The Holy Eucharist

The Ninth Sunday After Pentecost

August 2, 2020

11:00 AM
To all members of the Saint Mark’s Cathedral community, and visitors and guests near and far, welcome to Saint Mark’s Cathedral’s livestream liturgy.

During this time when the cathedral building is entirely closed to the public, Saint Mark’s cathedral offers this service in the hopes that participating from your home can be as meaningful and enriching as attending in person. To that end, you are encouraged to sing the hymns heartily, speak the prayers intentionally, and engage physically by sitting, standing, and kneeling as indicated and as you are able. Please reach out to the cathedral—through whatever channel is convenient for you—to share what this experience was like for you.

Everyone worshipping with the cathedral this morning is encouraged to make an offering to support the mission and ministry of Saint Mark’s, as an expression of gratitude for all the blessings of this life. Instructions for how to make a donation will appear periodically on the screen, and are printed below. If you are visiting the livestream from another congregation, consider making a gift to your home community.

The leaders of Saint Mark’s have stated that the cathedral will take an extremely cautious approach to reopening, guided by public health advisories and the care and concern of all community members. More information about our planning for reopening the buildings, as well as about this community’s many continuing activities during this time of closure, may be found at saintmarks.org.

Links to donate to Saint Mark’s online are located on the livestream page. Visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit Venmo online: https://venmo.com/saintmarkscathedralseattle.

You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.
ANNOUNCEMENTS

Guest preacher this morning
We are delighted to have The Reverend Canon Arienne Davison as guest preacher this morning here at Saint Mark's. She serves as Canon to the Ordinary (that is, the Bishop's Chief of Staff) in the Diocese of Olympia, and served formerly as Vicar of St. Bede's, Port Orchard, and Canon for Multicultural Ministries for the Diocese. She has several connections to the cathedral: she reports receiving Eucharist for the first time in her life at a service at Saint Mark's in 2000, and was ordained to the transitional diaconate in this space. In her current role as Canon to the Ordinary, she serves on the cathedral vestry as the Bishop's representative.

Virtual Coffee Hour
Begins immediately following the liturgy.
Immediately following the Sunday morning worship service, let's join together on Zoom for a virtual coffee hour—to check in, connect, and just see each other's faces! If you have not already received the link, please email Peter McClung at petercamfan@gmail.com. Include a few words about your connection to Saint Mark's.

Newcomers' Coffee with Clergy
Begins immediately following the liturgy.
Wherever you may be located, if you are new to Saint Mark's, or if you just have questions about the cathedral community, you are cordially invited to a special Zoom meeting following the 11 a.m. Sunday morning service on the first Sunday of the month. To get the link, email newcomers@saintmarks.org

Dedication of Memorial Benches & Outdoor Service
Tonight, August 2, 5:30 p.m
As was announced by a parish email recently, Saint Mark's Cathedral will host a brief service of dedication and blessing of four benches that have been placed around the perimeter of the labyrinth on the front lawn of Saint Mark's Cathedral, tonight at 5:30 p.m.. The benches have been given in loving memory of four long-time members of the cathedral who have recently died—The Rev. Canon Mike Jackson, Randy Revelle, Kathie Moen, and The Rev. Canon Timothy Nakayama. The Pacific Brass Quintet will offer musical selections as part of the gathering. Registration for the event is closed, you can still join us via our livestream.

Come Hell or High Water: Climate Justice Film & Webinar
Film: watch on demand after registering. Webinar: this Wednesday, August 5, 5:30 p.m., via Zoom
Saint Mark's partner organization Interfaith Power and Light presents Come Hell or High Water: The Battle for Turkey Creek, an award-winning film about the unjust impact of climate change on an historic black community in Mississippi. To watch the film for free, register using the link on the “Special Events” page of the Saint Mark’s Cathedral website: saintmarks.org/events. After registering, you can watch the film at your convenience any time between Monday, August 3 and Wednesday, August 5. Then on Wednesday evening, attend the webinar featuring the filmmaker and the activist who is the subject of the film. The conversation will center around the disproportionate impacts of climate change on black and brown communities.

Much more is happening in this place! To learn about other offerings, and to sign up for emails and newsletters, please visit saintmarks.org/newsletter.
THE ENTRANCE RITE

A brief organ voluntary offered a few minutes before the hour invites all into quiet prayer and preparation.

PRELUDE  Andante sostenuto, from Symphonie gothique  Charles-Marie Widor (1844-1937)

All rise, as able.

OPENING ACCLAMATION

Presider  Blessed be the one, holy, and living God.

Assembly  Glory to God for ever and ever.

COLLECT FOR PURITY

Presider  Almighty God,

All  to you all hearts are open,
    all desires known,
    and from you no secrets are hid:
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
    and worthily magnify your holy Name;
through Christ our Lord. Amen.

HYMN OF PRAISE  God is love  TUNE: Abbot's Leigh

1. God is Love, let heaven adore him; God is Love, let earth rejoice;
2. God is Love; and Love en-folds us, all the world in one embrace:
3. God is Love; and though with blindness sin afflicts all human life,

let creation sing before him and ex-alt him with one voice.
with un-failing grasp God holds us, ev-ery child of ev-ery race.
God's e-ter-nal lov-ing-kind-ness guides us through our earth-ly strife.
God who laid the earth’s foundation, God who spread the heaven above,
And when human hearts are breaking under sorrow’s iron rod,
Sin and death and hell shall never o’er us final triumph gain;

God who breathes through all creation: God is Love, eternal Love.
then we find that same ach-ing deep with in the heart of God.
God is Love, so Love for ev-er o’er the uni-verse must reign.

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COLLECT OF THE DAY

Presider God be with you.
Assembly And also with you.
Presider Let us pray.

Let your continual mercy, O Lord, cleanse and defend your Church; and, because it cannot continue in safety without your help, protect and govern it always by your goodness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All Amen.

Please be seated for the readings.
**THE LITURGY OF THE WORD**

**READING**  
*Genesis 32:22-31*

The same night Jacob got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob’s hip was put out of joint as he wrestled with him. Then he said, “Let me go, for the day is breaking.” But Jacob said, “I will not let you go, unless you bless me.” So he said to him, “What is your name?” And he said, “Jacob.” Then the man said, “You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed.” Then Jacob asked him, “Please tell me your name.” But he said, “Why is it that you ask my name?” And there he blessed him. So Jacob called the place Peniel, saying, “For I have seen God face to face, and yet my life is preserved.” The sun rose upon him as he passed Penuel, limping because of his hip.

*Reader*  
Hear what the Spirit is saying to God’s people.

*Assembly*  
Thanks be to God.
I am speaking the truth in Christ—I am not lying; my conscience confirms it by the Holy Spirit—I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed forever. Amen.

Reader Hear what the Spirit is saying to God’s people.
Assembly Thanks be to God.
After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

GOSPEL ACCLAMATION

A cantor introduces the alleluias; all repeat them. The cantor chants the verse; all repeat the alleluias.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

I will bless the Lord at all times; his praise shall ever be in my mouth.

THE HOLY GOSPEL  Matthew 14:13-21

Deacon  The Holy Gospel of our Lord Jesus Christ according to Matthew.
Assembly  Glory to you, Lord Christ.

Jesus withdrew in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, “This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.” Jesus said to them, “They need not go away; you give them something to eat.” They replied, “We have nothing here but five loaves and two fish.” And he said, “Bring them here to me.” Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

Deacon  The Gospel of the Lord.
Assembly  Praise to you, Lord Christ.

SERMON  The Reverend Canon Arienne Davison
All rise as able.

THE NICENE CREED

We believe in one God, the Father, the Almighty, Maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

PRAYERS OF THE PEOPLE

After each petition:

Intercessor Incline your ear to us, Assembly And hear our words, O God.

Jesus fed a multitude with five loaves and two fish. Let us pray for the hungry across the world that we may heed our Savior’s example and offer those who hunger abundant nourishment.

We pray for our nation during this time of uncertainty. For our leaders at federal, state, and local levels that their eyes be fixed on justice.

Let us pray for the Episcopal Church, and especially for our Saint Mark’s Cathedral community, that we be led by the Spirit of God.

Let us pray for our city, Seattle, that its light may shine forth like an emerald from each of our seven hills as an example of a people who are thoughtful, passionate, and caring.

You show us your marvelous loving-kindness through the small things that grace our daily lives. The laughter of children, the sparkle of water on a lake, the scent of purple lavender in blossom, the taste of summer lemonade. We pray now in thanksgiving for all our blessings, especially for […] and those blessings we now name, either silently or aloud.

Let us pray for those who suffer due to COVID-19 or any illness, those who suffer economic hardship and for those feeling isolated and alone. We pray especially for […] and for those we now name, either silently or aloud.

Let us pray for those who have died, especially for […] and those we now name.

The Presider concludes the prayers with a collect. All respond: Amen.
CONFESSION

Presider Let us confess our sins to God.
Silence may be kept.

Presider God of all mercy,
   All we confess that we have sinned against you,
   opposing your will in our lives.
   We have denied your goodness in each other,
   in ourselves, and in the world you have created.
   We repent of the evil that enslaves us,
   the evil we have done,
   and the evil done on our behalf.
   Forgive, restore, and strengthen us
   through our Savior Jesus Christ,
   that we may abide in your love
   and serve only your will. Amen.

The Presider pronounces God’s forgiveness of our sins. All respond: Amen.

THE PEACE

Presider The peace of Christ be always with you.
Assembly And also with you.

If you would like, you are invited to take a moment at this point in the service to text or email someone
with whom you would like to share the peace of Christ.
THE HOLY EUCHARIST

OFFERTORY
An offering of money is received. Everyone participating in Saint Mark’s Cathedral’s worship at this time in any way is invited to make an offering as an expression of gratitude for God’s generosity. Together, our gifts make possible this community of welcome, reconciliation and service. If you are joining this morning’s livestream from another congregation, please consider making a gift to your local church.

Links to donate to Saint Mark’s online are located on the livestream page. Visit saintmarks.org/give, or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit Venmo online: https://venmo.com/saintmarksatphalfeattle.

You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.

MOTET Ubi caritas

This choral offering is from a recording of the 11 a.m. Eucharist celebrated in Saint Mark’s Cathedral on the Sixth Sunday after Epiphany, February 16, 2020.

Ubi caritas et amor, Deus ibi est.
Congregavit nos in unum Christi amor.
Exultemus, et in ipso jucundemur.
Timeamus, et amemus Deum vivum.
Et ex corde diligamus nos sincero. Amen.

Where there is charity and love, God is there.
The love of Christ has gathered us together.
Let us rejoice and be glad in it.
Let us revere and love the living God.
And from a sincere heart let us love one another. Amen.

All rise as able.

THE GREAT THANKSGIVING Eucharistic Prayer 1

Presider It is truly right, and good and joyful,
to give you thanks, all-holy God,
source of life and fountain of mercy.
You have filled us and all creation with your blessing
and fed us with your constant love;
you have redeemed us in Jesus Christ
and knit us into one body.
Through your Spirit you replenish us
and call us to fullness of life.
Therefore, joining with Angels and Archangels
and with the faithful of every generation,
we lift our voices with all creation as we sing:

The Lord be with you. And also with you.
Lift up your hearts. We lift them to the Lord.
Let us give thanks to the Lord our God. It is right to give our thanks and praise.

Enriching Our Worship 1, p. 57
Presider  Blessed are you, gracious God,
    creator of the universe and giver of life.
You formed us in your own image
    and called us to dwell in your infinite love.
You gave the world into our care
    that we might be your faithful stewards
    and show forth your bountiful grace.
But we failed to honor your image
    in one another and in ourselves;
we would not see your goodness in the world around us;
    and so we violated your creation,
abused one another,
    and rejected your love.
Yet you never ceased to care for us,
    and prepared the way of salvation for all people.
Through Abraham and Sarah
    you called us into covenant with you.
You delivered us from slavery,
    sustained us in the wilderness,
and raised up prophets
    to renew your promise of salvation.
Then, in the fullness of time,
    you sent your eternal Word,
made mortal flesh in Jesus.
Born into the human family,
    and dwelling among us,
he revealed your glory.
Giving himself freely to death on the cross,
    he triumphed over evil,
opening the way of freedom and life.
On the night before he died for us,
our Savior Jesus Christ took bread,
    and when he had given thanks to you,
he broke it, and gave it to his friends, and said:
    “Take, eat: This is my Body which is given for you.
Do this for the remembrance of me.”
Presider  As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said:
“Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”
Therefore we proclaim the mystery of faith:

All Christ has died. Christ is risen. Christ will come again.

Presider  Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ’s Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Mary, Mark, and all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.

All A - MEN.

THE LORD’S PRAYER

Presider  Our Father in heaven, All hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.
In silence, the Presider breaks the consecrated bread.

**FRACTION ANTHEM**  
The disciples knew the Lord Jesus  
Plainsong Mode 6

The cantor introduces the antiphon, all repeat it. The cantor sings the verse; all repeat the antiphon as indicated.

\[\text{The disciples knew the Lord Jesus in the breaking of the bread.}\]

Y. One body are we, alleluia, for though many we share one bread.  
**ANTIPHON**

*The Hymnal 1982 #5-167, ©1971 Mason Martens*

**INVITATION TO COMMUNION**

*Presider*  
The Gifts of God for the People of God.

**PRAYER AT THE TIME OF COMMUNION**  
*from Saint Augustine’s Prayer Book (Forward Movement, 2014)*

Those experiencing this liturgy at home are invited to pray:

In union, blessed Jesus, with the faithful gathered at every altar of your Church  
where your blessed Body and Blood are offered this day,  
(and remembering particularly my own parish and those worshiping there),  
I long to offer you praise and thanksgiving, for creation and all the blessings of this life,  
for the redemption won for us by your life, death, and resurrection,  
for the means of grace and the hope of glory,  
and particularly for the blessings given me [...]  
I believe that you are truly present in the Holy Sacrament,  
and, since I cannot at this time receive communion, I pray you to come into my heart.  
I unite myself with you and embrace you with all my heart, my soul, and my mind.  
Let nothing separate me from you;  
let me serve you in this life until, by your grace,  
I come to your glorious kingdom and unending peace. Amen.  
Come Lord Jesus, and dwell in my heart in the fullness of your strength;  
be my wisdom and guide me in right pathways;  
conform my life and actions to the image of your holiness;  
and, in the power of your gracious might, rule over every hostile power  
that threatens or disturbs the growth of your kingdom,  
who with the Father and the Holy Spirit, lives and reigns, one God, in glory everlasting. Amen.
All rise as able.

**PRAYER AFTER COMMUNION**

Presider  Loving God,  

All we give you thanks  
for restoring us in your image  
and nourishing us with spiritual food  
in the Sacrament of Christ's Body and Blood.  
Now send us forth  
a people, forgiven, healed, renewed;  
that we may proclaim your love to the world  
and continue in the risen life of Christ our Savior. Amen.

**BLESSING**

The Presider asks God's blessing on the Assembly. All respond: Amen.

**HYMN 591**  

*O God of earth and altar*  

\begin{align*}
1 & O \text{ God of earth and altar, bow down and hear our cry,} \\
2 & \text{From all that terror teaches, from lies of tongue and pen,} \\
3 & \text{In a living tether the prince and priest and thrall,} \\
\end{align*}

\begin{align*}
& \text{our earthly rulers falter, our people drift and die;} \\
& \text{from all the easy speeches that comfort cruel men,} \\
& \text{bind all our lives together, smite us and save us all;} \\
\end{align*}

\begin{align*}
& \text{the walls of gold encomb us, the swords of scorn divide,} \\
& \text{from sale and profocation of honor, and the sword,} \\
& \text{in ire and exultation aflame with faith, and free,} \\
\end{align*}

\begin{align*}
& \text{take not thy thunder from us, but take away our pride.} \\
& \text{from sleep and from damnation, deliver us, good Lord!} \\
& \text{lift up a living nation, a single sword to thee.} \\
\end{align*}

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**DISMISSAL**  

The Presider dismisses the Assembly. The Assembly responds: Thanks be to God.

**VOLUNTARY**  

*Postlude in D Minor, Opus 105, No. 6*  

Charles Villiers Stanford (1852-1924)
MINISTERS OF THE LITURGY

PRESIDER
The Very Reverend Steven L. Thomason

PREACHER
The Reverend Canon Arienne Davison

GOSPELLE
The Reverend Earl Grout *

LECTORS
Alexandra Thompson *
   Peter Snyder *

INTERCESSOR
Lisa Graumlich *

PRAYERS OF THE PEOPLE
Paul Tonnes *

SACRISTAN
Michael Seewer

MUSICIANS
Rebekah Gilmore
   Jillon Dupree
   Gregory Bloch
   Matt Brady

   Michael Kleinschmidt, Organist

* indicates minister is participating remotely

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