

# **Wonder in Creation**

Additional resources to help you **read**, **learn**, **act**, **invest**, **connect** and **reflect** in creation as spiritual practice.

September 2020

# Celebrating the Harvest [read]

Resource Name	Link or Where to Find	Description
Native Plants PNW	http://nativeplantspnw.com/	Learn more about the native plants of our region.
King County Native Plant Resources for the Pacific Northwest	https://www.kingcounty.gov/services/environment/stewardship/nw-yard-and-garden/native-plant-resources-nw.aspx	Learn more about the native plants of our region.
"The Spiritual Practice of Gardening" - A Sacred Journey	https://www.asacredjourney.net/the-spi ritual-practice-of-gardening/	How gardening has become a spiritual practice for this writer who also incorporates the theme of pilgrimage
The Bible	https://www.openbible.info/topics/caring_for_the_environment	Orients to specific passages with a theme of caring for the environment.
"Backyard Bounty - Revised & Expanded 2nd Edition The Complete Guide to Year-round Gardening in the Pacific Northwest"	https://newsociety.com/books/b/backya rd-bounty-revised-expanded-2nd-edition	A down-to-earth approach on gardening in the Pacific Northwest.
"Letter from the Farm: A Simple Path for A Deeper Spiritual Life" - Becca Stevens	https://thistlefarms.org/products/letters -from-the-farm	Stevens visited St. Mark's a few years ago, talking about Thistle Farms.
"Manifesto: The Mad Farmer Liberation Front" - Wendell Berry	https://cals.arizona.edu/~steidl/Liberation.html	Berry's wisdom, especially in the second half of the poem, draws the parallel of planting and sowing with life - how our actions can yield change and impact to those and things

around us.
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#### [learn]

Resource Name	Link or Where to Find	Description
Tilth Alliance (formerly Seattle Tilth)	http://www.tilthalliance.org/	Long-running local organization with hands-on programs, including programs that help youth learn gardening skills/management.
The Pollinator Project	https://www.pollinator.org/	Coalition of scientists, schools and local citizens offer projects for pollinator habitat counts, planting recommendations & community education about all varieties of pollinators.
Glorybee	https://glorybee.com/	From Beekeeping 101 to products and recipes, Glorybee gives emphasis to high quality ingredients to help others and our planet.
Gardening as a spiritual practice course - Schumacher College	https://www.schumachercollege.org.uk/ courses/short-courses/gardening-as-a-sp iritual-practice-2021	This course invites attendees to find spiritual essence that is Nature, and how through gardening, to connect to nature.
Gardening classes - University of Washington Botanical Gardens	https://botanicgardens.uw.edu/educatio n/adults/classes-workshops/	Online classes available in a range of topics and skill levels.

### [act]

Resource Name	Link or Where to Find	Description
"P-Patch Community Gardening" - City of Seattle	https://www.seattle.gov/neighborhoods /programs-and-services/p-patch-commu nity-gardening	Pea patches are an alternative to gardening at home, especially if you don't have space. Good way to meet people and to help ensure more green spaces in the city. Learn more about this

		community gathering practice.
Full Circle Farms	www.fullcircle.com	A delivery service for produce that offers local produce and farm products.
Vanita Floral	www.vanitafloral.com	Brighten someone's day with flowers that are designed with local and sustainable inspiration.
Seattle Farmers Markets	https://seattlefarmersmarkets.org	Support local and reduce your carbon footprint by connecting with a farmer's market in a Seattle neighborhood.
Sierra Club - Seattle	https://www.sierraclub.org/washington/seattle	The Seattle group focuses on transportation, affordable housing, equity and supporting climate-friendly political candidates and initiatives.

### [invest]

Resource Name	Link or Where to Find	Description
Washington Farmland Trust	https://wafarmlandtrust.org/	A trust dedicated to protecting and stewarding threatened farmland.
The Honeybee Conservancy	https://thehoneybeeconservancy.org/	A project of social and environmental entrepreneurs, this organization focuses on building bee habitat, educating the public at all levels, and supporting local food production and distribution.
Green America	https://greenamerica.org/register-garden https://greenamerica.org/	Add your garden to the map - a resource to show how your efforts fit with others seeking climate change solutions. Green America's mission is to "harness economic power—the strength of consumers, investors, businesses, and the marketplace—to create a socially just and

		environmentally sustainable society." -
Sacred Spaces Design	http://www.sacredspacesdesign.com/	A local business creating landscape design with pots that can fit into any space.

# [connect]

Resource Name	Link or Where to Find	Why You Recommend/Value Add
Washington Wildflowers app - The Burke Museum	https://apps.apple.com/us/app/washing ton-wildflowers/id615736195	Provides images, details and descriptions for wildflowers, shrubs, and vines found in Washington and The Pacific Northwest.
Backyard Bounty podcast	https://heritageacresmarket.com/backy ard-bounty-podcast/	Offers podcast segments on backyard beekeeping and sustainable living.

### [reflect]

Resource Name	Link or Where to Find	Description
"Moccasin Flowers" - Mary Oliver	https://www.theatlantic.com/entertain ment/archive/2019/04/mary-oliver-poe ms-moccasin-flowers/588226/	Oliver uses the image of a flower to describe fully being, even in the fold of "oblivion's deep drowse."
John 15:5	https://biblehub.com/john/15-5.htm	
Job 8:11-13	https://biblehub.com/context/job/8-11. htm	
Spirituality of gardening components - Garden Digest	www.gardendigest.com/religion.htm	Wealth of quotations and resources for gardeners, walkers and "lovers of the Green Way."
"Four Tenths of an Acre: Reflections on a Gardening Life" - Laurie Lisle (2005)	Amazon & other booksellers	Reflective memoir of how the rituals of gardening give rhythm to life and inner life.
Prayers for the Earth	www.greenhearted.org/prayers-for-the- earth.html	