The Holy Eucharist
The third Sunday after Pentecost

June 21, 2020
11:00 AM
To all members of the Saint Mark’s Cathedral community, and visitors and guests near and far, welcome to Saint Mark’s Cathedral’s livestream-only service of Holy Eucharist.

The Book of Common Prayer reminds us that if one is unable to actually consume the consecrated bread and wine due to extreme sickness or disability, the desire is enough for God to grant all the benefits of communion (BCP, p. 457). When being present at a celebration of the Eucharist is impossible, this act of prayer and meditation can provide the means by which you can associate yourself with the Eucharistic Action and open yourself to God’s grace and blessing.

Please join in singing the hymns, saying the responses, and participating in the prayers fully, even while unable to be present in the cathedral for a time. Please reach out to the cathedral—through whatever channel is convenient for you—to share what this experience was like for you, and how we might make it better. More information about the cathedral’s continuing activities during this time of closure may be found at saintmarks.org.

ANNOUNCEMENTS

Virtual Coffee Hour—Graduate Sunday!
Begins immediately following the liturgy.
Immediately following the Sunday morning worship service, let’s join together on Zoom for a virtual coffee hour—to check in, connect, and just see each other’s faces! We will also recognize and bless the graduates in our community. If you have not already received the link, please email Peter McClung at petercamfan@gmail.com. Include a few words about your connection to Saint Mark’s.

Exploring Sunday’s Scripture
Four Monday evenings in June, Beginning June 8, 7–8 p.m.
Join Cathedral Clergy as they continue to gather on Zoom for an hour on Monday evenings. The last two meetings are June 22 and 29. We will check in with each other and look ahead at some of the readings for the upcoming Sunday. Join us whatever weeks you can! Email Canon Cristi Chapman for the Zoom link, cchapman@saintmarks.org.

Celebrating the Seattle Service Corps
Wednesday, June 24, 7–8 p.m., via Zoom
This year’s members of the Seattle Service Corps (SSC) invite you to a Zoom Forum and Q&A as their program year draws to a close. Learn about their experiences of intentional community, what they’ve discovered about faith and service, and where they’re headed next. Discover what it’s been like during a stay-at-home pandemic, and what it’s been like to inhabit this challenging, powerful moment in history. Please e-mail Adam Conley (aconley@saintmarks.org) with questions or for the Zoom link.

Taking Up Our Responsibility for Racial Justice
Plenary and Four-Week Series Begins Wednesday, July 1
At this critical moment in our nation’s and community’s history, we are confronted again with fresh knowledge of longstanding racial injustice. Our faith community is grappling with important questions: What do I need to learn? How should I and our church respond? Join a plenary session with Dean Thomason to learn more about the series on July 1, 7-8:30 p.m. The in-depth series follows on four Wednesday nights (July 15 and 29, August 12 and 26) and will require advance registration and a commitment to attend all sessions and read/watch articles and videos in advance. For more information, and to register for the plenary and/or the four following sessions, please visit saintmarks.org/2020/06/taking-up-our-responsibility-for-racial-justice/.

Much more is happening in this place! To learn about other offerings, and to sign up for emails and newsletters, please visit saintmarks.org/newsletter.
THE GATHERING

A brief organ voluntary offered a few minutes before the hour invites all into quiet prayer and preparation.

PRELUDE  Three pieces from Lambert's Clavichord: Twelve Pieces for Clavichord, Opus 41
3. Quick and unflagging
9. Pavane: Slow and grave
12. Very quickly and lively

WELCOME

As the opening hymn is introduced, all rise as able.

HYMN 390  Praise to the Lord, the Almighty

TUNE: Lobe den Herren

[stanzas 1, 3, & 4]

1. Praise to the Lord, the Almighty, the King of creation;
2. Praise to the Lord; over all things he glorious reigneth;
3. Praise to the Lord, who doth prosper thy way and defend thee;
4. Praise to the Lord! O let all that is in me adore him!

O my soul, praise him, for he is thy health and salvation:
borne as on eagle-wings, safely his saints he sustains.
surely his goodness and mercy shall attend thee;
All that hath life and breath come now with praises before him!

join the great throng, psalter, organ, and song,
Hast thou not seen how all thou needest hath been
ponder anew what the Almighty can do,
Let the amen sound from his people again;

sounding in glad adoration,
granted in what he ordaineth?
who with his love doth befriend thee.
gladly for ever adore thee.

The Hymnal 1982 #390, words & music: public domain.
OPENING ACCLAMATION

Presider  Blessed be God: Father, Son and Holy Spirit.

Assembly  And blessed be God's kingdom, now and for ever. Amen.

COLLECT FOR PURITY

Presider  Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

All  Amen.

SONG OF PRAISE  Gloria in excelsis

John Rutter (b. 1945)

Gloria in excelsis

Alleluia.

Blessed be God: Father, Son and Holy Spirit.

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Assembly  And blessed be God's kingdom, now and for ever. Amen.

All  Amen.
COLLECT OF THE DAY

Presider  The Lord be with you.
Assembly  And also with you.
Presetder  Let us pray.

O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving-kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All  Amen.

Please be seated for the readings.

THE LITURGY OF THE WORD

READING  Genesis 21:8-21

The child grew, and was weaned; and Abraham made a great feast on the day that Isaac was weaned. But Sarah saw the son of Hagar the Egyptian, whom she had borne to Abraham, playing with her son Isaac. So she said to Abraham, “Cast out this slave woman with her son; for the son of this slave woman shall not inherit along with my son Isaac.” The matter was very distressing to Abraham on account of his son. But God said to Abraham, “Do not be distressed because of the boy and because of your slave woman; whatever Sarah says to you, do as she tells you, for it is through Isaac that offspring shall be named for you. As for the son of the slave woman, I will make a nation of him also, because he is your offspring.” So Abraham rose early in the morning, and took bread and a skin of water, and gave it to Hagar, putting it on her shoulder, along with the child, and sent her away. And she departed, and wandered about in the wilderness of Beer-sheba.

When the water in the skin was gone, she cast the child under one of the bushes. Then she went and sat down opposite him a good way off, about the distance of a bowshot; for she said, “Do not let me look on the death of the child.” And as she sat opposite him, she lifted up her voice and wept. And God heard the voice of the boy; and the angel of God called to Hagar from heaven, and said to her, “What troubles you, Hagar? Do not be afraid; for God has heard the voice of the boy where he is. Come, lift up the boy and hold him fast with your hand, for I will make a great nation of him.” Then God opened her eyes and she saw a well of water. She went, and filled the skin with water, and gave the boy a drink.

God was with the boy, and he grew up; he lived in the wilderness, and became an expert with the bow. He lived in the wilderness of Paran; and his mother got a wife for him from the land of Egypt.

Reader  Hear what the Spirit is saying to God’s people.
Assembly  Thanks be to God.
Psalm 86:1-10, 16-17

The cantor introduces the antiphon, all repeat it.
The choir chants the psalm verses, all repeating the antiphon as indicated.

Inclina, Domine

Bow down your ear, O Lord, and answer me, *
for I am poor and in misery.

2 Keep watch over my life, for I am faithful; *
save your servant who puts his trust in you.

3 Be merciful to me, O Lord, for you are my God; *
I call upon you all the day long.  ANTIPHON

4 Gladden the soul of your servant, *
for to you, O Lord, I lift up my soul.

5 For you, O Lord, are good and forgiving, *
and great is your love toward all who call upon you.  ANTIPHON

6 Give ear, O Lord, to my prayer, *
and attend to the voice of my supplications.

7 In the time of my trouble I will call upon you, *
for you will answer me.  ANTIPHON

8 Among the gods there is none like you, O Lord, *
nor anything lie your works.

9 All the nations you have made will come and
worship you, O Lord, *
and glorify your Name.

10 For you are great;
you do wondrous things; *
and you alone are God.  ANTIPHON

16 Turn to me and have mercy upon me; *
give your strength to your servant;
and save the child of your handmaid.

17 Show me a sign of your favor,
so that those who hate me may see it and be ashamed; *
because you, O Lord, have helped me and comforted me.  ANTIPHON
**READING** Romans 6:1b-11

Should we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.

For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

**Reader** Hear what the Spirit is saying to God’s people.

**Assembly** Thanks be to God.

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

**GOSPEL ACCLAMATION**

A cantor introduces the alleluias; all repeat them. The cantor chants the verse; all repeat the alleluias.

Plainsong Tone I.2

Al-le-lu-ia, al-le-lu-ia, al-le-lu-ia.

V. Everyone therefore who acknowledges me before others,
   I also will acknowledge before my Father in heaven.
Jesus said to the twelve disciples, “A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

“So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.

“Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven.

“Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword.

For I have come to set a man against his father,
and a daughter against her mother,
and a daughter-in-law against her mother-in-law;
and one’s foes will be members of one’s own household.

Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it.”
All rise as able.

THE NICENE CREED

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary; and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE ASSEMBLY

After each petition:

Intercessor  Lord, in your mercy:
Assembly  Hear our prayer.

We thank you this day for the gift of Christ our Savior. Empower us to acknowledge this gift in lives of service.

We thank you, God in Christ Jesus, that you have continually answer our fears with love. Give us faith to go where you would lead us to proclaim the vastness of your love.

We thank you, God in Christ Jesus, that you are concerned with the frailty of our lives. You know our addictions, our neediness, our doubts, our escapes. Grant us the wholeness we seek.

We thank you, God in Christ Jesus, that you aid those who work for justice and peace by giving them courage, vision, and strength. Engage all people in the struggle for human dignity and justice.

We thank you, O God, that you shower your mercy on the poor, the meek, the oppressed, the homeless, and the hungry. Make your compassion contagious so that the rich might share with the poor and the strong befriend the weak.

Accept, O God, our prayers for those we hold in our hearts today, especially [...] and those we now name.

We thank you, O God, for the many blessings of this life, especially for [...] and those blessings we now name.

We also give thanks, O God, for those who are graduating this summer and for those completing Education for Ministry, especially [...] and those we now name.

We pray you, loving God, to welcome the souls of those who have died into your eternal kingdom, especially [...] and those we now name.

The Presider concludes the prayers with a collect. All respond: Amen.
CONFESSION

Presider  Let us confess our sins against God and our neighbor.

You are invited to kneel or stand for the confession.

Presider  Most merciful God,

All  we confess that we have sinned against you
      in thought, word, and deed,
      by what we have done,
      and by what we have left undone
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Presider pronounces God’s forgiveness of our sins. All respond: Amen.

THE PEACE

Presider  The peace of the Lord be always with you.

Assembly  And also with you.

If you would like, you are invited to take a moment at this point in the service to text or email someone with whom you would like to share the peace of Christ.
THE HOLY EUCHARIST

OFFERTORY
An offering of money is received. Everyone participating in Saint Mark’s Cathedral’s worship at this time in any way is invited to make an offering as an expression of gratitude for God’s generosity. Together, our gifts make possible this community of welcome, reconciliation and service. If you are joining this morning’s livestream from another congregation, please consider making a gift to your local church.

Links to donate to Saint Mark’s online are located on the livestream page. Visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right).

You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.

ANTHEM As torrents in summer

As torrents in summer, 
Half dried in their channels, 
Suddenly rise, though the 
Sky is still cloudless, 
For rain has been falling 
Far off at their fountains;

So hearts that are fainting 
Grow full to overflowing, 
And they that behold it 
Marvel, and know not 
That God at their fountains 
Far off has been raining!

All rise as able.

THE GREAT THANKSGIVING Eucharistic Prayer 1

Enriching Our Worship 1, p. 57

Presider It is truly right, and good and joyful, 
to give you thanks, all-holy God, 
source of life and fountain of mercy. 
You have filled us and all creation with your blessing 
and fed us with your constant love; 
you have redeemed us in Jesus Christ 
and knit us into one body. 
Through your Spirit you replenish us 
and call us to fullness of life. 
Therefore, joining with Angels and Archangels 
and with the faithful of every generation, 
we lift our voices with all creation as we sing:
Presider  Blessed are you, gracious God,  
creator of the universe and giver of life.  
You formed us in your own image  
and called us to dwell in your infinite love.  
You gave the world into our care  
that we might be your faithful stewards  
and show forth your bountiful grace.

But we failed to honor your image  
in one another and in ourselves;  
we would not see your goodness in the world around us;  
and so we violated your creation,  
abused one another,  
and rejected your love.  

Yet you never ceased to care for us,  
and prepared the way of salvation for all people.

Through Abraham and Sarah  
you called us into covenant with you.  
You delivered us from slavery,  
sustained us in the wilderness,  
and raised up prophets  
to renew your promise of salvation.  

Then, in the fullness of time,  
you sent your eternal Word,  
made mortal flesh in Jesus.  
Born into the human family,  
and dwelling among us,  
he revealed your glory.

Giving himself freely to death on the cross,  
he triumphed over evil,  
opening the way of freedom and life.

On the night before he died for us,  
our Savior Jesus Christ took bread,  
and when he had given thanks to you,  
he broke it, and gave it to his friends, and said:
   “Take, eat: This is my Body which is given for you.  
Do this for the remembrance of me.”
Presider  As supper was ending, Jesus took the cup of wine,  
and when he had given thanks,  
he gave it to them, and said:  
“Drink this, all of you:  
This is my Blood of the new Covenant,  
which is poured out for you and for all  
for the forgiveness of sins.  
Whenever you drink it,  
do this for the remembrance of me.”  

Therefore we proclaim the mystery of faith:  

All  Christ has died. Christ is risen. Christ will come again.

Presider  Remembering his death and resurrection,  
we now present to you from your creation  
this bread and this wine.  
By your Holy Spirit may they be for us  
the Body and Blood of our Savior Jesus Christ.  
Grant that we who share these gifts  
may be filled with the Holy Spirit  
and live as Christ’s Body in the world.  
Bring us into the everlasting heritage  
of your daughters and sons,  
that with Mary, Mark, and all your saints,  
past, present, and yet to come,  
we may praise your Name for ever.  

Through Christ and with Christ and in Christ,  
in the unity of the Holy Spirit,  
to you be honor, glory, and praise,  
for ever and ever.

All  A - MEN.

THE LORD’S PRAYER

Our Father in heaven,  
hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  

Give us today our daily bread.  

Forgive us our sins  
as we forgive those  
who sin against us.  

Save us from the time of trial,  
and deliver us from evil.  

For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.
In silence, the Presider breaks the consecrated bread.

**FRACTION ANTHEM**  The disciples knew the Lord Jesus  Plainsong Mode 6

*The cantor introduces the antiphon, all repeat it. The cantor sings the verse; all repeat the antiphon as indicated.*

\[
\text{The disciples knew the Lord Jesus in the breaking of the bread.}
\]

\[Y.\text{ One body are we, alleluia, for though many we share one bread. ANTPHON}\]

**INVITATION TO COMMUNION**

Presider  The Gifts of God for the People of God.

**PRAYER AT THE TIME OF COMMUNION**  from *Saint Augustine's Prayer Book* (Forward Movement, 2014)

Those experiencing this liturgy at home are invited to pray:

In union, blessed Jesus, with the faithful gathered at every altar of your Church
where your blessed Body and Blood are offered this day,
(and remembering particularly my own parish and those worshiping there),
I long to offer you praise and thanksgiving, for creation and all the blessings of this life,
for the redemption won for us by your life, death, and resurrection,
for the means of grace and the hope of glory,
and particularly for the blessings given me [...]  

I believe that you are truly present in the Holy Sacrament,
and, since I cannot at this time receive communion, I pray you to come into my heart.
I unite myself with you and embrace you with all my heart, my soul, and my mind.
Let nothing separate me from you;
let me serve you in this life until, by your grace,
I come to your glorious kingdom and unending peace. Amen.

Come Lord Jesus, and dwell in my heart in the fullness of your strength;
be my wisdom and guide me in right pathways;
conform my life and actions to the image of your holiness;
and, in the power of your gracious might, rule over every hostile power
that threatens or disturbs the growth of your kingdom,  
who with the Father and the Holy Spirit, lives and reigns, one God, in glory everlasting. Amen.
HYMN 661  They cast their nets in Galilee  

TUNE: Georgetown

1 They cast their nets in Galilee just
2 Contented, peace-ful fish-er-men, be-
3 Young John who trimmed the flap-ping sail, home-
4 The peace of God, it is no peace, but

off the hills of brown; such hap-py,
fore they ever knew the peace of
less, in Pat-mos died. Yet let us
strive closed in the sod.

simple fish-er-folk, before the Lord came down,
God that filled their hearts brim-ful, and broke them too,
hauled the teem-ing net, head-down was cru-ci-fied,
pray for but one thing—the mar-velous peace of God.

The Hymnal 1982 #661, words: © by Edward B. Marks Music Corporation. Used by permission. MUSIC: © Church Pension Fund.

All rise as able.

PRAYER AFTER COMMUNION

Presider  Eternal God, heavenly Father,

All  you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage

to love and serve you with gladness and singleness of heart;
through Christ our Lord. Amen.

BLESSING

The Presider asks God’s blessing on the Assembly. All respond: Amen.

Book of Common Prayer, p. 365
HYMN 675  Take up your cross

1 Take up your cross, the Savior said, if you would my disciple be; take up your cross with willing heart, and humbly follow after me.
2 Take up your cross, let not its weight fill your weak spirit with alarm; his strength shall bear your spirit up, and brace your heart, and nerve your arm.
3 Take up your cross, heed not the shame, and let your foolish heart be still; the Lord for you accept death, up on a cross, on Calvary's hill.
4 Take up your cross, then, in his strength, and think till death to lay it down; for every danger brave; it guides you to a bountan life and leads to victory o'er the grave.
5 Take up your cross, and follow Christ, nor think till death to lay it down; for only those who bear the cross may hope to wear the glorious crown.

TUNE: Bourbon

DISMISSAL  The Presider dismisses the Assembly. The Assembly responds: Thanks be to God.

VOLUNTARY  Two-part Invention in F, BWV 779

J.S. Bach (1685–1750)
MINISTERS OF THE LITURGY

PRESIDER
The Reverend Canon Jennifer King Daugherty

PREACHER
The Reverend Canon Cristi Chapman

LECTOR
Peter McClung

SACRISTAN
Michael Seewer

MUSICIANS
Rebekah Gilmore
Cara Peterson
John Gulhaugen
Nick Chrisman
Michael Kleinschmidt, Organist

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