirit.

*All greet one another in the name of the Lord. **Please do not shake hands or make physical contact with another person.** Placing your hands together and bowing to your neighbor is an appropriate way to share the peace.*

OFFERTORY

An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service.

In the front cover of your hymnal, or in the pew rack in front of you, you will find an offering envelope and a form to give by credit card, as well as a card to place in the offering plate as a token of a gift given electronically. To donate online, visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right).



*The plate will not be passed; instead a minister will bring the plate to you. **Please do not touch the plate with your hand.***

All rise as able.

THE GREAT THANKSGIVING *Eucharistic Prayer II*

Book of Common Prayer, p. 340

The Lord be with you. **And with thy spirit.**
Lift up your hearts. **We lift them up unto the Lord.**
Let us give thanks unto our Lord God. **It is meet and right so to do.**

The Presider prays the Eucharistic Preface

...we laud and magnify thy glorious Name; evermore praising thee, and saying,

**Holy, holy, holy, Lord God of hosts: heaven and earth are full of thy glory. Glory be to thee,
O Lord most high. Blessed is he that cometh in the name of the Lord. Hosanna in the highest.**

The Presider prays the Eucharistic Prayer.

...all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

THE LORD'S PRAYER

Book of Common Prayer, p. 336

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

THE BREAKING OF THE BREAD

Christ our passover is sacrificed for us. **Therefore let us keep the feast.**

O Lamb of God, that takest away the sins of the world, **have mercy upon us.**

O Lamb of God, that takest away the sins of the world, **have mercy upon us.**

O Lamb of God, that takest away the sins of the world, **grant us thy peace.**

PRAYER OF HUMBLE ACCESS

Book of Common Prayer, p. 337

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

INVITATION TO COMMUNION *The Presider invites us to the meal.*

*All seeking God are welcome at Christ's Table. If you need communion brought to your seat, please let any of the liturgical ministers know. Rice wafers for those who do not eat wheat are available; simply ask for one at the time of communion. To receive a blessing instead of communion, cross your arms over your chest. **At this time, to minimize risk of disease transmission, wine will not be offered to the Assembly.** The full grace of the sacrament is received with only the bread.*

All rise as able.

PRAYER AFTER COMMUNION

Book of Common Prayer, p. 339

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also

heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

SOLEMN PRAYER OVER THE ASSEMBLY *The Presider prays over the Assembly. All respond: Amen.*

HYMN 473 *Lift high the cross! ♦ The Hymnal 1982 #473*
stanzas 1 & 2

TUNE: *Crucifer*

DISMISSAL *The Presider dismisses the Assembly. The Assembly responds: Thanks be to God.*

VOLUNTARY *Fantasy of Four Parts*

Orlando Gibbons (1583–1625)