The Holy Eucharist
The First Sunday After Pentecost:
Trinity Sunday

June 7, 2020
11:00 AM
To all members of the Saint Mark's Cathedral community, and visitors and guests near and far, welcome to Saint Mark's Cathedral's livestream-only service of Holy Eucharist.

The Book of Common Prayer reminds us that if one is unable to actually consume the consecrated bread and wine due to extreme sickness or disability, the desire is enough for God to grant all the benefits of communion (BCP, p. 457). When being present at a celebration of the Eucharist is impossible, this act of prayer and meditation can provide the means by which you can associate yourself with the Eucharistic Action and open yourself to God's grace and blessing.

Please join in singing the hymns, saying the responses, and participating in the prayers fully, even while unable to be present in the cathedral for a time. Please reach out to the cathedral—through whatever channel is convenient for you—to share what this experience was like for you, and how we might make it better. More information about the cathedral's continuing activities during this time of closure may be found at saintmarks.org.

ANNOUNCEMENTS

Virtual Coffee Hour
 Begins immediately following the liturgy.
Immediately following the Sunday morning worship service, let's join together on Zoom for a virtual coffee hour—to check in, connect, and just see each other's faces! If you have not already received the link, please email Peter McClung at ptercamfan@gmail.com. Include a few words about your connection to Saint Mark's.

Newcomers' Coffee with Clergy
 Begins immediately following the liturgy.
Wherever you may be located, if you are new to Saint Mark's, or if you just have questions about the cathedral community, you are cordially invited to a Zoom meeting following the 11 a.m. Sunday morning service. To get the link, email Canon Cristi Chapman at cchapman@saintmarks.org.

Exploring Sunday’s Scripture
 Four Monday evenings in June, Beginning June 8, 7–8 p.m.
Join Cathedral Clergy and gather on Zoom for an hour on Monday evenings, June 8, 15, 22, and 29, to check in with each other and look ahead at some of the readings for the upcoming Sunday. A little Bible Study and a little reflection together as we find new ways to connect to our lives to the shared sacred narrative of Scripture. Join us whatever weeks you can! Email Canon Cristi Chapman for the Zoom link, cchapman@saintmarks.org.

“Is EfM for me?”—An Introduction to Education for Ministry
 Wednesday, June 10, 7 p.m., via Zoom
What is it like to participate in an EfM class? What sort of work is required? What do we study? Please consider attending a Zoom forum on Wednesday evening, June 10, to learn all about what EfM is... and what it isn't! Canon Cristi Chapman will be the host, and Saint Mark's team of EfM mentors will be the panelists. Contact cchapman@saintmarks.org for the link to participate.

Much more is happening in this place! To learn about other offerings, and to sign up for emails and newsletters, please visit saintmarks.org/newsletter.
**PRELUDE**  
Prelude in E-flat, BWV 552a

**WELCOME**

As the opening hymn is introduced, all rise as able.

**HYMN 370**  
I bind unto myself today (stanzas 1, 2, 6, 7)  
*The Hymnal 1982 #370  
TUNE: St. Patrick's Breastplate*

1. I bind unto myself today the strong Name of the Trinity,
2. I bind this day to me for ever, by power of faith, Christ's incarnation;
7. I bind unto myself the Name, the strong Name of the Trinity,

1. by invocation of the same, the Three in One, and One in Three.
2. his baptism in the Jordan river; his death on cross for my salvation;
7. by invocation of the same, the Three in One, and One in Three.

2. his bursting from the spiced tomb; his riding up the heav'ly way;
7. of whom all nature hath creation, eternal Father, Spirit, Word:

2. his coming at the day of doom: I bind unto myself today.
7. praise to the Lord of my salvation, salvation is of Christ the Lord.

6a. Christ be with me, Christ within me, Christ behind me, Christ before me,
6b. Christ beneath me, Christ above me, Christ in quiet, Christ in danger.

Christ beside me, Christ to win me, Christ to comfort and restore me,
Christ in hearts of all that love me, Christ in mouth of friend and stranger.

*The Hymnal 1982 #370, Words & Music: public domain.*
OPENING ACCLAMATION

Presider  Blessed be God: Father, Son and Holy Spirit.
Assembly  And blessed be God's kingdom, now and for ever. Amen.

COLLECT FOR PURITY

Presider  Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.
All    Amen.

SONG OF PRAISE  Gloria in excelsis

John Rutter (b. 1945)
COLLECT OF THE DAY

Presider  The Lord be with you.
Assembly  And also with you.
Presider  Let us pray.

Almighty and everlasting God, you have given to us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of your divine Majesty to worship the Unity: Keep us steadfast in this faith and worship, and bring us at last to see you in your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever.

All  Amen.

Please be seated for the readings.

THE LITURGY OF THE WORD

READING  Genesis 1:1-24a

In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters. Then God said, “Let there be light”; and there was light. And God saw that the light was good; and God separated the light from the darkness. God called the light Day, and the darkness he called Night. And there was evening and there was morning, the first day.

And God said, “Let there be a dome in the midst of the waters, and let it separate the waters from the waters.” So God made the dome and separated the waters that were under the dome from the waters that were above the dome. And it was so. God called the dome Sky. And there was evening and there was morning, the second day.

And God said, “Let the waters under the sky be gathered together into one place, and let the dry land appear.” And it was so. God called the dry land Earth, and the waters that were gathered together he called Seas. And God saw that it was good. Then God said, “Let the earth put forth vegetation: plants yielding seed, and fruit trees of every kind on earth that bear fruit with the seed in it.” And it was so. The earth brought forth vegetation: plants yielding seed of every kind, and trees of every kind bearing fruit with the seed in it. And God saw that it was good. And there was evening and there was morning, the third day.

And God said, “Let there be lights in the dome of the sky to separate the day from the night; and let them be for signs and for seasons and for days and years, and let them be lights in the dome of the sky to give light upon the earth.” And it was so. God made the two great lights—the greater light to rule the day and the lesser light to rule the night—and the stars. God set them in the dome of the sky to give light upon the earth, to rule over the day and over the night, and to separate the light from the darkness. And God saw that it was good. And there was evening and there was morning, the fourth day.

And God said, “Let the waters bring forth swarms of living creatures, and let birds fly above the earth across the dome of the sky.” So God created the great sea monsters and every living creature that moves, of every kind, with which the waters swarm, and every winged bird of every kind. And God saw that it was good. God blessed them, saying, “Be fruitful and multiply and fill the waters in the seas, and let birds multiply on the earth.” And there was evening and there was morning, the fifth day.
And God said, “Let the earth bring forth living creatures of every kind: cattle and
creeping things and wild animals of the earth of every kind.” And it was so. God
made the wild animals of the earth of every kind, and the cattle of every kind, and
everything that creeps upon the ground of every kind. And God saw that it was
good.

Then God said, “Let us make humankind in our image, according to our likeness;
and let them have dominion over the fish of the sea, and over the birds of the air, and
over the cattle, and over all the wild animals of the earth, and over every creeping
thing that creeps upon the earth.”

So God created humankind in his image,
in the image of God he created them;
male and female he created them.

God blessed them, and God said to them, “Be fruitful and multiply, and fill the
earth and subdue it; and have dominion over the fish of the sea and over the birds
of the air and over every living thing that moves upon the earth.” God said, “See, I
have given you every plant yielding seed that is upon the face of all the earth, and
every tree with seed in its fruit; you shall have them for food. And to every beast
of the earth, and to every bird of the air, and to everything that creeps on the earth,
everything that has the breath of life, I have given every green plant for food.” And
it was so. God saw everything that he had made, and indeed, it was very good. And
there was evening and there was morning, the sixth day.

Thus the heavens and the earth were finished, and all their multitude. And on the
seventh day God finished the work that he had done, and he rested on the seventh
day from all the work that he had done. So God blessed the seventh day and hallowed
it, because on it God rested from all the work that he had done in creation.

These are the generations of the heavens and the earth when they were created.

Reader  Hear what the Spirit is saying to God’s people.
Assembly  Thanks be to God.

CANTICLE  Canticle 13: Song of the Three Young Men

The choir introduces the antiphon, all repeat it.
The choir chants the psalm verses, all repeating the antiphon as indicated.

Glory to you, Father, Son, and Holy Spirit.

Glory to you, Lord God of our fathers; *
you are worthy of praise; glory to you.
Glory to you for the radiance of your holy Name; *
we will praise you and highly exalt you for ever.  ANTIPHON

Glory to you in the splendor of your temple; *
on the throne of your majesty, glory to you.
Glory to you, seated between the Cherubim; *
we will praise you and highly exalt you for ever.  ANTIPHON

Glory to you, beholding the depths; *
in the high vault of heaven, glory to you.
Glory to you, Father, Son, and Holy Spirit; *
we will praise you and highly exalt you for ever.  ANTIPHON
Finally, brothers and sisters, farewell. Put things in order, listen to my appeal, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you.

The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you.

Reader  Hear what the Spirit is saying to God’s people.
Assembly  Thanks be to God.

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

GOSPEL ACCLAMATION

A Cantor introduces the alleluias; all repeat them. The Cantor chants the verse; all repeat the alleluias.

Verse: Glory to the Father, the Son, and the Holy Spirit; to God who is, who was, and who is to come.

THE HOLY GOSPEL  Matthew 28:16-20

Presider  The Holy Gospel of our Lord Jesus Christ according to Matthew.
Assembly  Glory to you, Lord Christ.

The eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshiped him; but some doubted. And Jesus came and said to them, “All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.”

Presider  The Gospel of the Lord.
Assembly  Praise to you, Lord Christ.

SERMON  Kelly Moody
The Nicene Creed

We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate
from the Virgin Mary;
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of the Assembly

After each petition:
Intercessor  Blessed Trinity, One God:
Assembly  Hear our prayer.

You have called your church to live in peace and promised to be with us to the end of the age:
Inspire us to work for your reign to dwell on earth as in heaven.

Your vision for a new world order is one of justice and reconciliation: Let the leaders of our nation
and all in authority throughout the world be moved by the grace of Christ Jesus, the love of God,
and the communion of the Holy Spirit.

The whole creation is yours, O God – earth and sky and waters, trees and plants, birds and
animals of all kinds: Bless everything that lives and sustain your people everywhere, that all may
enjoy the fruits of the earth, and be free from hunger, oppression and injustice.

You have led us into a good community where neighbors attend to one another and honor your
creation with mutual care and accountability: Let us hear the call of wisdom and understanding,
that we may live creatively as caring stewards of all you have made.

You have made humankind in your divine image; hear our prayers for healing and wholeness on
behalf of those for whom we intercede, especially [...].

Accept our gratefulness for your goodness and blessing toward us, especially for [...].

Receive into your heavenly sabbath rest those who have died, especially [...].

The Presider concludes the prayers with a collect. All respond: Amen.

The Peace

Presider  The peace of the Lord be always with you.
Assembly  And also with you.

If you would like, you are invited to take a moment at this point in the service to text or email someone
with whom you would like to share the peace of Christ.
THE HOLY EUCHARIST

OFFERTORY

An offering of money is received. Everyone participating in Saint Mark’s Cathedral’s worship at this time in any way is invited to make an offering as an expression of gratitude for God’s generosity. Together, our gifts make possible this community of welcome, reconciliation and service. If you are joining this morning’s livestream from another congregation, please consider making a gift to your local church.

Links to donate to Saint Mark’s online are located on the livestream page. Visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right).

You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.

ANTHEM Psalm 8

O God, our Governor,

how exalted is your Name in all the world!
Out of the mouths of infants and children,
your majesty is praised above the heavens.
You have set up a stronghold against your adversaries,
to quell the enemy and the avenger.
When I consider your heavens, the work of your fingers,*
the moon and the stars you have set in their courses,
What are we that you should be mindful of us,*
mere mortals that you should seek us out?

Glory to God, Source of all being, Incarnate Word, and Holy Spirit,
as it was in the beginning, is now, and will be for ever, Amen.

THE GREAT THANKSGIVING Eucharistic Prayer D

Presider

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing:

THE GREAT THANKSGIVING Eucharistic Prayer D

Book of Common Prayer, p. 372

Words: from the St. Helena Translation of the Psalter, music: Plainsong, Tone 5.2, with verses in fauxbourdon by Gerre Hancock

All rise as able.

Presider

The Lord be with you.

Assembly

And also with you.

Presider

Lift up your hearts.

Assembly

We lift them to the Lord.

Presider

Let us give thanks to the Lord our God. It is right to give God thanks and praise.

It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing:
We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Father, we now celebrate this memorial of our redemption. Recalling Christ’s death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

We praise you, we bless you, we give thanks to you, and we pray to you, Lord our God.
Presider  Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with the Blessed Virgin Mary, with patriarchs, matriarchs, prophets, apostles, and martyrs, with Mark and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever.

All  A- MEN.

THE LORD’S PRAYER

Our Father in heaven,
    hallowed be your Name,
    your kingdom come,
    your will be done,
    on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
    as we forgive those
    who sin against us.
Save us from the time of trial,
    and deliver us from evil.
For the kingdom, the power,
    and the glory are yours,
    now and for ever. Amen.

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM  The disciples knew the Lord Jesus  Plainsong Mode 6

The cantor introduces the antiphon, all repeat it. The cantor sings the verse; all repeat the antiphon as indicated.

Verse: One body are we, alleluia, for though many we share one bread.  ANTIPHON

The Hymnal 1982 #s-167, ©1971 Mason Martens
INVITATION TO COMMUNION

*Presider*  The Gifts of God for the People of God.

PRAYER AT THE TIME OF COMMUNION  from *Saint Augustine’s Prayer Book* (Forward Movement, 2014)

*Those experiencing this liturgy at home are invited to pray:*

In union, blessed Jesus, with the faithful gathered at every altar of your Church
where your blessed Body and Blood are offered this day,
(and remembering particularly my own parish and those worshiping there),
I long to offer you praise and thanksgiving, for creation and all the blessings of this life,
for the redemption won for us by your life, death, and resurrection,
for the means of grace and the hope of glory,
and particularly for the blessings given me [...]

I believe that you are truly present in the Holy Sacrament,
and, since I cannot at this time receive communion, I pray you to come into my heart.
I unite myself with you and embrace you with all my heart, my soul, and my mind.
Let nothing separate me from you;
let me serve you in this life until, by your grace,
I come to your glorious kingdom and unending peace. Amen.

Come Lord Jesus, and dwell in my heart in the fullness of your strength;
be my wisdom and guide me in right pathways;
conform my life and actions to the image of your holiness;
and, in the power of your gracious might, rule over every hostile power
that threatens or disturbs the growth of your kingdom,
who with the Father and the Holy Spirit, lives and reigns, one God, in glory everlasting. Amen.
HYMN 295

Sing praise to our Creator • The Hymnal 1982 #295

TUNE: Christus, der ist mein Leben

1 Sing praise to our Creator, O you of Adam's race—
2 To Jesus Christ give glory, God's co-e-ter-nal Son;
3 And praise the Holy Spirit poured forth up-on the earth;

God's chil-dren by ad-op-tion, bap-tized in-to his grace.
as mem-bers of his Bo-dy we live in him as one.
who sanc-ti-fies and guides us, made strong in our re-birth.

All rise as able.

PRAYER AFTER COMMUNION

Presider Eternal God, heavenly Father,

All you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you with gladness and singleness of heart;
through Christ our Lord. Amen.

BLESSING

The Presider asks God's blessing on the Assembly. All respond: Amen.
HYMN 362
Holy, holy, holy • The Hymnal 1982 #362
TUNE: Nicaea

2. Ho-ly, ho-ly, ho-ly! All the saints a-dore thee,
3. Ho-ly, ho-ly, ho-ly! Though the dark-ness hide thee,

Ear-ly in the morn-ing our song shall rise to thee:
Est-ablish ing down their gold-en crowns a-round the glass-y sea;
though the sin-ful hu-man eye thy glo-ry may not see,
All thy works shall praise thy Name, in earth, and sky, and sea;

Ho-ly, ho-ly, ho-ly! Mer-ciful and might-y,
che-ru-bim and ser-a-phim fall-ing down be-fore thee,
on-ly thou art ho-ly; there is none be-side thee,
Ho-ly, ho-ly, ho-ly! Mer-ciful and might-y,

God in three Per-sons, bless-ed Tri-ni-ty.
which wert, and art, and ev-er-more shalt be.
per-fect in power, in love, and pu-ri-ty.
God in three Per-sons, bless-ed Tri-ni-ty.

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DISMISSAL
The Presider dismisses the Assembly. The Assembly responds: Thanks be to God.

VOLUNTARY
Fugue E-flat, bwv 552b
J.S. Bach (1685–1750)
MINISTERS OF THE LITURGY

PRESIDER
The Reverend Canon Jennifer King Daugherty

PREACHER
Kelly Moody

LECTOR
Erik Donner

SACRISTAN
Michael Seewer

MUSICIANS
Rebekah Gilmore
Carmen Brady
Gregory Bloch
Matt Brady

Canon Michael Kleinschmidt, Organist

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