



SAINT MARK'S  
EPISCOPAL CATHEDRAL  
SEATTLE, WASHINGTON

# THE HOLY EUCHARIST

THE THIRD SUNDAY IN LENT

March 7, 2021 ♦ 11:00 AM

## Virtual Coffee Hour

EVERY SUNDAY AFTER THE 11 A.M. SERVICE, VIA ZOOM

All are welcome! Today featuring birthday and anniversary blessings for those celebrating in March. Find the link at: [saintmarks.org/coffeehour](https://saintmarks.org/coffeehour)

## Newcomers' Coffee with Clergy

FIRST SUNDAY OF THE MONTH 12 P.M. SERVICE

On the first Sunday of the month a special Zoom meeting is offered for newcomers, guests, and anyone who has questions about Saint Mark's, Seattle. Find the link at: [saintmarks.org/newcomers](https://saintmarks.org/newcomers)

## Choral Evensong

TODAY, MARCH 7, 4:30 P.M.

Traditional Choral Evensong returns to Saint Mark's on the first Sunday in March, with a choir of twelve singers, masked and distanced. Dean Thomason officiates. [saintmarks.org/evensong](https://saintmarks.org/evensong)

## Compline Livestream Resumes

SUNDAYS, 9:30 P.M.

The Office of Compline, chanted continually on Sunday nights in the nave since 1956, is now again available as a livestream: [saintmarks.org/compline](https://saintmarks.org/compline)

## Limited In-Person Worship Resumes at Saint Mark's, March 21!

Stay tuned for more information in the coming days. Please note that the cathedral building remains closed except for essential workers. [saintmarks.org/reopening](https://saintmarks.org/reopening)

## Volunteers Needed to Serve as Hospitality Ministers

Saint Mark's members (who feel comfortable being present at the cathedral at this time) are encouraged to volunteer for this crucial role, as in-person worship resumes. Contact Sacristan Michael Seewer: [mseewer@saintmarks.org](mailto:mseewer@saintmarks.org)

## "Lent at Home"

The Lent at Home web page contains a variety of resources and special invitations to help observe the penitential season: [saintmarks.org/lentathome](https://saintmarks.org/lentathome)

## Wednesday Lenten Evensong

WEDNESDAYS, FEBRUARY 24-MARCH 24, 4:30 P.M.

The Choristers of the Choir School will present a special service of Evensong via Zoom at 4:30 p.m. on Wednesdays in Lent: [saintmarks.org/lent](https://saintmarks.org/lent)

Learn much more about cathedral offerings,  
and sign up to cathedral email lists, at:

[saintmarks.org/newsletter](https://saintmarks.org/newsletter)



SAINT MARK'S  
EPISCOPAL CATHEDRAL

*Welcome to Saint Mark's Cathedral's livestream service of worship, and thank you for joining us. We encourage you to participate fully from home—sing the hymns heartily, speak the prayers intentionally, and engage physically by sitting and standing as a form of “body prayer.” We welcome feedback on your experience as we strive to gather virtually in these extraordinary times.*

*A brief organ voluntary offered a few minutes before the hour invites all into quiet prayer and preparation.*

**PRELUDE**     *Prelude, Fugue, and Variation*

César Franck (1822-1890)

# THE PENITENTIAL ORDER

*A bell bids all to stand, as able.*

## **OPENING ACCLAMATION**

*The Book of Common Prayer, p. 351*

*Presider* Bless the Lord who forgives all our sins.

*Assembly* **God's mercy endures for ever.**

*The Presider reads a sentence from scripture.*

## **CONFESSION**

*Presider* Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Presider* Most merciful God,

**All we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.**

**We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent.**

**For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*The Presider pronounces God's forgiveness of our sins. All respond: **Amen.***

**KYRIE ELEISON** *sung by all*

Alexandr Arkhangelsky (1846–1924), arr. Richard Proulx

1. Lord, have mer-cy. Lord, have mer-cy. Lord, have mer-cy up - on \_\_\_\_\_ us.  
2. Christ, have mer-cy. Christ, have mer-cy. Christ, have mer-cy up - on \_\_\_\_\_ us.  
3. Lord, have mer-cy. Lord, have mer-cy. Lord, have mer-cy up - on \_\_\_\_\_ us.

from *Missa Oecumenica*, ©1999 Oregon Catholic Press.

**COLLECT OF THE DAY** *Third Sunday in Lent*

*The Book of Common Prayer*, p. 218

*Presider* The Lord be with you.

*Assembly* **And also with you.**

*Presider* Let us pray.

**A**Lmighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

**All Amen.**

*Please be seated for the readings.*

# THE LITURGY OF THE WORD

## READING

*Exodus 20:1-17*

**T**HEN God spoke all these words: I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it.

Honor your father and your mother, so that your days may be long in the land that the LORD your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbor.

You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

*Reader* Hear what the Spirit is saying to God's people.

*Assembly* **Thanks be to God.**

The organist will play through the chant once, then all chant the Psalm with the choir.



*Cæli enarrant*

- T**HE HEAVENS declare the glory of / God, \*  
and the firmament shows his / handiwork.
- 2 One day tells its tale to an-/ other, \*  
and one night imparts knowledge to an-/ other.
- 3 Although they have no words or / language, \*  
and their voices are not / heard,
- 4 Their sound has gone out into all / lands, \*  
and their message to the ends of the / world.
- 5 In the deep has he set a pavilion for the / sun; \*  
it comes forth like a bridegroom out of his chamber;  
it rejoices like a champion to run its / course.
- 6 It goes forth from the uttermost edge of the heavens  
and runs about to the end of it a-/ gain; \*  
nothing is hidden from its burning / heat.
- 7 The law of the LORD is perfect and revives the / soul; \*  
the testimony of the LORD is sure and gives wisdom to the / innocent.
- 8 The statutes of the LORD are just and rejoice the / heart; \*  
the commandment of the Lord is clear and gives light to the / eyes.
- 9 The fear of the LORD is clean and endures for / ever; \*  
the judgments of the LORD are true and righteous alto-/ gether.
- 10 More to be desired are they than gold, more than much fine / gold, \*  
sweeter far than honey, than honey in the / comb.
- 11 By them also is your servant en-/ lightened, \*  
and in keeping them there is great re-/ ward.
- 12 Who can tell how often he of-/ fends? \*  
cleanse me from my secret / faults.
- 13 Above all, keep your servant from presumptuous sins;  
let them not get dominion / over me; \*  
then shall I be whole and sound, and innocent of a great of-/ fense.
- 14 Let the words of my mouth and the meditation of my heart be acceptable in your / sight, \*  
O LORD, my strength and my re-/ deemer. ♦

After a brief silence the Presider stands; all rise as able for the proclamation of the Gospel.

## GOSPEL ACCLAMATION

Marty Haugen (b. 1950)

The cantor introduces the refrain, all repeat it. The cantor sings the verse below, then all repeat the refrain.



Re - turn to God with all your heart, the Source of grace and  
mer - cy; Come, seek the ten - der faith - ful ness of God.

Refrain Copyright 1991, GIA Publications, Inc.

Verse: Who can tell how often he offends? Cleanse me from my secret faults.

## THE HOLY GOSPEL *John 2:13-22*

*Preacher* The Holy Gospel of our Lord Jesus Christ according to John.

*Assembly* **Glory to you, Lord Christ.**

**T**HE PASSOVER of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

*Preacher* The Gospel of the Lord.

*Assembly* **Praise to you, Lord Christ.**

## HOMILY

The Reverend Canon Jennifer King Daugherty

*All rise as able.*

## THE NICENE CREED

*The Book of Common Prayer, p. 358*

*Presider* We believe in one God,

**All** the Father, the Almighty,  
Maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary;  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

## PRAYERS OF THE PEOPLE

*After each petition:*

*Intercessor* God, in your mercy,

**Assembly** hear our prayer.

*The Presider concludes the prayers with a collect. All respond: Amen.*

## THE PEACE

*Presider* The peace of the Lord be always with you.

**Assembly** And also with you.

*Socially distanced, all greet one another in the name of the Lord. Those at home are invited to take a moment at this point in the service to text or email someone with whom you would like to share the peace of Christ.*



# THE HOLY EUCHARIST

## OFFERTORY

*An offering of money is received. Everyone participating in Saint Mark's Cathedral's worship at this time in any way is invited to make an offering as an expression of gratitude for God's generosity. Together, our gifts make possible this community of welcome, reconciliation and service. If you are joining this morning's livestream from another congregation, please consider making a gift to your local church.*

*Links to donate to Saint Mark's online are located on the livestream page. Visit [saintmarks.org/give](https://saintmarks.org/give), or use the Venmo mobile app (@SaintMarksCathedralSeattle, or scan the code at right), or visit this link on your mobile device: <https://venmo.com/saintmarkscathedralseattle>. If Venmo asks you for a four-digit code, enter **2076**.*



*You may also mail your gift to the cathedral: 1245 10th Ave. E, Seattle, WA 98102.*

**OFFERTORY ANTHEM**    *God the sculptor of the mountains*

WORDS: John Thornburg (b. 1954)

MUSIC: Sandria, Gerre Hancock (1934-2012)

God the sculptor of the mountains,  
God the miller of the sand,  
God the jeweler of the heavens,  
God the potter of the land:  
you are womb of all creation,  
we are formless; shape us now.

God the nuisance to the Pharaoh,  
God the cleaver of the sea,  
God the pillar of the darkness,  
God the beacon of the free:  
you are gate of all deliverance,  
we are sightless; lead us now.

God the unexpected infant,  
God the calm, determined youth,  
God the table turning prophet,  
God the resurrected Truth:  
you are present every moment,  
we are searching; meet us now.

God the dresser of the vineyard,  
God the planter of the wheat,  
God the reaper of the harvest,  
God the source of all we eat:  
you are host at every table,  
we are hungry; feed us now.

All rise as able.

**THE GREAT THANKSGIVING** *Eucharistic Prayer C*

*The Book of Common Prayer, p. 369*

*Presider* The Lord be with you.

*Assembly* **And also with you.**

*Presider* Lift up your hearts.

*Assembly* **We lift them to the Lord.**

*Presider* Let us give thanks to the Lord our God.

*Assembly* **It is right to give God thanks and praise.**

*Presider* God of all power, Ruler of the Universe, you are worthy of glory and praise.

*Assembly* **Glory to you for ever and ever.**

*Presider* At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

*Assembly* **By your will they were created  
and have their being.**

*Presider* From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

*Assembly* **Have mercy, Lord,  
for we are sinners in your sight.**

*Presider* Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

*Assembly* **By his blood, he reconciled us.  
By his wounds, we are healed.**

*Presider* And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

**SANCTUS & BENEDICTUS** *Deutsche Messe*

Franz Schubert (1797-1828), arr. Richard Proulx (1937-2010)

Ho - ly, ho - ly, ho - ly Lord, God of power and might,\_\_\_\_  
Ho - ly, ho - ly, ho - ly Lord, God of power and might,\_\_\_\_  
hea - ven and earth are full,\_\_\_\_ full\_\_\_\_ of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na in the high - est.

Blest is the one who comes in the name of the Lord. Ho -  
san - na in the high - est, ho - san - na in the high - est.

*The Hymnal 1982 #S-130, © 1985 G.I.A. Publications, Inc.*

*Presider* And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**All We celebrate his death and resurrection,  
as we await the day of his coming.**

*Presider* Lord God of our ancestors; God of Abraham and Sarah, Isaac and Rebekah, Jacob and Leah and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Assembly Risen Lord, be known to us in the breaking of the Bread.**

*Presider* Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

**All AMEN.**

## THE LORD'S PRAYER

*Presider* Our Father in heaven,  
*All* **hallowed be your Name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those  
who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

## THE BREAKING OF THE BREAD

*A period of silence is kept. Then may be said:*

*Presider* Christ our Passover is sacrificed for us.  
*Assembly* **Therefore let us keep the feast.**

## INVITATION TO COMMUNION

*Presider* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*All may be seated for the time of communion.*

## PRAYER AT THE TIME OF COMMUNION

*from Saint Augustine's Prayer Book (Forward Movement, 2014)*

*Those worshiping with us at home are invited to pray:*

In union, blessed Jesus, with the faithful gathered at every altar of your Church where your blessed Body and Blood are offered this day, (and remembering particularly my own parish and those worshiping there), I long to offer you praise and thanksgiving, for creation and all the blessings of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory, and particularly for the blessings given me [...]

I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

Come Lord Jesus, and dwell in my heart in the fullness of your strength; be my wisdom and guide me in right pathways; conform my life and actions to the image of your holiness; and, in the power of your gracious might, rule over every hostile power that threatens or disturbs the growth of your kingdom, who with the Father and the Holy Spirit, lives and reigns, one God, in glory everlasting. Amen.

*All rise, as able.*

**PRAYER AFTER COMMUNION**

*The Book of Common Prayer, p. 366*

*Presider* Almighty and everliving God,

*All* we thank you for feeding us with the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body of your Son,  
and heirs of your eternal kingdom.

And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.

**BLESSING** *The Presider asks God's blessing on the Assembly. All respond: Amen.*



1 Lord Je - sus, think on me, and purge a - way my sin;  
2 Lord Je - sus, think on me, with care and woe op - pressed;  
3 Lord Je - sus, think on me, nor let me go a - stray;  
4 Lord Je - sus, think on me, that, when the flood is passed,  
from harm - ful pas - sions set me free, and make me pure with - in.  
let me thy lov - ing ser - vant be, and taste thy prom - ised rest.  
through dark - ness and per - plex - i - ty point thou the heav - en - ly way.  
I may the e - ter - nal bright - ness see, and share thy joy at last.

*The Hymnal 1982* #641, WORDS: Synesius of Cyrene (375?-414?); tr. Allen William Chatfield (1808-1896), alt., public domain;  
MUSIC: from *Daman's Psalter*, 1579; adapt. *Hymnal 1982*, public domain.

**DISMISSAL** *The Presider dismisses the Assembly. The Assembly responds: Thanks be to God.*

**VOLUNTARY** *Improvisation on There is a balm in Gilead*

**Immediately following the service, join us for Virtual Coffee Hour!**

All are welcome. To access the Zoom link, [visit the Saint Mark's website.](#)

# MINISTERS OF THE LITURGY

**PRESIDER**

The Reverend Canon Nancy Ross

**PREACHER**

The Reverend Canon Jennifer King Daugherty

**LECTOR**

Peter McClung

**ALTAR GUILD**

Morgan Bawcom-Randall

**SACRISTAN**

Michael Seewer

**MUSICIANS**

Elizabeth Mitchell

Jillon Dupree

John Gulhaugen

James Wilcox

Michael Kleinschmidt, *organist*

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