



SAINT MARK'S

EPISCOPAL CATHEDRAL

SEATTLE, WASHINGTON

LIVE-STREAMED LITURGY
DURING CATHEDRAL CLOSURE

THE HOLY EUCHARIST

THE SIXTH SUNDAY AFTER PENTECOST

July 12, 2020

11:00 AM





SAINT MARK'S
EPISCOPAL CATHEDRAL

To all members of the Saint Mark's Cathedral community, and visitors and guests near and far, welcome to Saint Mark's Cathedral's livestream liturgy.

During this time when the cathedral building is entirely closed to the public, Saint Mark's cathedral offers this service in the hopes that participating from your home can be as meaningful and enriching as attending in person. To that end, you are encouraged to sing the hymns heartily, speak the prayers intentionally, and engage physically by sitting, standing, and kneeling as indicated and as you are able. Please reach out to the cathedral—through whatever channel is convenient for you—to share what this experience was like for you.

Everyone worshipping with the cathedral this morning is encouraged to make an offering to support the mission and ministry of Saint Mark's, as an expression of gratitude for all the blessings of this life. Instructions for how to make a donation will appear periodically on the screen, and are printed later in the leaflet. If you are visiting the livestream from another congregation, consider making a gift to your home community.

The leaders of Saint Mark's have stated that the cathedral will take an extremely cautious approach to reopening, guided by public health advisories and the care and concern of all community members. More information about our planning for reopening the buildings, as well as about this community's many continuing activities during this time of closure, may be found at saintmarks.org.

ANNOUNCEMENTS

Virtual Coffee Hour

Begins immediately following the liturgy.

Immediately following the Sunday morning worship service, let's join together on Zoom for a virtual coffee hour—to check in, connect, and just see each other's faces! If you have not already received the link, please email Peter McClung at petercamfan@gmail.com. Include a few words about your connection to Saint Mark's.

Creation Care Ministry

Next Ministry Meeting: Monday, July 13, 6:30 P.M., via Zoom

The Creation Care Ministry meets monthly, and is currently focusing on 4 areas: spiritual exercises to connect our faith with our care of the earth, training on a measurement tool to help Saint Mark's households measure their carbon footprint, researching carbon offset programs to share with the congregation, and examining personal habits around food and energy usage. Email marjorie@ringness.org for the Zoom link to join our next meeting and be part of the ongoing work and conversation.

The Women's Compline Choir Returns

Two Sundays: July 19 & 26, 9:30 P.M., broadcast live on KING-FM, and livestreamed

After the historic and moving all-women Compline services offered last summer, plans were made for a repeat offering in the summer of 2020. The 21 women who participated last year cannot gather now, but a choir consisting only of Rebekah Gilmore and three other singers will offer Women's Compline once again on two Sundays in July. These services will be livestreamed on the cathedral website and on Facebook Live. Like last year, a new work has been commissioned and will receive its world premiere — Kevin Siegfried, a composer with Seattle roots and longstanding connections with the Compline Choir, has composed "Sisters, we have met to worship," based on the early American Hymn tune *Holy Manna*. If you wish, you may RSVP on the Facebook event page.

#VoteFaithfully – Saint Mark's Heeding the Call to Get Out the Vote

Wednesday, July 22, 7 p.m. via Zoom (link to register may be found in Sundays & Beyond)

Presiding Bishop Michael Curry tells us: "It is a Christian obligation to vote, and more than that, it is the church's responsibility to help get souls to the polls." Come hear about the Vote Faithfully movement in the Church – working together to empower every voice to get freely to the polls. We're looking at ways to encourage voter registration and to speak out against voter suppression. We will hear from community members of their personal voting experience, share stories, share a faith perspective on voting your own conscience, and explore ways we can make a difference in valuing every voice through every vote. The registration link can be found in *Sundays & Beyond*. Questions? Email The Rev. Emily Austin (eaustin@saintmarks.org).

Education for Ministry (EfM) registration for 2020/21

Do you want to go deeper into your faith in an intense, ongoing way? Do you want to form lasting connections with others who also seek that connection? Consider registering for EfM, a four-year program focused on the study of scripture, church history, and modern theology. Classes connect the material with church tradition, personal experiences, individual beliefs and current events. The next term begins the week of September 1, 2020. Three different classes meet weekly September to June at Saint Mark's: Sundays, 6:00–8:30 p.m.; Mondays, 10 a.m.–12:30 p.m.; or Mondays, 6:30–8:30 p.m. Each class is limited to 12 people; enrollment is open now and will end in early August or when classes are full. Tuition, including books, is \$375. Please inquire by contacting clergy or class mentors: Sunday evening: Penelope Jackson (pbjackson@mac.com) or Michael Seewer (mseewer@saintmarks.org); Monday morning: Maria Coldwell (mvcoldwell@hotmail.com) or Kelly Moody (kmoody@saintmarks.org); Monday evening: Tom Hayton (tomhayton@yahoo.com).

Much more is happening in this place! To learn about other offerings, and to sign up for emails and newsletters, please visit saintmarks.org/newsletter.

THE GATHERING

A brief organ voluntary offered a few minutes before the hour invites all into quiet prayer and preparation.

PRELUDE *Herr Jesu Christ, dich zu uns wend*
[tune of Hymn 3 "Now that the daylight fills the sky"]

Georg Böhm (1661-1733)

WELCOME

All rise, as able.

OPENING ACCLAMATION

Enriching our Worship 1, p. 50

Presider Blessed be the one, holy, and living God.

Assembly Glory to God for ever and ever.

COLLECT FOR PURITY

Book of Common Prayer, p. 355

All Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

HYMN OF PRAISE *O day of radiant gladness*
[stanzas 1 & 3]

TUNE: *Es flog ein kleins Waldvögelein*

1. O day of ra - diant glad - ness, O day of joy and light,
3. This day, God's peo - ple meet - ing, his Ho - ly Scrip-ture hear;

O balm of care and sad - ness, most beau - ti - ful, most bright;
his liv - ing pres-ence greet - ing, through Bread and Wine made near.

this day the high and low - ly, through a - ges joined in tune,
We jour - ney on, be - liev - ing, re - newed with heavn'-ly might,

sing, "Ho - ly, ho - ly, ho - ly," to the great God Tri - une.
 from grace more grace re - ceiv - ing on this blest day of light.

The Hymnal 1982 #48, WORDS: stanza 3 © 1982, Charles P. Price; MUSIC: public domain.

COLLECT OF THE DAY

Book of Common Prayer, Proper 10, p. 231

Presider God be with you.

Assembly **And also with you.**

Presider Let us pray.

OLORD, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

All Amen.

Please be seated for the readings.



THE LITURGY OF THE WORD

READING

Genesis 25:19-34

THESSE are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. Isaac prayed to the LORD for his wife, because she was barren; and the LORD granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, "If it is to be this way, why do I live?" So she went to inquire of the LORD. And the LORD said to her,

"Two nations are in your womb,
and two peoples born of you shall be divided;
the one shall be stronger than the other,
the elder shall serve the younger."

When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterward his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them.

When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob.

Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, "Let me eat some of that red stuff, for I am famished!" (Therefore he was called Edom.) Jacob said, "First sell me your birthright." Esau said, "I am about to die; of what use is a birthright to me?" Jacob said, "Swear to me first." So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

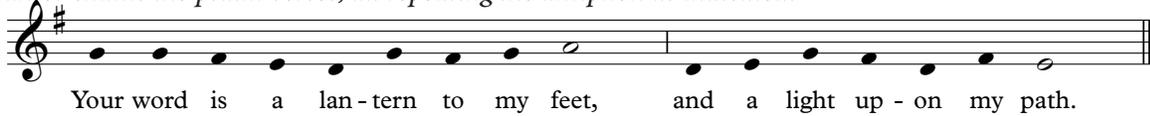
PSALM

Psalm 119:105-112

Plainsong, Tone 2.1

The cantor introduces the antiphon, all repeat it.

The cantor chants the psalm verses, all repeating the antiphon as indicated.



Lucerna pedibus meis

IAM sworn and am determined *
to keep your righteous judgements.

107 I am deeply troubled; *
preserve my life, O LORD, according to your word.

108 Accept, O LORD, the willing tribute of my lips, *
and teach me your judgments. **ANTIPHON**

109 My life is always in my hand, *
yet I do not forget your law.

110 The wicked have set a trap for me, *
but I have not strayed from your commandments. **ANTIPHON**

111 Your decrees are my inheritance for ever; *
truly, they are the joy of my heart.

112 I have applied my heart to fulfill your statutes *
for ever and to the end. **ANTIPHON**

READING

Romans 8:1-11

THERE is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Reader Hear what the Spirit is saying to God's people.

Assembly **Thanks be to God.**

All rise as able.

THE NICENE CREED

We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate
from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE ASSEMBLY

After each petition:

Intercessor Your word is a lantern to our feet,

Assembly **And a light upon our path.**

Spread your grace generously within your Church, O God, that it may be rooted deeply in your love and be guided by your life-giving and liberating Spirit.

Bring light and understanding to our leaders and to all in authority that they may resist self-serving and all corruption, setting their minds on the common good, that your reign of justice may come on earth.

Bless with your divine hope all who yearn for life-giving goodness in their lives, and bring your gift of peace and reconciliation to all the families of the earth.

Protect all who are threatened by poverty, hunger, violence, illness, famine or disaster, that they may be relieved from their anxiety and restored to their birthright as your children.

In our fear, we strangle the gifts you have bestowed on us: Free us with your Spirit of life and peace, that we may bear fruit with abundance.

We commend to your extravagant grace and love those people and concerns that fill our hearts, remembering especially [...] and those we now name.

We give you thanks for the blessings of this life, especially [...] and those blessings we now name.

Trusting that the One who raised Christ from the dead gives life through the Spirit that dwells in all creation; we pray for those who have died, especially [...] and those we now name.

The Presider concludes the prayers with a collect. All respond: Amen.

CONFESSION

Enriching our Worship 1, p. 56

Presider Let us confess our sins to God.

You are invited to kneel or stand for the confession.

Presider God of all mercy,

**All we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

The Presider pronounces God's forgiveness of our sins. All respond: Amen.

THE PEACE

Presider The peace of Christ be always with you.

Assembly And also with you.

If you would like, you are invited to take a moment at this point in the service to text or email someone with whom you would like to share the peace of Christ.



SANCTUS & BENEDICTUS

Peter R. Hallock (1924-2014)

Organ: *Everyone:*
 Ho - ly, ho - ly, ho - ly Lord God_ of hosts.
 Hea-ven and earth are full of your glo - ry___ Ho-san - na in___ the high - est.
 Blest is the one who comes in the name of our God___ Ho - san - na in___ the high - est.

Presider Blessed are you, gracious God,
 creator of the universe and giver of life.
 You formed us in your own image
 and called us to dwell in your infinite love.
 You gave the world into our care
 that we might be your faithful stewards
 and show forth your bountiful grace.

But we failed to honor your image
 in one another and in ourselves;
 we would not see your goodness in the world around us;
 and so we violated your creation,
 abused one another,
 and rejected your love.

Yet you never ceased to care for us,
 and prepared the way of salvation for all people.

Through Abraham and Sarah
 you called us into covenant with you.
 You delivered us from slavery,
 sustained us in the wilderness,
 and raised up prophets
 to renew your promise of salvation.

Then, in the fullness of time,
 you sent your eternal Word,
 made mortal flesh in Jesus.
 Born into the human family,
 and dwelling among us,
 he revealed your glory.

Giving himself freely to death on the cross,
 he triumphed over evil,
 opening the way of freedom and life.

On the night before he died for us,
 our Savior Jesus Christ took bread,
 and when he had given thanks to you,
 he broke it, and gave it to his friends, and said:
 "Take, eat: This is my Body which is given for you.
 Do this for the remembrance of me."

Presider As supper was ending, Jesus took the cup of wine,
and when he had given thanks,
he gave it to them, and said:
“Drink this, all of you:
This is my Blood of the new Covenant,
which is poured out for you and for all
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

All Christ has died. Christ is risen. Christ will come again.

Presider Remembering his death and resurrection,
we now present to you from your creation
this bread and this wine.
By your Holy Spirit may they be for us
the Body and Blood of our Savior Jesus Christ.
Grant that we who share these gifts
may be filled with the Holy Spirit
and live as Christ's Body in the world.
Bring us into the everlasting heritage
of your daughters and sons,
that with Mary, Mark, and all your saints,
past, present, and yet to come,
we may praise your Name for ever.

Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
to you be honor, glory, and praise,
for ever and ever.



All A - MEN.

THE LORD'S PRAYER

**Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

In silence, the Presider breaks the consecrated bread.

FRACTION ANTHEM *The disciples knew the Lord Jesus*

Plainsong Mode 6

The cantor introduces the antiphon, all repeat it. The cantor sings the verse; all repeat the antiphon as indicated.



The dis - ci - ples_ knew the Lord Je - sus in the break - ing_ of the bread.

∇. One body are we, alleluia, for though many we share one bread. **ANTIPHON**

The Hymnal 1982 #8-167, ©1971 Mason Martens

INVITATION TO COMMUNION

Presider The Gifts of God for the People of God.

PRAYER AT THE TIME OF COMMUNION

from *Saint Augustine's Prayer Book* (Forward Movement, 2014)

Those experiencing this liturgy at home are invited to pray:

In union, blessed Jesus, with the faithful gathered at every altar of your Church
where your blessed Body and Blood are offered this day,
(and remembering particularly my own parish and those worshiping there),
I long to offer you praise and thanksgiving, for creation and all the blessings of this life,
for the redemption won for us by your life, death, and resurrection,
for the means of grace and the hope of glory,
and particularly for the blessings given me [...]

I believe that you are truly present in the Holy Sacrament,
and, since I cannot at this time receive communion, I pray you to come into my heart.
I unite myself with you and embrace you with all my heart, my soul, and my mind.
Let nothing separate me from you;
let me serve you in this life until, by your grace,
I come to your glorious kingdom and unending peace. Amen.

Come Lord Jesus, and dwell in my heart in the fullness of your strength;
be my wisdom and guide me in right pathways;
conform my life and actions to the image of your holiness;
and, in the power of your gracious might, rule over every hostile power
that threatens or disturbs the growth of your kingdom,
who with the Father and the Holy Spirit, lives and reigns, one God, in glory everlasting. Amen.

All rise as able.

PRAYER AFTER COMMUNION

Enriching our Worship 1 p.70

Presider Loving God,

All we give you thanks
for restoring us in your image
and nourishing us with spiritual food
in the Sacrament of Christ's Body and Blood.
Now send us forth
a people, forgiven, healed, renewed;
that we may proclaim your love to the world
and continue in the risen life of Christ our Savior. Amen.

BLESSING *The Presider asks God's blessing on the Assembly. All respond: Amen.*

HYMN 588 *Almighty God, your word is cast*

TUNE: McKee

Al - might-y God, your word is cast like seed up - on the ground, now
Let not our self - ish - ness and hate this ho - ly seed re - move, but
Let not the world's de - ceit - ful cares the ri - sing plant de - stroy, but

let the dew of heaven de - scend and right - eous fruits a - bound.
give it root in ev - ery heart to bring forth fruits of love.
let it yield a hun - dred - fold the fruits of peace and joy.

The Hymnal 1982 #588, WORDS: public domain MUSIC: © 1940, Henry T. Burleigh, used by permission of the estate of Henry T. Burleigh.

DISMISSAL *The Presider dismisses the Assembly. The Assembly responds: Thanks be to God.*

VOLUNTARY *Präludium in D Minor*

Georg Böhm

MINISTERS OF THE LITURGY

PRESIDER

The Reverend Canon Nancy Ross

PREACHER

The Very Reverend Steven L. Thomason

LECTOR

Rachel Crosbie

SACRISTAN

Michael Seewer

MUSICIANS

Elizabeth Mitchell

Sybill Adams

William Tollefson

Scott Kovacs

John Stuntebeck, *Organist*

Music and texts under copyright are reprinted by permission under OneLicense.net #A-706820

SOUND BOARD

Michael Perera

VIDEOGRAPHY

Christopher Brown

SAINT MARK'S EPISCOPAL CATHEDRAL

1245 Tenth Avenue East, Seattle WA 98012 ♦ 206.323.0300 ♦ WWW.SAINTMARKS.ORG