



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

# THE HOLY EUCHARIST

THE FOURTH SUNDAY AFTER THE EPIPHANY  
ANNUAL PARISH MEETING SUNDAY

January 31, 2021 ♦ 11:00 AM

## Annual Parish Meeting Concludes

TODAY, BEFORE & AFTER THE MORNING LITURGY

Before this morning's service, at 9:45 a.m., join Session 2 of the Annual Meeting to hear reports to the parish and vote in the Vestry election. **There will be no coffee hour following this service.** Instead (even if you have not attended the previous sessions) join Session 3 immediately after the liturgy, for election results, awards, recognitions, and celebration.

[saintmarks.org/annualmeeting](http://saintmarks.org/annualmeeting)

## Holy Eucharist for the Feast of the Presentation of Christ in the Temple

TUESDAY, FEBRUARY 2, 6:30 P.M.

Join either on the livestream page, or by joining a special Zoom meeting (with some time for chatting afterwards). Dean Thomason will preside and preach.

[saintmarks.org/events](http://saintmarks.org/events)

## Evensong on the Fifth Sunday after the Epiphany

SUNDAY, FEBRUARY 7, 4:30 P.M.

Saint Mark's continues to offer Evensong on the first Sunday of the month. Join in at

[saintmarks.org/livestream](http://saintmarks.org/livestream)

## Inquirers' Class: Living the Questions

SUNDAYS, FEBRUARY 14-MARCH 28, 12:30 P.M.

This popular series for newcomers and seekers returns via Zoom on February 14. Explore the basics of the Christian faith through the Episcopal lens. All are welcome, wherever you are on your journey.

[saintmarks.org/inquirers](http://saintmarks.org/inquirers)

## Shrove Tuesday & Ash Wednesday

TUESDAY, FEBRUARY 16, & WEDNESDAY, FEBRUARY 17

Cathedral offerings are planned for both of these pivotal days of the liturgical year. Mark your calendars now, and look out for details in the coming weeks.

## 2020 Giving Statements

Giving statements were recently sent out via email.

If you did not receive your statement, or have any questions, please contact Erik Donner:

[edonner@saintmarks.org](mailto:edonner@saintmarks.org) or 209.323.0300 x217.

## All-Parish Creation Care Survey

Everyone in the community of Saint Mark's is asked to complete a very brief survey to help the Creation Care Ministry leadership set priorities and make plans for the coming year. Deadline: February 14:

[saintmarks.org/creationcaresurvey](http://saintmarks.org/creationcaresurvey)

Learn much more about cathedral offerings,  
and sign up to cathedral email lists, at:

[saintmarks.org/newsletter](http://saintmarks.org/newsletter)



SAINT MARK'S  
EPISCOPAL CATHEDRAL

*Welcome to Saint Mark's Cathedral's livestream service of worship, and thank you for joining us. We encourage you to participate fully from home—join the soloist in singing the hymns heartily, speak the prayers intentionally, and engage physically by sitting and standing as a form of “body prayer.” We welcome feedback on your experience as we strive to gather virtually in these extraordinary times.*

*A brief organ voluntary offered a few minutes before the hour invites all into quiet prayer and preparation.*

**PRELUDE** Two Meditations on Hymn Tunes

1. *Malabar* (Tune of Hymn 312: “Strengthen for service, Lord”)

Leo Sowerby (1895-1968)

2. *Slane* (Tune of Hymn 488: “Be thou my vision”)

Gerre Hancock (1934-2012)

## THE OPENING RITE

*A bell bids all to rise, as able.*

**OPENING ACCLAMATION**

*The Book of Common Prayer, p. 355*

*Presider* Blessed be God: Father, Son, and Holy Spirit.

*Assembly* **And blessed be God's kingdom, now and for ever. Amen.**

**COLLECT FOR PURITY**

*Presider* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

*All* **Amen.**

Those at home are encouraged to join in singing this hymn.

**HYMN OF PRAISE** *O for a thousand tongues to sing* ♦ *sung by all*

TUNE: *Azmon*

1. O for a thou - sand tongues to sing my dear Re-deem - er's praise,  
2. Je - sus! the Name that charms our fears and bids our sor - row's cease;  
3. Glo - ry to God and praise and love be now and ev - er giv'n

the glo-ries of my God and King, the tri-umphs of his grace!  
'tis mu - sic in the sin-ner's ears, 'tis life and health and peace.  
by saints be - low and saints a - bove, the Church in earth and heav'n.

*The Hymnal 1982 #493 (stanzas 1, 3, & 6), WORDS: Charles Wesley (1707-1788), alt., public domain; MUSIC: Carl Gotthilf Gläser (1784-1829); adapt. and arr. Lowell Mason (1792-1872), public domain.*

**COLLECT OF THE DAY** *Fourth Sunday after the Epiphany*

*The Book of Common Prayer, p. 215*

*Presider* The Lord be with you.

*Assembly* **And also with you.**

*Presider* Let us pray.

**A**LMIGHTY and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

**All Amen.**

*Please be seated for the readings.*

# THE LITURGY OF THE WORD

## READING

*Deuteronomy 18:15-20*

**M**oses said: The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: “If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die.” Then the LORD replied to me: “They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.”

*Reader* Hear what the Spirit is saying to God’s people.

*Assembly* **Thanks be to God.**

PSALM

Psalm 111

Simplified Anglican Chant  
Robert Knox Kennedy (b. 1945)

*The organist will play through the chant once,  
then all worshipping from home chant the Psalm with the soloist.*



*Confitebor tibi*

**H**ALLELUJAH!

I will give thanks to the LORD with my / whole heart, \*  
in the assembly of the upright, in the congre-/ gation.

- 2 Great are the deeds of the / LORD!  
they are studied by all who de-/ light in them.
- 3 His work is full of majesty and / splendor, \*  
and his righteousness endures for / ever.
- 4 He makes his marvelous works to be re-/ membered; \*  
the LORD is gracious and full of com-/ passion.
- 5 He gives food to those who / fear him; \*  
he is ever mindful of his / covenant.
- 6 He has shown his people the power of his / works \*  
in giving them the lands of the / nations.
- 7 The works of his hands are faithfulness and / justice; \*  
all his commandments are / sure.
- 8 They stand fast for ever and / ever, \*  
because they are done in truth and / equity.
- 9 He sent redemption to his people;  
he commanded his covenant for / ever; \*  
holy and awesome is his / Name.
- 10 The fear of the LORD is the beginning of / wisdom; \*  
those who act accordingly have a good understanding;  
his praise endures for / ever. ♦

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

**GOSPEL ACCLAMATION**

12<sup>th</sup>-century chant, adapt. Marilyn Haskel (b. 1945)

The soloist introduces the alleluias, all at home repeat them.

The soloist chants the verse below, then all at home repeat the alleluias.



∿. Great are the works of the Lord; and studied by all who delight in them.

**THE HOLY GOSPEL** Mark 1:21-28

*Deacon* The Holy Gospel of our Lord Jesus Christ according to Mark.

*Assembly* **Glory to you, Lord Christ.**

21 Jesus and the disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught.

22 They were astounded at his teaching, for he taught them as one having authority, and not as the Scribes.

23 Just then there was in their synagogue a man with an unclean spirit,

24 and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God."

25 But Jesus rebuked him, saying, "Be silent, and come out of him!"

26 And the unclean spirit, convulsing him and crying with a loud voice, came out of him.

27 They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him."

28 At once his fame began to spread throughout the surrounding region of Galilee.

*Deacon* The Gospel of the Lord.

*Assembly* **Praise to you, Lord Christ.**

**HOMILY**

The Very Reverend Steven L. Thomason

*All rise as able.*

**THE NICENE CREED**

*The Book of Common Prayer, p. 358*

*Presider* We believe in one God,

*All*   **the Father, the Almighty,  
Maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation**

**he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary;  
and was made man.**

**For our sake he was crucified under Pontius Pilate;**

**he suffered death and was buried.**

**On the third day he rose again  
in accordance with the scriptures;  
he ascended into heaven**

**and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## PRAYERS OF THE PEOPLE

*After each petition:*

*Intercessor* God, in your mercy,

***Assembly* hear our prayer.**

*The Presider concludes the prayers with a collect. All respond: Amen.*

## CONFESSION

*Deacon* Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Deacon* Most merciful God,

***All* we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.**

**We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.**

**For the sake of your Son Jesus Christ,**

**have mercy on us and forgive us;**

**that we may delight in your will,**

**and walk in your ways,**

**to the glory of your Name. Amen.**

*The Presider pronounces God's forgiveness of our sins. All respond: Amen.*

## THE PEACE

*Presider* The peace of the Lord be always with you.

***Assembly* And also with you.**

*Socially distanced, all greet one another in the name of the Lord. Those at home are invited to take a moment at this point in the service to text or email someone with whom you would like to share the peace of Christ.*

# THE HOLY EUCHARIST

## OFFERTORY

*An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. If you are joining this morning's livestream from another congregation, please consider making a gift to your local church.*

*Links to donate to Saint Mark's online are located on the livestream page. Visit [saintmarks.org/give](https://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>.*

*If Venmo asks you for a four-digit code, enter 2076.*

*You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.*





All rise, as able. Those at home are encouraged to join in singing this hymn.

**OFFERTORY HYMN** *From thee all skill and science flow* ♦ sung by all

TUNE: *The Church's Desolation*

1. From thee all skill and sci-ence flow, all pi - ty, care, and love,  
2. And has-ten, Lord, that per-fect day when pain and death shall cease,

all calm and cour - age, faith and hope: O pour them from a - bove!  
and thy just rule shall fill the earth with health and light and peace;

Im - part them, Lord, to each and all, as each and all shall need,  
when ev - er - blue the sky shall gleam, and ev - er - green the sod, -

to rise, like in - cense, each to thee, in no - ble thought and deed.  
and our rude work de - face no more the hand - i - work of God..

*The Hymnal 1982* #566, WORDS: Charles Kingsley (1819-1875), alt., public domain;  
MUSIC: from *The Sacred Harp* (1844), realized by Gregory Bloch (b. 1977), used with permission.

All remain standing.

**THE GREAT THANKSGIVING** Eucharistic Prayer B

The Book of Common Prayer, p. 367

*Presider*                                *Assembly*

The Lord be    with you.    **And al - so with you.**

*Presider*                                *Assembly*

Lift    up your hearts.    **We lift    them to    the Lord.**

*Presider*                                *Assembly*

Let us give thanks    to the Lord our God.    **It is right    to give God thanks and praise.**

*Presider* It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**SANCTUS & BENEDICTUS**

William Mathias (1934-1992)

*Organ:*                                *Everyone:*

Ho - ly, ho - ly, ho - ly Lord, God of power and might,

heav'n and earth are full of your glo-ry.    Ho san na in the high-est.

Bless-ed is the one who comes in the name of the Lord.    Ho-san-na in the high-est.

The Hymnal 1982 #s-128, by permission of Oxford University Press.

*Presider* We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

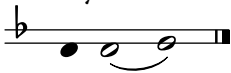
Therefore, according to his command, O Father,

**All We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

*Presider* And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Mary, Mark, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.



**All A - MEN.**

## THE LORD'S PRAYER

*Presider* Our Father in heaven,  
*All* **hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

## THE BREAKING OF THE BREAD

*A period of silence is kept. Then may be said:*

*Presider* Alleluia. Christ our Passover is sacrificed for us.  
*Assembly* **Therefore let us keep the feast. Alleluia.**

## INVITATION TO COMMUNION

*Presider* The Gifts of God for the People of God.



*All may be seated for the time of communion.*

**PRAYER AT THE TIME OF COMMUNION**

*from Saint Augustine's Prayer Book (Forward Movement, 2014)*

*Those worshiping with us at home are invited to pray:*

In union, blessed Jesus, with the faithful gathered at every altar of your Church  
where your blessed Body and Blood are offered this day,  
(and remembering particularly my own parish and those worshiping there),  
I long to offer you praise and thanksgiving, for creation and all the blessings of this life,  
for the redemption won for us by your life, death, and resurrection,  
for the means of grace and the hope of glory,  
and particularly for the blessings given me [...]

I believe that you are truly present in the Holy Sacrament,  
and, since I cannot at this time receive communion, I pray you to come into my heart.  
I unite myself with you and embrace you with all my heart, my soul, and my mind.  
Let nothing separate me from you;  
let me serve you in this life until, by your grace,  
I come to your glorious kingdom and unending peace. Amen.

Come Lord Jesus, and dwell in my heart in the fullness of your strength;  
be my wisdom and guide me in right pathways;  
conform my life and actions to the image of your holiness;  
and, in the power of your gracious might, rule over every hostile power  
that threatens or disturbs the growth of your kingdom,  
who with the Father and the Holy Spirit, lives and reigns, one God, in glory everlasting. Amen.

*All rise, as able.*

**PRAYER AFTER COMMUNION**

*The Book of Common Prayer, p. 365*

*Presider* Eternal God, heavenly Father,

***All* you have graciously accepted us as living members  
of your Son our Savior Jesus Christ,  
and you have fed us with spiritual food  
in the Sacrament of his Body and Blood.  
Send us now into the world in peace,  
and grant us strength and courage  
to love and serve you  
with gladness and singleness of heart;  
through Christ our Lord. Amen.**

**BLESSING** *The Presider asks God's blessing on the Assembly. All respond: Amen.*

Those at home are encouraged to join in singing this hymn.

**CLOSING HYMN** *From all that dwell below the skies* ♦ *sung by all*

TUNE: *Old 100<sup>th</sup>*

1. From all that dwell be - low the skies let the Cre - a - tor's praise a - rise!  
2. E - ter - nal are thy mer - cies, Lord; and truth e - ter - nal is thy word:  
3. Praise God, from whom all bless - ings flow; praise him, all crea - tures here be - low;

Let the Re - deem - er's name be sung through ev - 'ry land, by ev - 'ry tongue!  
thy praise shall sound from shore to shore till suns shall rise and set no more.  
praise him a - bove, ye heav'n - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

The Hymnal 1982 #380, WORDS: Isaac Watts (1674-1748), para. of Psalm 117. St. 3, Thomas Ken (1637-1711), public domain;  
MUSIC: melody from *Pseaumes octante trois de David*, 1551, alt.; harm. after Louis Bourgeois (1510?-1561?), public domain.

**DISMISSAL** *The Deacon dismisses the Assembly. The Assembly responds: **Thanks be to God.***

**VOLUNTARY** *Trumpet Tune in D*

David N. Johnson (1922-1987)

**Immediately following the service, join us for the Annual Meeting!**

There is no coffee hour today due to the annual parish meeting.

All are encouraged to join us for awards and recognitions, and the announcement of the election results.

To access the Zoom meeting, [click here](#).

# MINISTERS OF THE LITURGY

## **PRESIDER & PREACHER**

The Very Reverend Steven L. Thomason

## **DEACON**

The Reverend Emily Austin

## **LECTOR & INTERCESSOR**

Cheri Thompson

## **ALTAR GUILD**

Aaron Highlands

## **SACRISTAN**

Michael Seewer

## **MUSICIANS**

Rebekah Gilmore, *soloist*

Michael Kleinschmidt, *organist*

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## **SOUND BOARD**

Michael Perera

## **VIDEOGRAPHY**

Christopher Brown

