



SAINT MARK'S
EPISCOPAL CATHEDRAL

THE HOLY EUCHARIST
THE SECOND SUNDAY IN LENT

March 8, 2020 ♦ 9:00 AM

Newcomers and visitors, the community of Saint Mark's welcomes you. We hope that you will feel at home in this place and in this liturgy. Ushers are available during the liturgy as well as greeters and clergy following, should you have any questions or concerns. Mothers

are most welcome to breastfeed their infants during the service. Children of any age are always welcome at Saint Mark's liturgies. In addition, child care during services is available in the Child Care Center, located in the west end of the cathedral building. You may

reach the Child Care Center through the southwest doors of the nave, or by taking the elevator to the 5th floor. Ushers will guide you.

Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

*The Assembly speaks aloud the **text in boldface**.*

The three-fold tolling of a bell, followed by a brief organ voluntary offered a few minutes before the hour, bids all to keep silence for prayer and preparation.

PRELUDE Chorale prelude on *Ich ruf zu dir, Herr Jesu Christ*, BWV 639
[tune of Hymn #643: "I call on thee, Lord Jesus Christ"]

J.S. Bach (1685–1750)

As the opening hymn is introduced, all rise as able.

HYMN 401 *The God of Abraham praise* ♦ *The Hymnal 1982 #401*
stanzas 1, 2 & 5

TUNE: *Leoni*

THE PENITENTIAL ORDER

OPENING ACCLAMATION

Bless the Lord who forgives all our sins.

God's mercy endures forever.

The Presider reads a sentence from scripture.

CONFESSION

Let us pray to God for the forgiveness of our sins.

Silence.

**Have mercy upon us, most merciful Father;
in your compassion forgive us our sins, known and unknown, things done and left undone;
and so uphold us by your Spirit that we may live and serve you in newness of life,
to the honor and glory of your Name; through Jesus Christ our Lord. Amen.**

*The Presider pronounces God's forgiveness of our sins. All respond: **Amen.***

KYRIE ELEISON

Alexandr Arkhangelsky (1846–1924), arr. Richard Proulx

1. Lord, have mer-cy. Lord, have mer-cy. Lord, have mer-cy up - on _____ us.
 2. Christ, have mer-cy. Christ, have mer-cy. Christ, have mer-cy up - on _____ us.
 3. Lord, have mer-cy. Lord, have mer-cy. Lord, have mer-cy up - on _____ us.

from *Missa Oecumenica*, ©1999 Oregon Catholic Press.

COLLECT OF THE DAY

Prayers for an Inclusive Church, adapt.

God be with you.

And also with you.

Let us pray.

Holy God,
whose enlivening Spirit illuminates the dark night of our souls:
transform the fearsome enclosure of night into a womb of discovery and new life for us and all the world;
through Jesus Christ, in whom we are born anew.

Amen.

Please be seated for the readings.

THE LITURGY OF THE WORD

READING *Genesis 12:1–4a*

THE LORD said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who

curses you I will curse; and in you all the families of the earth shall be blessed.”

So Abram went, as the Lord had told him; and Lot went with him.

Hear what the Spirit is saying to God’s people.

Thanks be to God.

PSALM *Psalms 121* [St. Helena Psalter translation]

Peter R. Hallock (1924–2014)

The Choir introduces the antiphon, all repeat it. The Choir chants the verses, all repeating the antiphon as indicated.

Organ: My help comes from God, the maker of heaven and earth.
 Everyone: My help comes from God, the maker of heaven and earth.

LIFT up my eyes to the hills; from where is my help to come?
My help comes from God, the maker of heaven and earth. **ANTIPHON**

God will not let your foot be moved; the One who watches over you will not fall asleep.
Behold, the One who keeps watch over Israel shall neither slumber nor sleep; **ANTIPHON**

The Holy One watches over you, and is your shade at your right hand,
so that the sun shall not strike you by day, nor the moon by night. **ANTIPHON**

God shall preserve you from all evil; and is the One who shall keep you safe.
God shall watch over your going out and your coming in, from this time forth for evermore. **ANTIPHON**

READING *Romans 4:1-5, 13-17*

WHAT then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of

Hear what the Spirit is saying to God’s people.

Thanks be to God.

All rise as able.

GOSPEL ACCLAMATION

Marty Haugen (b. 1950)

The Choir introduces the refrain, all repeat it. The Choir sings the verse, then all repeat the refrain.

Re - turn to God with all your heart, the Source of grace and
mer - cy; Come, seek the ten - der faith - ful ness of God.

∇. The Son of Man must be lifted up, that whoever believes in him may have eternal life. — *John 3:14-15*

All rise as able.

THE HOLY GOSPEL *John 3:1-17*

The Holy Gospel of our Lord Jesus Christ according to John.
Glory to you, Lord Christ.

THERE was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you a teacher of

the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, “I have made you the father of many nations”) —in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

Israel, and yet you do not understand these things?

“Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

The Gospel of the Lord.

Praise to you, Lord Christ.

All rise as able.

THE NICENE CREED

Authorized for use by the 1997 General Convention

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit
and the Virgin Mary
and became truly human.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.

PRAYERS OF THE ASSEMBLY

After each petition:

God, in your mercy,
Hear our prayer.

THE PEACE

The peace of the Lord be always with you.
And also with you.

*All greet one another in the name of the Lord. **Please do not shake hands** or make physical contact with another person. Placing your hands together and bowing to your neighbor is an appropriate way to share the peace.*

THE LITURGY OF THE TABLE

OFFERTORY

An offering of money is received. Everyone worshipping this morning is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service.

In the front cover of your hymnal, or in the pew rack in front of you, you will find an offering envelope and a form to give by credit card, as well as a card to place in the offering plate as a token of a gift given electronically. To donate online, visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right).



*The offering plates will not be passed; instead ushers will walk baskets through the aisles to collect the offering. **Please do not touch the basket with your hand.***

ANTHEM

The Call of Wisdom

WORDS: Michael Hampel (b. 1967), based on Proverbs 8

MUSIC: Will Todd (b. 1970)

Lord of wisdom, Lord of truth,
Lord of justice, Lord of mercy;
Walk beside us down the years
till we see you in your glory.

Striving to attain the heights,
turning in a new direction,
Entering a lonely place,
welcoming a friend or stranger.

*I am here, I am with you.
I have called: do you hear me?
I am here, I am with you.*

Silver is of passing worth,
gold is not of constant value,
Jewels sparkle for a while;
what you long for is not lasting.

Refrain

Rulers govern under me
with my insight and my wisdom.
Those who know me know my love,
those who seek me find their
answer.

Refrain

God the Father and the Son,
Holy Spirit coeternal.
Glory be ascribed to you,
now and to the end of ages.

Refrain

All rise as able.

THE GREAT THANKSGIVING

Prayers for an Inclusive Church, adapt.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to God.

Let us give thanks unto our Lord God.

It is right to give God thanks and praise.

We thank you, God of the wilderness, that in the valley of dry bones you create hearts of flesh quickened by the Spirit's breath. We thank you that you shared your Beloved Child who spurns might and glory and turns toward all who are broken in mind, body or spirit. We count the

cross as folly to the world of violence and power, and true wisdom to all who would follow you on the journey of selfless love. Therefore, with the whole communion of saints who glimpsed the glory in the humanity you shared, we worship you in in holy majesty, as we sing:

SANCTUS & BENEDICTUS *Deutsche Messe*

Franz Schubert (1797–1828), arr. Richard Proulx

Ho-ly, ho-ly, ho-ly Lord, God of power and might, Ho-ly, ho-ly, ho-ly Lord, God of power and might,

heaven and earth are full, full of your glo-ry. Ho-san-na in the high-est. Ho-san-na in the high-est.

Blest is the one who comes in the name of the Lord. Ho-san-na in the high-est, ho-san-na in the high-est.

We ask that your Holy Spirit fall upon us and upon these gifts, that these fragile, earthly things may be to us the body and blood of our Lord and brother, Jesus Christ.

On the night he was betrayed, Jesus gathered with his faltering friends. He took bread, gave thanks, broke it and said: "This is my body, which is given for you. Do this in remembrance of me." In the same way after supper, he took the cup of wine, saying, "This cup is the new covenant in my blood. Do this, whenever you drink it, in remembrance of me."

As on that night, so here and now he offers himself in touch and taste beyond all that words can hold. And so we proclaim the great mystery of faith, saying:

Christ has died.

Christ is risen.

Christ will come again.

With these gifts we are filled with the life-giving presence of Christ; we proclaim him as creation's host, transforming poverty into plenty with his generous love. Inspire us with the hope that one day death and greed will be no more, and people will come from east and west, north and south to share a feast of abundance.

We ask this through Jesus Christ our Savior, by whom and with whom and in whom, in the unity of the Holy Spirit, all honor and glory be yours, Mother of blessings, for ever and ever.

AMEN.

THE LORD'S PRAYER

**Our Father in heaven, hallowed be your Name,
your kingdom come, your will be done,
on earth as in heaven.**

Give us today our daily bread.

Forgive us our sins

as we forgive those who sin against us.

**Save us from the time of trial,
and deliver us from evil.**

**For the kingdom, the power, and the glory are yours,
now and for ever. Amen.**

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM *Deutsche Messe*

Schubert, arr. Proulx

Je-sus, Lamb of God: have mer-cy on us. Je-sus, bear-er of our sins: have mer-cy on us.

Je - sus, re-deem-er, re - deem-er of the world: give us your peace, give us your peace.

INVITATION TO COMMUNION

The Gifts of God for the People of God:
Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

All seeking God are welcome at Christ's Table.

Communion is distributed at standing stations at the head of the side and center aisles. If you need communion brought to your seat, please let an usher know. Rice wafers for those who do not eat wheat are available at the Presider's communion station at the center aisle left.

- ◆ ***At this time, to minimize risk of disease transmission, wine will not be offered to the Assembly. The full grace of the sacrament is received with only the bread.***
- ◆ *To receive a blessing instead of communion, simply cross your arms over your chest.*

ANTHEM *Hear my cry, O God*

WORDS & MUSIC: Ray Makeever (b. 1943)

*Hear my cry, O God;
listen to my prayer.
Listen to my song;
Singing praises all along.*

I call on you again,
for you have called me friend;
so I call on you once again.

Refrain

With a weary heart,
I feel so far apart,
with a weary, weary heart.

Refrain

Hold me in your arms;
shelter me from harm,
hold me in your arms.

Refrain

Hear again my vow:
I will serve you now.
Hear again, Lord, hear my vow.

Refrain



All rise as able.

PRAYER AFTER COMMUNION

Let us pray.

**Lord of the feast of boundless love;
we thank you for meeting us in our brokenness so that none might be lost:
liberate us now to share the living bread of good news with our neighbor,
each receiving from the other what we need to live according to your will. Amen.**

SOLEMN PRAYER OVER THE ASSEMBLY *The Presider prays over the Assembly. All respond: Amen*

HYMN 473 *Lift high the cross! ♦ The Hymnal 1982 #473*

TUNE: *Crucifer*

DISMISSAL *The Deacon dismisses the Assembly. The Assembly responds: Thanks be to God.*

VOLUNTARY *Fantasy of Four Parts*

Orlando Gibbons (1583–1625)

PRESIDER

The Reverend Canon Nancy Ross

ASSISTING LAY MINISTER

Judy Andrews

EUCCHARISTIC MINISTERS

The Rev. Canon Jennifer King Daugherty
The Reverend Dr. Dennis Tierney

ALTAR GUILD

Morgan Randall
Sue Tait

PREACHER

The Reverend Canon Cristi Chapman

ACOLYTE

TBD

LECTORS

Eliza Davidson
Barbara Zito

INTERCESSOR

John Carroll

FLOWER GUILD CAPTAIN

Molly Henderson

DEACON

The Reverend Earl Grout

USHERS

Eileen Van Doren
Randy Urmston

GREETERS

Norman LeMoine
Rosemarie LeMoine

MUSICIANS

The Junior & Senior Chorister
of Saint Mark's Cathedral Choir School,
Rebekah Gilmore, *Director*
Saint Mark's Singers
Michael Kleinschmidt
& John Stuntebeck, *Organists*