



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

# THE HOLY EUCHARIST

THE EIGHTEENTH SUNDAY AFTER PENTECOST

October 4, 2020 ♦ 11:00 AM

*Welcome to Saint Mark's Cathedral's livestream service of worship, and thank you for joining us. We encourage you to participate fully from home—sing the hymns heartily, speak the prayers intentionally, and engage physically by sitting and standing as a form of “body prayer.” We welcome feedback on your experience as we strive to gather virtually in these extraordinary times.*

For the current prayer list and announcements, please visit [saintmarks.org/newsletter](https://saintmarks.org/newsletter).

## THE OPENING RITE

*A brief organ voluntary offered a few minutes before the hour invites all into quiet prayer and preparation.*

**PRELUDE** *Toccata septima*

Georg Muffat (1653-1704)

*A bell bids all to rise, as able.*

**OPENING ACCLAMATION**

*Book of Common Prayer, p. 355*

*Presider* Blessed be God: Father, Son, and Holy Spirit.

*Assembly* **And blessed be his kingdom, now and for ever. Amen.**

**COLLECT FOR PURITY**

*Presider* Almighty God,

**All to you all hearts are open,  
all desires known,**

**and from you no secrets are hid:**

**Cleanse the thoughts of our hearts**

**by the inspiration of your Holy Spirit,**

**that we may perfectly love you,**

**and worthily magnify your holy Name;**

**through Christ our Lord. Amen.**

HYMN OF PRAISE *Christ is made the sure foundation*

TUNE: *Westminster Abbey*

1 Christ is made the sure foun - da - tion, Christ the head and cor - ner - stone,  
 2 All that de - di - cat - ed ci - ty, dear - ly loved of God on high,  
 3 To this tem - ple, where we call thee, come, O Lord of Hosts, to - day;  
 4 Here vouch - safe to all thy ser - vants what they ask of thee to gain;

chos - en of the Lord, and pre - cious, bind - ing all the Church in one;  
 in ex - ul - tant ju - bi - la - tion pours per - pe - tual me - lo - dy;  
 with thy wont - ed lov - ing - kind - ness hear thy ser - vants as they pray,  
 what they gain from thee, for ev - er with the bless - èd to re - tain,

ho - ly Zi - on's help for ev - er, and her con - fi - dence a - lone.  
 God the One in Three a - dor - ing in glad hymns e - ter - nal - ly.  
 and thy full - est be - ne - dic - tion shed with - in its walls al - way.  
 and here - af - ter in thy glo - ry ev - er - more with thee to reign.

*The Hymnal 1982* #518, WORDS: Latin, c. 7<sup>th</sup> century; translated *Hymns Ancient and Modern*, 1861, after John Mason Neale (1818-1866), alt., public domain.  
 MUSIC: Henry Purcell (1659-1695), adapt., public domain.

**COLLECT OF THE DAY**

*Book of Common Prayer, Proper 22, p. 234*

*Presider* The Lord be with you.

*Assembly* **And also with you.**

*Presider* Let us pray.

**A**Lmighty and everlasting God, you are always more ready to hear than we to pray, and to give more than we either desire or deserve: Pour upon us the abundance of your mercy, forgiving us those things of which our conscience is afraid, and giving us those good things for which we are not worthy to ask, except through the merits and mediation of Jesus Christ our Savior; who lives and reigns with you and the Holy Spirit, one God, for ever and ever..

*All* **Amen.**

*Please be seated for the readings.*

## THE LITURGY OF THE WORD

**READING** *Exodus 20:1-4, 7-9, 12-20*

**T**HEN GOD spoke all these words:

I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth.

You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labor and do all your work.

Honor your father and your mother, so that your days may be long in the land that the LORD your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbor.

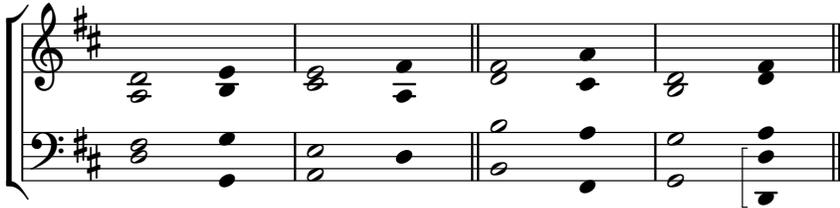
You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

When all the people witnessed the thunder and lightning, the sound of the trumpet, and the mountain smoking, they were afraid and trembled and stood at a distance, and said to Moses, "You speak to us, and we will listen; but do not let God speak to us, or we will die." Moses said to the people, "Do not be afraid; for God has come only to test you and to put the fear of him upon you so that you do not sin."

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* **Thanks be to God.**

The organist will play through the music once, then all chant the Psalm together, remaining seated.  
Each line of the Psalm is chanted to one measure of the music, the slash in each line signaling a change of pitch within that measure.

*Cæli enarrant*

- THE heavens declare the glory of / God, \*  
and the firmament shows his / handiwork.
- 2 One day tells its tale to an-/ other, \*  
and one night imparts knowledge to an-/ other.
- 3 Although they have no words or / language, \*  
and their voices are not / heard,
- 4 Their sound has gone out into all / lands, \*  
and their message to the ends of the / world.
- 5 In the deep has he set a pavilion for the / sun; \*  
it comes forth like a bridegroom out of his chamber;  
it rejoices like a champion to run its / course.
- 6 It goes forth from the uttermost edge of the heavens  
and runs about to the end of it a-/ gain; \*  
nothing is hidden from its burning / heat.
- 7 The law of the LORD is perfect and revives the / soul; \*  
the testimony of the LORD is sure and gives wisdom to the / innocent.
- 8 The statutes of the LORD are just and rejoice the / heart; \*  
the commandment of the LORD is clear and gives light to the / eyes.
- 9 The fear of the LORD is clean and endures for / ever; \*  
the judgments of the LORD are true and righteous alto-/ gether.
- 10 More to be desired are they than gold, more than much fine / gold, \*  
sweeter far than honey, than honey in the / comb.
- 11 By them also is your servant en-/ lightened, \*  
and in keeping them there is great re-/ ward.
- 12 Who can tell how often he of-/ fends? \*  
cleanse me from my secret / faults.
- 13 Above all, keep your servant from presumptuous sins;  
let them not get dominion / over me; \*  
then shall I be whole and sound, and innocent of a great of-/ fense.
- 14 Let the words of my mouth and the meditation of my heart be acceptable in your / sight, \*  
O LORD, my strength and my re-/ deemer. ♦



*All rise as able.*

**THE NICENE CREED**

*Book of Common Prayer, p. 358*

*Presider* We believe in one God,

*All* the Father, the Almighty,  
Maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate  
from the Virgin Mary,  
and was made man.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again  
in accordance with the scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

**PRAYERS OF THE PEOPLE**

*After each petition:*

*Intercessor* Lord God,

*Assembly* All glory and honor to You.

*The Presider concludes the prayers with a collect. All respond: Amen.*

## CONFESSION

*Book of Common Prayer, p. 360*

*Presider* Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Presider* Most merciful God,

**All we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.**

**We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.**

**For the sake of your Son Jesus Christ,**

**have mercy on us and forgive us;**

**that we may delight in your will,**

**and walk in your ways,**

**to the glory of your Name. Amen.**

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

## THE PEACE

*Presider* The peace of the Lord be always with you.

**Assembly And also with you.**

*If you would like, you are invited to take a moment at this point in the service to text or email someone with whom you would like to share the peace of Christ.*

# THE HOLY EUCHARIST

## OFFERTORY

*An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. If you are joining this morning's livestream from another congregation, please consider making a gift to your local church.*

*Links to donate to Saint Mark's online are located on the livestream page. Visit [saintmarks.org/give](https://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedraseattle>.*



*You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.*

## ANTHEM

### *Heavenly Display*

WORDS & TUNE: Shaker community of New Lebanon, NY, 1838

adapted by Kevin Siegfried (b. 1969)

*\*Nonsense syllables understood by the Shakers to be a "spirit language," common in so-called "gift songs," that is, songs revealed by the Holy Spirit in dreams and visions.*

The waves of the ocean imitate the rolls  
of the heavenly music that rolls in heaven.

*O le ul lum ul la, O le ul lum ul la,\*  
O glory to God for this heavenly display.*

The wheels of a time-piece imitate the flows  
of the heavenly love, love that flows in heaven.

*O le ul lum ul la, O le ul lum ul la,  
O glory to God for this heavenly display.*

The wings of an eagle imitate the seraphim  
that soar in the heavens of heavenly love.

*O le ul lum ul la, O le ul lum ul la,  
O glory to God for this heavenly display.*

*All rise as able.*

## THE GREAT THANKSGIVING

*Presider* The Lord be with you.

*Assembly* **And also with you.**

*Presider* Lift up your hearts.

*Assembly* **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

*Assembly* **It is right to give God thanks and praise.**

*Presider* Glory and honor are yours, Creator of all: You spoke the eternal Word and all things came to be. Your Spirit hovered over the primal elements, and you laid the foundations of the world, enclosing the sea when it burst out from the womb. You brought forth all creatures of the earth and gave breath to humankind.

Wondrous are you, Holy One of Blessing, all you create is a sign of hope for our journey;

And so as the morning stars sing your praises we join the heavenly beings and all creation as we sing:

Ho-ly, ho-ly, ho - ly Lord, God of power and might, heav'n and earth are full of your

glory. Ho-san-na in the high-est. Ho-san-na in the high-est. Blest is he who comes in the

name of the Lord. Ho-san-na in the high-est. Ho-san-na in the high-est.

*The Hymnal 1982 #8-125, WORDS & MUSIC: public domain.*

*Presider* In your infinite love, O God, you called a people to yourself, as a light to the nations. You delivered them from bondage and led them to a land of promise.

Of your grace, you gave Jesus to be human, to share our life, to proclaim the coming of your holy reign, and give himself for us, a fragrant offering.

On the night before he died, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and shared it, saying:

“Take, eat, this is my Body, broken for you. Do this for the remembrance of me.”

After supper Jesus took the cup of wine, said the blessing, gave it to his friends and said:

“Drink this, all of you: this cup is the new Covenant in my Blood, poured out for you and for all for the forgiveness of sin. Do this for the remembrance of me.”

So we proclaim the mystery of faith:

**All Christ has died.  
Christ is risen.  
Christ will come again.**

*Presider* Therefore, God,  
we who seek your reconciliation,  
we who need reconciliation with one another,  
we who hope for reconciliation with all creation—  
we draw close to this mystery.

Send upon these gifts your life-giving Spirit who moves over all creation.

Stir in us your Spirit of goodness and love.

Unite us as one Body in Christ,

By whom, and with whom and in whom,

By the inspiration of your Holy Spirit, we worship you our God and Creator in voices of unending praise.

Blessing and honor and glory and power  
be yours for ever and ever.

**All AMEN.**

## THE LORD'S PRAYER

*Presider* Our Father in heaven,  
*All* hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.

## THE BREAKING OF THE BREAD

*A period of silence is kept. Then may be said:*

*Presider* Alleluia. Christ our Passover is sacrificed for us.

*Assembly* Therefore let us keep the feast. Alleluia.

## SHARE THE GIFTS OF GOD

*Facing the people, the Presider says the following invitation:*

*Presider* The Gifts of God for the People of God.

*During these next moments of meditation, wherever you are, receive God's gifts to you.  
We share spiritual communion today.*

## PRAYER AFTER COMMUNION

*Book of Common Prayer, p. 365*

*Presider* Eternal God, heavenly Father,  
*All* you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.

**BLESSING** *The Presider asks God's blessing on the Assembly. All respond: Amen.*



1. Lord Christ, when first thou cam'st to earth, up - on a cross they bound thee,  
 2. O awe - ful Love, which found no room in life where sin de - nied thee  
 3. New ad - vent of the love of Christ, shall we a - gain re - fuse thee,  
 4. O wound - ed hands of Je - sus, build in us thy new cre - a - tion;



and mocked thy sav - ing king - ship then by thorns with which they crowned thee:  
 and, doomed to death, must bring to doom the powers which cru - ci - fied thee,  
 till in the night of hate and war we per - ish as we lose thee?  
 our pride is dust, our vaunt is stilled, we wait thy rev - e - la - tion:



and still our wrongs may weave thee now new thorns to pierce that  
 till not a stone was left on stone, and all those na - tions'  
 From old un - faith our souls re - lease to seek the king - dom  
 O love that tri - umphs ov - er loss, we bring our hearts be -



stead - y brow, and robe of sor - row round thee.  
 pride, o'er - thrown, went down to dust be - side thee!  
 of thy peace, by which a - lone we choose thee.  
 fore thy cross, to fin - ish thy sal - va - tion.

*The Hymnal 1982 #598, WORDS: Walter Russell Bowie (1882-1969), alt., by permission of the family of Walter Russell Bowie.  
 MUSIC: from "Une pastourelle gentille," 1529; adapt. Pseaumes cinquante de David, 1547,  
 and Kirchengesang darinnen die Heubtartikel des Christlichen Glaubens gefasset, 1566, public domain.*

**DISMISSAL** *The Presider dismisses the Assembly. The Assembly responds: Thanks be to God.*

**VOLUNTARY** *Psalm 19*

Benedetto Marcello (1686-1739)

**Immediately following the service, join us for Virtual Coffee Hour!**

All are welcome. Today, the first Sunday of the month, Coffee Hour will also include the community's traditional birthday and anniversary blessings for all those celebrating in the month of October.

To receive the Zoom link, email Peter McClung at [petercamfan@gmail.com](mailto:petercamfan@gmail.com).

**Monthly Newcomers' Coffee with Clergy**

*Begins immediately following the liturgy.*

Wherever you may be located, if you are new to Saint Mark's, or if you just have questions about the cathedral community, join us! To get the Zoom link, email [newcomers@saintmarks.org](mailto:newcomers@saintmarks.org).

# MINISTERS OF THE LITURGY

**PRESIDER**

The Reverend Canon Cristi Chapman

**PREACHER**

The Very Reverend Steven L. Thomason

**GOSPELLER**

The Reverend Emily Austin \*

**LECTOR**

Juanita Gardner \*

**INTERCESSOR**

Peter Snyder \*

**PRAYERS OF THE PEOPLE**

*Written by:* Shari Smith \*

**ALTAR GUILD**

Carrie Davis

**MUSICIANS**

Heather MacLaughlin Garbes

Cara Peterson

Marc Aubertin

James Wilcox

Michael Kleinschmidt, *Organist*

*\* indicates minister is participating remotely.*

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